



THE Friendly Visitor

HENNIS CARE CENTRE

Jan | Feb | Mar 2017

Dover & Bolivar, Ohio

People Who Can Help

We are here to help individuals achieve their potential each day of their lives.

DOVER

Administrator.....David Hennis
Director/Patient &
Resident Services.....Anita Pepper
Executive Chef.....Scott Fetty
Social Services.....Melanie Scheetz
Director of
Therapy Services.....Holly Meister
Accounting Manager.....Harold Baker
Public Relations.....Paula Hennis-Sickinger
Recreational Therapist.....Lauren Wilson
Activity Professionals.....Annette Cookson
Kathy Marburger, Patty Dunkle
Music Therapist.....Laura Smith
Maintenance Director.....Ken Otto
Receptionist.....Trish Haynam
Leslie Morris

Corporate Chef of Dover & Bolivar
and Hospice House.....Matthew Ridgway

BOLIVAR

Executive Director.....David Hennis
Administrator.....Kim Zontini
Director of Nursing.....Nicole Jones
Executive Chef.....Casey Hanlon
Laundry/Housekeeping.....Sue White
Social Services.....Lisa Gintz
Director of
Therapy Services.....Teresa Carlson, O.T.
Accounting Manager.....Harold Baker
Activity Professionals.....Jeanne Sauernheimer
Abby Strubel
Maintenance Supervisor.....David Wood
Receptionist.....Kathy Herstine

HOSPICE HOUSE

Culinary Supervisor.....Carla Braun
Dietary Services.....Dennis Borter
Matthew Arnold

HCC provides out-patient and
in-house therapy 7 days a week.
HCC is a smoke-free campus
inside and outside.

www.henniscarecentre.com

Don't Sweat the Small Stuff... and it's all small stuff

Be the First One to Act Loving or Reach Out

So many of us hold on to little resentments that may have stemmed from an argument, a misunderstanding, the way we were raised, or some other painful event. Stubbornly, we wait for someone else to reach out to us - believing this is the only way we can forgive or rekindle a friendship or family relationship.

An acquaintance of mine, whose health isn't very good, recently told me that she hasn't spoke to her son in almost three years. "Why not?" I asked. She said that she and her son had a disagreement about his wife and that she wouldn't speak to him again unless he called first. When I suggested that she be the one to reach out, she resisted initially and said, "I can't do that. He's the one who should apologize." She was literally willing to die before reaching out to her only son. After a little gentle encouragement, however, she did decide to be the first one to reach out. To her amazement, her son was grateful for her willingness to call and offered an apology of his own. As is usually the case when someone takes the chance and reaches out, everyone wins.

Whenever we hold on to our anger, we turn "small stuff" into really "big stuff" in our minds. We start to believe that our positions are more important than our happiness. They are not. If you want to be a more peaceful person you must understand that being right is almost never more important than allowing yourself to be happy. The way to be happy is to let go, and reach out. Let other people be right. This doesn't mean that you're wrong. Everything will be fine. You'll experience the peace of letting go, as well as the joy of letting others be right. You'll also notice that, as you reach out and let others be "right", they will become less defensive and more loving toward you. They might even reach back. But, if for some reason they don't, that's okay too. You'll have the inner satisfaction of knowing that you have done your part to create a more loving world, and certainly you'll be more peaceful yourself.

Source:
Don't Sweat the Small Stuff...
and it's all small stuff
Author Richard Carlson



5 Clever Ways to Use Orange Peels Around the House

Don't throw them out!

FUN FACT: the color orange was named after the fruit, not the other way around.

1 Deodorize the oven

To combat any lingering fish or meat smells after cooking, place a pan of orange peels inside your oven, set the temperature at 350°F and bake for 15 to 20 minutes. It will diminish the odor and give your kitchen a fresh citrus scent.

2 Whiten teeth

In a pinch, rub your choppers with the inside of an orange peel. The D-limonene will temporarily brighten your smile.

3 Ward off pesky insects

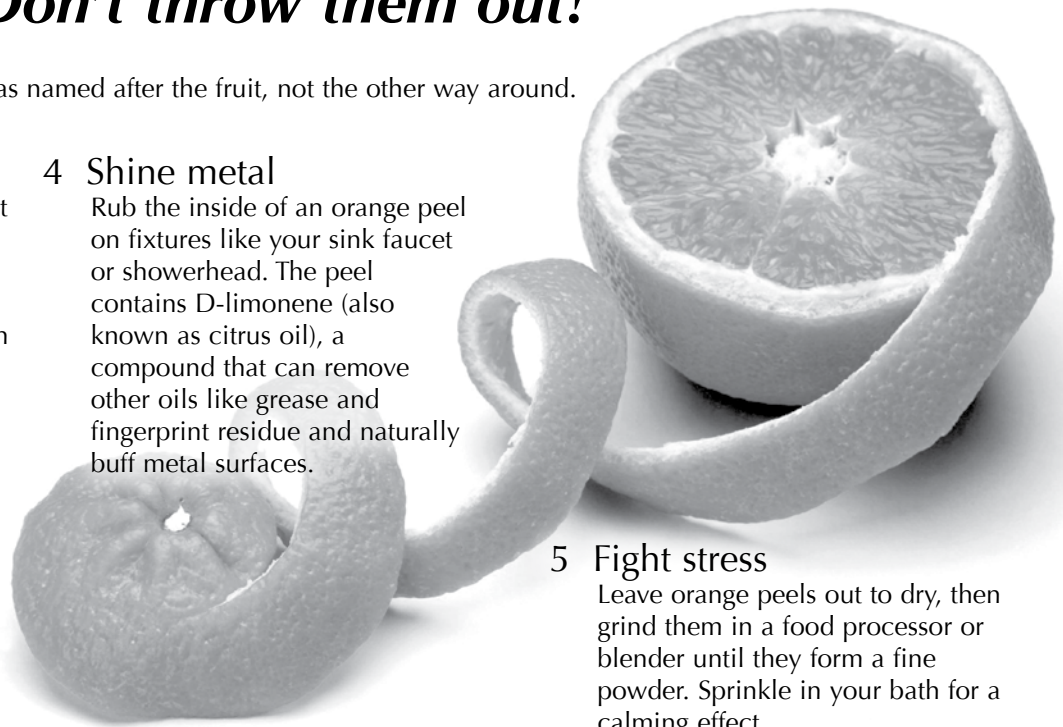
Flies, fire ants, cockroaches and mosquitoes are not fans of orange oil. Place a few pieces of peel in bowls in the corners of your home to help keep the bugs at bay.

4 Shine metal

Rub the inside of an orange peel on fixtures like your sink faucet or showerhead. The peel contains D-limonene (also known as citrus oil), a compound that can remove other oils like grease and fingerprint residue and naturally buff metal surfaces.

5 Fight stress

Leave orange peels out to dry, then grind them in a food processor or blender until they form a fine powder. Sprinkle in your bath for a calming effect.



Source: WOMAN'S DAY STAFF 6/8/16

Steven A. Frowine, professional horticulturist. Michael N. Gould, PhD, professor, University of Wisconsin-Madison. Julia Lawless, aromatherapy expert. Marc Lowenberg, DDS. Meg Roberts, president, Molly Maid.

SOCIAL SERVICES

May You Always Have Positive Thoughts

May every day of your life bring you fresh hopes for tomorrow - because hope gives all of us a reason for trying.

May each new day bring a feeling of excitement, joy, and a wonderful sense of expectation. Expect the best, and you'll get it.

May you find peace in simple things, because those are the ones that will always be there.

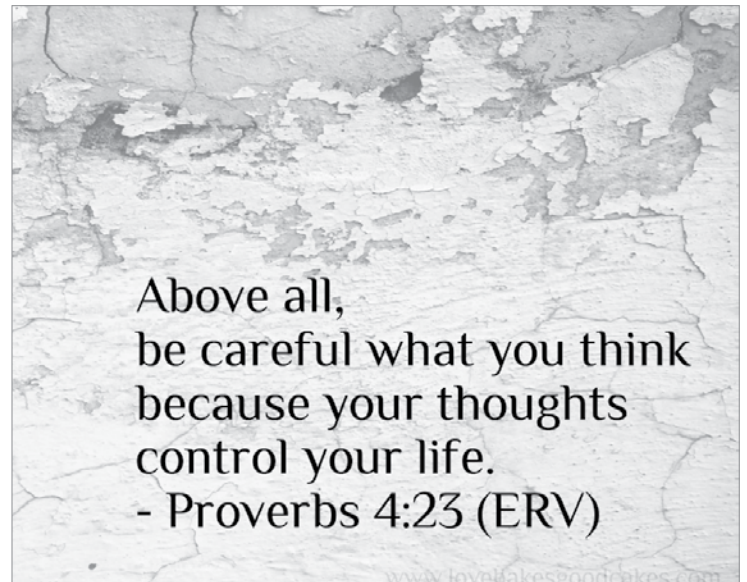
May you remember the good times and forget the sorrow and pain, for the good times will remind you of how special your life has been.

May you always feel secure and loved, and know you are the best.

May you experience all the good things in life - the happiness of realizing your dreams, the joy of feeling worthwhile, and the satisfaction of knowing you've succeeded.

May you find warmth in others, expressions of love and kindness, smiles that encourage you, and friends who are loyal and honest.

May you realize the importance of patience and accept others for what they are. With understanding and love, you'll find the good in every heart.



May you have faith in others and the ability to be vulnerable. Open your hearts and really share the miracle of love and intimacy.

Above all, may you always have positive thoughts.

Wished to you by Pastor Dotty

Source - St. John's Welcome Home Newsletter - Feb. 1, 2016

Allergies 411

Everything you need to know to survive and thrive this season

Warmer temperatures bring joy and delight. But they can also bring on symptoms of allergies. Sneezing, watery eyes and a runny nose can easily turn “Ahhh, spring!” into “Aaaah-choo!” Over 50 million people suffer from allergies. But with the right information and smart preparation, you can control your symptoms rather than letting them control you. Take charge of your allergies with this guide to the many causes and effective treatments for managing seasonal allergies.

Allergies: Fact Vs. Myth

MYTH You can't distinguish allergies from a cold.

FACT If there's a fever, it's most likely a cold, not allergies.

MYTH Dry days get the green light.

FACT Hot, dry days are when pollen counts are highest.

MYTH Allergies happen only in the spring.

FACT Allergies can happen any time of year, even in the winter, when indoor allergens are the main culprit.

MYTH If you live in the city, allergies are not a concern.

FACT Pollen can travel for miles on the wind, reaching even urban dwellers.

MYTH If you didn't have allergies as a child, you can't have them as an adult.

FACT Allergies can develop at any stage in life.

It Starts at Home

Allergens don't ring your doorbell—they just move in and make themselves at home. Keep your household free of these freeloaders and you'll reduce your indoor allergy triggers:

DUST Mites love to cozy up to your mattress, bedding, upholstery and rugs,

and are perhaps the most common cause of recurrent allergies. To combat them, cut down on clutter, dust with a damp cloth weekly, and wash linens, curtains and blankets in hot water.

MOLD AND MILDEW grow in damp areas and cause year-round sneezing or a runny nose. To minimize mold, keep all areas properly ventilated and dry, especially basements and bathrooms, and maintain an indoor humidity level below fifty percent.

AIR CONTAMINANTS are invisible to the eye but can wreak obvious havoc on allergy sufferers. Breathe easier by using a High Efficiency Particulate Air (HEPA) filter to reduce dust and other allergens in the air, and clean forced-air heat filters regularly.

PET DANDER is found on man's best friend, but it's your worst enemy if you're reactive to it. Consider banishing pets from certain rooms, like the bedroom, and wash your hands after petting your furry friend to remove offending allergens.

All in the Family

Think your child might have allergies? Here are some indicators:

- Cold symptoms typically last 7-10 days; allergy symptoms stick around much longer.
- Outdoor allergy symptoms appear cyclically/annually.
- Symptoms that change throughout the day point toward allergies.

Types Of Treatment

Antihistamines block histamines to relieve sneezing and itchy watery eyes.

Decongestants alleviate nasal and sinus congestion.

Antihistamine eye drops help relieve itchy, watery eyes.

INS nasal spray reduces inflammation and relieves nasal congestion.

Immunotherapy shots increase tolerance to allergy triggers and help relieve symptoms.

Your “Take Charge of Allergies” Checklist

☐ **DO** plan outdoor activities in the earlier and later hours of the day. Pollen count is highest between 10AM and 5PM.

☐ **DON'T** venture outside when it's windy.

☐ **DO** crank up the air conditioner in the summer, which dehumidifies the air and filters out pollen.

☐ **DON'T** allow your pet in your bedroom, to minimize allergens while you sleep.

☐ **DO** shower, wash your hair and

☐ throw your clothes into a laundry basket as soon as you get inside.

☐ **DON'T** forget to change filters on heaters, humidifiers and A/C units.

☐ **DO** keep your windows closed during the day to keep allergens out.

☐ **DON'T** hang laundry outside to dry.

☐ **DO** track local pollen levels and see pollen forecasts.

Source - GH April 2016

Stroke and Heart Disease: Two Sides of the Same Coin?

Stroke and coronary heart disease (CHD) are two distinct conditions, but they have more in common than you might think.

Separate...

The main distinctions between stroke and CHD lie in how they develop and which parts of the body they affect.

Most strokes occur when a blood clot forms in an artery that delivers blood to the brain or the clot travels to one of those arteries from elsewhere in the body. In either case, the result is the same: The clot prevents oxygen-rich blood from reaching the brain, causing tissue death. Less commonly, stroke may occur when a blood vessel in the brain bursts, flooding the brain with blood.

CHD affects the arteries of the heart rather than those of the brain. It develops over time as plaque accumulates and narrows the arteries — a process called atherosclerosis. If an artery is so affected that little or no blood reaches the heart, a heart attack can occur.

...but Related

Healthy To Do List If you have atherosclerosis in your coronary arteries, chances are good that arteries elsewhere in your body — including the cerebral (brain) arteries — have experienced narrowing, too. Stroke and heart disease share risk factors that contribute to atherosclerosis, including smoking, high cholesterol, high blood pressure and obesity. Blood clots that travel to the cerebral arteries and cause strokes most often originate in the heart. Other forms of heart disease, such as atrial fibrillation and heart failure, can also increase stroke risk.

If you modify these risk factors, you may be able to protect yourself from two serious health threats.

Healthy To-Do List

- ☐ quit smoking
- ☐ cholesterol down
- ☐ blood pressure down
- ☐ lost 20 lbs!

Keeping tabs on your heart health can help you identify potential problems early.

Source: <http://sacmc.healthnewsforme.com/>

MAINTENANCE

Drains

The best option for do-it-yourself drain care is prevention. However, if you're confronted with a clogged drain, try using a plunger. Fill the sink or toilet with water and try to get as little air under the plunger as possible. Plungers work fine on soft, fatty kitchen clogs but not so reliably on bathroom blockages, which may be composed of facial tissue, soap, toothpaste, human hair, and toilet tissue.

Or try using a plumber's auger, known as a "snake." This device is more versatile than a plunger, since it can both break up a greasy clog in the kitchen and snag clumps of hair in a bathroom blockage. Plus the snake alone can remove all or part of a blockage, so the clog won't be worked loose only to cause trouble farther down the drain.

You may need help turning a snake while feeding it into the pipe, and the openings it must thread through may be too small to accommodate it. Also, it may not fit through the trap below the sink, though it can fit in the open pipe once the trap is removed. Don't use a snake with a garbage disposal.

If the drain is still clogged, call a plumber. CONSUMER REPORTS is reluctant to recommend a chemical cleaner for tackling a clot or preventing blockages. The powerful ingredients in such cleaners can cause serious harm if they are inhaled or touch the skin or eyes, and if the cleaner doesn't dislodge the clog, you'll have a corrosive mess to clean up.

Biological treatments are mainly useful as preventive measures and must be applied regularly.

Maintaining Free-Flowing Drains

Take some simple measures to keep drains throughout your house flowing freely.

- Use strainers in all your sinks.
- Kitchen clogs are generally a buildup of vegetable scraps and congealed fats. Avoid pouring grease down a kitchen sink.
- Bathroom drains tend to clog with soap scum and hair. Use a hair trap (available in hardware stores) in bathtub and sink drains. These simple devices also capture soap, skin oils, and other residues that can contribute to buildup in a drain. -
- Periodically clean or replace the drain-plug mechanism in your bathtub and sinks.
- Once a week, pour a gallon of boiling water down the kitchen drain-half a kettle at a time-to break up the grease.

Source -
Consumer Reports -
How to Clean
Practically Anything



3 Moves for a Stronger Back

It'll help you stand up taller, look leaner and prevent nagging pain.

Perfect your posture with these easy exercises. For best results, repeat the routine three times through, twice a week.



1 Pointer Plank

WORKS BACK, SHOULDERS, ARMS, AND ABS

Start on all fours. Extend left arm forward at shoulder height and right leg behind you in line with hips (as shown). Hold for one breath, then bring left elbow to meet right knee. That's one rep. Do 10 reps; switch sides.

CORE POWER: Make sure to keep your back from sagging by pulling your belly button toward your spine.



2 Shoulder Sweep

WORKS BACK, SHOULDERS, ARMS, AND ABS

Lie faceup with knees bent, feet flat, a weight in each hand (we recommend a light weight, like a 5- to 7-pound dumbbell). Extend arms behind you until hovering above floor to start. Bring arms directly above chest (as shown); pause; return to start for one rep. Do 10 reps.

FLAT-BELLY BONUS: Press the small of your spine into the mat to engage your core throughout.



3 Superwoman

WORKS BACK, SHOULDERS, AND BUTT

Lie on your stomach, arms extended in front of you. With legs straight and toes planted, engage abs and gently arch back, drawing elbows toward ribs (as shown). Return to start. Do 10 reps.

PROTECT YOUR NECK: and maintain good alignment, gaze down slightly, looking about six inches in front of you.

Good Housekeeping
JULY 2016

Whether it's for a fall meal or a Halloween bash, this sweet treat is perfect for the season—fun, easy, and scrumptious. No tricks here!



Slow Cooker Short Ribs Recipe

TOTAL TIME:

Prep: 30 min.

Cook: 6-1/4 hours

MAKES: 6 servings



Ingredients

3 pounds bone-in beef short ribs
1/2 teaspoon salt
1/2 teaspoon pepper
1 tablespoon canola oil
4 medium carrots, cut into 1-inch pieces
1 cup beef broth
4 fresh thyme sprigs
1 bay leaf
2 large onions, cut into 1/2-inch wedges
6 garlic cloves, minced
1 tablespoon tomato paste
2 cups dry red wine or beef broth
4 teaspoons cornstarch
3 tablespoons cold water
Salt and pepper to taste
Add to Shopping List

Nutritional Facts

1 serving (calculated with 1/2 teaspoon salt): 250 calories, 13g fat (5g saturated fat), 55mg cholesterol, 412mg sodium, 12g carbohydrate (4g sugars, 2g fiber), 20g protein.

Directions

Sprinkle ribs with 1/2 teaspoon each salt and pepper. In a large skillet, heat oil over medium heat. In batches, brown ribs on all sides; transfer to a 4- or 5-qt. slow cooker. Add carrots, broth, thyme and bay leaf to ribs.

Add onions to the same skillet; cook and stir over medium heat 8-9 minutes or until tender. Add garlic and tomato paste; cook and stir 1 minute longer. Stir in wine. Bring to a boil; cook 8-10 minutes or until liquid is reduced by half. Add to slow cooker. Cook, covered, on low 6-8 hours or until meat is tender.

Remove ribs and vegetables; keep warm. Transfer cooking juices to a small saucepan; skim fat. Discard thyme and bay leaf. Bring juices to a boil. In a small bowl, mix cornstarch and water until smooth; stir into cooking juices. Return to a boil; cook and stir 1-2 minutes or until thickened. Season with salt and pepper to taste. Serve with ribs and vegetables. Yield: 6 servings.

Need \$2,759? It could be right under your nose.

Money Hidden in Your House

Need \$2,759?

It could be right under your nose, in form of unused gift cards, clothes you forget to return, credit card bills you forget to pay, and more.

Find Extra Cash:

5 Unexpected Places—
It's Hiding in Your Home

Lost Receipts:

■ \$144 a year

Those jeans that don't fit quite right? Stuck in your closet because you can't find the receipt. Americans return almost 9 percent of the merchandise we buy in stores, according to the National Retail Federation. Many retailers will let you make a return without a receipt, though your credit may be for the lowest-ever price. When a clerk asks, "Do you want the receipt in the bag?" say no. Keep it in your wallet until you know the purchase works.

Unused Gift Cards:

■ \$48 Each

Gift cards can get left in old purses and buried in drawers. The average card is worth about \$48. Designate a holding tank, like an envelope or a file folder, and

then schedule a shopping trip to use it. Record and store the card's numbers (including the PIN) on your computer or phone. Should the card disappear, some retailers will replace it if you can provide those digits.

Missing Credit Card Bills:

■ \$665 a year

There's your Visa statement, buried under a mound of catalogs and already overdue. Being 60 days late could saddle you with a penalty interest rate of 28 percent. If you're making just the minimum payments, that would add about \$665 in interest a year to a cardholder balance of \$4,000, according to creditcards.com, an online credit card marketplace. Set your checking account to auto-pay at least the card's minimum. Tuck any leftover paper bills into a drawer and handle in a monthly finances meeting with your partner, perhaps on the first Tuesday of every month.

Rented Storage Unit:

■ \$1,416 to \$1,812 per year

You're going to use that practically new exercise equipment one day; you just don't have room for it right now. So, like



one in nine households, you rent a storage unit. Next thing you know, you've paid almost \$2,000 to keep a ten-year-old Soloflex. Give yourself permission to toss (or sell) stuff without the guilt trip: You're not being wasteful if you never use it.

Stray Loose Change:

■ \$90 for the average household

All those nickels left between couch cushions, pennies in car cup holders, and quarters at the bottom of bags add up. Buy a piggy bank—seriously. When the jar fills up, haul it to your bank. Some banks will count change free for customers, as will some credit unions.

BY MELODY WARNICK FROM REDBOOK

MARK YOUR CALENDAR

Valentine Candy Grams with Flowers

Orders start last week of January.

HCC of Dover, see Receptionist

Feb. 1 – Chili Cook-Off

HCC of Dover, day before prep, afternoon
judging day-of

Feb. 1 – Sip & Paint

School House Winery

Special Valentine's Dinners:

Dover: Rehab Feb. 6, Homestead Feb. 7,
Gardens Feb. 8, Pat's Porch Feb. 9

Bolivar: Hattie's House Feb. 6, Gardens
Feb. 7, Rehab Feb. 8, Homestead Feb. 9
Invitations will be in the mail

Feb. 14 – Valentine's Day Parties

Dover & Bolivar, afternoon

Feb. 22 – Sweet Treat Bake Sale Fundraiser

HCC of Bolivar, 10:30a – 2:30p
(Graciously accepting baked goods,
candy, etc. – thank you)

Feb. 25 – Princess Tea

Dover, 11:00a – 1:00p, St. John's of Dover
RSVP 330-364-8849

Feb. 28 – Dover Lunch Sale Fundraiser

10:00a – 1:30p, Rehab foyer

Bolivar Bake Sale Fundraiser

10:30a – 1:30p

March – TBA – In-House Shopping, Dover

Akron Zoo Visit - March 7, Dover & Bolivar

Benefit Card Parties: \$7 = Fun, Food, Prizes

Dover: March 16, 6:30p – 9:30p,
RSVP - 330-364-8849

Bolivar: RSVP - 330-874-9999

Hattie's House: March 8, 7:00p – 9:30p,
Main Facility: March 29, 7:00p – 10:00p,

St. Patrick's Day Parties, March 17, 2:00p

Potato Bar Lunch Stand Fundraiser – \$6

Dover – March 17, 10:00a – 1:30p

Bolivar – April 19, 10:30a – 1:30p

Apr. 14 – Bolivar Bake Sale

10:30a – 1:30p

WINNERS!

Thanks to all who participated in these fun events and fundraisers!

More Upcoming Raffles!

You could be a winner!



See our display signs and see the receptionist for tickets for your chance to win!
We appreciate your support with selling and buying for these worthwhile causes!

Ohio State Raffle Basket – Nancy Domer

Misc. Items Raffle Basket – Deb Kandel

Dover/Phila Day Prizes: Shirts, hats,
water bottles, scratch off lottery tickets –
Many staff & residents

Thankful Pizza Buffet Day:
Assorted Gift cards – Many staff & residents

Surprise Santa Visit to Staff: Random gifts of
Christmas yard decorations, cookie & soup
mixes, candy boxes, misc. gift cards, computer
tablets, large screen T.V.s

WJER – Tickets for Trans Siberian Orchestra
concert – 2- Chef Casey Hanlon, 2 Harold Baker

SHARING AND UNDERSTANDING

Caregiver Support Group Meetings

First Time attendees: Please contact the HelpLine at 1-800-272-3900 to confirm the date, time and location.

ALLIANCE

Rodman Public Library
215 E. Broadway St
Last Thursday, 2:00 pm

BARBERTON

Barberton Public Library
602 West Park Ave.
1st Wednesday, 6:30 p.m.

BRUNSWICK

Heimatland Party Center
3511 Center rd.
2nd Tuesday, 1:00 p.m.

CAMBRIDGE

Guernsey County Senior Center
1022 Carlisle Ave.
2nd Tuesday, 1:30 p.m.

CANFIELD

Canfield United Methodist Church
27 South Broad St.
4th Thursday, 1:30 p.m.

CANTON DAY

Faith United Methodist Church
300 9th St, NW North Canton
3rd Thursday, 1:00 p.m.

CANTON EVENING

Sirak Financial Building
4700 Dressler Rd. NW, Suite 200
4th Tuesday, 6:00 p.m.

COSHOCTON

Health Services of Coshocton
230 S. 4th St. Last Thursday, 4 p.m.

CUYAHOGA FALLS

First United Methodist Church
245 Portage Trail
1st Tuesday, 1:00 p.m.

DOVER

Union Hospital
Reeves Auditorium
659 Boulevard
3rd Tuesday, 7:00 p.m.

FAIRLAWN/AKRON

Fairlawn Lutheran Church
3415 W. Market, Akron
4th Thursday 2:00 p.m.

GREEN

Green Branch Library
4046 Massillon Rd.
Last Monday, 6:30 p.m.

HOWLAND

Howland United Methodist Church
730 Howland-Wilson Rd., NE
2nd Tuesday, 7:00 p.m.

HUBBARD

Hubbard Senior Center
220 W. Liberty St.
1st Thursday, 7:00 p.m.

HUDSON

St. Mary's Catholic Church, Rm 104
340 North Main St. (RT 91)
3rd Thursday 7:00 p.m.

MARTINS FERRY

First Presbyterian Church
400 Walnut St.
4th Tuesday, 1:00 p.m.

MASSILLON

Affinity Medical Center
875 Eighth St. NE - 1st Floor,
Conference Room 1
2nd Tuesday, 6:00 p.m.

MEDINA

Human Services Building
246 Northland Drive
Bring a brown bag lunch!
3rd Wednesday, 12:30 p.m.

MILLERSBURG

Martin's Creek
6111 Cty. Rd. 203
3rd Monday, 6:00 p.m.

MINERVA

YMCA
687 Lynwood Dr.
1st Thursday, 6:30, p.m.

NORTH JACKSON

Antonine Sister's Adult Day Center
2675 N. Lipkey Rd.
3rd Monday, 2:00 p.m.

ORRVILLE

Trinity United Methodist Church
1556 Rex Drive
4th Wednesday, 1:00 p.m.

RAVENNA

Robinson Memorial Hospital
6847 N. Chestnut St., Room A
1st Tuesday, 6:30 p.m.

STEUDEVILLE

Eastern Gateway Community College
4000 Sunset Blvd. Room 1506
3rd Thursday, 6:00 p.m.

WADSWORTH DAY

Soprema Senior Center and Cafe
617 School Dr.
1st Thursday, 1:00 p.m.

WARREN

Trumbull Memorial Hospital
Conference Room F
1350 E. Market St.
3rd Wed. 10:00 a.m.

WOOSTER

Wooster United Methodist Church
243 N. Market St.
3rd Wednesday, 1:00 p.m.

YOUNGSTOWN

Northside Medical Center
Med. Office Bldg A, 500 Gypsy Lane,
Classroom A
1st Tuesday, 10:00 a.m.

ZANESVILLE

Trinity United Presbyterian Church
830 Military Rd
2nd Tuesday, 6:30 p.m.

Source: Alzheimers Association
July-Dec 2016



Hello! How was your holiday season? We had a lot of fun-filled months! We painted some pumpkins to set around the units during October. We gave out lots of candy to the staff's families during our Trick-or-Treat night; and saw some pretty good costumes. Some were cute, some were very pretty, some were scary and some were totally adorable! Then we got to see the staff's costumes on Halloween day during the Party. They were really imaginative, too; especially the Therapy department girls! And Col. Sanders & the Wicked Witch from the Dietary department looked pretty real too!! Thank you all for participating.

In November, we honored our Veterans with a special salute! Everyone received a card thanking them for their service and dedication to our country while Patriotic music played & everyone sang along.

We also were able to make our yearly visit to New Towne mall for a Christmas shopping trip. Everyone enjoyed the decorations, fun, and food. We got to do some people watching and remembered the days when we had to check off our own Christmas lists. The weather didn't remind us of Christmas time, but it made for a not so cold day out!

Our Christmas Dinner was delicious, as usual! There was a lot of talking, laughing and

singing as we enjoyed the great food and listened to Gene Weygandt play all of our favorite Christmas music. The halls continued to be filled with music as lots of carolers visited to sing for us throughout the month. Santa visited everyone with a special gift and a hug. He hand delivered presents to all with his white beard, a big smile, lots of hugs and a merry "HO, HO, HO". It was clear that our residents had been very good throughout the year!

January finds us winding down quite a bit following the busy holidays!! Jim Williams, Jon King, Jay Seacrest, Marty Zehnder, Tim Weddington, Gene Weygandt, Fran Zupp & Max Grossenbacher will be in throughout the month; check the calendar on the unit for dates & times. We will be hosting a Soup Fundraiser, for the American Cancer Society & the National Alzheimer's Association, on the 18th from 10:30 am to 1:30 pm. Come in and enjoy some of the delicious soup that we will be selling that is made by different members of our staff.

In February, we will be celebrating Valentine's Day with our annual dinner and the crowning of the Queen & King; don't forget to vote for your favorite male & female Rehab resident. The dinner will be held on Wednesday, February 8th at 6:00pm. Plan to join us on this evening; there will be romantic

piano music played by Gene Weygandt, and we will be crowning our Valentine king & queen of 2017 during the evening. We will be hosting a Valentine Dessert Sale on Wednesday, February 22nd from 10:30am-3:30pm. This will, once again benefit the American Cancer Society & the Alzheimer's Association.

This brings us, hopefully, into spring!! We will be hosting our annual Community Spring Card Party to benefit the American Cancer Society and the Alzheimer's Association. These parties will be held on Wednesday, March 8th at Hattie's House from 7-9:30pm and on Wednesday, March 29th from 7:00pm-10:00pm at the Main building for a donation of \$7.00. If you plan to attend, please bring in a bag (or more) of **individually wrapped soft** candy that we will use to fill plastic Easter eggs for the staff's family annual Easter Egg Hunt in April.

We will be celebrating St. Patrick's Day with a party on the 17th at 1:30pm with Marty & his Bucket Tunes entertaining us and Chef Casey providing some tasty refreshments! Jay Seacrest, Jon King, Tim Weddington, Gene Weygandt & Max Grossenbacher will all be performing for us throughout the month.

Please plan to join us for any of these programs; we always have a great time!

The Rehab Team.

BOLIVAR FALL EVENTS



Mae and George enjoyed looking at the cows "napping."



Gretta, Wayne and Clara were taking a "break" at the fair.



Bob with his "Cheshire cat" grin.



Some of the residents and staff stop for a picture during the fair visit.



Chef Casey, Michelle and Lisa prior to the Fall Card Party.



Abby and Bonnie, (Abby's Mom) at the Tusc. Fair with Mae and George.

BOLIVAR "TRICK-OR-TREAT"



Jeanne's "Princess" (granddaughter)



The "Goblins" all await the starting time.



Helen was looking "Mysterious" on "trick-or-Treat" night.



Abby with Ky on "Trick-or-Treat" night.



Chef Casey with the "Scary" donuts she served.



The Merrick family dressed for "Trick-or-Treat"



George, Mae and Clara "pose" with the "Garden Art" figures.



Bob and Jim were all ready for the kids to start visiting.



STNA Nancy was a beautiful blue butterfly for the evening.



We have been busy on the Homestead Unit during the holiday season!! We painted pumpkins, made scarecrows, and made pumpkin cookies for the fall season. The residents love this busy time of the year and all the activities that come along with the weather changes. One of their most favorite nights was Trick or Treat night. Many family members came and handed out candy with their loved ones and spent time afterward visiting. No other night brings this much laughter and fun to the unit. We also enjoyed our yearly Thanksgiving Buffet where all the staff bring in covered dishes and we share these delights along with turkey, mashed potatoes, and dressing. You would be surprised how much some of these little ladies can eat. Many football games were watched during this season as well and Chef Casey made a feast for the Fairless Football team to enjoy prior to one of their games. The boys said it was probably the best meal of the season!! Thanks so much Casey!

December started the real hustle and bustle of the holidays. We started the month off with our annual Christmas dinner. Chef Casey and her crew made a delicious meal as always. Many family members and residents commented on how nice everything was and how they look forward to this evening with their loved one. We took some of our residents Christmas shopping at New Towne Mall. They came back talking about the fountain and the treats they found in the food court. Santa is always a hit on the unit as well. Many families came in for the visit and after Santa passed out his gifts we visited and shared cookies and juice.

We decorated the unit over Thanksgiving weekend for the holidays. While most people were fighting each other trying to get a deal we on the Homestead were listening to Christmas music and hanging holly. The staff and residents did an amazing job and when you walked onto the unit it just felt homey and cozy.

We find ourselves in January and slowing down a bit. We enjoy baking cookies, playing Zingo, and one of our new favorites is table tennis after meals. February will bring us into the Valentine season and we look forward our annual Valentine's dinner. Mark your calendar for February 9th at 5:00 PM, we hope you all can make it. We will be having a Valentine Dessert Sale on February 22nd to benefit the American Cancer Society and the Alzheimer's Association in the front lobby between the hours of 10:30 and 3:30. We will then hopefully be seeing signs of spring and warmer weather.

Live, Laugh, Love
The Homestead



Jessica Cannon, RN, with
Rose Mary Shepler.



Shirley Sterling & daughter, Crystal
petting the miniature horse.



Rose Mary and her family.



Shirley Bower had fun painting
a pumpkin.



Ethel Keith petting a 4-H goat.



Gloria Gilmore enjoying the pet visit.



Christine Hansen gave the miniature horse a big hug.



Chef Casey with some of the Fairless Football team; they loved the meal she made for them.



Christine Hansen, Betty Malone & Clara Mutigli pass out treats.



Dawn & Herb Cotton passing out treats with their family.



Kendra Calhoun, STNA, and Rose Mary.



Patti Eichelberger, Christine Hansen & Clara Hostetler.



Hennis' autumn paint party to support the Alzheimer's Association.



Rose Mary & Maggie Hensel, STNA



Ruth Sloan & Daughter, Carol passing out treats.



Trick-or-Treat night at Hennis.



Homestead staff.



Homestead staff.

BOLIVAR SANTA VISITS



BOLIVAR SANTA VISITS



BOLIVAR SANTA VISITS



BOLIVAR SPECIAL CHRISTMAS DINNERS



Nina with her special friends
Jan and Natalie.



Jeanne Feucht and daughters during
the Christmas dinner.



Jackie and Jeanne enjoyed
the dinner together.



Lurah and Daughter, Sally, waiting
for patiently for their meal.



Betty and Stevie smile for
the Christmas picture.



Sally spent the evening with her
daughter and son-in-law.



Mae poses for a picture with her
daughter, Diana,
and son-in-law, Richard.



Jeanette with her
Christmas dinner guests.



Donna Diehl and guest
following the dinner.





Warm Winter Wishes to you! We hope you had a wonderful Holiday season. We are now starting to think about SPRING....

But first....We had a great holiday season here on the Gardens unit. We had a lot of little "goblins" come through the unit for the Trick-or-Treat night we had in October for the staff's families. There were so many different costumes; some were funny, some were very pretty and some were kind of scary! But they were all adorable. Then, on Halloween day the staff dressed up and we held a costume contest during our Bingo-Halloween party! Thanks to all that participated in wearing their costumes. We held our yearly Thanksgiving Buffet with the Dietary staff and some of the other staff members cooking, baking and serving all of the food...what a spread we had! There was enough different dishes to feed all of the residents and the staff that had made the food; and the desserts.....Did anyone eat dinner that evening?? Probably not! The next day, we took a lot of the residents outside to listen to Marty's Bucket Tunes! What a beautiful day it was to be outdoors. We thought we had better take advantage of the 70 degree temperature and we were right! It hasn't been warm since.

We started December off with the annual Christmas dinners with loving family and friends. Gene Played the piano music for us during the evening and some of us even sang along! We want to thank Chef Casey and her Dietary staff for the delicious meal they cooked and served to us! The evening was just perfect. We took a day to go Christmas shopping at New Towne Mall, ate lunch at the Food Court and had lots of fun. Throughout the month, we tied warm blankets for Christmas gifts, with the help of Jan, who did all of the cutting and placing of the material! There were so many beautiful colors and designs. We also painted some Christmas decorations, knitted some decorations & stockings for the unit and visited with Santa! We enjoyed a very busy December. We also had fun at the New Year's Eve-Eve Party; we had lots of music, noise and fun!

We have had all of our regular entertainers in to spend time with us throughout the winter months plus a few new ones. The "Silver Stars" Dance group has been performing for us and what fun they are to watch! Also, the Ladies' Barbershop chorus has been in to entertain us and they are so good; we really enjoy all of our entertainers that perform for us! And, we also appreciate all of them coming in and not minding when we sing along with them!

We will be slowing things down a bit in January. Of course, our regular entertainers will be here. Starting with "Jammin' with Jay" on the

3rd at 1:30, Jim Williams singing Gospel songs on the 5th at 7:00, Jon King on the 13th & the 27th, Tim Weddington on the 10th at 1:30, Gene Weygandt on the 17th at 1:30, Marty's "Bucket Tunes" on the 20th at 1:30, Fran Zupp singing on the 23rd at 7:00, and Max ending up the month on the 31st at 2:30.

February will bring the annual Valentine's Dinners around once again! Our dinner with family or friends will be held on the 7th at 6:00pm. Watch your mail for the invitations sometime in January. All of our entertainers will be in again throughout the month, watch the Activity calendar for dates & times. There is going to be a Valentine Dessert Sale on the 22nd to benefit the American Cancer Society and The National Alzheimer's Association; this will be held in the front lobby from 10:30am to 3:30pm.



Phyllis has one of the special "drinks" Chef Casey made at the Tiki-Bar.

In March, we hopefully will remember to "skip ahead" on the early morning hours of the 12th, for Daylight Saving Time begins that day! We are hoping that the weather will be getting warmer by then and will allow us to be able to start going out for lunches again at some of the local restaurants! That will help us to start seriously thinking about spring, flowers and green grass once again.

On the 17th, we will be celebrating St. Patrick's Day in the afternoon with Marty supplying the entertainment. We will also look forward to all of our regular music programs throughout the month. There will also be the annual March Card Party to be held on the 8th at Hattie's House from 7:00pm-9:30pm with a donation of \$7.00

for your evening of fun, food and door-prizes. Plan to join us for this fun fundraiser that benefits The American Cancer Society and Alzheimer's Association; the Card Party at the main building will be held on the 29th from 7:00pm-10:00pm. This is also a donation of \$7.00 for your evening. We also ask that you bring in 1 bag (or more) of individually wrapped candy; you will receive extra door-prize tickets for each bag you bring in. This candy will then be used for our annual Easter Egg hunt for our **staff's** families that will be held in April. The candy needs to be small enough to fit inside a plastic egg.

We wish you a happy spring with lots of beautiful flowers "popping up"! The "Gardeners"



Jeanne and Chef Casey are serving the Hawaiian "drinks" at the Tiki-Bar.



Jeanne and Wanda having some laughs while enjoying their "drinks."



Betty Smith shows off the beautiful flowers she received on her birthday.



Frank and Juanita are "Jammin' with Jay."



Chef Casey mixing up her "special" drinks.



Jay singing to Khourey.



Khourey was busy painting a face on her pumpkin.



Mary waves while Jan gets the ladies started on the Christmas stockings.



Gypsy Bea totally enjoyed Trick-or-Treat night.



Eleanor enjoying the music program.



Bea shows off her special prize she won at Bingo.



Phyllis, Frank and Donna enjoyed being outdoors in November listening to Marty Zehnder.



Betty, Ron and Nina waiting for a balloon to come their way.



Nina "wacks" the balloon with her noodle.



Staff dressed and ready for Trick-or-Treat night.



Shannon and Jackie dressed for Halloween contest.



Gene is either patting his wig into place or starting the "OHIO" chant.



HATTIE'S HOUSE

These last months of 2016 have been full of holiday cheer here at Hattie's House. We have enjoyed all the activities associated with the season. We've enjoyed the music and lights that have filled our halls. Family visits and delicious food has made our hearts full of joy.

November brought us cold weather and good food. On November 11th, we celebrated our Veterans with a nice pinning ceremony and recital of the Pledge. Thanksgiving dinner was amazing! We had all of the usual and well-loved Thanksgiving items such as turkey, stuffing, mashed potatoes, and noodles. We can't leave out the yummy desserts of pecan and pumpkin pies. No one walked away from the table less than stuffed! Thanks, Chef Jim!

December brought snow and holiday cheer. We have enjoyed the beautiful decorations and music. We had a visit from Santa Claus and were able open gifts. Several carolers from local churches came over the course of the month. It is always nice to have the sounds of Christmas music filling the

halls of Hattie's House. Movie nights were filled with feel good movies, popcorn and hot cocoa. We had a wonderful Christmas Dinner on the 5th thanks to Chef Nathan. Prime rib, shrimp and potatoes were only part of the main course. Dessert was choices of homemade cookies, cakes and pies. Once again, the food was above and beyond.

We are all looking forward to what this new year will bring. It is so hard to believe it is 2017 already. My, oh my, how time just zips by. In January, we will have a quiet month. We will be having a soup and bake sale. These are always great. Come pick up some delicious soup to warm your belly during these frigid Ohio temperatures or something sweet to help with your sugar cravings. February will bring the Valentines dinners and Valentine dessert sale. Stop in to buy your sweetie as sweet treat. On March 8th, we will be hosting the community card party which is always a good time had by all.

We are always having great food provided by the Chefs here at Hattie's. Here is one of their recipes for their famous pesto sauce for you to enjoy at home:

Pesto

1 cup walnuts or pine nuts
coarse salt and ground pepper
8 cups (4 oz.) lightly packed fresh basil leaves
2 garlic cloves, coarsely chopped
2/3 cup extra-virgin olive oil

Preheat oven to 350 degrees. Spread nuts evenly on a rimmed baking sheet : toast in the oven until golden and fragrant, tossing once, 8-10minutes. Let cool completely.

Meanwhile, bring 4 cups salted water to boil; add basil and submerge with a spoon. Immediately drain in colander. Rinse with cold water until cool, then pat dry with paper towel.

In food processor, combine nuts, basil, and garlic. Season generously with salt and pepper. Process until nuts are finely chopped. With machine running, pour oil in steady stream through the feed tube, process until smooth. Use immediately or freeze. Enjoy!

Wishes of Health and Happiness,
Your Hattie's House Team

Something Different is Happening Here
and you
have to
See It!

Choose to stay at Hattie's House or Pat's Porch following your medical event or procedure. Experience short-term care or outpatient rehab in a resort-like environment.

HATTIE'S HOUSE
330.874.9999 | Bolivar

PAT'S PORCH
330.364.8849 | Dover

Visit www.henniscarecentre.com or call us to schedule a tour



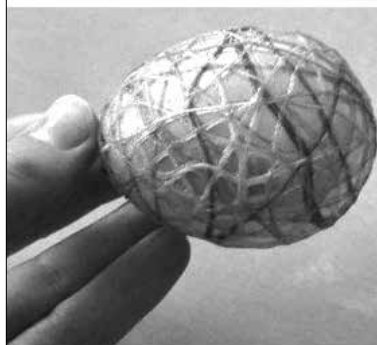
Easter Fun!

Before...

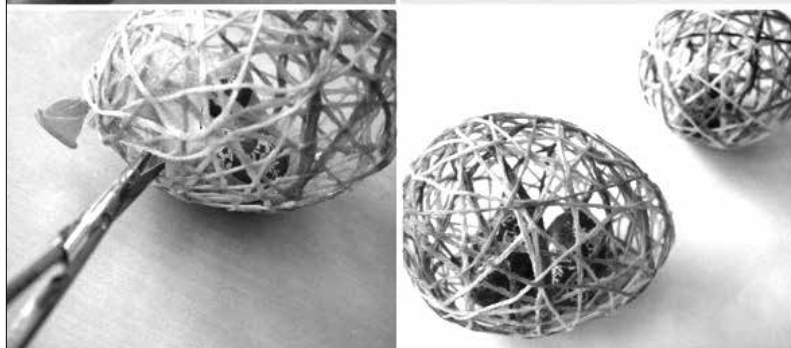


Magic Balloon Treats

As featured on thewhoot.com.au



Insert chocolate into water balloon and inflate. Mix equal parts of craft glue with water. Dip yarn into glue mixture and wrap around balloon until evenly covered. Once dry pop balloon and remove.



After...



Yep. Nailed it.



Carla, grandbaby, daughter-in-law love the Santa Breakfast!



STNA Amanda & family working on the activity pack while waiting for Santa.



Santa Breakfast-Mary & family enjoy this event for the first time.



Amy & sons enjoyed the whole Santa event.



'Tis the season to be jolly! Certainly with Annette & Angel.



Erin of Acct. & her 1 year old daughter & hubby dressed warm to go see the live reindeer.



Welcome to 2017! We're always working on fitness goals, as most people are for a new year's resolution, here though, year round, and moving forward! Walter G. is a prime example of that through his recovery and exercising, and a "go get 'em'" attitude! Most everyone enjoys the Recumbent Stepper (ex. bike) and it gets a frequent good workout!

The fellows always seem to have a good camaraderie here through exchanging stories, sports talk, sharing meals, playing cards, painting, and supporting one another.

Various crafts for ladies and men are offered for recreational purposes and can be beneficial for furthering therapy, too. Wooden disks were prepared by Patty's husband for us to paint and decorate, some also strung a ribbon and hung them in their room and to take them home. Paint night is always well attended along with extra guests, instruction from Patty and Annette, and refreshments from the chef always complete the task in a tasty way!

We were very supportive of the Cleveland Indians' season and playoff games! People enjoyed showing their support with team jerseys, t-shirts, hats, and accessories, baseball themed word search and crossword puzzles, and other games were provided for extra fun and brain power. It was enjoyable discussing the games among our company. On the same note was the big rivalry of the Dover/Phila game and hoopla! It was enjoyable to see staff and visitors wearing their school's attire, talking about who plays in what position, anticipating the possibilities, etc. Therapist Holly and others were asking trivia questions and giving out prizes that evoked fun conversation and laughter! Bantering, stimulating, supportive, and fun overall! Beyond Dover/Phila were some Strasburg Tiger fans, Ken and his wife, who were Tornado fans for the day. They even won some of the prizes! They shared quite a bit about their grandchildren playing for Strasburg golf and other sports, and the championship that came to town! They were deserving of being proud Tiger fans!

My, how the time flies! Trick-or-treaters were arriving at the door ready to visit. They came in adorable costumes from a captain, to animals, to ninjas, to princesses, and more! They were polite as they visited each person for their delectable treats.. It was enjoyable to interact with the youngsters and their parents (our caregivers) in a different way.

According to the U.S. Census bureau... Did you know since 1996 the number of citizens eligible to vote has increased in every presidential election? We're glad we had the ability to do so thanks to the Tuscarawas County Board of Elections making that possible, as well as the convenient absentee ballots. Also, since 1996, women have voted at higher rates than men. Well, that's true here because there just happens to be more women staying here at the time!

Did you hear about some of our staff's winners? The local radio station, WJER, gave HCC tickets who awarded them to staff, so Jessica Baker and Harold Baker, and couple staff members from the Bolivar facility, will be attending a concert in Cleveland for the Trans Siberian Orchestra! So cool! Thank you WJER for your kindness! Several staff members also received an assortment of miscellaneous gifts from a random visit from Santa one day to their delight – large screen T.V.s, computer tablets, candy, cookie mixes, gift cards, etc. came out of that big red bag!

The HCC chefs are busy contributing to some local community endeavors this season. Chef Scott presented at the Senior Center for the HCC Lunch & Learn in December with a Holiday Delight that is always well received. Matt and Scott catered the Dennison Depot Christmas dinner, the Chamber Business After Hours, and the Hospice Board dinner. Chef Matt was pleased to participate in the Farmer's Market first indoor market in November at Breitenbach Toolshed for a cooking demo, and the place was packed. Paula and Chrissy browsed and shopped at the event and recommends to try and get there next year! We appreciate our chefs Jacque and Brian providing delicious meals for us every day – the aroma is so teasing when you walk past the kitchen! We thank them for our Thanksgiving and Christmas dinners that were delicious, as well as the special Christmas dinner with family and friends. Kathy and Paula welcomed everyone, took photos of the guests, and shared a blessing. Chef Brian prepared shrimp cocktail and soup, beef tenderloin that was perfect, roasted asparagus just right, and tiramisu to satisfy the sweet tooth, and with added hostesses, beautiful centerpieces, it was complete with a refined piano performance by Rick Michaels. It was nice to see Dale K. and family visit with Rick as they've known each other long ago. Barb treated the evening as a celebration for going home that day! Others enjoyed the tranquility and special time together.

More of the community came and shared with us as many came to Christmas carol and visit, and went home with cookies with our appreciation. Included were Dover and New Phila schools from elementary/middle/high schools, numerous churches, and informal groups gathering for the holiday spirit to bring goodwill and cheer! We loved it all and appreciate them sharing time and angelic talent!

Who says therapy can't be fun? Residents and therapy worked together and incorporated hanging of the greens with therapy to satisfy the desire to decorate. Christmas music played in the background, and the chefs offered hot cocoa and cookies, too.

Through the chimney? By helicopter? Or just in his mysterious fashion -Santa arrived one afternoon all jolly and boisterous ready to deliver gifts to each one of us! Making spirits bright!

Visitors came through the front door a lot, we visited over coffee or a cool beverage, the mail was thicker with more Christmas cards that we are eager to receive along with one or two family newsletters full of details! Spreading Christmas cheer!

Ups, Fed Ex, US Postal Service – more boxes and gifts arrive! The anticipation is re-lived like in our childhood days! Tins with cookies, a gold box of candy, somebody's home-made fudge; many sweet treats shared among family and friends. How do you make your cut-outs - they ask. Do you use lard, Crisco, or butter? What are your favorite family Christmas cookies? We like chocolate crinkles, peanut butter blossoms, and grandma's sugar cookies. Can I have that recipe? Reminiscing of favorite memories and traditions is part of the holidays and we are glad to share those things.

2017 is fast approaching ... Jerome James will help us celebrate in style, Annette will set up some festive decorations and noise makers to set the stage, and we'll do the rest!

Here's to new memories, new goals, new successes, and a bright new year!

Treasure Today!

Tomorrow is a new day, make it count!





DOVER SPECIAL CHRISTMAS DINNER NIGHT



Dale K. & pianist, Rick Michaels,
go way back!



James & his wife enjoy their dinner.



Jen, George Harr & Hostess Kelly.



Mr. & Mrs. Mueller share a special
evening together.



Barb & guest looking great by the tree!



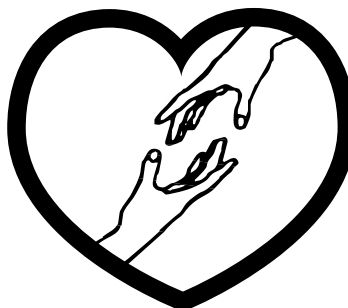
No, no, don't get up! Thelma gets a room
visit from Santa and a gift too!



The Wilson extended family is happy
to trick or treats
at Pat's Porch.



Trick or Treaters Arrive!



Santa tells Joann C. -
you can stay in the comfort of your recliner



Autumn offers the time of year from then through New Year's when families get together, share traditions, celebrate, and make memories. This seasonal quarter certainly brought forth all of that for us and our family and friends.

The warm weather extending into October afforded us the familiar opportunity to travel to the Akron Zoo! We enjoyed seeing the lemurs, capybara, bears, jaguar, and especially the polar bear coming to the glass! We also took a picnic lunch to enjoy on the premises – definitely a fun-filled day! All of that sure makes you feel like a kid again! Special thanks to all the staff for making this possible.

With more good days we ventured to the mall for browsing, shopping, looking at the decorations, and snacks. We also went to Walmart where we find anything we want and need. We always enjoy saying "hello" to those we know!

On our entertainment schedule we welcomed back the return of Jerome James as the big band is on break. Everyone loves his song repertoire.

We are happy with the support and interaction with the local education resources such as KSU nursing students providing the flu shots for staff etc. which helps further develop their skills, and we appreciate when they work with us with games for fun interaction. Buckeye students shared time together decorating pumpkins that were very creative with colors, materials, and designs, the fun traditional looks, and even the HCC logo! And, Starlight students sang and used sign language with the songs! It's fun to talk, giggle, and craft together with this generation!

Many trick-or-treaters came for their goodies – elephants, 50's dressed styles, pumpkins, princesses, dinosaurs, monkeys, and more (sounds like we're back at the zoo again!) roamed person to person showing us their costume or special bag and received sweets with delight along with prideful moms and dads, some also in costume. It's so enjoyable to see the staff outside of work mode enjoying themselves with their families for this seasonal tradition.

How about those Cleveland Indians! We are certainly proud supporters here and sported their jerseys and team colors, even hostess Ruthie Meese wore an Indians apron! The Cleveland Indians Day celebration was fun with stadium fare, games, decorations, prizes, and we rooted for them all the way!

Of course, another big sport day is the Dover-Phila game! We devoted a special day where staff, residents, and visitors proudly wore their team shirts, colors, and football jerseys while playing DOVER/PHILA Bingo and other related games. Patty painted school tattoos on their faces, hands, and arms, and tailgated that afternoon – who doesn't love that food! Team spirit was evident by the signs hung on their doors, too. Some of the excited alumni is Alice L., JoAnn B., Dee C., Betty I., and Doug E. Added excitement was the element of playoff situations for the teams! Conversations about the big game and playoffs continued for weeks.

Soon after that we were in the patriotic room with the Board of Elections staff here exercising our voting rights with issues and presidential, and proudly wore our "I Voted" stickers. These subjects also stimulate conversations among many.

Working together on crafts is memorable, too. We appreciate Tom Dunkle cutting and drying wooden discs which we painted as Christmas and winter decorations – some kept to enjoy and others gave to others...the joy of Christmas. We made candy bags and sweet candle holder favors to sell at the craft show and to give to carolers, volunteers, etc. Another day glitter sparkled everywhere as we crafted ornaments with it! Christmas necklaces were strung with Patty & Charlene to wear for the holiday spirit. We also worked together with Rehab assembling shoe boxes for Operation Christmas Child consisting of combs, tooth brushes & paste, cars, dolls, candy, games, socks, etc. – we were happy to contribute our boxes to St. John's UCC collection that totaled 147 boxes! These go world-wide to share the joy of Christmas!

We are so fortunate to have a diverse and talented group of entertainers who perform regularly for us as well for special events, and we welcome new individuals and group, too (if you know of anyone interested please let us know –thanks). This is a season when even more are gleefully added to the mix! One lady shared that the entertainment is so good that she feels like she is at a theatre – what a compliment to all the performers! Some days there are numerous programs occurring simultaneously throughout the facility and the beauty is that it provides even more choices for everyone – for example – Bingo was happening in Rehab, the library was presenting a program about an Amish tour, and Max Grossenbacher was performing on the piano. During Max's performance he was going to

play Alleluia in memory of the composer and shared that it has over 300 arrangements of it! The Barbershop group, which Ray R. is a member, performed their beautiful harmony. The interesting part that occurred was they shared that they had a new song they were working on/not totally prepared – but, they sang part of it and stopped at the part unknown to them – that's when Ray piped in and sang the rest and then instructed them how to finish!

Lynn's hands were busy whipping up blankets, hats, and scarves with her crochet needles to participate in the craft show, for other people, and to adorn our hat & mitten tree. These are then donated to the Salvation Army. Thank you to everyone for loading our tree so full to warm others!

Dee had numerous orders to fill by Christmas to help Santa for Christmas gifts – she painted around 50 goblets, tumblers, and wine glasses with darling pumpkins, wreaths, and snowmen. Between that she also designed some Christmas cards as part of the 12 days of Christmas we were sending to one of our caregivers (who is off), it wasn't easy finding a card to represent all 12 of those days, but Dee came through to fill in for the five needed, and they were that much more special since made by her! Thank you! Nearly everyone participated in a marathon of sending Christmas cards to this caregiver, and she was so excited to receive them! Thanks Patty, for bringing in all your excess cards to share! As reported in the Times Reporter - the residents helped pack the goodies – filling 20 zipper pouches with puzzles, toys, action figures, jewelry, etc. that were donated to Akron Children's Hospital for Christmas. STNA, Christine A.B., is a Thirty One sales consultant, provided the pouches through a Hennis donation and she provided the supplies. Her two young daughters also assisted the volunteer, Charlene, and hostess Sue with this project. Shirley expressed that it makes her feel good to do something for children, and all the others agreed! ...Yes, the joy of giving.

One of the favorite annual traditions is the trip to Dover Warther's Museum for the Christmas Tree festival by Union Hospital Auxiliary. We made several trips to and from to accommodate everybody wanting to go, and we appreciate all the staff and families who helped escort everyone. The comments were precious: "Oh, look there!", "Oh my, there's more!", "Where do they get all this creativity?", "Who makes all these trees?", Alice L. was mesmerized when she first



entered and expressed "it looks like a fairyland!". While perusing the forest of trees different ones explained the tree themes, pointing out fine detail, admiring traditional and contemporary, whimsical and sacred. Overall, a magical time!

The fellows enjoyed an excursion to Sugarcreek to the Ship Carving Museum by Dave Warther where another Christmas tree festival was held by Pomerene Memorial Hospital which added more Christmas spirit. A meal was enjoyed with male companionship at Dutch Valley. Thanks to the Activity and therapy staff!

A very special day is when we conduct the Veteran's program recognizing these special men and women. We thank Bruce Seevers for providing the lovely singing and guitar music, Lauren recited a poem and acknowledged their names and branch of service, while Kathy and Annette respectfully pinned their flower. The day is so meaningful, heart-warming, and thankful. THANK YOU to each of you veterans!

We had a fun thankful pizza buffet one day close to Thanksgiving for residents and staff with East of Chicago pizza – vegetable, Hawaiian, pep & cheese, and the works! Desserts of cakes, pies, cookies followed. To complete the fun lots of gift cards prizes were distributed!

Merry Christmas! More holiday fun continues! We held our yearly vendor & craft show to help those who sell and make things which offers shopping pleasure to residents, staff, and visitors. The lunch stand was a hit with scrumptious cranberry bread sandwiches with turkey or roast beef, hot hearty vegetable soup, apple and berry tarts, and beverages. Thanks for all you support!

Carolers, schools, and performers filled the halls and hearts with beautiful Christmas music and spirit! Dover Avenue Elementary students made lovely placemats to use during our holiday meal – so delightful! Mrs. Heather Hamm walked her students from Dover Middle School and delivered items they made for us – so fun and kind! The student council of Dover Avenue elementary created a big Christmas tree made with hand prints and their signatures to hang for our enjoyment – we appreciate it! New Phila Show Choir entertained us with a great performance – wow! Mrs. Cheryl Graham brought busloads of 123 4th & 5th graders to sing for us one morning – that woke us up and got us off to a great start! 19 guitar players gave a lovely concert directed by Mr. Chad Roberts – excellent! The joy that comes from interacting with these different generations is immense! *Silent Night, We Wish You a Merry Christmas, Deck the Halls, Jingle Bells* ...are just a few songs sung by numerous carolers from churches, schools, friends, and families who shared the gift of their voice and time to our delight. Thank you to all these organizations and individuals for spreading Christmas cheer!

What's all that clatter? By golly, it's St. Nick who unknowingly appeared one day to check in with the staff and share the joy of gift-giving! He found nurse Jake was a good boy, made nurse Carol smile, some STNAs happy with a few things, brightened Tammy's day in the kitchen, got a group hug in the accounting office, surprised the Culligan man, brought Therapy to their toes, and on it goes – many were



Annette and Bob get in the spirit for Halloween and trick or treat.

delighted with candy, gift cards, soup mixes, Christmas lawn decorations, computer tablets, and big screen T.V.s! You just never know what's going to happen at Christmas time, or any time for that matter! And, we loved seeing the joy on their faces as the surprises were delivered!

Santa returned to the joy of a room full of our 100+ children and parents for the traditional Santa Breakfast. They had a hearty breakfast (thanks culinary team!), were eager to feed the live reindeer, and patiently waited their turn to visit Santa on his huge chair! Meanwhile, Santa shared some jokes, visited at some tables, gave a few high-fives, and did the O-H-I-O cheer with everyone! They took turns going to the "North Pole" room to tell their gift wants and desires and give pictures they colored as the elf shared with them a bag of reindeer dust and their gift.

HO! HO! Ho! Here comes Santa Claus! His arms are full of colorful gifts to give Bill, Bob, Jean, Anna, Ro, Barb, Jeanette, Lois, Fritz, and all the other good ladies and gentlemen! All the elves are busy assisting him and spreading more Christmas cheer! Fun, fun, fun!

Special moments shared as Special Christmas dinners are shared together in the beauty of the evening tree-lit light, glowing candle centerpieces, sparkling ornaments twinkling on the near-by tree, lovely piano music performed by Rick Michaels, stories and memories shared as new ones are forming. We savored the delicious dinner: golden vegetable soup with roasted chestnut cream, English style roast beef, pop overs, roasted carrots & baby green beans, sweet red pepper/parmesan cheese Dutchess potatoes, and eggnog white chocolate cheesecake pie with orange caramel sauce. Joyful opportunities. And on Christmas day, another lovely dinner was shared and camaraderie enjoyed.

The Friday before Christmas our HCC choir held a special candle light service with Kathy Marburger. As we sang the carols and shared the word, Christmas continued to fill our hearts. We also greatly thank Marge who came to sing for us on Christmas Day!

Another nostalgic Christmas tradition is going on a ride to see the Christmas lights in the neighborhood! Patty and Chrissy S. chauffeured us from Dover, to New Phila, to Goshen and near-by streets. We loved the huge display at Goshen (the family has been doing it since the 70's!) – we had to pull off the street to gaze at it for a while there was so much to see! We appreciate all the work people put in for the displays.

As the year nears the end we will celebrate and welcome a new fresh year with our traditional party and live entertainment, hats and tiaras, and horns! Then, we are gearing up for some winter fun to continue to warm our spirits – soup sale fundraiser on the 18th, hot cocoa sale, baking bread and cookies, Elvis will be back in the house to celebrate his birthday, then follows Dolly Parton's birthday festivities, Walmart excursion, gladly anticipate our Valentines Special dinner, more crafts, soak up more good entertainment, going to shows, attending basketball games, hosting card parties, and so much more! Another year isn't going to slow us down! Want to join in the fun – give us a call or stop in! Turn your stories into memories!

Learn from Yesterday

Live for Today

Hope for Tomorrow



Bob C. is all smiles for his birthday!



Kathey & her dad enjoying the New Phila Guitar Class concert.



Rosie enjoys family cards night with pizza too!



Shirley enjoys a visit from the New Phila students of the Guitar class.



The Sickinger Family enjoys the dinner with Fritz.



Bill and guest share a good time together.



Alice L. and her son look a little mischevious at the Christmas Dinner!



Mel and Doug share a laugh at the Special Christmas Dinner.



Special Christmas Dinner - Lois and her daughter and son-in-law enjoy the dinner.



The girls are ready to pass out treats for Trick or Treat - Thelma, Bev and Cathy.



DOVER GARDENS



Pat E. & Lois B. work together in Pumpkin painting with class.



Lauren, Jeanette G., and Cathy M. assemble goodie bags for the children.



Margaret B. is pleased with her pumpkin craft to hang on her door.



Alice L. wears Patty's artistic abilities well for Halloween!



New Phila Show Choir performed some beautiful songs.



Naomi receives an individual visit from a New Phila choir member.



DOVER HOMESTEAD



Spencer makes an adorable Halloween monkey.



Bob W. enjoying trick or treat night.



Audra P. and family enjoying some cake.



Mrs. Harmon visiting with a trick-or-treater.



Trick or Treat! Nurse Carol and her darling grandbaby dressed as an elephant!



Parker and Spencer, sisters, enjoy sitting on the big Santa chair.



It has been a wonderful and joyous 2016. We had so many fun times, from the spooky and fun of trick or treating with all the of our favorite little princesses and ninja turtles, and sharing the blessings of Thanksgiving with families and friends, all the way to the beauty of Christmas and sharing tidings and good cheer with everyone.

Our life in the Homestead has been interesting and fun with so many holiday activities and events happening on our unit. We are fortunate to have live entertainment every Thursday afternoon, and we look forward to the many different entertainers like: Forever Young, Bruce SeEVERS, Dan Gribble, Terry & Steve, Max Grossenbacher, and others, each bringing their own style. Our "coffee klatch" around the table every morning proves to be fun and interesting as we get to know each other, play games, share past traditions, and even singing. Speaking of singing, the HCC choir meets every 2nd and 4th Tuesday (or opposite Tuesdays if necessary), for an hour of singing, many of the tunes are by request, and of course, many "golden oldies" and hymns. We have crafts with Shirley on Wednesdays and many things made are displayed on our wall. We enjoyed the trick-or-treaters of staff's children and grandchildren, and they enjoyed receiving the candy bags we made for them.

In November we hosted a moving ceremony to honor our veterans (thank you to all that served) giving out pins and roses to them and acknowledged their gift of serving. We also attended the Warther's Museum in Dover for the Christmas tree festival, getting to see our own two HCC trees and the other 90+ trees, how stunning and beautiful. Many groups of carolers came to help rejoice in the Advent season! We watched holiday movies and Lawrence Welk Christmas programs.

Christmas is a special season, and we had a lovely family dinner, with guests, and piano music to provide background music. The Rehab dining room that hosted each unit's dinner was exquisite in its starry light and decoration, not to be outdone by any decorator in our opinion! Thanks everyone! During these last few months we have had Walmart outing to shop galore! Santa makes his special visit and has a gift for everyone, and it's such a fun day! We continue to receive books and movies from the Dover Library. Church services are provided every week by local churches, and how much we appreciate that! The New Year's Eve is sure to bring a great crowd for a party with Randy Valez ringing in the new year!

We have been truly blessed on the Homestead, and we reflect on all the things we have and the amazing people, and we continue to hold those blessings in our hearts as we enter 2017. We hope this new year will be the best year yet and that it will present us with many fun and exciting opportunities!

We are planning some wonderful upcoming celebrations this year for Elvis' birthday and Dolly Parton's birthday – those are sure to be a blast – and we cannot wait to put on our blue suede shoes and cut a rug, even some of us backwoods Barbies (as Dolly would say)!

We are looking forward to the approach of February and Valentine's Day! We love sending Valentine's to our sweeties, reminisce about the day we met our significant others, as well as other special people in our lives. We enjoy celebrating with one another with a wonderful meal, live music, and the chef never disappoints – it's always a fine affair!

Next, we will be off to March where we will get to celebrate St. Patrick's Day and National Women's Month. We will enjoy learning about some of the amazing women who have helped strengthened our world from today and yesterday. And, it's fun getting to wear our green attire and dance a little jig in the spirit of St. Patty's Day. Our Chefs are great about preparing for us theme-related food that is amazing, and we can't wait to see what they have in store for us!

We are excited for the new start of 2017 and hope you join us for all the fun along the way! Blessings for a prosperous and joyous New Year!

Auld Lang Syne,

Lauren and Kathy



Joan - I hope I can knock all the bowling pins down!



Aiming for a strike - Bob M.



Even the staff had fun dressing up for Halloween!



Roy, his family enjoyed the Special Christmas dinner meal.



Margaret S. and her daughters find the Christmas dinner party lovely.



Mrs. Millard and family share the special time together.



Freda and family enjoy the special Christmas together.



Sam and Don at Sugarcreek Warther's Christmas Tree Festival.



Floyd and Miriam enjoy a lunch outing.



Buckeye Students work together with Rehab folks for some pumpkin decorating.



Mary Rose Bowling for Dollars.



A Recap of Rehab's Fun Activities and Festivities the Past Quarter...

A nice October day found us at the Akron Zoo – what fun to see the various animals! (Thanks all the extra staff who helped!).

We welcomed back singer Jerome James [band's winter break] (Smiles!)

We thank the KSU nursing students helping with our flu shots for staff & others (Appreciate!)

Buckeye class/students helped us decorate pumpkins (Fun interaction!)

Trick-or-treat night with staff's children & grandchildren full of fun (Darling!)

Dover/Phila Day with residents & staff [Tailgate lunch, games, trivia, prizes, etc.] (Spirited!)

Cleveland Indians baseball season and playoff support [stadium treats, game fun, sports questions, prizes] (Go team!)

Crafts galore! Autumn, Christmas, winter – colorful & glittery! (Fun & stimulating!)

Weekly talented entertainment plus lots of extra carolers & performances! (Thank you!)

Donna C. says she feels like at a theatre with all the wonderful concerts and shows! (Special!)

Recruiting Dallas' nephew to sing here [Sheldon is interested in trying out for a singing T.V. show!] (Good luck!)

Love Library Linda's Dover Library presentations of various subjects, recently an Amish Country Tour (enlightening!)

Ray R. – barbershop group came in to sing [they started a new song, stopped at a point unfamiliar – Ray finished it and taught it to them!] (Impressive!)

Operation Christmas Child – made 12 shoe boxes full of hygiene and fun items with assistance from Carol Dreher (Meaningful and happy to give!)

Men's outing to Sugarcreek to Dave Warther's ship carvings/Christmas tree festival and breakfast at Dutch Valley (Enjoyed camaraderie and fun!)

Excursion to the Christmas Tree festival at the Dover Warther's Museum – residents expressed "Just beautiful!", Leonard K. loved it and kept expressing his appreciation! (Gets the mood started for the holidays!)

Dover Elementary students made placemats for our tables – thank you! (So thoughtful and useful!)

Movie night with Kay R. – Heaven is for Real, the group enjoys things together (Thank you!)

Made candy bags for treats and craft sale and prepared sweet candle holder favors as gifts (Helpful – Thanks Sandra!)

Designed Christmas greeting cards [for staff members off with health conditions] (Special – Thank you Dee!)

Fulfilling orders – painted approximately 50 glasses for Christmas gifts – pumpkins, snowmen, wreaths, etc. (So talented! Thanks for sharing!)

Proudly exercised our voting right right here [convenient!] (Thank you Board of Elections!)

Hosted a Veterans Day program for our special gentlemen with nice music by Bruce SeEVERS, pinning by Annette & Kathy, poem & name reading by Lauren (Valued and special!)

Dover Middle School students of Mrs. Heather Hamm visited and brought some things they made for us (So thoughtful!)

Pizza Buffet and desserts of cookies, pies, & cakes with prizes, too – an appreciation gesture – for staff & residents (Enjoyed the new choices!)

A Guitar performance by 19 New Phila students of Mr. Chad Roberts - so cute with Santa hats and a beautiful job! (Superb!)

Carolers – families and friends – warming the hall & rooms with sweet songs (Making spirits bright!)

Christmas vendor & craft show for staff who sell and make things – fun for everyone to shop! (Thanks to everyone who participated!)

Lunch stand fundraiser – delicious hearty veg. soup & cranberry turkey or beef sandwiches (Thanks for your support!)

New Phila Choir performed a lovely show! (Talented!)

Dover Avenue Elementary student council made and signed a large Christmas tree decoration (Kindness!)

Over 100 4th & 5th grade students of Mrs. Cheryl Graham of New Phila Central Elementary school came to sing Christmas songs one morning which brightened our day – thank you! (Good morning!)

More crafts with Patty and Lauren, while Annette keeps us exercised and entertained! (Happy & fit!)

More carolers – from churches and the like warming our hearts! (Thank you!)

Surprise! Santa stopped in unannounced to visit the staff and share a few gifts – nurse

Bonnie received a computer tablet and Tammy of Dietary was surprised to receive a large screen T.V. along with others receiving miscellaneous gifts! ('Tis the season to be jolly!)

Santa breakfast for staff's children & grandchildren – makes you feel like a kid again to see this event and visit and feed the live reindeer! Precious reactions! When visiting, Carol D. got in the act afterwards and climbed aboard the huge Santa chair! (Delightful!)

The gifts are arriving and piling up! Santa's here! Hugs, smiles, lots of pictures, and thanks! A fun day! (Merry Christmas!)

Special Christmas dinner was enjoyed with family and friends – a delicious meal: English beef roast, pop overs, roasted carrots & baby green beans, sweet red peppers/parmesan Dutchess potatoes, eggnog cheesecake with orange caramel sauce – Thank you Chef Scott & Chef Matthew and Culinary Crew! Live piano music by Max Grossenbacher topped the evening! (Special thanks to all the staff of all depts.!)

Hennis Residents Pack the Goodies (As the headline read from the Times Reporter) – we helped STNA Christine, a "31" sales associate, make Christmas bag gifts to donate to Akron Children's Hospital (Glad to do it!)

We added some hats & mittens & gloves to our collection tree which are donated to the Salvation Army (Heart-warming to give!)

Do you hear what I hear? – More carolers sharing their talent caroling for us! (We love it!)

Christmas light tour around town – fun to see! (Young at heart!)

We appreciate the gorgeous Christmas tree Annette decorated for us! It is beautiful for all the special dinners, get-togethers, visitors, and day & night enjoyment. Love the warmth of the greenery hanging, the beautiful mantle, and the extra trees greeting us at the entrance of our lounge and dining room! (She's a good elf!)

Looking forward to the upcoming months for the excitement they offer such as: Celebrating Elvis' & Dolly Parton's birthdays, a tasty soup sale fundraiser, Nat'l blueberry pancake day, the Walmart excursion, Valentine's Day Special dinners, show outings, in-house concerts, crafts & baking, our talented entertainers, AND the arrival of Spring! Hope you can join us!

Live Big & Have Fun!



DOVER REHAB SANTA VISITS



Hi Santa! Ruth



Merry Christmas Santa! Bill



Mike gets a wake up visit from Santa at Breakfast!



Dennis, STNA Faith, with Santa



Annette & Don happy with his gift from Santa!



Chuck comfy in his recliner as Santa visits.



Santa's gift brings a big smile to Julie



Big kids & little kids love Santa!



Lester pauses on his way to Therapy for a pic with Santa!



Smiling for Santa's visit Marie



Oh by golly, it's Jim & Santa!



WJER Winners of a food tray!
Dover Accting. dept. made the submission & called within 14.50 minutes!



Kay & Ray R. taking in the music by
Guitar class of N.P.



Trace U student plays the piano for Leon-
ard's enjoyment.



This little 50's girl is all set to dance her
way for trick-or-treat night!



Wendy of Therapy brings her sweet
family for some sweet treats rather than
trick-or-treat!



Bella takes a break while visiting.



Wendy gets a kick out of the elf's feet
sticking out of the tree during the Dover's
Warther's Christmas Tree excursion!



Rick enjoys a visit from his grandchildren
and his new patriotic blanket.



Dale K. enjoys one of the youngest
member's of his family
during a family dinner.



Bill H. likes the Christmas Tree at
Warther's Museum in Sugarcreek
during the Guys' Outing.

DOVER SANTA BREAKFAST



Santa & kids doing the cheer: O-H-I-O!



Santa exclaims: Look at this delicious breakfast spread!



Sandra takes her granddaughter to see the reindeer.



If you hold the apple slice just right the reindeer will take it!



Yes, we're being really good, Santa!



Annetter, Therapist Cara & granddaughter having fun.



Nurse Gail Holland's family portrait with Santa & Elf



Aunt Sabrina with her nieces & brother-in-law enjoying this family affair.



Our friend Arthur, from Germany, & Chrissy S. appreciate a visit with Santa Claus & his Elf



Ah, isn't he darling!



A little Christmas fun - Carol, Marty's wife, was quite spry to get up on the "Edith Ann" Chair!

DOVER TRIP TO AKRON ZOO



Cathy and Barb love the view!



A beautiful Autumn day led us to the Akron Zoo!



Irene D. admires the birds!



Angel and others respect the wolf pack!

DOVER OKTOBERFEST



STNA looking over the craft goods at the Oktoberfest.



They are busy setting up and selling.



Receptionist Leslie helped prepare delicious popcorn.



Dee and her son enjoyed selling her art pieces at the Oktoberfest.



Lynn's friend and her pooch manned their sale table.



(Receptionist Leslie), her son and friend, made and served fresh popcorn.



Look what I made for the scarecrow contest!



Tonya and mom sold endless cupcakes that she makes!



*Join us for an enchanting and royal tea
featuring your favorite Disney Princesses*

Saturday, February 25, 2017

11:00am - 1:00pm | St. John's UCC of Dover

Cost is \$15.00 a ticket

*Join all the princesses for a magical time
with crafts, food, fun and photo opportunities.*

*You can purchase your tickets until February 20, 2017 at
Hennis Care Centre of Dover | (330) 364-8849
Proceeds benefit American Cancer Society*

SPAGHETTI DINNER BENEFIT FOR KAREN PAGE

When: Sunday, February 26, 2017

Where: New Philadelphia E;ls

Time: 11:00 am to 5:00pm

Menu: Mary Zifers Spaghetti, meatball,
salad, bread, dessert, and beverage

Cost: \$8 Adults, \$4 Children (4-10)

CARRY-OUT MEALS AVAILABLE

Silent Auction and 50/50 Drawings

Karen was diagnosed in October 2016 with Stage 4 Colon Cancer that metastasized to the liver. Karen is employed by Hennis Care center in Dover as a STNA for 26 years, but has been unable to work due to her illness. Karen is married to John Page a small business owner, and they have 3 children Shaun (Ronalienn) Jackson, Tiffany (Sam) Rehfus, and Nathan (Dannie) Page. John and Karen have 4 wonderful Grandchildren Braidan, Jackson, Penelope, and Benson.

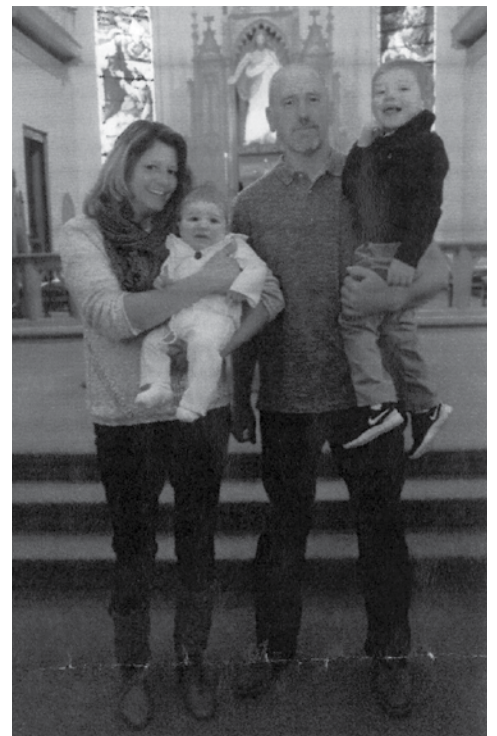
The Benefit on February 26th will help with medical expenses for continuous monthly rounds of Chemotherapy and other treatments at Aultman Hospital and Cleveland Clinic.

Donations may be made at First Federal Community Bank at any of their branch locations. Please make checks, money orders or cashiers checks payable to "Benefit Fund of Karen Page"

First Federal Community Bank
Attn: Karen Page Fund
902 Boulevard ST
Dover, OH 44622
*All proceeds from the
benefit will go into this fund.*

For questions or to donate a basket or items for the silent auction, please contact Bev Smith at (330) 343-2231 or (330) 827-2230.

THANK YOU FOR YOUR SUPPORT!





VOLUNTEER INTEREST SHEET

There are numerous ways one can be a volunteer. Here are some ideas that would be helpful to us. And, we are open to new ideas!

- Ceramics (help to finish final touches)
- Nail Mania (polish ladies' fingernails)
- Baking (assist with baking activities)
- Musical Entertainment—(perform musical programs - solo/groups)
- Game Player (play along with cards, board games, etc.)
- Popcorn Cart—(assist making popcorn and/or help distribute to residents)
- Spelling Bee (assist with announcing words, offering hints, praising)
- Hang Calendars (posting monthly activity calendar on room doors)
- Pet Visits (bring a pet(s) in to visit residents)
- Shopper—(assist residents on shopping

- outings or be the purchaser for someone)
- Reading (read to a resident)
- Bowling—(assist with bowling, help throw the ball, retrieve the ball, reset the pins, etc.)
- Trivia (ask trivia questions, offer hints, praise)
- Arts & Crafts (help the residents make items, help finish items)
- Library Cart (push the book cart around and offer books to residents)
- Friendly Visitor (visit individual residents to converse with them)
- Attending with our staff on resident outings (concerts, movies, malls, lunches, etc.)

Remember...
one can volunteer any amount of time they choose—from 1/2 hour a year to 365 days a year! It's up to you!



For more information or questions, please call Dover at (330)364-8849 or Bolivar at (330)874-9999.



Volunteers do not necessarily have the time; they just have the heart.

Name _____

Address _____

Phone _____

Name of Reference _____

Reference Phone Number _____

What is your availability? Part-Time ☐ Full-Time ☐

Days of the week? _____

Time of day or evening preferred? _____

How often are you interested in volunteering? (Number of hours per week, month, etc.) _____

Do you belong to any community organizations? Please list:

Have you ever volunteered in a nursing home before?

No ☐ Yes ☐ If yes, where? _____

Do you have any special talents? (Examples: playing a musical instrument, singing, dancing, painting, etc.). If so, please list:

Do you have a particular area that you are interested in assisting? Please explain: _____

Please check if you are interested in the following:

CRAFTS

- ☐ Sewing
- ☐ Crocheting
- ☐ Knitting
- ☐ Cross-Stitching
- ☐ Painting
- ☐ Ceramics
- ☐ Bead-work
- ☐ Woodworking
- ☐ Scrapbooking
- ☐

Other: _____

SPORTS

- ☐ Baseball
- ☐ Basketball
- ☐ Bowling
- ☐ Volleyball
- ☐

Other: _____

MUSIC

- ☐ Dancing
- ☐ Instrument
- ☐ Singing
- ☐

Other: _____

MISCELLANEOUS

- ☐ Cooking/Baking
- ☐ Friendly Visitor
- ☐ Games/Trivia
- ☐ Hang Calendars
- ☐ Library Cart
- ☐ Nail Mania
- ☐ Pet Visits
- ☐ Reading
- ☐ Religious Activities
- ☐ Shopper
- ☐ Spelling Bee
- ☐ Trips/Outings Driving
- ☐ Other: _____



VOLUNTEER APPLICATION FORM

Name: _____
First Middle Last

Address: _____ Phone (H) _____

City: _____ Zip: _____ (W) _____

Schedule Preferences:

Times: Morning _____ Afternoon _____ Evening _____

Days: M___ T___ W___ TH___ F___ S___ SU___

Special skills: (Hobbies, Second Languages, etc.) _____

Volunteer Activities of possible Interest:

Assist with group programs

- _____ Arts and Crafts
- _____ Reading for book club
- _____ Exercise Classes
- _____ Active Games
- _____ Birthday Parties
- _____ Holiday/Festive Parties
- _____ Reading Current Events
- _____ Religious Programs
- _____ Parlor Games
- _____ Gardening Club
- _____ Grooming Club
- _____ Field Trips
- _____ Resident Volunteer Club
- _____ Bingo

Provide One-On-One Visits

- _____ Conventional Visits
- _____ Letter Writing
- _____ Crafts
- _____ Current Events
- _____ Reminiscing
- _____ Trivia
- _____ Table Games / Cards
- _____ Reading Aloud
- _____ Sensory Stimulation
- _____ Outdoor Rides

Independently Lead:

- _____ Cards (bridge, poker)
- _____ Film shows
- _____ Religious Programs
- _____ Mens Club
- _____ Ladies Club
- _____ Outdoor Walks
- _____ Musical Performances
- _____ Bingo

Independently Offer:

- _____ Book Mobile
- _____ Talking Books
- _____ Assist. Rsdt. to Programs
- _____ Articles to Newspaper
- _____ Typing

Emergency Contact:

Name: _____

Relationship: _____

Signature: _____

Phone: _____

Date: _____

A benefit for the
Alzheimer's Assoc. & American Cancer Society

Sip & Paint

Enjoy painting a wine glass or bottle to take home

Lead by Courtney Keiser

Refreshments provided

Feb 1st | 6:30p | School House Winery

\$35

(includes 1 glass of soft drink, wine, water, etc)

Please sign up & pre-pay
with the receptionist by Jan. 27

330-364-8849

~ Space is limited ~



Hattie's House
266 Bolivar St. | Bolivar, OH 44612
(330) 874-9999



Pat's Porch
309 E. 17th St. | Dover, OH 44622
(330) 364-8849

Transitional Therapy Houses

Hennis Care Centre



www.henniscarecentre.com

300 Yant Street | Bolivar, Ohio 44612
(330) 874-9999



1720 Cross Street | Dover, Ohio 44622
(330) 364-8849

of Dover & Bolivar

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