



THE Friendly Visitor

HENNIS CARE CENTRE

Oct | Nov | Dec 2016

Dover & Bolivar, Ohio

People Who Can Help

We are here to help individuals achieve their potential each day of their lives.



DOVER

Administrator David Hennis
Director/Patient &
Resident Services Anita Pepper
Executive Chef Scott Fetty
Social Services Melanie Scheetz
Director of
Therapy Services Holly Meister
Accounting Manager Harold Baker
Public Relations Paula Hennis-Sickinger
Recreational Therapist Lauren Wilson
Activity Professionals Annette Cookson
Kathy Marburger, Patty Dunkle
Music Therapist Laura Smith
Maintenance Director Ken Otto
Receptionist Trish Haynam
Leslie Morris



Corporate Chef of Dover & Bolivar
and Hospice House Matthew Ridgway

BOLIVAR

Executive Director David Hennis
Administrator Kim Zontini
Director of Nursing Nicole Jones
Executive Chef Casey Hanlon
Laundry/Housekeeping Sue White
Social Services Lisa Gintz
Director of
Therapy Services Teresa Carlson, O.T.
Accounting Manager Harold Baker
Activity Professionals Jeanne Sauverheimer
Abby Strubel
Maintenance Supervisor David Wood
Receptionist Kathy Herstine

HOSPICE HOUSE

Culinary Supervisor Carla Braun
Dietary Services Dennis Borter
Matthew Arnold

HCC provides out-patient and
in-house therapy 7 days a week.
HCC is a smoke-free campus
inside and outside.

www.henniscarecentre.com

Don't Sweat the Small Stuff... and it's all small stuff

Often we allow ourselves to get all worked up about things that, upon closer examination, aren't really that big a deal. We focus on little problems and concerns and blow them way out of proportion. A stranger, for example, might cut in front of us in traffic. Rather than let it go, and go on with our day, we convince ourselves that we are justified in our anger. We play out an imaginary confrontation in our mind. Many of us might even tell someone else about the incident later on rather than simply let it go.

Why not instead simply allow the driver to have his accident somewhere else? Try to have compassion for the person and remember how painful it is to be in such an enormous hurry. This way, we can maintain our own sense of well-being and avoid taking other people's problems personally.

There are many similar, "small stuff" examples that occur every day in our lives. Whether we had to wait in line, listen to unfair criticism, or do the lion's share of the work, it pays enormous dividends if we learn not to worry about little things. So many people spend so much of their life energy "sweating the small stuff" that they completely lose touch with the magic and beauty of life. When you commit to working toward this goal you will find that you will have far more energy to be kinder and gentler.

Source:
Don't Sweat the Small Stuff...
and it's all small stuff
Author Richard Carlson



As Summer and Fall Come to a Close, Here are some Tips for Cleaning These Items:

TENTS

Tents are made with a variety of fabrics and should be cleaned according to the manufacturer's instructions. Follow them carefully because improper cleaning can destroy the fabric and remove waterproofing. To prevent mildew, make sure a tent is dry when you store it. If you must leave a campsite with a wet tent, erect it again as soon as possible and let it air-dry.

TERRAZZO

Extremely durable, terrazzo is traditionally made from a combination of 80 percent marble chips and 20 percent Portland cement and is so porous it requires professional cleaning and stain removal. Modern terrazzo is made with urethane, epoxy, or other synthetic resins instead of Portland cement, making it far less prone to staining. Even so, have a terrazzo floor sealed after installation and resealed periodically. Damp-mop regularly, and clean as needed with a mild dish-washing detergent or a solution of 3 gallons of water and 1 acidic or alkali cleaner because they damage the surface. If the floor is heavily stained, have it cleaned professionally.

UMBRELLAS (OUTDOOR)

Use a sponge dipped in mild detergent and water to clean canvas and vinyl umbrellas. Rinse with a hose, and then leave open to dry thoroughly. Apply automotive vinyl finish to a clean, dry vinyl umbrella to keep soils and stains to a minimum. Remove built-up grime with a cleaner sold for the vinyl tops of cars. Keep an umbrella closed during inclement weather, but open it afterward and clear a way any dirt and debris that might have blown or washed into the folds. Clean the

umbrella before putting it away for the winter, and make sure it is completely dry before storing it.

WICKER

Wicker is not a material but a technique of weaving synthetic material or long strips of plants—such as rattan and reed—into furniture. All-weather wicker may be left outside year-round. Follow the manufacturer's instructions for cleaning. If wicker is treated—sealed with lacquer, varnish, or shellac, then coated with liquid furniture wax—it should need only regular dusting.

Untreated wicker should be kept inside during inclement weather. For routine cleaning, use the upholstery attachment of a vacuum cleaner or a feather duster. In the winter, dryness may cause it to crack, so wipe with a damp sponge occasionally or give it a very light coating of lemon oil. Once a year, if a piece has no wooden parts, scrub it with warm water and detergent, spray it with a garden hose, or put it under a shower.



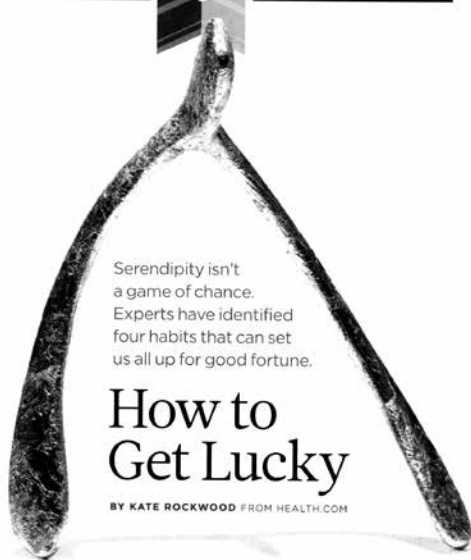
Dry it as quickly as possible by putting it in the sun or using a hair dryer or floor fan. Don't sit on it until it's thoroughly dry. Sand away any rough edges with fine paper.

An alternative is wiping with a clean, damp sponge, trying not to let wooden parts become too wet. For visible dirt, add 1 tablespoon of liquid detergent to 1 quart of warm water, or use the foam from a solution of detergent and water. Wash and rinse painted wicker the same way you would painted wood. If you get a painted wicker piece too wet, the paint may crack and peel.

Source: Taking it From the Top



ART of LIVING



When Anna Z. moved to Chicago, she joined a group for Arabic speakers. "I love trying new things," she explains. "I saw this group and thought, Why not?" As luck would have it, the organizer grew up in Fez, Morocco, where Anna had lived when she was learning the language. Today they're married with a little boy.

Some people might say that kismet led Anna to her future husband. But Anna's openness to life's quirky possibilities put her in the right place at the right time. Luck isn't some mysterious force. "To a very large extent, we are responsible for much of the good fortune that we encounter," says Richard Wiseman, PhD, a professor of psychology and the author of *The Luck Factor*. Here, some of the traits that separate fortunate folks from the self-proclaimed unlucky.

1 EXPECT GOOD THINGS

When people feel lucky, it tilts the scales of serendipity in their favor. "Their expectations become self-fulfilling prophecies," says Wiseman. Researchers at New York University discovered that students who believed that they would get a date were significantly more likely to win over the object of their desire.

The simple explanation: self assurance. If you believe that you'll do well, you'll be more motivated.

Feeling lucky might even help you win a prize at a charity dinner: The more optimistic you are about your chances, the

more raffle tickets you'll probably buy. Not a Pollyanna by nature? Lucky charms can work by boosting confidence. In a 2010 German study, superstitious subjects played a memory game; people who used talismans scored higher than those who didn't.

2 COURT CHANCE

Lucky people cultivate lots of friends and acquaintances. In one study, Wiseman showed participants a list of last names and asked them to indicate if they were on a first-name basis with at least one person with each surname. Of subjects who considered themselves lucky, nearly 50 percent ticked eight names or more. Only 25 percent of unlucky people could. "Lucky people talk to lots of people, attract people to them, and keep in touch," Wiseman says. "These habits result in a 'network of luck,' creating potential for fortuitous connections."

Colleen Seifert, PhD, a cognitive scientist at the University of Michigan, advises getting out of an everyday rut: Attend a conference, work a political fund-raiser, or sign up for scuba lessons. "Throwing a little chaos into your life opens you up to a chance encounter," she says. That person could end up being your soul mate, business partner-or someone you chat with for five minutes and never see again. The goal is to stay open to possibilities.

3 LOOK FOR SILVER LININGS

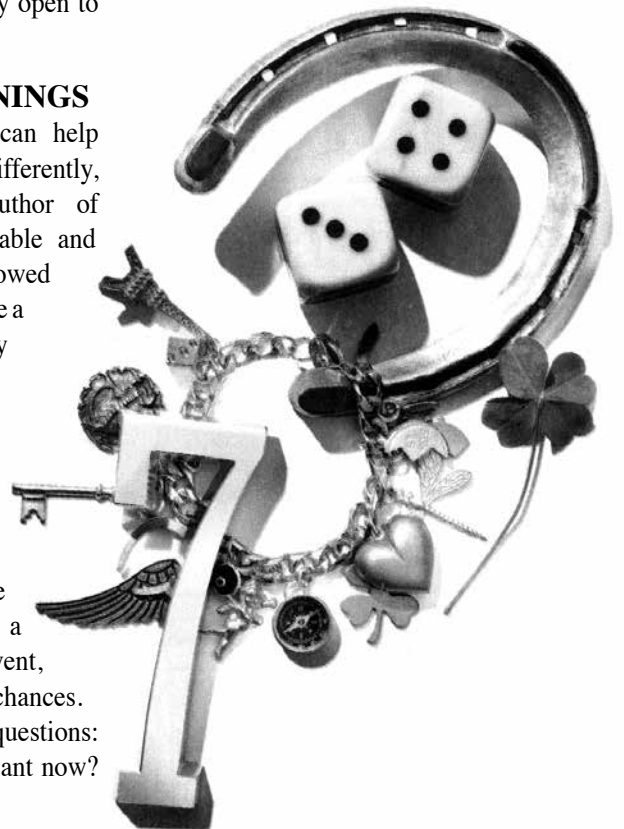
Finding value in bad luck can help your brain process situations differently, according to Tania Luna, coauthor of *Surprise: Embrace the Unpredictable and Engineer the Unexpected*. Luna showed kids emotionally intense images-like a boy crying-while measuring activity in their brains. Then she showed them again with a reassuring explanation, like "This boy has just been reunited with his mom." Their brains showed a dramatic drop in activity in the amygdala, which processes fear. Lucky people are similarly able to transform a stumbling block into a positive event, which helps them keep taking chances. Face your next setback with these questions: What have I learned? What do I want now? How can I get it?

4 TRUST YOUR GUT

Elizabeth B. will never forget her luckiest moment: She was driving to New York from Pennsylvania when something told her to buy a lotto ticket. After she pulled over, a terrible accident occurred: "A pickup crossed into my lane and crashed into a guardrail. If I hadn't stopped, my car would have been totaled." Maybe Elizabeth's pit stop was a fortuitous fluke. Or maybe her intuition had warned her to get away from an erratic driver. She can't be sure. But we process far more visual information and sensory details than we consciously realize, which can lead to instincts we can't explain.

In a British study, subjects played a game with cards from four decks while their heart rates were monitored. Folks didn't know the game was rigged: Two decks were stacked with high-value cards, two with bad cards. The players' heart rates dipped when they went near the high-value decks-their bodies had identified the difference before their minds were aware. So trust your instincts. Lucky people are more apt to do things to tune in to their inner voice, like meditating and taking walks.

Source: Reader's Digest HEALTH.COM
(5/13/15) Copyright 2015 Health Media Ventures Inc



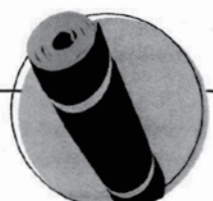


Natural Ways TO MANAGE PAIN

When it comes to relieving acute or chronic pain, a blend of traditional and complementary medicine practices may offer the most effective solutions.

If you've sprained an ankle, strained your back or suffer from a chronic condition such as arthritis or migraine headaches, the usual solutions may be regular doses of OTC counter pain relievers or medications prescribed by your doctor. Over time, you may become resistant to certain medicines or simply tire of taking pills 24/7. Many forms of complementary healing, including tailored diet and exercise programs and stress management practices, may be right for you.

A FEW OPTIONS YOU MAY BEGIN TO TRY ON YOUR OWN INCLUDE:

Meditation	Tai chi	Yoga
<p>Certain health conditions worsened by stress may be effectively managed by incorporating meditation into a treatment plan. Several books and online programs offer guided meditations to help you focus and breathe.</p>	<p>This form of exercise, which involves a series of flowing martial arts movements to improve flexibility and focus, can help with joint pain. Many communities offer tai chi classes, so ask friends, family or your healthcare provider about recommended programs.</p>	<p>This ancient practice incorporates a variety of postures that are designed to strengthen muscles and promote flexibility, which help with joint or back pain. Breathing with intention are at the heart of this practice which may enhance energy levels to improve quality of life. Talk with a good yoga instructor about a practice that will work best with your body.</p>
		

ARE YOU IN PAIN?

Aching. Burning. Numbness. Pressure. Pins and needles. There are many words people use to describe pain, but they often note one commonality — pain drastically affects their quality of life.

Ask your doctor about these other safe and effective holistic approaches to pain. He or she may recommend you talk with specialists such as a dietitian, exercise physiologist or massage therapist.

Source: Affinity for You, Your Health, Your Life | Vol. 8, Issue 2

SHARING & CARING

Does your doctor know about the Alzheimer's Association?

Families frequently tell us that they didn't know about the Alzheimer's Association and the many available programs and services that are free of charge. We also know that many doctors don't know about us either. The Alzheimer's Association has been working diligently to change that with our Physician's Outreach.

Our staff has been visiting neurologists and geriatricians in our Chapter Service Area to let them know how we can help their patients with memory loss and related symptoms by providing materials on such topics as "Know the 10 Signs" or making them aware of caregiver programs.

Source: Alzheimer's Association Dec-June 2015

You can help us Get the Word Out

At your next doctor's visit, let them know about the services and programs of the Alzheimer's Association.

You will not only be helping yourself or a loved one, but also allowing your physician to share that information with other patients who might benefit from such support and information.

The Alzheimer's Association can also provide each physician's office with a brochure holder so that information is available in waiting rooms.

Also, if you are interested in taking a packet of information to your doctor about the Alzheimer's Associations, please call 1-800-272-3900 and we'll make certain to send you the information.

Don't go spinning you wheel on winter roads

Why you need to take it slow on ice and snow

Winter weather can challenge even the most experienced driver. The best drivers learn to anticipate problems early. Before you drive away you should take the time to remove frost and snow from the entire vehicle so it doesn't obstruct vision or blow onto your windshield or the windshields of other drivers. Make sure mirrors and lights are clean as well.

Drive slowly – Everything takes longer on snow-covered roads. Accelerating, stopping, turning – nothing happens as quickly as on dry pavements. Give yourself time to maneuver by driving slowly. Applying the gas slowly to accelerate is the best method for regaining traction and avoiding skids. Don't try to get moving in a hurry. And take time to slow down for a stoplight. Remember: it takes longer to slow down on icy roads.

Know your brakes – Whether you have anti-lock brakes or not, the best way to stop is threshold breaking. Keep the heel of your foot on the floor and use the ball of your foot to apply firm, steady pressure on the brake pedal. The normal dry pavement following distance of three to four seconds should be increased to eight to ten seconds. This increased margin of safety will provide the longer distance needed if you have to stop.

Don't stop if you can avoid it – There's a big difference in the amount of inertia it takes to start moving from a full stop versus how much it takes to get moving while still rolling. If you can slow down enough to keep rolling until a traffic light changes, do it.

Don't power up hills – Applying extra gas on snow-covered roads just starts your wheels spinning. Try to get a little inertia going before you reach the hill and let that inertia carry you to the top. As you reach the crest of



IT'S ELEMENTAL - Protect yourself against the elements by preparing your vehicle for winter driving.

the hill, reduce your speed and proceed down hill as slowly as possible.

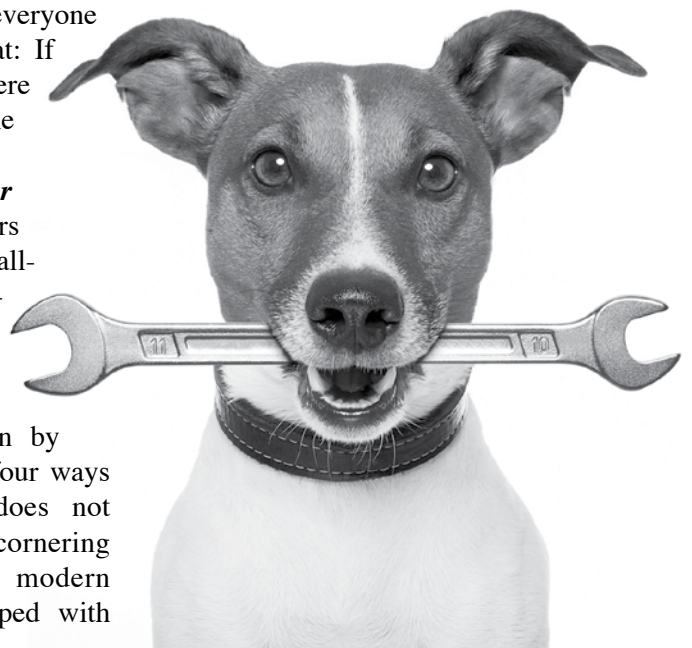
Don't stop going up a hill – There's nothing worse than trying to get moving up a hill on an icy road. Get some inertia going on a flat roadway before you take on the hill.

Stay home – If you really don't have to go out, don't. Even if you can drive well in the snow, not everyone else can. Don't tempt fate: If you don't have somewhere you have to be, watch the snow from indoors.

Understand your vehicle – Many drivers mistakenly believe that all-wheel-drive or four-wheel-drive is a cure all. Four-wheel-drive does make more effective use of available traction by splitting driving torque four ways rather than two. IT does not improve braking or cornering effectiveness. Most modern vehicles are also equipped with

traction-control systems and stability-control systems that can impact how a vehicle will handle in inclement weather. Make sure you understand these systems, and how they operate in emergencies.

Source: AAA MOTORIST
FEBRUARY 2016



Little Gifts That Give a Lot

Seemingly small donations to the right charities can make a big difference in the lives of people going through hard times. Below, ways to make your money go far.

BY KATE ROCKWOOD

Do Good for \$20 or Less



to One Warm Coat allows the nonprofit—through its coat drives—to provide two gently used coats to someone who cannot afford one (onewarmcoat.org).

\$1 pays for 11 meals through **Feeding America**, a network of food banks that serves the 1 in 7 people in the U.S. who face hunger (feedingamerica.org). Learn more about WD's partnership with Feeding America and donate at feedingamerica.org/womansday.

\$2 buys 60 minutes of talk time for active military members overseas to connect with their loved ones (**Cell Phones for Soldiers**; cellphonesforsoldiers.com).

\$3 pays for two bottle nipples adapted for orphans in China born with a cleft palate (**Half the Sky**; halfthesky.org).

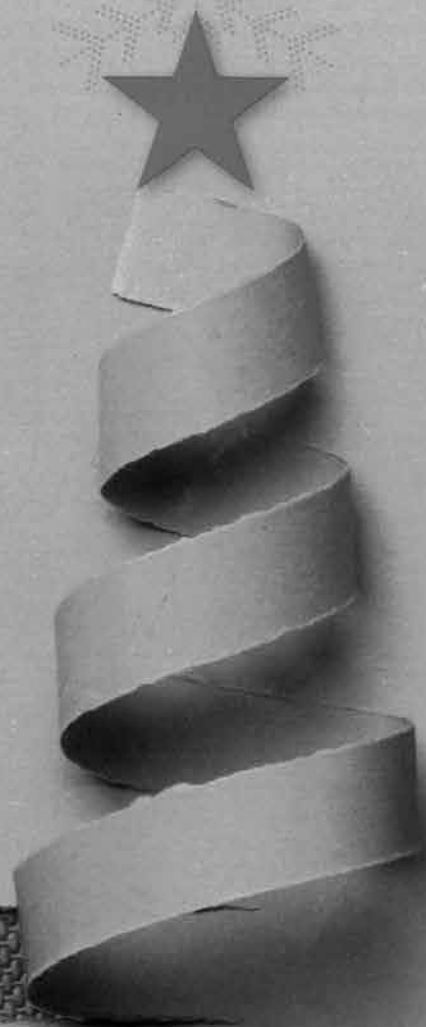
\$5 buys a paintbrush for **Habitat for Humanity** volunteers building homes for families lacking shelter (habitat.org).

\$5 will enable the planting of five trees in Brazil, where the deforestation of the Amazon Rainforest is driving climate change (**Nature Conservancy**; nature.org).

\$5 makes sure a family receives two kids' books—literacy is one of the best predictors of a child's future success (**First Book**; firstbook.org).

\$7 to **St. Jude Children's Research Hospital** provides a medical teaching doll to a child with a life-threatening disease to help her understand her treatments (stjude.org).

\$7 helps **Meals on Wheels America** deliver one meal to a senior in need (mealsonwheelsamerica.org).



\$10 to **Doctors Without Borders** covers 54 emergency food rations for survivors of crises or natural disasters, such as the earthquakes in Nepal (doctorswithoutborders.org).

\$10 buys a week's worth of dog food at **4 Paws for Ability**, which trains service dogs for disabled children and veterans (4pawsforability.org).

\$10 purchases a bed net for a family in sub-Saharan Africa to help prevent malaria (**Nothing but Nets**; nothingbutnets.com).

\$10 helps **Children's HeartLink** pay for a stethoscope for medical professionals treating kids in developing countries (childrensheartlink.org).

\$15 pays for a breast cancer survivor's fishing equipment at **Casting for Recovery**, which offers therapeutic fly-fishing retreats (castingforrecovery.org).

\$17 gives seeds to a family in a developing country to plant vegetable crops (**World Vision**; worldvision.org).



\$20

buys a flock of chickens, ducks or geese for a rural family in a poor country through **Heifer International** (heifer.org).

HAVE MORE TIME THAN MONEY?
Join the 63 million Americans who volunteer each year. Visit volunteermatch.org to find one-time or long-term opportunities near you.

TEXT A TEN-SPOT

Mobile giving campaigns, or sending donations via text message, is an easy way to help. Here's how you can text your pledge (messaging and data rates may apply).

THE CHARITY	WHAT TO TEXT WHERE	WHAT YOU'RE PLEDGING
American Cancer Society	PINK to 41518	\$10
American Red Cross	REDCROSS to 90999	\$10
Jane Goodall Institute	CHIMP15 to 20222	\$10
March of Dimes	BABIES to 20222	\$10
UNICEF	NEPAL to 864233	\$10
Autism Speaks	AUTISM to 25383	\$10

Is your money being well spent?

Charities don't give all their money directly to the people they serve, because they also have to cover costs like staff salaries. So it's a good idea to find out if you agree with the way the donated funds are distributed, advises Peter Singer, author of *The Most Good You Can Do*. It takes only a few minutes to do a little homework.

Scrutinize the mission

Two cancer nonprofits might have similar names, but one is focused on cutting-edge research and the other on helping survivors. Visit the charity's website to read up on its goals and its strategies for achieving them. You'll also want to look at what they've already accomplished.

Check their costs

Head to charitynavigator.org, give.org and givewell.org, websites that report how much is spent on overhead and fundraising. "A good rule of thumb: Most large, established charities spend no more than 25% on administrative costs," says Sandra Miniutti, chief operating officer of Charity Navigator. Anything higher than 35% might mean the group isn't efficient with its funds.

Ask questions

Don't hold back! A not-for-profit—large, national organizations and smaller, local ones—should be forthcoming and responsive if it wants to earn your donation. And if you decide to direct your money to a specific program or purpose, most charities should accommodate your request.



October is Music Therapy Month in Ohio

Music therapists all over the state of Ohio are celebrating this month to spread awareness about the field of music therapy. According to the American Music Therapy Association, Music Therapy is the clinical and evidence-based use of music interventions to accomplish individualized goals within a therapeutic relationship by a credentialed professional who has completed an approved music therapy program. Music therapists are required to completing a degree program, a supervised internship, and passing a board certification examination to earn the MT-BC credential.

Ohio boasts the 5th highest number of board certified music therapists in the United States. Music therapists in Ohio work with clients of all ages in a variety of settings including schools, therapy centers, hospitals, nursing homes, early intervention facilities, mental health facilities, group homes, hospice care, rehabilitation, private practice, and in client's homes. Ohio music therapists are currently seeking the creation of a music therapy license at the state level through House Bill 184. The creation of a music therapy license through state recognition of the music therapy profession will help ensure that consumers in our state have access to music therapy services provided by a qualified practitioner. It will serve to both protect the public and increase their ability to choose and access healthcare services that best meets their needs.

For more information or questions, please contact Laura Smith, MT, at HCC 364-8849 ext. 2022

Whether it's for a fall meal or a Halloween bash, this sweet treat is perfect for the season—fun, easy, and scrumptious. No tricks here!

CANDY CORN CAKE WITH MARSHMALLOW FROSTING

Makes 1 (13 x 9 - inch) cake

Prep: 5 minutes

Chill: 1 hour

Bake: 30 minutes

Cool: hour



2 (15.25- ounce) boxes white cake mix
9 drops liquid yellow food coloring, divided
3 drops liquid red food coloring
2 cups unsalted butter, softened
2 cups confectioners sugar
1 (16- ounce) container marshmallow creme
1 tablespoon vanilla extract
Garnish: candy corn

ONE - Spray a 13 x 9- inch baking pan with baking spray with flour.

TWO - Prepare cake mix according to package directions; divide batter among 3 bowls.

Stir 5 drops yellow food coloring into one bowl. Stir 3 red drops and 4 yellow drops food coloring into second bowl, making orange batter.

THREE - Spoon yellow batter into prepared pan, spreading to an even thickness. Freeze for 30 minutes.

FOUR - Spoon orange batter over yellow batter, spreading to an even thickness. Freeze for 30 minutes.

FIVE - Preheat oven to 350°

SIX - Spoon white batter over orange, spreading to an even thickness. Bake for 30 minutes or until a wooden pick inserted in center comes out clean. Let cool in pan for 1 hour.

SEVEN - Meanwhile, in the work bowl of a stand mixer fitted with the paddle attachment, beat butter and confectioners sugar at medium speed until combined. Add marshmallow creme and vanilla, beating until combined. Spread over cooled cake. Garnish with candy corn, if desired. Cover, and refrigerate for up to 3 days. We used Pillsbury Classic White Cake Mix. We used Marshmallow Fluff.

OCTOBER

Benefit Community Card Parties:

RSVP to the Receptionist:
Dover 330-364-8849
Bolivar 330-874-9999

- Oct 5 Hattie's House, 7p -9p
- Oct 19 HCC of Bolivar main facility, 7p-10p
- Oct 12 HCC of Dover main facility, 6:30 – 9:30p

Please bring a bag(s) of soft, individually wrapped candy and you will receive extra tickets. Thank you! [For the residents' trick or treat nite]

Fall Apple Recipes (or any kind)

Bake Sale - 10a-2p
Oct 11 Dover
Oct 19 Bolivar

(Graciously accepting baked goods, candy, etc. of any kind for this fundraiser)

- Oct 12 **Lunch & Learn Program**, 12:15p at the Tusc. Senior Center, hosted by HCC
Speaker – Carla Birney, DHS Superintendent – The Changing Face of Education

- Oct 14 **Posh Spa Items Fundraiser** sale, 10:00a, Dover Gardens entrance

- Oct 18 **HCC Trick-or-Treat** – for staff's children and grandchildren
Dover & Bolivar – 7p

- Oct 28 **Dover/Phila Spirit Day**

- Oct 31 **Halloween Party**, 2p

*** Additional football spirit days TBA**

NOVEMBER

- Nov 9 **Lunch & Learn Program**, 12:15p at the Tusc. Senior Center, hosted by HCC
The Many Faces of Old Glory by Vane Scott

- Nov 11 **Veterans' Day Program**, 2:00p, Dover & Bolivar
Week of Nov.12 - Warther's Christmas Tree Festival outings - TBA

- Nov 16 **Pumpkin Recipes (or any kind) Bake Sale Fundraiser**, 10a -2
(Graciously accepting baked goods, candy, etc. of any kind for this fundraiser)

- Nov 17 **Thanksgiving Buffet** hosted by the staff – Dover & Bolivar, 12p

- Nov 24 **Traditional Thanksgiving Dinner** – lunch time

- Nov 10 **Santa Breakfast for staff's children & grandchildren**, 9a, hosted at Dover HCC



DECEMBER

Special Family Christmas Dinners at 6p:

Dover:

- Dec 5 Rehab
- Dec 6 Homestead (5p due to needs)
- Dec 7 Gardens
- Dec 8 Pat's Porch

Bolivar:

- Dec 5 Homestead (5:00p due to needs)
- Dec 6 Gardens
- Dec 7 Rehab
- Dec 8 Hattie's House

- Dec 14 **Lunch & Learn Program** 12:15p, at the Tusc. Senior Center, hosted by HCC
Special Christmas treat by the Hennis Chefs

- Dec 16 – **Lunch Stand Fundraiser**, Dover main facility

Santa Visits:

- Dec 20 Dover – 8a (starting in Rehab)
- Dec 21 Bolivar – 1p

- Dec 30 - New Year's Party, 2p

Mark your calendar so you don't miss out on all of the holiday fun!



We have been enjoying the weather this summer from the front porch and the courtyard; we did have that many HOT days that made us stay inside! While out on the front porch, we listened to the "Oldie" music and reminisced about the first time we had heard some of the songs! That was a lot of fun and we all had some laughs with some of the memories!

We held our annual summer Card Parties that benefitted the Alzheimer's Association and American Cancer Society in July at Hattie's House and at the main building. We had great turnouts for both of these events. Thanks to all who came to these parties and to the staff that helped make them both a big success. Our next Card parties will be held in October. We thank those of you who donate a bag (or more) of SOFT, INDIVIDUALLY WRAPPED candy that our residents pass out during our annual Trick-or-Treat night. We look forward to seeing you here for more fun next year at our parties!



Mae Bristol drank a couple of the delicious slushies made by Chef Casey.

Our outings this summer were a lot of fun! we took a fishing trip to Tuscora Park, and caught quite a few fish! The residents had a great time, they also enjoyed watching Chef Casey grilling the hamburgers and hot dogs for lunch, and then eating watermelon for desert. Then in August, we went to

Atwood Lake and took a cruise on the Atwood Queen pontoon. We had a delicious lunch of sandwiches, chips, cookies, Jell-O or pudding for dessert and then either a miniature Reese's cup or a delicious mint cany for a special after lunch snack!

The entertainers that were here during the summer months were Jay Secrest, Jim Williams, Jon King, Marty Zehnder, Fran Zupp, Chuck Zerger & his puppets, Gene Weygandt, Max Grossenbacher, The "Somewhere in Time" singers and Tim Weddington.

During September, we held our annual Grandparent's Day wiener roast on the front parking lot. There was lots of delicious food and entertainment was provided by Jon King. We had a great turnout and a good time. Thanks to all of the families and friends that came and spent the evening with us. The "Doodle-Le-Doo's" returned with their banjo music & singing, and we took our annual trip to the Tuscarawas County fair! What a terrific month we had.

In November, we look forward to all of the wonderful aromas coming from the kitchens! The baking with pumpkin and spices always smell so good! We also will be enjoying the annual Thanksgiving Buffet here at Hennis. This is held the week before Thanksgiving with the Dietary staff and all of the other staff members bringing in the side dishes & desserts for this day's lunch buffet that is shared by the residents and staff. The hallways smell soooooooo good on this day! We are also planning our Christmas shopping trips to New Towne mall in November, so if you would like to go shopping with us, please call and speak with Abby or Jeanne. Dates being planned the 15th & the 30th. We usually arrive at the mall around 11:00 am, eat lunch at the Food Court, and then go in all directions to see what good sales we can find! We always have a great time...even if we only "window shop"! We end up around 3:00 pm at Auntie Anne's Pretzel shop for a snack before returning back to Bolivar for the evening meal.

I pray that you have a wonderful Thanksgiving Day with lots of Love, Fun & Laughter! And of course....lots of turkey!!

We will be hosting a Christmas Bazaar



Donna's great-grandson, Braxton, enjoying the slushie.

on December 3rd in the front lobby and hallways from 9:00 am until 3:00 pm. We always have a lot of different vendors for this event with lots of items. Please plan to join us for this event.

This brings us to the end of another wonderful year! In December, we will be hosting the annual Family Christmas Dinners; the Rehab dinner will be held on the 7th at 6:00pm with the beautiful seasonal Christmas songs played on the keyboard by Gene Weygandt during the evening. For this special evening, each resident may invite 2 guests, due to the limited space that is in the dining rooms.

The "Silverstars" dance group will be here on the 9th at 6:30 pm to perform a special Christmas program. Santa will be visiting us on the 21st from 1:00 pm until.... who knows! He always stays longer than he plans to....he enjoys visiting with everyone here. We will have a new Year's Eve Eve Party on Friday, the 30th at 1:30 pm and then later that evening, Jon King will be here to entertain at 7:00 pm.

We hope you will join us for some or all of these special events that will be coming up!

Until we see you again, Take Care and May God bless you & yours!

The Rehab Team

BOLIVAR CHEF'S CREATIONS



Midge & Nina enjoyed the slushies and the oldie music that was playing.



Donna, her daughter and great-grandson had fun in the courtyard.



Linda & Ron relaxed in the courtyard while listening to the music.

BOLIVAR LADIES' LUNCHEON



Jeanette & guest.



Mary and her daughter wait on their meal.



Helen with special friend Diane.



Rose Mary & daughter Linda.



Mabel & daughter Karen during the Ladies Luncheon.



Denise with Mom, Ginny.



Shannon was Khourey's special guest for the luncheon.



Sally & daughter Kathy waiting patiently.

BOLIVAR MEN'S LUNCH



Robert takes a big drink of his delicious Root Beet Float.



Cash and Florence take such great pictures!



"Cheers" to the Chef for the Root Beer Floats.



Frank looks like he was very happy with the really good meal!



Russ and his daughter ready for the luncheon to start.

BOLIVAR OUTING @ AKRON ZOO



Lions, Tigers & bears... Oh my!



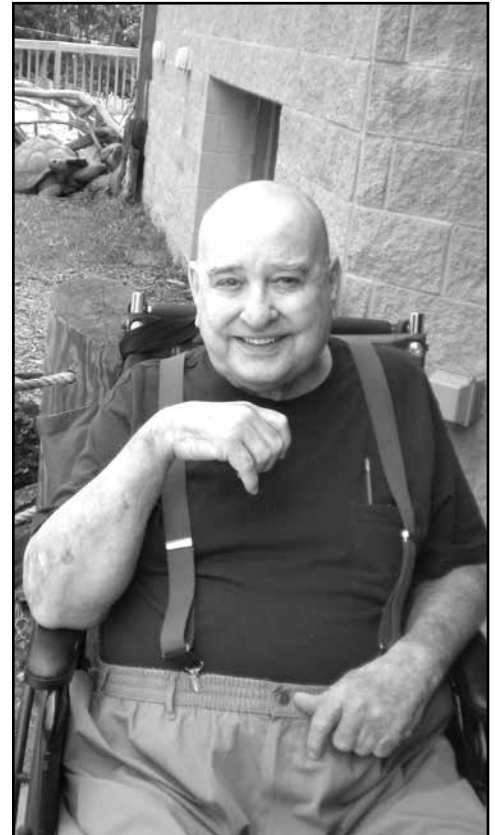
Curtis & Zeb are patiently waiting to explore the zoo.



A great time at Akron zoo was had by all.



Marguerite & Zeb could hardly wait to enter "Tiger Valley"!



Look out, Frank, there's a giant tortoise behind you!



BOLIVAR HOMESTEAD

The residents and staff on the Homestead are ready for fall and cooler temperatures. We did enjoy the summer months with many activities, but it was a hot one and we had to plan accordingly. We stayed cool by enjoying popsicles, root beer floats, milkshakes, and cool refreshing homemade lemonade in the courtyard. Many of us enjoyed going to Atwood Lake and taking a ride on the Atwood Queen pontoon while eating lunch and taking in the gorgeous scenery.

We held our Ladies and Men's Luncheon in August and the dietary department served us delicious meals that our guests raved about. One of the favorites on the Homestead was Chef Casey's tiramisu dessert, and the men loved the beer cheese and pretzels. Chef Casey and her team is always thinking up new items to serve the residents.

September 10th we celebrated Grandparents Day by hosting a cookout in the front parking lot. Family members brought in covered dishes to go with the hotdogs that the

dietary team grilled. As always, this is a great time for loved ones to come and visit with their family members and meet other families.

We will be going to the Tuscarawas Fair on September 21st from 10:00-4:00. If you would like to take your loved one and enjoy the day with them, contact Beth Wade on the Homestead. The residents always enjoy walking the fair and enjoying all the animals.



Ashley laughs as Clara says "I'm not going swimming!"

Last year, everyone came back talking about the monkey that was playing the music box and walking up to the residents taking change from them. You just never know what you are going to see.

If you love music make time to come in and see entertainment on the Homestead. We sing and dance. On the 19th we will have a bake sale in the front lobby of Bolivar from 10:00-3:00 pm. October 27th is when we will host our Trick or Treat night for the staff and their family at 7:00 pm. This evening is always fun and brings smiles to everybody who participates. Any donations of candy will be greatly appreciated to help

make this night a success, also if you would like to assist your loved one with passing out candy to the kids please be here by 6:30 pm.

In November, we will be holding a Veteran's Day Service. We will be celebrating Thanksgiving on November 17th at 11:00 am. Staff will bring in covered dishes to complement the turkey, mashed potatoes and gravy, stuffing, and green beans that the dietary department provides. On November 30th we will be taking residents shopping at New Town Mall from 10:00-4:00 pm.

December brings us the busiest month of the whole year. We start our month off with the annual Family Christmas Dinner at 5:00 pm. Plan on joining us for a wonderful evening of talking, laughing, singing, and eating a delicious meal. Santa will visit the unit on December 21st at 1:00 pm, and we will finish the year off with a New Year's Party on December 30th at 1:30 pm.

Make sure you mark your calendars for all these event, we always have a good time. Until next time...

Love, Laugh, Live
The Homestead

BOLIVAR ATWOOD LAKE CRUISE



Everyone enjoyed the lake cruise... especially Betty!



Zeb Malavite & STNA Michelle enjoying the Atwood Cruise together.



Jackie, Angel, Angie & Bridget enjoyed the beautiful day on the lake cruise.



Everyone listened as the "Captain" gave information about Atwood Lake.



Dawn & daughters are enjoying the lake cruise on the Atwood Queen.



Cami, Christine & Corrina "has it made in the shade!"



BOLIVAR PIG ROAST



Chef Casey and Dave did a terrific job of roasting the PIG.



Russell Ross & his family.



Megan, STNA, spending time with Millie.



Doris & Jay Stevens pose for the camera during the Pig Roast.



Patty Eichleberger & guest.



A BIG part of the Culinary Team.



Denise with her Mom & Dad.



Richard "CASH" Cascioli, wife Florence & family.



A really BIG part of the Bolivar-Hennis Team.



Mary Fiddler & her granddaughter Carrie.



Mae enjoying the day with her daughter & son-in-law.



Wanda Arnold & her guest.



A couple more of the culinary team!



ALZHEIMER'S WALK



New hostess, Judy T., & sister Joyce, join the efforts to walk to end Alzheimer's.



Kathy & Donna cruising along.



The Bolivar ladies prepare to wheel & walk for the cause.



And they're off! Billie & daughter.



Look out - here we come!



Irene & Chrissy Sickinger are excited to participate.



Christine H. & Clara H. relax with coffee & visiting.



Debbie w/ her mom, Louis.



The Bolivar team of Residents & Staff doing their global effort to end Alzheimer's at the Community Walk



Lauren Wilson and little Parker accepting the Hennis Corporate Plaque at the Alzheimer's walk.



Kay R. hands out the refreshments & lots of water.



BOLIVAR CARD PARTIES



*Jordan & Curtis ready to serve those at
Hattie's House Card Party.*



*Hattie's House Card Party Grand Prize
Winner*



Hatties House Card Party July 6, 2016





We hope your summer was great! We stayed busy this summer! Some of the ladies have started learning how to crochet with Lauren's help. We have continued to play games of cards almost daily in the library and look forward to Wednesdays when Sandy is here to play "Farkle" with us! We have had Chef Casey's delicious creations in the courtyard during the evening hours when it wasn't quite so hot. Donna's 7 months old great-grandson, Braxton, really enjoyed the fruit slushies we had one evening!

Over the last few months, we've had some different lunch outings. We spend time at Tuscora Park fishing after enjoying hot dogs, hamburgers that Chef Casey had grilled for us. none of us caught a BIG "one" for her to grill for us, though! The weather was great and the day was loads of fun. Then, a few weeks later, we went over to Atwood Lake and took a cruise on the Atwood Queen pontoon. It was a warm day, but the breeze on the lake helped to keep everyone cool. The sandwiches, chips, cookies, Jell-O/ pudding and the candy that Chef Casey had fixed was enjoyed by all! Our Captain was very knowledgeable about the lake and its surroundings and answered everyone's questions.

In September, we will have a fun time at the Tuscarawas County Fair. The weather is sure to be perfect for a day away! The crowd

won't be too big to be able to meander around and take as much time as we need in order to see everything. Everyone enjoys the horses and is amazed at the size of some of them! There are so many different places to get food, and we have a hard time deciding where and what to eat! Quite a few people bring a tote-bag full of freebies back with them from the different booths we visit.

Upcoming trips being planned are: in November for our annual Christmas Shopping at New Towne Mall. This year we are going to make two trips; the first one of the 15th and the second one on the 30th. If you would be interested in going along with your loved one for the day, please call and talk with Abby or Jeanne. We usually leave the facility around 10:00 am, eat lunch at the food court when we arrive at the mall, and then go in all directions to see what bargains we can find! We then meet up again at Auntie Anne's Pretzels for a snack and beverage before heading back to Bolivar. We are going to try to go on a Christmas Light tour in December; but this trip will depend on what the weather is like at the time. So just watch for flyers on the unit bulletin board for any of the upcoming events.

In November, we always have the Thanksgiving Buffet with out residents and staff sharing the great food during the week prior to Thanksgiving. The Dietary department always bakes the turkey and

some of the fixin's and the rest of the staff all contribute to the meal with side dishes or delightful desserts. Nobody even thinks about dinner on this day....we are all too full from the lunch buffet!

The annual Family Christmas Dinner for the Gardens unit will be held on December 6th at 6:00 pm. Once again, Gene Weygandt will be providing the beautiful Christmas/ Seasonal music on his keyboard for the evening. Watch the mail for your invitation to this dinner sometime in November.

Our regular entertainers continue to perform for us; whether it is piano music, singing along to the "oldies" or country, they are enjoyed by all! The "Doodle-Le-Doos" were also here again during September and, as always were entertaining! Marcia sings, dances & wraps her feather "boa" around the fellows and Bob plays the banjo and sings along.

"Santa" will be visiting everyone on the afternoon of December 21st starting around 1:00 pm. We make sure that he visits with every one of our residents while he is here, so he spends a good deal of the afternoon here with us. Everyone is always so happy to see him; he really brings out the smiles!

We hope you have a wonderful autumn season full of beautiful days, warm evenings and lots of love.

The "Gardeners"



The "girls" even had fun catching fish!



Jeanne helps Russ with the Blue Gill he just caught!



George shows off his "Big Catch" of the day.



Many fun opportunities to share with others occur quite often at Pat's Porch, and we invite you to join us!

Coffee and Canvas is a popular one conducted approximately on a monthly basis by Patty and Annette among the guests and their family and friends. We gather around the tables for instruction, examples, and support as we work on the subject chosen for the season or special event. Chalk pastels and flowers, acrylic paints, pencil drawings are a few mediums. Recently we worked on a scarecrow for fall. Everyone has their own special touch, and working together is not only enjoyable, but it also builds camaraderie. And, we have created a special piece to take home! The chef provides refreshments to complete the evening. Now, that's therapeutic fun!

Delicious patriotic lunches and dinners prepared by the chefs honored the Memorial Day, Flag Day, and the 4th of July occasions complete with the red, white, and blue surrounding the property and waving in the breeze. It a nice sight to see as we sit on the porches and visit among each other and visitors, or as we work on our floral planters, and walk around the grounds.

Many staff and community folks enjoyed our summer bus fundraiser trip to the show, *Phantom of the Opera*, in Cleveland, including Dee and her family of three generations while having a great experience! We appreciate the support for the fundraising causes while having a great experience! People are always curious when the bus pulls up along the curb in the evening. Our next trip will be to Olgeby Park for the Christmas light display and dinner – that will be scheduled in early December, so watch for more



***Proud of their finished piece from
Coffee & Canvas Night.***



Shondra showed her talent with canvas painting at the Luau Party day.

information, and be sure to sign up early!

Did you see the beautiful balloon launch this past spring in honor of David Hennis' birthday? A response was returned from Bovard, Pa. where a couple saw the balloon and wanted to retrieve it, which was in a challenging place, and the man was also celebrating the same milestone birthday and the same date! It was nice to receive that information!

We always appreciate the special visits to the veterans staying at HCC by the faithful Debbie Cook of the Veterans services, who always takes time to express her thanks and appreciation and never comes empty-handed, this time with a cupcake presented in a nicely decorated container. Please be sure to share with us if you are a veteran so we can include your name in her list – this is so important to her!

The music entertainment held in the evenings is certainly enjoyable to the likes of Max the pianist, Scott Miller a vocalist, Bruce Seevers a guitarist and singer, and more. It brightens our mood and energizes our spirits!

That also occurred with the car show held in September that filled the whole front parking lots! There were various models present that would appeal to all generations – here is a sampling: '33 Ford Coupe, a 2016 Boss 302 Mustang, '71 Buick Riviera, '72 Grand Torino, '33 Roadster, a little red Corvette, a beautiful Cutlass, and numerous others of all ages and colors! And, some of them sounded so hot! Annette's husband, TD, brought her '62 robin egg

blue Ford Falcon as a surprise - to her delight! Couldn't you just imagine her as the Balloonatik making a delivery in it! Spikeman, the infamous car show DJ, provided the appropriate background music spinning as everyone browsed the show amidst a lot of admiration.

It's pleasing to know that the Walk to End Alzheimer's honors the many advancements that the Association is making in their field – all with the help of our wonderful team of residents, families, friends, and businesses who contribute to the fundraising efforts. The HCC team that participated in the walk that day appreciated great weather, a great turnout, and a nice program to raise awareness and recognize the efforts of caregivers, families, and teams. HCC was honored to accept a plaque for 2016 corporate fundraising – thanks to all who attended card parties, purchased raffle tickets, bought taco lunches, attended shows, and more! Thank you for your part of a global effort to end Alzheimer's!

A couple of lucky 50/50 winners this season were Barb Sherrets and Russ Clay. We value those who sell tickets in-house and at their clubs, etc. and all those who purchase tickets! Thank you for your support!

We're proud of our talented artists, Patty Dunkle who entered two mediums to our local fair, and Lynn C. who crocheted a beautiful ivory baby afghan that won a red 2nd place ribbon!

Did you know Sept. 29, 2016 is National Voter Registration Day? (If you've never heard of it, that's because it is relatively new – it was



DOVER PAT'S PORCH

launched in 2012). So, Lauren, Patty, and Annette have been visiting us to capture anyone who would want to vote as to not miss this opportunity. We appreciate the patriotic spirit during this historic time.

If you are interested in the presentation of *The Many Faces of Old Glory* by Vane Scott, it will be at the HCC sponsored Lunch & Learn program at the Senior Center Nov. 11 at 12:15p – you are welcome to attend, and just in time for Veterans Day.

The HCC chefs have been very busy with their catering: a cooking demo at Starlight, the 2nd Saturday of N.P. downtown events, Taste of Heaven, Culinary Capers, and Sugarcreek Round Table and more. We're glad to participate in community events.

As the holidays approach rather quickly, we anticipate the joy the special events bring to everyone. So, be sure to watch the calendars and feel free to participate when you can!

Enjoy this seasonal recipe in your home.

Pumpkin Gems

3 eggs

½ cup oil

1 t baking soda

2 t cinnamon

1 box yellow cake mix

1 (20 oz.) pumpkin

Icing:

1 (3 oz.) cream cheese

1 T milk

½ t vanilla

¾ c butter, melted

2 c powdered sugar

Mix first 6 ingredients together. Grease muffin pans. Fill pans 2/3 full. Bake at 350* for 5-10 minutes. Let stand 1 minute before removing from the pan. Cool. Frost. Icing: Beat icing ingredients in order listed, add powdered sugar last.

Treasure Today!
Tomorrow is a new day,
Make it count!



The gals had a lot of tropical fun at the Rehab Luau.



Tammy receiving some O.P. therapy direction from Jen.



Emma & Bev enjoy the painting activity in the evening.



This guest appreciates her special floral gift & serenading by Monica.



Coffee & canvas with Patty & Annette.

DOVER CAR SHOW



Ken. O, of Maintenance escorts Billie around the car show.



Carol & Marty D. admire the Olds. Cutlas.



Kathy & her mom likes posing with the red Cutlas.



"It's a Wonderful Life" according to Louis Armstrong, as it has been in the Homestead! Everyone remarks about the dog days of summer...well, this year we decided to go with the fun days of summer. Here on the Homestead we have been enjoying the warm weather, and we are excited to be able to enjoy the warmth of the sun on our skin. We might even hold some of our choir sessions outdoors! They are held on the 2nd and 4th Tuesday of the month (or other Tuesdays as make-up days) at 6:00pm. We have a lot of new music and a wonderful group congregates with much enjoyment and humor!

We have been fortunate to have a couple of picnics filled with great food, company, and really good music. We enjoyed a Kentucky Fried Chicken picnic with all the fixings, as well as the recent Strawberry Festival here at the facility filled with delicious strawberry shortcake and entertainment. Our entertainers, Steve and Terry, did a wonderful job keeping us moving and grooving.



Always smiling - Gayle & Frank happy to celebrate Father's Day.

We have also been enjoying going to some of the local parks for their summer concert series. We feel extremely fortunate to have such wonderful organizations locally that put on wonderful concerts for us to attend. We have spent many evenings dancing to the beat and feeling happy. It's nice to take along our snacks and drinks. We continue our own live entertainment on Thursday afternoons at 2:00pm. The diversity in the entertainment brings much pleasure. Occasionally, our HCC choir is "ready, willing and able" to serve as a substitute if there is a glitch in our entertainment schedule,



Mr. McBeth with his daughter and wife together.

and I must say, we are very good!

We look forward to the 2016 Summer Olympics that are held in Rio this year. We're excited to cheer for our fellow Americans as they continue their journey and strive for gold! We even plan to get into the action with our very own Hennis Olympics – filled with all kinds of fun and exciting games. We look forward to our own field hockey version with a cardboard sticks and balloon as the puck and the brave, bold, enthusiastic participation, and we anticipate some hilarity and laughter. We'll be engrossed in watching the games on T.V. and talking with the staff about them. Stop by to find out who is taking home the medals this year at the Hennis Olympics.

We are excited for something new this year! On August 11th we will be hosting a Movie Under the Stars here at the facility, and we want to invite you all to join us for good times, good food, and even better company! So, make sure to mark your calendar and join us to watch a family movie outdoors – what's better than being under the stars?! We have come to one conclusion about summer: it doesn't last for long. The old saying of - don't blink or you might miss it - definitely applies to summer! Although, we're not worried because we know there are exciting events and activities coming this fall as well!

We've begun our autumn decorating and crafting. We will be holding our own Farm Stand outside with fresh vegetables, wonderful tomatoes, baked goods, hearty farm stew, along with a few vendors. We

look forward to our annual trip to the fair and trying the delicious fair food! We just can't decide which ones they are – it definitely comes down to those fried cheese on a stick, the pucker-worthy lemonade, and of course... funnel cakes!

Another highlighted event is a car show held for the Grandparents Day weekend, and we expect a large turnout of new, old, very old, beautiful, and shiny! The music will be provided Spikeman with so much fun for all!

The hosting of the Oktoberfest will be held on Oct. 2, and it will include authentic German food, music, craft tents, and other contests – fun for every age, and you won't go home hungry!

Our own trick or treat night for the staff's children and grandchildren is Tuesday Oct. 18 at 6:30pm, and the residents will pass out candy to them. The Homestead Halloween party is Oct. 31, and we'll enjoy some sugar, too (at least not vinegar!). We're also holding a card party on Oct. 12 at 6:30 as a benefit. November brings the Veterans program to honor them. We have many veterans and we thank you for your service! There will also be the Thanksgiving buffet and so much more! These are wonderful traditions that continue to grow each year.

There are so many more events and activities yet to come, and we are bursting at the seams with excitement! All this, with our regularly daily activities, events, etc.... "It's a Wonderful Life"! – We hope you join us!

Lauren and Kathy



DOVER HOMESTEAD



Harriet H. loved getting on her knees & getting her hands dirty to plant the summer flowers with therapy.



Bob W. & Annette enjoyed a day at the ball park for a game at Munson Stadium



Rosemary with her son & daughter-in-law when at his senior baseball game at Munson Stadium



Rosemary - Hope you enjoy our fresh peach jam!



Louise and Donna preparing some R/W/B decorations for the HCC Olympics



The Kriegers are served some cold slushies by Lauren on the porch.



Anna feeds Alex, the weimaraner, her favorite biscuits!



Summer Card party attendees having fun.



Bob W. enjoys a big sundae for dessert after lunch at The Manor.



Louise preparing for a baking activity.



Three princesses make Louise G. happy!



Barb T. loves mixing up a batch



A re-cap of the fun activities and festivities from the past quarter...

- Phantom of the Opera show at Cleveland Playhouse Square, HCC bus trip fundraiser – Dee and family attended and had a great time!
- Wedding of June Shrumph's daughter held at the facility – lots of people had a part: Dee helped decorate with a beautiful blue butterfly theme and photography, someone lent a cd player and operated it, someone had the honor of "father"...35 people attended from friends, residents, family, and staff.
- Went to Fundays for lunch – reminder of the good old days!
- Atwood Lake cruise aboard the Atwood Queen with lunch – delightful!
- Strawberry fest in the evening – sweet treat with family and friends with live entertainment.
- Birthday balloon launch for David Hennis/fun – and we received a response back from Bovard, Pa!
- Debbie Cook of the Veterans Services visited veterans and brought a cupcake treat!
- KFC outdoor picnic – "finger lickin' good"!
- Barb Sherrets a happy 50/50 winner! Thanks for your fundraising support!
- Summer and fall flower arrangements – shared with others and placed on our dining room tables – so pleasant.
- Social games – Uno, Farkle, Rummy, Bingo and Dominoes
- Kay R. officially started a Wed. night craft group – thank you!
- Library Linda from the Dover Public Library provides presentations on the Olympics and National Parks – educational!
- Helped roll pennies for the Alzheimer's fundraising – thank you!
- Attended a senior baseball game at Munson Stadium in Canton – glad to support the resident's son who plays
- Summer card party fun – appreciate the support for Am. Cancer Society & Alzheimer's Assoc. – lots of people won prizes!
- Chalk art pastels with Patty – soft and pretty – see some on display!
- Valley voices concert here and appreciate the cousin of Cicely performing with them! – So good!
- Ladies and Men's summer luncheon with guests – delicious meals and delightful!
- Summer ice-cream treats – root beer floats, popsicles, shakes, lemon ice – so refreshing on the porch or inside!
- Park concert excursions – quite entertaining!
- Leather bracelet class by John – cool!
- Peach fest – tasty crisp, enjoyed the singer with family and friends.
- Enjoyed a combined Rehab "end of summer" luau – fun gathering together, meeting new friends, live performance, pina colodas, fresh fruit, theme meals, games, canvas painting with Lauren, festive décor and enjoyed inside and outdoors on the patio!
- County fair outings – great weather, great food, great fun! – Thanks for everyone's help! Also proud of Lynn C. winning 2nd place with her baby blanket she crocheted!
- Alzheimer's community walk at Strasburg High School – good warm, sunny day – great to support the cause, and we won prizes!
- Fall hoe down – with a western dinner, then warm fruit cobbler with ice-cream while enjoyed a new country vocalist.
- Farmer's Market – another nice day, fun to peruse the vendors, crafts, fruit and vegetables, jams, cookies, pies, and enjoyed the hearty vegetable soup and sandwiches!
- Car show for Grandparents day on Friday – Annette was pleasantly surprised to have her '62 Ford Falcon brought in as a surprise by her husband! It's so cute and suits her! Her brother also brought his '62 Econoline truck. It was fun to roam around and see these beauties to the tunes played by Spikeman, the DJ!
- Grandparents day celebration on Sunday with a dessert bar and chocolate fountain and a great concert by the Big Bad Bodacious Brass Band! Thanks for the big turnout!
- Another lucky 50/50 winner – Russ Clay! We appreciate your support!
- Special anniversaries celebrated! The Tangos 70th, The Tomas 63rd, and the Kreigers 75th! Congratulations!
- Monthly movie outing at the Quaker Theatre – good old shows like the Sound of Music, To Kill a Mockingbird, etc.
- Dee and others crafting away with painting, sewing, beadwork, and more! And, she has orders for special glassware painting!
- Registered for absentee voting – glad to do!

Looking forward to the community Oktoberfest fun, the fall card party that brings a large crowd, Halloween fun and trick or treat, Thanksgiving traditions, and the joy of Christmas festivities...come join us – you're sure to have fun!

Live Big & Have Fun!



Tom the baker, Annette & Don work together to make a few pies for the Apple pie bake-off ! (Wonder who will win?)



*Apple Bake-Off
Patty, Kate & Jeanette are getting creative as they whip up an apple pie.*



The Shrump gals enjoy a piña colada with a pretty umbrella.



The fellows enjoy the August summer luau lunch on the patio.



STNA ---- likes browsing the sale rack during our Roberts Uniform in-house shopping.



Lauren serves a refreshing smoothie to Mike on the front porch.



Dee, Dallas & Don enjoy a game of cards during the summer community card party.



Sisters, Mrs. Fox & Mrs. Harmon loving their beauty shop day!



He looks good with his palm tree painting during the Rehab Luau.



Laurie & Grandson, James coloring together.



Two generations playing Wii together during the Hennis VBS.



The Harmons preparing to make fresh peach jam.



Leonard is loving the Strawberries at the June fest.



Don & Patty receive a winning auction item at the Spring Alzheimer's Quarter Auction.



Annette, Mel & Doug work together to peel fresh corn on the cob



Andrew with Betty listening to the concert at Tuscora Park.



The group proudly displays their HCC Olympic Medals.



Ruth L. & daughter enjoy the luau together.



*Mr. Avery enjoying his favorite special b-day lunch from Lee's Chicken while taking a break from therapy!
Thanks therapy angels!*



Cindy is happy to visit with the lovely princess.



Jim & Annette take in the tropical luau lunch.



Ray and his son share time together with Father's Day Breakfast.



Resident Choir enjoys singing with Kathy.



DOVER REHAB



An excited summer card party prize winner!



Therapy comes alive with 5 princesses joining Marty & friends.



Princess love & happiness is brought to Dorothy.



Bill H. celebrates Father's Day with his nurse/son Jake & daughter-in-law.



Joe and his daughter start the day right with breakfast for Father's Day



DOVER LADIES LUNCHEON



Lunch outing to Dee's Restaurant enjoyed by Floyd, Roy, Angel, Rosemary, others and staff



Ladies summer luncheon enjoyed by Mrs. Harmon & guest.



Lynn C. & friend had a nice time at the ladies summer luncheon.



"Celebration"...*Celebrate good times, come on!*...Remember that song by Kool & the Gang? Well, we certainly do a lot of celebrating with lots of reasons! Why not enjoy life!

We celebrate the change of seasons from summer, to autumn, to winter, and adjust our wardrobe appropriately as well as the season's activities.



Mary R. & hubby, Ted, enjoy time together.

We started the warm season with a nice outing to Fundays Root Beer stand for a fun treat – it's fun to reminisce of those days back then complete with older music, roller skates, fries, burgers, and good root beer!

Dee and her family enjoyed attending the HCC fundraiser bus trip to see *Phantom of the Opera* at Cleveland Playhouse Square, and they had three generations attending! How special for her! And, Dee looked very nice in her new outfit that she modeled in our spring nursing home week celebration style show!

The nice weather encourages us to go to on excursions for lunch, such as at The Manor, shopping and lunch/snacks at Subway, to the parks for picnics and entertainment, community walks, and more!

Numerous flags honorably surrounded the facility's grounds to celebrate Memorial Day, Flag Day, and Independence Day. We had good picnic lunches for those occasions, too. We also worked on patriotic crafts with Patty. Many of us and staff wore patriotic colors and prints to celebrate which also went to our fundraising causes! Vane Scott presented *The Many Faces of Old Glory* for the 4th of July, and we loved it! One lady said she didn't realize that we had that many flags over time. (You can catch the show at the Tusc. Senior Center Nov. 9, at 12:15p as

HCC hosts the monthly Lunch & Learn programs).

Atwood Lake serves as a nice place to celebrate various things. So, we went for a pontoon boat ride on the Atwood Queen, with a nice verbal tour by the Captain of the lake and landmarks. Someone asked how much land it covered – his response was 1450 acres, 7 miles around. We had a tasty hamburger lunch grilled fresh by Chef Matt. Lauren and Paula helped assemble the lunches, Shirley and Annette served everyone, and Patty tempted everyone with a variety of ice-cream desserts! Everyone enjoyed the blue and green scenery, white birds, other friendly boaters, and the gentle breeze as we cruised along. Later in the season, HCC hosted a boat cruise and meal for the staff and volunteers in appreciation. They enjoyed a catered chicken dinner from Lee's Chicken, visited, appreciated the tour, and camaraderie. All ages from toddlers, to teenagers, to young ladies and gentlemen, to retirees enjoyed the event.

June brings fresh strawberries, bringing forth our annual strawberry fest to enjoy with family and friends – cute balloons from Annette, fresh berries, shortcake, ice-cream or ½ & ½, while being entertained with live music.

Summer is a great time for picnics, so we brought KFC to celebrate the great outdoors with a picnic on the front patio area and pergola. Friends and families joined in for this scrumptious meal that so many love, especially, Sam M.!

Weddings are an event to celebrate, and often occur in June, and one occurred here! Mary Jo, June Schrupp's daughter, held it in Rehab for her mom, with residents participating in it, including Don and Dee, through picture taking, playing the music, decorating, attending, and celebrating afterwards.

Have you heard of Bovard, Pa.? After celebrating David Hennis' birthday with a balloon launch, we received a card back from there, with a message that the man who found the balloon was also celebrating his birthday at the same time and same age! Small world!

Inside or outside...We celebrate the joy of music! We had a great sing-along with the

family of Edwin, leading and playing good old hymns on the piano. They were then "warmed up" for the weekly church service! Some of the entertainers perform outdoors at the fountain area to take in the good weather. The performers, Terry & Steve, are a lively group and engage us with singing, clapping, tapping tambourines, and wearing glow necklaces! They sing a variety of music from folk to "soft rock". We love the instrumentalists, vocalists, and our own choir singing with Kathy K. on the piano and Kay R. helping overall. The weekly Thursday entertainment gives us variety and pure enjoyment. The summer season provided wonderful outdoor live concert series at the Dover and Phila parks with assorted styles and the appreciation of the outdoor venues. Did you know the national parks are celebrating their 100th birthday this year?! We found out more about that through a presentation from Linda of the Dover Public Library. This was quite reminiscent of many of our vacations of the past. We appreciate her presentations of various subjects that enlighten us.

We had fun celebrating a win at the ball diamond for the senior (60s+) baseball team when we attended it at the Munson Stadium in Canton. A resident's son plays, and we were glad to root for their team. We enjoyed a packed lunch while there as well as the companionship. Annette learned a lot about the game from the fellows who attended!

We celebrate friendship, fun, and crafts as we work, learn, and enjoy crafting together, not only within our group, but including others from the other units, too, and with friends and family. Drawing classes continue Thursday nights in Dover with Annette or Patty transporting us, and the talent is very evident! Patty taught us chalk drawing using pastels and they are beautiful, t-shirt painting was a hit with custom designs and pride (yes, we'll forgive those who made the Steelers), canvas painting – with subjects per season/holiday/theme, assembling art projects, etc. Dee stays very busy painting seasonal decorations on wine glasses, mirrors, and the like (very impressive), and she has filled many orders – check them out at the Oktoberfest sale table! The hum of the sewing machine is often as Patty and Dee



whip things together. Lynn keeps the knitting needles moving, creating hats, scarves, blankets, and more. She entered a baby afghan with a popcorn pattern into the Tusc. Fair, and she won 2nd place! Wow, congrats! Patty D. also entered two of her works – a painting and a pencil drawing. It was cool to see them on display when we attended the fair!

The ladies and men's summer luncheons offer a special summer event to invite friends and family to share together a lovely meal and nice live entertainment. We appreciate the turnout and visitation.

Nothing like fresh corn on the cob and the fun of shucking the corn. Patty S. and Doug E. with Annette and Mel took on that task on the front porch, and later enjoyed it for dinner complete with butter melting over it, a little salt and pepper, and a big appetite!

The hot weather this summer called for frequent ice-cream treats on the front porch – Crunch bars, frozen Reeses, fudge sicles, root beer floats, milk shakes, popsicles, lemon ice, different choices of ice-cream – ah, delightful to the palette! Whether it's in the pergola, on the front or back patios, in the lounge, or dining room, we love those treats, and among friends!

When we attended the new big band concert, Jericho, and we loved all the old and new tunes. JoAnn knew Fred, the trombone player, and he came over to visit her after the concert, and both of them were excited to see each other! Patty S. enjoyed dancing to the music, too. The chef sent a huge picnic snack of sandwich wraps, chips, cookies, and beverages – we had plenty so we shared with others attending.

Time for another fest! This one a peach fest in August held with family and friends, enjoying the music from a live entertainer, savoring a peach crisp and smoothies among the camaraderie.

We threw a party for Andrew Kamban, AIT, upon the completion of his internship, Sandy Wikoff of Housekeeping on her retirement, and soon for Barb Burtscher of Dietary as she retires at the end of October, both of whom have longevity with HCC!

This gives people the chance to say thanks and wish them well in their new chapters. You might see them return in the volunteer capacity! We always appreciate that!

September brings about the hint of fall approaching along with several related activities, and with the addition of a sweater or windbreaker. The apple pie bake-off correlates with the county fair. Each unit makes their own pie together, using a chosen recipe, or by memory, assembles them, and bakes them in ovens in the kitchen and O.T. oven – creating a wonderful aroma throughout the halls! Next, the judges perform the difficult task of selecting a winner – 1st, 2nd, 3rd, based on appearance, taste, etc. While they are doing that we also enjoy tasting them and have our own opinions as we await the results...



Margaret enjoys crafts with Patty D.

Congratulations to Homestead who took first, Rehab earning second, and Gardens rounding out third. We also made freezer jam with peaches and everybody liked preparing it as well as spreading it on toast or biscuits. We enjoy making these home-made sweets!

We loaded the bus three days the week of the local fair to gad about the grounds and 4-H barns, visit the animals, check out the commercial buildings, enjoyed our sack lunches while watching all the going-on, and found the food fare like elephant ears, apple fritters, fresh lemonade, and the like. It's always a pleasure to see people we know and to hello to new people.

We held a farmers market to sell produce, pies, cookies, jams, brownies, floral arrangements, mums, day lily plants, fruit, crafts, amid other vendors, and with a lunch stand with hearty creamy vegetable soup, and fabulous turkey & bacon sandwiches on

specialty breads! Everyone enjoyed perusing the varied sales tables and having a bite to each on this pleasant sunny day.

Time to celebrate Grandparents Day and we did with two days! Friday we hosted a car show that grew even bigger than last year! Browsing among a '66 red Corvette, '56 DeSoto, '55 Charger, '32 Ford Roadster, '37 Plymouth, '79 T-bird, Boss 302 Mustang, Annette's '62 Ford Falcon, 2009 Dodge Challenger, and so many more! It was cool to watch them cruise in and to roam around looking at them. They brought a lot of compliments, a great deal of "remember when", and visitation among the proud owners! It was so much fun participating all afternoon with the oldies playing from the energetic DJ, Spikeman!

Then, on Sunday, families came to visit for the special day, enjoying an assorted dessert bar with cheese cakes, caramel goodies, and items like pretzels, marshmallows, cookies and more for the chocolate fountain. Next, followed the entertainment by the Big Bad Bodacious Brass Band that played a mix of songs to the delight of all ages and elicited dancing and singing. Prior to the concert, it piqued the interest of nurse John's young son, and the director encouraged him to come close and they talked about the slide trombone, and he blew into one of them, and was excited ... thanks Cheryl Graham, – once a teacher, always a teacher!

As the warm weather continued, it set the right stage for the evening of the outdoor showing of the movie Inside Out on a large inflatable screen enjoyed under nature's stars! On blankets, in chairs, with popcorn and other goodies, an audience of different ages enjoyed this unique event! We hope to do it again in the future!

Other movie excursions were scheduled once a month at the Quaker theatre that offered old flicks. Patty, Kathy, Shirley, and Angel took us in the afternoon and evening to see Rebel without a Cause, Breakfast at Tiffany's, Vertigo, and more – ah, to enjoy the greats such as James Dean, Audrey Hepburn, and Jimmy Stewart!

~ continued on page 28



~ continued from page 27

We celebrate the great strides that develop from the Alzheimer's fundraising efforts and the participation in the local community walk. It was held at Strasburg H.S. on a warm pleasant day. Some who attended were Billie N. and daughter, Louis B. and her daughter, Harriet H., Evy T., Louise G., and more along with the activity team. There was also a good group from HCC Bolivar! We appreciate our volunteer, Kay R., manning the refreshments, Kathy manning the HCC info table, and all the staff and volunteers helping overall. The event provided a brief program acknowledging a family having been through it, the effects of individuals and teams, understanding of caregivers, all among supportive camaraderie, and Lauren accepted the HCC business award for high fundraising. Thank you for all your support from fundraisers, and donations from families, friends, and businesses! We also appreciate the special memorials families have arranged. And, thanks to Dee who rolled \$15 worth of pennies to add to the kitty. It's all worth it towards the causes! Thank you!



Chef Scott with some delicious samplings from Chef creations.

How about celebrating big anniversaries! Our congratulations go out to these couples: Mr. & Mrs. Kreiger celebrating 75 years! Mr. & Mrs. Tango honoring their 70th! Mr. & Mrs. Toma toasting to their 63rd! Wow! That's impressive! Maybe they could share a few tips! We are glad to be a part of those special milestones. Best wishes to all of you!

Many beautiful celebrations of all kinds. The cooler, comfortable temperature and colors of autumn, festive fall event, the abundant goodies of the season, and so much more.

As autumn moves in, we look forward to celebrate our annual community Oktoberfest Oct. 2 with good German food, a festive

polka band, and various vendors, seasonal crafts, hay rides, and more. Trick or treat fun for the staff's families bring darling costumed visitors and fun treats. The Dover/Phila day evokes a lot of spirited fun, cheerleader visits, and game day excitement!

Patty, Annette, and Lauren have been busy preparing for our voting opportunity. Around the corner is November when we celebrate/exercise our privilege to vote in our patriotic voting room. Hope you do the same and wear your sticker with pride. Veterans Day will be observed/celebrated with a special program – hope you can come, too! Our tradition of the staff-hosted Thanksgiving buffet takes place, and the following week a beautiful full turkey dinner will be served.

Soon approaching is the joy of the Christmas celebrations and traditions... We have a lot to look forward to and which to be grateful! Be sure to check the calendars, signs, mailings, website, and good chatter of all the things happening this season and plan to be a part of the CELEBRATIONS!

***Learn from yesterday
Live for today
Hope for tomorrow***



It's a ringer! Alice tosses the ring to the octopus' legs during a summer game.



Don, son & daughter-in-law enjoy Father's Day breakfast together.



Doug enjoys a visit from New Pointe Church who is volunteering for the day.



A hot summer day calls for good old fashion popsicles enjoyed by Bev.



Kay & Ray R. enjoy the Strawberry Festival.



Alzheimer's Spring Quaker Auction - Kathy & Lynn C. look over the auction items.



Fresh corn shucking, Patty S. & Mel.



Patty's proud painting students with their pieces!



JoAnn, Dee & Patty S. happy to attend the local concert in the park.



Hockey; Patty S., JoAnn, & Lynn



Jane N. & Doug go after the same puck in HCC Hockey Olympics.



Supporters of the Cleveland Playhouse Square Show - Dee & Family enjoyed this bus fundraiser trip (3 generations!)



Staff: Sue, Rose and Debra enjoy the fresh lunches from Dennison Yard food truck on Fridays.



Marian enjoys a dog visit from volunteers of New Pointe Church on Sunday morning.



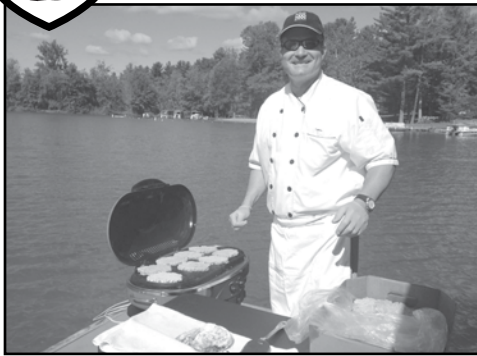
Sabrina Peelman as a Princess visits with Anna.



Doug is surrounded by lovely Disney princesses.



DOVER RESIDENT OUTING & STAFF APPRECIATION ATWOOD QUEEN



Chef Matthew grills up delicious burgers for us.



Joseph House & date look very nice together as they stroll to the ramp.



Debra, husband & Kaitlyn prepare to board the boat.



Kendra Kreiger & her husband enjoy the chicken dinner.



Ice cream to complete our boat ride - Patty asks "Who wants frozen Snickers ice cream bars, Crunch Bars, chocolate ice cream bars...?"



Joe House, Joyce, Judy Thomas listen to the Captains, while enjoying dinner.



Volunteer Anna & guest are greeted by the Captain & Kathy.



Patty Stone, granddaughter, great-grandson enjoy the breeze and scenery as we sail along.



Angel, Joe & Shirley enjoy the boat ride.



Charlene, Bev & Kathy take in the scenery at Atwood Lake



Don & Angel enjoy the cruise on Atwood Lake.



DOVER CAR SHOW



Nurse Kim & Chef Scott like this red hot rod!



Mrs. Espenschied & her son check out the engine of his truck.



Dave S. give this DeSoto a thumbs up as he likes they are a similar age.



Don, Annette & Dallas check out the hot rods.



Jeff H. & brother appreciate Annette's brother's econoline pick up.



STNA Heather, Lynn C. & Jeanette G. vote for this '55 Chevy.



Kathy & Judy take moment for the camera as the roam the show.



Row with her granddaughter and great grandchildren enjoying the event & goodies on the front porch.



Mr. & Mrs. Fox want to take this Corvette for a spin.



Jim thinks he'll take this home!



Andrea & Chef Matt visit while enjoying lunch on the portico.



T.D., Annette & her brother pose with her '62 Ford Falcon.

SWEET & TASTY



BAKE SALE



Highlighting Pumpkin Recipes
and Offering Other Sweets, Too

Dover • Nov. 16 • 10am–2pm

(Graciously accepting baked goods, candy, etc. of any kind for this fund raiser)



Hattie's House
266 Bolivar St. | Bolivar, OH 44612
(330) 874-9999

Pat's Porch
309 E. 17th St. | Dover, OH 44622
(330) 364-8849

Transitional Therapy Houses

Hennis Care Centre



www.henniscarecentre.com

300 Yant Street | Bolivar, Ohio 44612
(330) 874-9999

1720 Cross Street | Dover, Ohio 44622
(330) 364-8849

of Dover & Bolivar

HENNIS
CARE
CENTRE



PRSTD STD
US POSTAGE
PAID
MAILER'S CHOICE