



THE Friendly Visitor

HENNIS CARE CENTRE

APRIL | MAY | JUNE 2018

Dover & Bolivar, Ohio

People Who Can Help

We are here to help individuals achieve their potential each day of their lives.

DOVER

Administrator.....David Hennis
Director/Patient &
Resident Services.....Anita Pepper
Culinary Manager.....Debbie Parsons
Social Services.....Melanie Scheetz
Director of
Therapy Services.....Holly Meister
Accounting Manager.....Harold Baker
Public Relations.....Paula Hennis-Sickinger
Recreational Therapist.....Lauren Wilson
Activity Professionals.....Annette Cookson
Kathy Marburger, Patty Dunkle
Music Therapist.....Laura Smith
Maintenance Director.....Ken Otto
Laundry/Housekeeping.....Tammy Fouts
Receptionist.....Trish Haynam
Leslie Morris

Corporate Chef of Dover & Bolivar
and Hospice House.....Matthew Ridgway

BOLIVAR

Executive Director.....David Hennis
Administrator.....Kim Zontini
Director of Nursing.....Nicole Jones
Executive Chef.....Casey Hanlon
Laundry/Housekeeping.....Sue White
Social Services.....Lisa Gintz
Director of
Therapy Services.....Teresa Carlson, O.T.
Accounting Manager.....Harold Baker
Activity Professionals.....Jeanne Sauernheimer
Abby Strubel
Maintenance Supervisor.....David Wood
Receptionist.....Kathy Herstine

HOSPICE HOUSE

Culinary Supervisor.....Carla Braun
Dietary Services.....Dennis Borter
Matthew Arnold

**HCC provides out-patient and
in-house therapy 7 days a week.
HCC is a smoke-free campus
inside and outside.**

www.henniscarecentre.com

Simple Words

Shared joy is a double joy; shared sorrow is half a sorrow.

~ Swedish Proverb

"She's never told you?"

I shook my head. "And I've never told her." My boyfriend gave me an incredulous look. He just couldn't believe that my mother and I had never said "I love you" to each other. He and his family members said it to each other all the time, usually accompanied by hugs and kisses.

But Greg's upbringing was radically different from mine. My parents had an unhappy marriage, and both of them had come from families that weren't very demonstrative. Mom and Dad were rarely affectionate with one another, and were even less so with my brother and me. It just didn't seem to be in our family makeup.

I knew my mom loved me. And I loved her. But we didn't express it verbally. It's not that I didn't want to, but whenever I tried, I just couldn't seem to do it.

"You have to tell her. You can do it," Greg urged.

"I'll try."

But I never could seem to find the right time.

Only a few months later, tragedy struck. Greg passed away unexpectedly. It was the worst time of my life. I didn't know if I would survive. I felt that my past, my present, and my future had all been taken from me.

But my mom was there for me. She spent hours listening to me talk about my pain and my regrets. She was sympathetic and reassuring. We went for long walks. I talked and I cried.

Then, one day, I spoke with her on the phone. At the end of the conversation, I said-the words flowing easily- "Thank you for taking such good care of me. I love you."

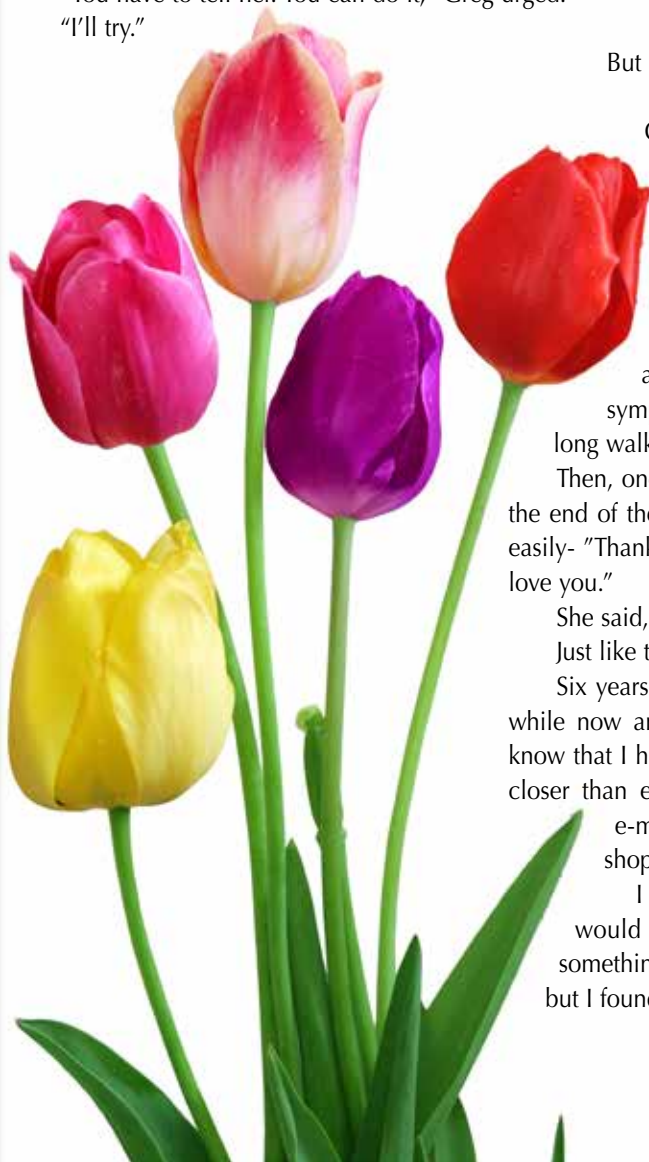
She said, "I love you, too."

Just like that. I had done it. We had done it.

Six years have passed since Greg died. My grief, while now an integral part of me, is manageable. I know that I have made it through. My mom and I are closer than ever. We talk every day on the phone, e-mail every couple of hours, and go shopping and to the movies together.

I know that Greg would be proud. He would know, as I do, that I was granted something special. I may have lost my boyfriend, but I found my best friend.

Source: *Chicken Soup for the Soul*
from *Heartbreak to Healing: Simple Words*
-Carol E. Ayer



BETTER **GOOD TO KNOW**

ORGANIZE YOUR HEALTH RECORDS

Don't wait until there's a medical emergency to scramble to collect your history. Here's how to get everything in order.

START WITH WHY

BE YOUR OWN ADVOCATE

Yes, you fill out those medical history forms at doctor's appointments, and the doctor should have a record of tests ordered and results. But say you go to a specialist not in the same health care system as your main provider. Or a walk-in clinic. They probably don't have immediate access to your records. Not to mention doctors are slammed for time. "You need to be the one with an accurate, up-to-date picture of your health," says Lynne Thomas Gordon, CEO of the American Health Information Management Association. That means having all records in one accessible place so you can help the doctor help you at each appointment.

THE BIG PICTURE

BUILD YOUR HEALTH LIBRARY

STEP 1 Ask for copies of your health information; under the HIPAA rule, most doctors, hospitals, and labs must give you the records within 30 days. Specify that you want test results, notes from doctors' exams, and discharge summaries. If you're part of an online patient portal through your doctor, some of this info will be there, but may be limited. Once you have everything, read it to make sure there are no errors or surprises.

STEP 2 Create a three-ring binder for every family member. Or consider the *Your Family Health Organizer* by Jodie Pappas or the *Personal Medical Journal* by Gloria Ann Lopez-Cordle, with template pages to fill in.

NEED TO KNOW

HAVE THIS INFO ON HAND

It's a no-brainer to carry your insurance card at all times, but in case of an emergency, you should have the following info typed on a card tucked into a wallet or tote, which is the first place EMTs will search: a list of allergies, medical conditions (asthma or diabetes, for example), surgeries, blood type, any medications (supplements count), and primary care doctor contact information. For children, add immunization history (including tetanus), height, and weight. Senior citizens also need to indicate how to access their most recent electrocardiogram (so doctors know baseline function).

TECH SUPPORT

For the digitally driven, these apps effectively and easily file medical info and share it with doctors.

HEALTHSPEK

It stores your info, and the Carry Card feature consolidates it on a wallet-friendly medical alert card. Free; healthspek.com

HEALTHVAULT

A website or app syncs to health trackers. Microsoft users connect with log-in and password. Free; healthvault.com

TRACK MY MEDICAL RECORDS

A basic option to store your info and graph health stats. Free; www.freehealthtrack.com

EVERNOTE

Scan your medical info, then store it in these virtual notebooks. Basic, free; Plus, \$34.99/year; evernote.com

MY MEDICAL

Stores records for multiple people; lets you share info electronically with doctors. iOS, \$4.99; mymedicalapp.com ■

MANAGING THE STRESS OF AN ALZHEIMER'S & DEMENTIA CAREGIVER



CARING FOR THE ALZHEIMER'S & DEMENTIA CAREGIVER

Family caregivers are all too familiar with the roller coaster of emotion that comes with caring for a loved one with Alzheimer's and dementia. At times, caregivers may revel in the love, appreciation and personal satisfaction they experience, although it's common to feel overwhelmed, frustrated and even angry at times too.

It's often very difficult for caregivers to express those hard feelings about caring for their parent without experiencing tremendous guilt, which can lead to depression. In fact, research conducted by the Home Instead Senior Care® network reveals that caregivers who hide their emotions are 2.3 times more likely to have

experienced depression, and are more likely to suffer from physical and health consequences, including fatigue, difficulty sleeping and high blood pressure.

"It's difficult to admit feeling angry or frustrated when it comes to caring for your parents," says Dr. Amy D'Aprix, a caregiving expert. "The uninformed often give disapproving stares if you're a family caregiver and say you're feeling frustrated. It's not viewed as socially acceptable to feel that way about your parents." It's important for caregivers to express their emotions and reveal their true feelings about what they're going through on their journey.

Dr. Amy recommends the following steps to help caregivers manage the emotional and physical stress of caring for loved ones suffering from Alzheimer's and other dementias.

Acknowledge Your Feelings

Dr. Amy notes, "The idea that you can hold multiple feelings at the same time is new to people. Think of it as a pie. Perhaps 30% of the pie is anger and 20% is guilt, but the rest of the pie is love. Seeing it as a pie helps caregivers realize that caregiving comes with a range of emotions, and that's OK."

Release the Feelings in a Safe Way

Joining a support group or talking to a therapist or good friend can be more helpful than you think. Journaling also provides an effective way to release those feelings too.

Manage Better with Help

Family caregivers can't always do it all themselves and need assistance from time to time. If you can't find that support with family, go to trusted friends, a faith community or consider professional caregiving support.

Nourish Your Soul

"Make a list of the things you enjoy doing to reduce stress," Dr. Amy advises, "such as reading, watching TV, attending a faith service, exercising, meeting friends, etc. Keep a list and build in mini breaks or quick getaways—15 minutes at a time."

VOLUNTEER OPPORTUNITY at Pat's Porch Transitional Therapy House - Dover

(For short term rehabilitation temporary stays prior to returning home)

- Bingo night every two weeks, or possibly once a week - at Pat's Porch **Need a volunteer to call/conduct the game.** (Staff is there for any of residents' needs, etc.) More than one volunteer is welcome to share the weeks and more than one volunteer can help during the activity. Number of participants could be 3-15 (residents and visitors)
- 6:30-7:30p | Day of the week is open | Setting: Kitchen tables of Pat's Porch | Supplies and prizes provided by Hennis (donations of prizes are always welcome)

Interested? Have questions? Call (330) 364-8849, ext. 2017

The Southern Living Vegetable Plate

ROBBY MELVIN June 2014
RECIPE BY SOUTHERN LIVING

Parslied New Potatoes

Parslied New Potatoes are coated in a creamy sauce that's brightened with fresh lemon juice.

Hands-on Time 20 Mins
Total Time 45 Mins
Yield 4 to 6 servings

INGREDIENTS

2 tablespoons butter 2 tablespoons canola oil 2 tablespoons all-purpose flour 2 1/2 cups milk 2 tablespoons fresh lemon juice 1/2 teaspoon garlic powder 1/4 teaspoon sugar Salt and black pepper 2 pounds new potatoes, quartered, boiled until tender and drained 1/4 cup loosely packed fresh flat-leaf parsley, chopped

HOW TO MAKE IT

Melt butter with oil in a medium skillet over medium-high heat. Whisk in flour, and cook, whisking constantly, 1 minute. Whisk in milk and next 3 ingredients, and cook, whisking constantly, 5 minutes or until mixture thickens. Add salt and pepper to taste. Pour over potatoes; toss to coat. Sprinkle with parsley; serve hot.

Green Beans and Charred Onions

Let Green Beans and Charred Onions be your new side dish for summer picnics.

Hands-on Time 30 Mins
Total Time 30 Mins
Yield 4 servings

INGREDIENTS

1 pound fresh green beans, trimmed 1 large red onion, cut into 4 wedges Salt and black pepper 2 tablespoons olive oil, divided 1 garlic clove, minced 6 fresh thyme sprigs 2 tablespoons red wine vinegar 1 tablespoon butter 1/4 cup loosely packed fresh flat-leaf parsley, chopped 2 tablespoons thinly sliced fresh chives



HOW TO MAKE IT

Step 1 - Cook beans in boiling salted water to cover in a Dutch oven over medium-high heat 4 minutes or until crisp-tender. Plunge beans into ice water to stop cooking process. Drain; pat dry.

Step 2 - Sprinkle onion wedges with salt and pepper, and cook in 1 Tbsp. hot olive oil in a large cast-iron skillet over medium-high heat 3 minutes on each side or until charred and tender. Remove onions from skillet; wipe skillet clean.

Step 3 - Cook garlic in remaining 1 Tbsp. oil in skillet over medium heat 30 seconds or until fragrant. Add beans and thyme, and cook, stirring occasionally, 3 minutes or until beans are slightly charred. Stir in vinegar, next 3 ingredients, and onion wedges; toss to coat. Remove from heat; sprinkle with salt and pepper. Serve hot.

INGREDIENTS

2 cups fresh lady peas
1/4 yellow onion
2 garlic cloves, crushed
1 tsp. kosher salt
6 fresh thyme sprigs
4 fresh flat-leaf parsley sprigs
Kitchen string
2 Tbsp. butter
3 green onions, sliced
3 Tbsp. coarsely chopped fresh basil leaves
Black pepper

HOW TO MAKE IT

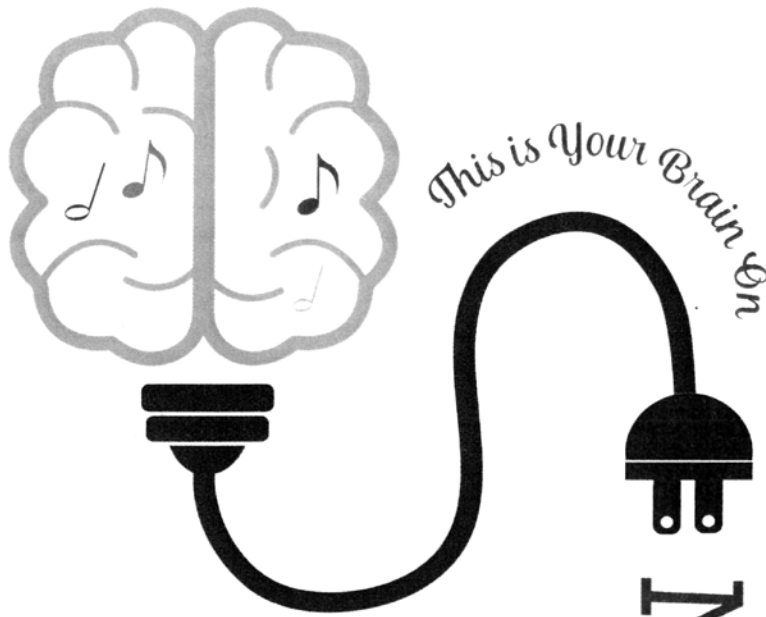
Step 1 - Bring first 4 ingredients and 1 qt. water to a boil in a large saucepan over high heat. Tie together thyme and parsley with kitchen string. Reduce heat to low; add herb bundle, and simmer, stirring occasionally, 25 to 30 minutes or until peas are just tender. Drain peas, reserving 1/4 cup cooking liquid.

Step 2 - Melt butter in a medium skillet over medium heat. Stir in peas and reserved cooking liquid; cook 2 minutes. Discard herb bundle and onion wedge. Stir in green onions and basil. Add pepper to taste. Serve immediately

Buttery Lady Peas

No summer veggie plate is complete without Buttery Lady Peas.

Hands-on Time 30 Mins
Total Time 55 Mins
Yield 4 servings



The flood of emotions that accompanies hearing a beloved song is difficult to describe. Your mind is filled with memories, and feelings rush back like it was yesterday.

Though the power of music and its connection to your brain are not yet fully understood, research shows that songs and musical training can have an effect on memory.

It's called the Mozart effect after a 1993 study published in *Nature* in which participants who listened to Mozart's Sonata for Two Pianos in D major, K.448 had improved spatial reasoning. The study was later replicated in mice, and they also performed better on tests.

Today, music is used to help patients with Alzheimer's disease, and many have seen surprising results. Some temporarily regain the ability to speak after listening to songs from their past, possibly due to triggering portions of the brain that are unaffected by the disease.

How can you harness the power of music to improve brain function?

1.

Musical training has been shown to improve recall times. If music lessons aren't for you, consider listening to music while you learn, which may improve your ability to remember.

2.

Setting facts to music makes them easier to remember. Next time something important comes up, try repeating it to yourself in a song. You'll be more likely to remember it when you need to.

MOZART



Consumer Reports How to Clean Practically Anything

ANSWERING MACHINES

An answering machine requires only an occasional dusting. If the housing is grimy, wipe the machine with a soft, lint-free cloth dampened with rubbing alcohol. Dust around the keys or buttons and inside the machine, if necessary, with a soft synthetic artist's paintbrush, or use compressed air to dislodge dust caught in nooks or crannies.



ARTIFICIAL FLOWERS

Dusting frequently with a hair dryer set on low prevents buildup that can become hard to remove. To clean safely (and this means without using water), pour some salt into a plastic bag, put the flower heads down into the bag, and shake. Place a nylon stocking over a vacuum nozzle and gently remove the salt, which will have absorbed the dirt from the flowers.



AUDIO EQUIPMENT

Frequently wipe audio equipment – CD players, audiocassette players, and record players – with an anti-static dust cloth. Use a cloth dampened with rubbing alcohol to remove fingerprints. Keep audiotape and CD-player compartments and record-player lids closed to prevent dust from collecting. Follow manufacturers' instructions to remove dust that might accumulate. For audiocassette players, use a head-cleaning cassette as directed. To clean a phonograph stylus, flick off dust or dirt with a soft watercolor brush dipped in rubbing alcohol, wiping from back to front.

Speak Up and Save

The magic words you need to score big discounts.

BY ANNA DAVIES

Ask and ye shall receive. Sounds simple, but when it's a better deal you're asking for, the conversation can feel awkward. Still, if you keep quiet, odds are you'll pay more than you want to. In fact, negotiating—and being comfortable doing it—is something anyone can learn, says Lea Ann Stundins, a finance blogger and creator of the money-saving blog *MommysWishList.com*. “There’s a misperception that asking is rude or crossing the line, but there’s a way to do it that’s respectful and effective.” Here, financial experts share exactly what to say to snag a bargain.

“I’ve received a discount flyer from another company. I’d really like to stay with you, but their offer is hard to pass up. Is there anything you can do?”

3 Things You Should Always Say

1. “When is the next sale?”

Letting the sales associate know you want the item (but at a lower price) will clue you in to upcoming and unadvertised promotions, says Stundins. And regularly check circulars for big-box stores. “Many stores take competitor coupons,” explains Cross.

2. “I’m a teacher/military/member of the Chamber of Commerce.”

There may be a discount for professional affiliations. And brush up on the perks of your credit card or AAA membership. “Knowing that one provider offers a 10% discount over another makes a difference,” says Paine.

3. “We’re here for our anniversary.”

Special-occasion freebies are common, but the server or front-desk attendant at a hotel won’t know it’s your 25th unless you say so. The key: Don’t expect a discount; just let the person know why you’re so excited to be there and it may inspire goodwill, says Cross.

THERE’S A REASON TO READ YOUR JUNK MAIL: Those glossy flyers from cable companies, fitness studios and kids’ camps can be valuable bargaining chips. Say a cable company is offering an intro special for \$20 less than what you’re paying now. Call your provider and let them know how much you enjoy your services. RELATED: How to Get Cheap Tickets to Concerts, Sports Events and More “When you talk the talk of a valuable customer—that you appreciate their service, you like their selection, and you don’t want to switch but the price differential is tempting—you’re making it clear you’re not just calling to voice a complaint or deliver an empty threat,” explains Stundins. You’re simply letting them know you have an incentive to leave their company. Because you’re a good customer, they have an incentive to want you to stay. Quite often, the conversation will end with your current provider meeting or possibly beating the other offer. When you’re looking for new services, ask what discounts are available for first-time users, says Kristen Cross, creator of *TheFrugalGirl.com*. “You can get great deals and also test-drive the company before settling on the one you want to stay with,” she says.

“I’m concerned about this new charge. Can you please explain it?”

COMPANIES CHANGE THEIR TERMS OF SERVICE ALL THE TIME, RESULTING IN NEW FEES. You may have received a pages-long notice in tiny text (which companies know you’re unlikely to read). Still, new “official” charges can be negotiable. Example: Your bank tacks on a monthly service fee if your account dips below a certain limit, says Manisha Thakor, founder and CEO of MoneyZen Wealth Management, a financial advisory firm. If you’ve been a good customer for several years, then it’s completely valid to call and see if the charge can be removed. “Your tone should combine concern with curiosity, so the customer service representative doesn’t feel like she has to be on the defensive,” says Thakor. “Because they want your loyalty, there’s a good chance they may knock off the fee simply because you were the one customer out of hundreds who challenged it.”



“I love these! Can I have all three for \$10?”

YOU’RE AT A GARAGE SALE OR FLEA MARKET, AND PRICES SEEM HIGH. Your first instinct may be to challenge the seller (does she really think anyone will pay \$5 for a stained paperback from 2007?). But that negative approach makes the seller unlikely to work with you, says Crystal Paine, creator of the blog *MoneySavingMom.com*. “When someone has a vested interest in the product, you want to show her you appreciate it as well.” Tell her you share her taste in authors, you’ve been dying to read several of the books she’s selling, and ask if you can get all three for \$10. “She’ll be more likely to agree to a discount if she knows they’re all going to a good home,” says Paine.

“That’s a bit steep. Is there anything I can do to help you out that could lead to a discount?”

WHEN IT COMES TO MOM-AND-POP SHOPS—your hairdresser, the couple who runs the local yoga studio, your cobbler—you may be able to net a discount by offering your time or talent, says Linda Condrillo, author of

~ **Speak up**, continued on page 7

Frugalinda.com. By filling in as a hair model, Condrillo has received a pricey keratin treatment for less than the going rate. "The key is to think of the services they might need," she explains. Maybe the yoga studio could use someone to work the front desk for a few hours in exchange for free classes. The cobbler may be willing to swap reduced-rate shoe repair for your bookkeeping skills. "Thinking on the barter system—what skills do you have, and what do you need—can open up discount opportunities you may not have considered," says Condrillo.

"Do you offer a group discount?"

IT'S WORTH IT TO LET THE OPTICIAN OR SALON KNOW if every member of your family is a customer, says Paine. And group discounts aren't limited to family members: You and your friends can offer yourself as a block for the new Zumba studio in town, and see if you might receive a special unadvertised rate. RELATED: 8 Sneaky Money Habits That Make It Impossible To Save


"I notice this milk/cheese/fruit is close to its expiration date. Would you give me a discount?"

SAVVY SHOPPERS HOME IN ON MINOR COSMETIC PROBLEMS—slightly bruised produce, nicks and dings on home decor items, a missing button on a sweater—and use these as bargaining chips to get anywhere from 10% off (common for home goods and clothing) to 100% off. "I'll see a bunch of bananas that I know no one else will want, take them to the counter and ask for a discount. I've gotten them for free, then I make banana bread," Paine explains. This strategy pays off for the store, too—they keep you as a customer at no significant loss. There's also wiggle room in department stores. "A few weeks ago, I saw a clock I liked that had a dent on the side. No one would see it when it was hung up and it didn't bother me, so I asked for a discount," says Cross, who got 10% off. But she recommends this strategy only if you're certain the imperfection won't bother you—or you have the skills to repair it. "Be honest. If you can't see yourself fixing it within a day or two, leave the item. It's no bargain if it sits unused in your closet," Cross says.

SOURCE: Nov. 2014 | womansday.com

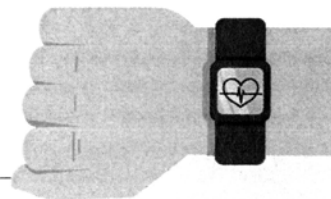
THERAPY SERVICES

BLOCK OUT

Put exercise on your busy schedule. The American Heart Association notes that walking 30 minutes a day is good for your heart. If burning calories is your concern, see how 30 minutes of each activity stacks up, if you weigh 125, 155 or 185 pounds.		Walking: 3.5 mph	120	149	178
		Aerobics, low impact	165	205	244
		Dancing: fast, ballet, the twist	180	225	266
		Stationary bike: moderate	210	260	311
		Playing basketball	240	298	355
		Rowing, stationary: vigorous	255	316	377
		Elliptical trainer	270	335	400
		Swimming laps: vigorous	300	372	444
		Running: 8-minute mile	375	465	555

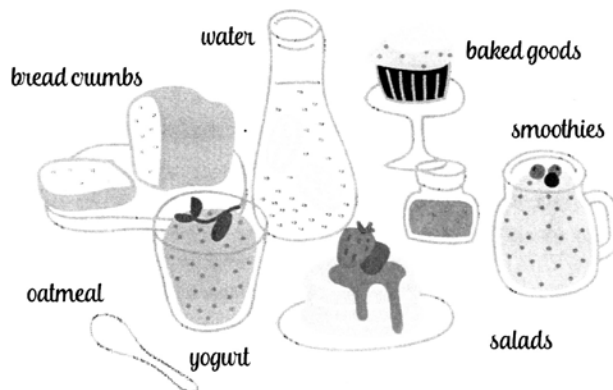
Source: Harvard Health Publications

30 MINUTES



Ch-Ch-Ch-Ch Chia Seeds

Chia seeds contain essential fatty acids and are high in iron, calcium and magnesium. Chia seeds expand and form a gel when combined with liquid and can help you feel full longer. Add this excellent source of insoluble fiber to:



Volunteers wear working boots but leave a trail of angel footsteps.

~ Terri Guillemets

See how you can volunteer at the bottom of page 3.

YOUR HABIT QUIZ

BY GRETCHEN RUBIN

It's the little routines that can make us more productive, happier people. But while we all intend to create good habits, it's tricky to follow through. The reason has to do with the tendencies of our personalities. Some of us resist change that doesn't have an immediate payoff; some feel trapped at the mere thought of committing to a pattern; others need serious pressure to provoke action... I've categorized these mindsets into four main types. What drives each type boils down to how people react to expectations, both internal (I want to learn piano) and external (My boss needs those reports). It's a domino effect—if you can understand what's behind your natural instincts, you can create more positive habits and build joy and success into all aspects of your life.

There are four distinct personality types, each with a unique approach to forming good habits.

To find your type, check off every statement that rings true for you:

[COLUMN A]

- ☐ I feel uncomfortable if I'm with someone who breaks a rule—e.g., by whispering during a work presentation or making a call when a sign reads *No cell phones*.
- ☐ I'm punctual, and I meet deadlines, even if they're somewhat arbitrary.
- ☐ If something is on my calendar, it gets done.
- ☐ I've been accused of being rigid.

[COLUMN B]

- ☐ It's very important to make thought-out decisions.
- ☐ If I'm asked to do something that doesn't make sense to me, I won't do it.
- ☐ I like to hear from experts, but in the end, I decide for myself.
- ☐ If I want to make a change in my life, I'll make it right away. I won't wait for a start date like New Year's Day.

[COLUMN C]

- ☐ If someone demands that I do something, my first instinct is to refuse—or do just the opposite.
- ☐ I enjoy breaking rules.
- ☐ I know I'm considered hard to work with on group projects.
- ☐ If someone tells me I'm not up to a task, I think, *I'll show you—* and prove him or her wrong.

[COLUMN D]

- ☐ Promises to others can't be broken, but promises to myself can be.
- ☐ People often turn to me for help—say, to edit a report or take over a carpool run.
- ☐ I sometimes describe myself as a people pleaser.
- ☐ While I make time to accommodate others' priorities, I struggle to make time for my own.

DISCOVER YOUR STYLE

UPHOLDER

You—if you have the most marks in column A.

The Upside You take the long view, so you'll push through the pain of starting a new behavior because you know it'll make you happier in the end.

The Downside You find it just as compelling to meet an expectation you've imposed on yourself as one imposed by someone else. And since you take obligations seriously, you find it hard to adopt an activity just for fun. **Work It** Good habits require trial and error, so try loosening your definition of success and taking on some behaviors you're iffy about.

OBLIGER

You—if you have the most marks in column D.

The Upside Keenly attuned to external expectations, you're able to form smart habits to deliver fast and well-crafted work.

The Downside Because you don't counterbalance external expectations with internal ones, you're prone to burnout.

Work It Don't put all your energy into meeting other people's needs; focus more on creating systems of external accountability. That's the key that will allow you to follow through on the things you want to do for yourself.

REBEL

You—if you have the most marks in column C.

The Upside It's easy for you to think outside the box and find the customs that really feed your creativity and make you content.

The Downside You need to feel free, so any demand, even one from within, corners you. **Work It** Think of new behaviors as choices in the moment, not long-term commitments. If you don't get that trapped feeling from embarking on an activity for the long haul, you'll be open to discovering whether or not you actually enjoy doing it—and more likely to stick it out.

QUESTIONER

You—if you have the most marks in column B.

The Upside It takes some digging and convincing, but once you're sold on the perks of trying something new, you're all in.

The Downside Because you feel the need to research every activity before getting on board, you may get "analysis paralysis" if you feel you don't have the information you need to make a reasoned decision.

Work It You may have to act without perfect information, and other people may have input worth taking into account. »

PERSONALITY TYPES

Read about yourself and spot others of your type to whom you might relate

[UPHOLDER]

You're great at meeting expectations—both others' and your own. A sense of accomplishment drives you to form positive habits—that, and the fact that you hate making mistakes and fear letting anyone down by failing to follow through.

Jessica Alba • "Claire Dunphy" • Hillary Clinton

[REBEL]

You resent other people's expectations of you. "Free will" is your mantra, and self-determination spurs your behavior. If you can pick your own course of action, you're more likely to take on a habit that makes you, not just someone else, happy.

Frida Kahlo • Lady Gaga • Katharine Hepburn

[OBLIGER]

You don't like being reprimanded or letting others down, so you're an absolute star at creating routines that help you meet other people's expectations and priorities. As a result, the things you want for yourself tend to get put on the back burner.

"Marge Simpson" • Michelle Obama • Reese Witherspoon

[QUESTIONER]

You don't like spending time and effort on an activity you don't see a measurable benefit from right away, even if you've already committed to it. However, once you do find good reason to start a new routine, you're extremely motivated.

Ellen DeGeneres • "Mindy Lahiri" • Oprah

Hello Family and Friends!

Spring came in like a lion! The second day of spring we were all hoping for warmer weather and instead woke to several inches of snow and icy road conditions. The Homestead can't wait until the weather gets more stable and we can start enjoying nature in the courtyard. The staff have been discussing various activities that they can enjoy with the residents in the courtyard.

January was the month when we together cleaned the unit and put all those holiday decorations away. In a sense we did our spring cleaning early. In February some of us went on a tour of Harry London's Chocolate Factory and enjoyed lunch out with our friends. Those that participated came back and told us tales of the day and shared scrumptious chocolates with everyone. We also enjoyed a gourmet meal prepared by the dietary department on Valentine's Day.

We have been really enjoying Dan Gribble and Wayne Roth when they come to the unit to perform their music. Most residents come out to the performing area and many dance and sing along with the performance. On St Patrick's Day we enjoyed all dressing in green, music and green shakes from the kitchen.

At the end of March we were busy filling Easter eggs for our annual Easter bunny breakfast followed by an Easter egg hunt out on our front lawn. The kids loved this and so did the residents that went out to watch. Nothing puts a smile on the faces of those that live here like kids do. Everyone was dressed in their Easter best and all came ready to hunt.

On April 16th we will be having a baked potato bar from 10:30-1:30-it will be held by the breakroom doors. Call proceeds will benefit The American Cancer Society and the Alzheimer's Association. The cost is \$3.00 a potato.

We will have a bake sale on May 1st from 10:00-3:00 in the front lobby. All proceeds for this will benefit The American Cancer Society and the Alzheimer's Association. We will also be having a Walking Taco sale on May 16th from 10:00-2:00 and will also benefit The American Cancer Society and The Alzheimer's Association.

On May 12th we will have a Mother's Day Breakfast at 8:30 AM. We will then celebrate National Nursing Home Week from May 14th -18th. We will then celebrate Father's Day with a breakfast on June 16th.

We are hoping for beautiful weather and everyone to participate in all our activities. Enjoy the new season.

Live, Laugh, Love
The Homestead

A true friend leaves
Paw Prints
on your heart.



Shirley Bower with Gizmo



Dawn Cotton with Gizmo



Christine Hansen with Gizmo



Christine Hansen

BOLIVAR JAMMIN' WITH JAY NEW YEARS EVE PARTY



Anna Rambaud "Did someone say dance music!"



Miriam Harshey

LIVE SIMPLY
DREAM BIG
BE GRATEFUL
GIVE love
LAUGH LOTS
- paulo coelho



Khourey Inskeep says "Happy New Year!"



Rosemary Ruffier



Midge Horton is all smiles when Jay sings to her!



Carl Provost is ready to party and bring in the New Year!



Clara Hostetler



Cash Cascioli having fun Jammin' with Jay for the New Year!



Bill Haueter is all smiles



Chuck Hannan is ready to "Jam with Jay and bring in the New Year"!

BOLIVAR GARDENS

Hello! We are hoping that this spring weather is finally going to stay! The early spring sure has been "up & down" a lot!! We hope we can start being outdoors soon for some of the music programs, upcoming events and "parties"!!

Jan has continued to challenge everyone with new projects, such as wooden jewelry boxes, bird houses & other items to be "painted" & decorated with markers. And, during the painting....we listen to Jan's "Newfie" music; that she brings back from her summer home on the lake in Canada! Some of the words to these songs are pretty funny!

Some of us took a tour of Harry London's Chocolate Factory in February and had a "bird's eye" view of how some of the candy is made. And....the "left over" Valentine candy was all at a 75% discount!

We continue to enjoy the entertainment by "Jammin' Jay" Secrest, Marty "Bucket Tunes" Zehnder, Tim Weddington, Gene Weygandt, Max Grossenbacher, Fran Zupp, Tim Turkal, "Somewhere in Time" group and Jon King.

We celebrated St. Patrick's Day with a combination of music and fun on the 16th starting at 1:30pm with Marty entertaining us

and had a terrific crowd!

We held our annual Spring Card Parties, which benefits the American Cancer Society and the Alzheimer Association, at Hattie's House and at the main building here at Bolivar. A BIG thank you to all who attended and donated candy that will be used to fill the Easter eggs for our staff's families' Easter egg hunt.

Our "Baked Potato Bar" in April fundraiser went really well. This also benefits the American Cancer Society & the National Alzheimer's Association. We also thanked our volunteers with a special appreciation dinner. Everyone received "Thank You" gifts and door prizes were given out.

In May we will be hosting our annual Mother's Day Breakfast on the 12th at 8:30 am for each of the ladies and one guest. Then, National Nursing Home week starts on Monday, the 14th and runs throughout the week. We have been working on some special events to be held throughout the week, so keep an "eye" out for the flyers on the bulletin board. As we do every Memorial Day week, we will be selling hot-dogs, coneys, and/or sloppy-joes from 10:30am to 1:30pm on the 31st. Let's keep our "fingers crossed" for some beautiful

days during these events so we can enjoy being outdoors!

During June, "Jammin' Jay" will be here on the 5th at 1:30pm; Jon King will be here on the 8th & the 22nd at 7:00pm; Tim Weddington on the 12th at 1:30pm; "The Doodle-Le-Doos" on the 14th; Marty Zehnder on Friday the 15th at 1:30pm; Gene Weygandt on the 19th at 2:00 pm; Max Grossenbacher on the 26th at 2:30pm and Chuck's "Singing Puppets" at 1:30pm on the 29th. The Tuscarawas County Library girls will be in to visit on the 11th & the 25th at 6:00.

On June 16th, we will be celebrating our fathers with a delicious breakfast served at 8:30 am. Each male resident and their guest will receive their breakfast in the dining room.

On the 20th of June from 11:00am-3:00pm there will be an "Ice Cream Sundae" fundraiser going on to benefit the Alzheimer's Association. So....if the weather is hot outside.....come on in and cool down with a specially made sundae!

Plan to join us for any or all of these special events; we look forward to seeing you and we always have a great time!!

Until next issue, take care;
The Gardeners

BOLIVAR VETERAN'S APPRECIATED



Paul Yong



Frank Wardell



Gene and Mable Merrick with Family



Cash Cascioli



Bill Haueter



Bob Steigerwald



Gene Merrick

BOLIVAR CHEF'S CREATION



Bob Goodwin and his mom Juanita partaking in the chocolate fountain.



Dennis, Chef Casey, Sarah, and Khourey



Dennis, Chef Casey, and Diane



Ron Everett and Chuck Hannan contemplating what items to dip in the Chocolate Fountain



James Joyce loving the chocolate dipped oreos!



Betty Malone & Sally Stevens with some delicious root beer floats from Chef Casey.



This crew is excited about their root beer float break!



Jeanne, Michelle, and Chef Casey having fun handing out root beer floats!



Cheers to Chef Casey from Vickie and Stacy



Wayne Kienzle, Dennis, and Chef Casey



Shirley Bower says "Cheers to these root beer floats!"



Hey Jenny Miller, what are you sipping on!?



I think it's safe to say Vickie Tucker is excited about a root beer float!

BOLIVAR REHAB

Hi; are you looking forward to the bright sunny days of summer as much as we are? It seems like forever since we could sit outside in the warm sunshine listening to the birds chirping and seeing the beautiful flowers!

During Jan's Craft group, the residents have been painting and decorating wooden bird houses, jewelry boxes and trinket boxes for their rooms, or to give away to a loved one. They always have a great time with Jan; she plays music of all kinds including the "Neufies" music she brings back from Canada. Everyone enjoys the music and watching Jan dancing around the room! Some of the ladies sing along and others dance in their chairs. Everyone looks forward to the days that Jan will be here; she always brings in some kind of goodies that she bakes or picks up at the bakery before she gets here!

During one of our groups, we use plastic flyswatters to bop a balloon back and forth while listening to the Oldies music. Sometimes, there are more than 1 balloon that we have to watch for and then bop it

back towards someone else in the hall. There is usually lots of laughing by all and jumping around by the staff...especially if/when one of the balloons burst!

In March we held the annual spring card parties that benefit the American Cancer Society & the Alzheimer's Association. We had really good turn-outs at both Hattie's House and the main building and we appreciate all the card players that also donated candy to us for the Easter egg hunt that we host for the employees and their families every year. The residents enjoy filling the plastic eggs with the candy; although every now & then, someone thinks a piece isn't going to fit in the egg...so they have to eat it themselves!

In May, we will be celebrating Mother's Day with a breakfast on the 12th at 8:30am and each lady resident is allowed 1 guest. Then on Monday, the 14th, we will be starting the annual National Nursing Home Week celebration. There will be special events going on this entire week, so watch for flyers

with the event schedule. We will be ending the month of May with our annual Memorial Day fundraiser lunch of hot-dogs, coney's and/or sloppy joes on the 31st from 10:30 am until 1:30pm. We are all hoping the weather cooperates again this year for all of these events in order to be able to hold everything outside.

In June, we will be hosting our annual Father's Day breakfast on the 16th at 8:30am in the Rehab dining room. The invitations will be sent out sometime during May, so watch your mail! Each male resident is permitted 1 guest due to the restricted space of the room.

On June 20th, we will be doing a fundraiser from 11:00 am to 3:00pm to benefit the Alzheimer's Association. We will be making ice cream sundaes the way you like it! We will provide the ice cream and lots of toppings; so plan to stop in and cool off.

Come in to join us for any of these special events.

The Rehab Team

BOLIVAR CHOCOLATE VISIT



Irene Palof



Jan and Jeannette having some laughs at the chocolate factory.



Clara Hostetler and Wayne Kienzle



Looks like Sandi Young & Michelle Boyd found some goodies at the chocolate factory.



Jeanne Sauernheimer buying some Valentine goodies for the grandkids.



Sandi Young and Irene Palof are in awe of all the chocolate.



Diane Davis and Helen Peden enjoying their trip to the chocolate factory.

BOLIVAR ST. PATRICK'S DAY PARTY



Sue, Vickie, Gary, Frank and Anna all decked out for St. Patrick's Day!



Abby Haugh and Sandi Young



Guess who's behind the "Cool" shades



Not sure if these girls know how to be serious.



Clara and Wayne



Frank having fun with Marty at the St. Patrick's Day Party



Ron and Linda



Midge Horton and Daughter

*May love and laughter
light your days, and
warm your heart and
home.*



Gary and Sue Rambaud showing off their St. Patrick's Day Spirit!



Cash Cascioli knows how to go all out when dressing up for St. Patrick's Day.

*May good and
faithful friends be
yours wherever you
may roam*

-Irish Proverb-

BOLIVAR ACTIVITIES



Hennis scientists Jeanne and Wayne



Diane and Helen waiting anxiously for the results of their experiments



Jan Moore and Donna Diehl



Irene is enjoying being a scientist



Frank Wardell



Looks like we've got a good group of scientists at this table



Lisa and Jeanette are making their experiments sparkle



Betty Smith and daughter Stevie



Wilma Pennington



Abby, Diane, Lisa, Jan, Jeanne and volunteers from our local bank on Community Spirit Day.



Jeanie Feucht says "I'm not to sure about this."

Always
Question,
Always
Wonder.

HATTIE'S HOUSE

What a wonderful time of year it is. Spring has definitely sprung. The snow has gone and taken with it the dreary days of winter. Spring is in the air. Warm breezes and the aroma of flowers are everywhere. April showers brought those May flowers. Tulips, daffodils, and lilacs are abundant. Color is finally coming back to Ohio. The birds are singing and building their nests. Farmers are starting to get their fields ready for planting. Here at Hattie's House, the therapy department is working with people outside. Our Guests love to get their physical activity in the fresh air and sunshine.

April 1st brought us Easter. It was a little cool, but a beautiful day. We had our Bunny Breakfast and Easter Egg hunt on March 31st. We had a great turn out and the children had a wonderful time looking for the candy filled eggs. The adults had a great time watching the excitement in their faces. On April 20th, we celebrated our volunteers. We appreciate the time that they dedicate to making our residents feel special. They have become part of their family and are truly angels in disguise. Our Guest's and staff here at Hattie's House have a sense of companionship and fellowship that has developed from the time spent with one another. Staff are truly cheering the Guest's on to make improvements beyond their previous level, yet they are sad to see them go once

they do. Staff is always happy to see the Guests return for a surprise visit. We enjoy seeing the improvements made once the Guests have gone home and that they are still doing well. The bond between the staff and the Guests are not the only thing that happens at Hattie's, the friendships that grow between the Guests are amazing. The closeness gained in such a short time as a result of experiences and similarities discovered, bring a closeness that no one was prepared for. People have mixed feelings about seeing their new friends go home. They are happy that they have improved and are physically able to go home, but they are saddened to be losing that person's companionship. Many Guests have stayed in touch with their new friends through Facebook, e-mail and phone calls.

In May, we had a bake sale to help raise money for The American Cancer Society and Alzheimer's Association. As with all of our bake sales, there was a great turnout and nothing left at the end of the sale. The sweet treats and breads are always too delicious to pass up. Here at Hattie's House, not only do we have a chance to expand our palate at nearly every meal thanks to the exemplary culinary skills of Chef Scott and Chef James, but we also try to expand our creativity with our "Paint and Snacks" parties. We have the opportunity to paint a wood sign with the

design of our choice, based on the season. Some Guests have chosen to keep their signs, while others have chosen to give theirs as gifts. We have beautiful piano music provided by Max Grossenbacher the last Tuesday of every month along with other musicians sprinkled in during the month to serenade our Guests. On May 12th we had our Mother's Day Breakfast to celebrate our Mothers. We had a great meal provided by the culinary staff in the main building. On May 23rd, we took a trip to Fort Laurens to have a picnic. We had grill hot dogs and hamburgers. Everyone had a great time and the weather was beautiful.

On June 16th, we celebrate our Fathers during our Father's Day breakfast. As always, the food is delicious and everyone has a wonderful time showing our appreciation for all that our fathers have done for us. On June 20th we will have a "make your own sundae" fundraiser.

Summer is almost here and we are all looking forward to the exciting activities that it will bring. In July, we will celebrate Independence Day, have a card party and the annual pig roast. There is so much to look forward to. Keep an eye out for the announcements for all the details.

Wishes of Health and Happiness,
Your Hattie's House Team

MAINTENANCE

LAWN MOWERS

The maintenance required for your model will be affected by its power source (gasoline or electricity) and whether it is a push or self-propelled lawn mower or a riding mower.

Push or self-propelled gas-powered mowers.

Clean beneath the deck. According to manufacturers, built-up clippings interfere with airflow and hurt performance. Especially in damp conditions and at the end of the mowing season, disconnect the spark-plug wire and remove the clippings with a plastic trowel. Sharpen the blade at least once each mowing season. A dull blade tears grass rather than cutting it, and cause the lawn to become diseased. Remove the blade and sharpen it with a file, which costs about \$10, or pay a mower shop to do it. Once each mowing season, change the oil. Drain a four-stroke engine's crankcase and refill it with the oil recommended in the owner's manual. Check the level before each mowing and add

more if needed. Two-stroke engines require no oil changes. Clean or replace the air filter when it's dirty—as often as once each mowing season in dusty conditions. Some mowers have a sponge filter you can clean and re-oil, though most now use a disposable paper filter. Replace the spark plug when the inner tip has heavy deposits—sometimes as often as once a mowing season. A new plug makes for easier starts and cleaner running. At the end of the mowing season be sure to store the mower properly. There are two ways to deal with gasoline remaining in the tank. With many mowers, you can drain the gasoline from the tank into an appropriate storage container and then run the engine to eliminate any gas remaining. But some manufacturers recommend filling the tank with gasoline and a gasoline stabilizer and running the engine for a few minutes so the treated gasoline into the fuel line and carburetor.

Electric mowers. Disconnect the cord or, on cordless models, remove the safety key, and clean beneath the deck. Keep the blade sharp, following the procedure for gas mowers. To extend the life of your mower, save the power cell. With cordless models, stop mowing and plug in the charger when the battery starts running down. Draining a battery completely shortens its life. New ones cost about \$100. Manufacturers also suggest leaving the battery on "charge" whenever you're not using the mower.

Riding mowers. Clean beneath the deck a few times each season; remove the housing according to the manufacturer's instructions. Sharpen the blades and scrape off grass a few times each season; if it's a mulcher, clean the blades after each use. Take the mower to a professional lawn-equipment service company for servicing before each mowing season.

Source: Consumer Reports
How To Clean Practically Anything



Did you hear the news bulletin about Rachel Phillips of Therapy who brought in a new little life, a son, January 23? Soon after on February 12 Michelle McMath of Nursing had her heart swell as she gave birth to her baby boy! Congratulations to both of these new families!

The special Valentine's dinner provided the announcement of Valentine Royalty, and the honors were bestowed upon Queen Helen Gordon and King Jim Breitenstein. A delicious dinner was prepared by Chef Brian and served by the hostesses. Lauren Wilson was the hospitable host for the evening. Rick Michaels performed lovely dining music on the keyboard.

Valentine's Day itself offered a variety of stimulating themed word searches, crosswords, and trivia for fun and brain exercises. One may have even played a game of Hearts. The Chef prepared another delicious meal for lunch and dinner! And, the deliveries at the front door of flowers, cards, and candy boxes were very special and made us feel good!

Live entertainment is always enjoyed every week on different days by the likes of vocalist Scott Miller, drummer/guitarist/singer Dan Gribble, Max Grossenbacher on the piano, singer/guitarist Bruce Seevers and others who brighten our afternoon.

Hennis Care Centre's Culinary Services supported the Union Hospital Auxiliary by participating in the Chocolate Love Affair providing a decadent brownie with berries delight with a chocolate drizzle along with the chocolate fountain! Attendees bring their storage containers to fill as they go table to table receiving each sample dessert to enjoy during the event and at home! We appreciate the manpower of Chef Matt, and Carla Braun & Dennis Border from the Hennis team at the Hospice House. The silent auction adds to the fun, and a lucky bidder took home a beautiful Valentine box valued at \$116 with champagne chocolates, a Red Lobster gift card, a lovely floral arrangement in a candy kiss container, complete with Breitenbach red wine all donated by HCC.

Chef Matt and Mike Scholles provided a Valentine dessert of flambé for the February Lunch & Learn at the Senior Center that was well-received! We want to give special thanks to Mike for fulfilling the hostess role on behalf of HCC every month at Lunch & Learn as March was her last time due to the decision to move to Florida. We know she

enjoyed this role very much and the relationships she formed! We will miss her, and thanks to social media we will stay in touch. We also extend our thanks to Betty Scherich and Rose Lomax who faithfully assisted Mike each month, and at times in her absence, would fill in to cover the role. We hope to see you April 11th as Amy Smith, a new owner of WJER Radio, will be our guest speaker. Mark your calendar for the second Wednesday of each month at 12:15p in the Social Room.

The Salon stays busy at special event times such as holiday dinners and the like. It is available for all services on a regular basis. Did you know it is also open to the public and staff here and at the main facility? Gift certificates are also available for birthdays, Mother's Day, anniversaries, or just because! They can be purchased with the Receptionist anytime. We are pleased to welcome our newest stylist, Kelli Tomblin, who is excited to work with this population, has several years of experience, also works at an elementary school, and she is eager to get started! As the schedule allows, Kelli plans to also go through our STNA training. Emily continues to provide her wonderful services regularly, too, and we thank her for all she gives of herself!

Do you have anything going on April 9th? Why not have supper at Bob Evans in New Phila for Dine & Donate? Bob Evans is so kind to donate part of their proceeds that evening to the Alzheimer's Assoc. & Am. Cancer Society simply because we eat there! Bring a red flyer from HCC so the fundraising can receive credit. Thank you Bob Evans!

Patty keeps our artistic skills bushed up with Coffee & Canvas nights with friends and family. We enjoy a good cup of coffee with flavored creamers, a sweet treat, the good company of family and friends, laughter, conversations, and a wonderful art piece to take home. It's a fun evening.

A Sip & Paint fundraiser at School House Winery will be held for the public at 6:30p on April 24th with refreshments and beverage as we paint a wooden sign to take home. It's a fun and relaxing evening. Call the Receptionist if you would like to attend (space is limited).

I-30, B-15... We are looking to add a couple of Bingo nights to our calendar soon, so watch for that and join us! Have a couple of spare coins? Feel free to drop them in the collection jar that goes to the fundraising for cancer and Alzheimer's. Enjoy some

refreshments and prizes, too! If you know of anyone interested in volunteering to facilitate the game, or other volunteering capacities, please let us know at 330-364-8849, ext. 2017.

We appreciate the educational opportunities for our staff, and some of the Activity staff attended the Activity Conference this January in Columbus where new ideas are discovered, classes attended, discussions shared among peers, etc. The Ohio Health Care Association is our state convention where four days of educations and credits are obtained for all the disciplines, and many of the HCC staff attend and rotate days over that period of time. Valuable. Most years we have some staff members who apply for scholarships from the OHCA Scholarship Foundation, and we anxiously await for those results!

The spring card party hosted by HCC is always a hit! This fundraiser helps the American Cancer Society and Alzheimer's Assoc. Varied card games and board games are played among the many loyal attendees, newcomers, and some residents and families. They enjoyed a new menu of refreshments such as a turkey Raquel on cranberry walnut bread, Italian sausage and peppers on a skewer, spinach and cream phyllo blossoms, pecan chicken salad tartlets, watermelon crème cucumber, and tropical pudding parfait, and other tasty selections. Sounds good? Our summer card party is July 25, 6:30p – 9:00p. Call the Receptionist to reserve your tables.

We are pleased to host the Volunteer Appreciation Breakfast April 28th here at Pat's Porch for some very special people – the HCC Volunteers! They enjoy a relaxing breakfast among their guests and friends with live music played by pianist Max Grossenbacher, conversation, a fun game or two, win prizes, and take home favors. We can't thank them enough for their valuable service!

We share our great appreciation for the many staff members serving as fundraiser chairpersons during our "Spring Fling" fundraising efforts with 34+ fundraisers for the Alzheimer's Assoc. and Am. Cancer Society (we continue these efforts throughout the year, but this is a big concentration). Cedar Point tickets, a Massage package, a chance to win Cleveland Indians tickets, a picnic meal raffle, a mini get-away package – are just some of the tempting raffles – complete info is available on the display

boards at the main facility and in the sign binder on the coffee table. We value everyone's support!

One of the popular fundraisers is the HCC bus trips to Cleveland Playhouse Square. A great show was enjoyed when the amazing Dancing with the Stars performed in January as staff and community folks enjoyed the event together. Conversations, friendly competition to answer the easy trivia and win prizes, seeing what's in the goody bag, and anticipation of the show – all this takes place in route. February brought Riverdance20 that didn't disappoint – hospital nurses, friends, HCC staff, and community friends took in another good show! Early April the stage brings Jay Leno and his humor – wonder what the prizes will be for that trip? One more to follow in May which is Aladdin that

is sure to be beautiful! They fill quickly, so if you're interested call us as soon as possible. These excursions benefit our fundraising causes – thank you!

As a wonderful professional and friend with HCC for many years, and with full appreciation, the Hennis Family hosted a special dinner for the infamous Jerry Marlowe to honor and celebrate his conclusive retirement. Jerry Marlowe – a fabulous pharmacist, educator, mentor, entertainer, chef, celebrity, actor, comedian, community supporter; husband, father, grandfather, uncle, brother, friend – definitely man of many hats! We shared favorite memories of Jerry's famous hats worn everywhere, cooking shows or recipes, his fun antics, his little Theatre shows, work encounters, college stories, how he met his wife, etc. This was

over a delicious dinner hosted at Magnolia Manor B & B, a beautiful victorian in New Phila. A very delightful evening for all! Thank you Jerry for all your contributions professionally and in the community over the years!

Spring and summer are here and bring forth a Car Cruise-In for the Mustang's birthday on April 23, the celebration of National Nursing Home Week and festivities, Mother's Day and Father's Day, concerts at the parks, the community walk for the Am. Cancer Society Relay For Life at the Tuscarawas Fairgrounds on June 23, and simply the opportunities to enjoy the great outdoors!

***Treasure Today!
Tomorrow is a new day, make it count!***



Staff Quarter Auction
David and Patty



Erin Swartzwelder and her parents attending the Quart Auction to support a staff member.



Annette, Patty and Dee had fun at the Quarter Auction.



Becky Wasserm and her family come to the Quarter Auction to help their cousin and have fun.



Lifting our spirits - DHS Cheerleaders



Earl and Betty Littlefield enjoy visiting during the Valentine Dinner.



The Valentine Dinner was enjoyed by many.



Valentine Queen, Helen Gordon



Valentine King, Jim Breintenstein

MARK YOUR CALENDAR

April 23 - Car Show 2-4:30 Dover

April 24 – Sip & Paint fundraiser, School House Winery, 6:30p – call our Receptionist if you plan to attend

April 25 – HCC Pizza Lunch Stand fundraiser, 10-1:30p, main facility Rehab foyer

April 28 – Dover Volunteer Appreciation Breakfast, 9:00a, hosted at Pat's Porch

Check out all the exciting raffles for fundraising for the Alzheimer's Assoc. & Am. Cancer Society – Clev. Indians tickets, Cedar Point tickets, win a mini get-away, prizes on Wednesdays, win a TV, win a picnic lunch for 6, & so much more! Thank you for your support!

(April 30 – May 3 - Ohio Health Care Association convention for staff education)

May 9 – Lunch & Learn 12:15p guest speaker, hosted by HCC, Tuscarawas County Senior Center

May 12 – Dover Mother's Day Tea, 2:00p Bolivar Mother's Day Tea, 8:30 Breakfast – invitations will be mailed

May 14 – 18 – Celebrating Nat'l Nursing Home Week, Carnival theme, special festivities and events – watch for more information

May 25 – Memorial Day program, 2:00p main facility Gardens Lounge

May 25 – Dover Memorial Day Hot dog lunch stand & yard sale, main facility Gardens pergola

May 31 – Bolivar Memorial Day Hot dog lunch stand & yard sale

May 10 to June 4 – Park St. Pizza sale fundraiser, see our Receptionist

Reminder – all the raffles will be coming to end soon – be sure to get your tickets from our Receptionist! We appreciate your support!

June 12 –Dover Strawberry Fest with entertainment, 6:30p, main facility Gardens pergola

June 13 – Lunch & Learn 12:15p guest speaker, hosted by HCC, Tuscarawas County Senior Center

June 16 – Father's Day Breakfast, Dover

9:00a – Bolivar 8:30a, invitations will be mailed

June 18 – **Drawings for all the fundraiser raffles! Thanks for all the support!**

June 23 – Am. Cancer Society Relay For Life community event, Fairgrounds in Dover, 12:00p – 10:00p. Join our Hennis Team for this event!

June 27 – Dover Atwood Lake Boat Ride & Picnic lunch, 10:00a

June 29 – Sub Sandwich Lunch Stand fundraiser, 10- 1:30p, main facility Rehab foyer



WINNERS:

- Cookie Bouquet & boxed cookies - Tara Roscoe & Tara Emery
- 35 Bus trip attendees won various gift cards
- 25 Card parties' attendees won a variety of items and gift cards
- 3 Lunch & Learn winners received various gift cards

1450 **WJER RADIO**

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Dear Sue,

Thanks for listening to WJER Radio and for entering Hennis Care Centre into the Subway Hump Day Party Tray Giveaway! We were happy to deliver the prizes to your office and hope everyone enjoyed the delicious subs and cookies from Subway and the goodies from WJER. We are glad you called in to claim your prize, and we hope you will continue to listen to WJER in the future. As a memento from that day, we have included the picture we posted on our website and Facebook page that week. Thanks again, and stay tuned in to the Voice of the Valley – WJER.

Gary A. Petricola



A MANAGER'S CHRISTMAS GIFT TO MANAGERS

A Sip & Paint at the new Love's Art Gallery



The Peffer granddaughters elegantly served the refreshments at the art class.



June Contini and Erin Gober visit about the Love's Art Gallery.



June C. her daughter, Jennifer, and the instructor, Carla Wherley, provided a fun class.



Sarah, Erin and Mel enjoy the fun camaraderie.



Holly and Kari - Very Talented



The completed master pieces!



Everyone loves goodies before they paint.



Tammy and Jennifer



Debbie works on her piece

DOVER MISC.



Bernice H. enjoys some goodies.



Anna and her daughter enjoy a visit together.
(Gardens)



Annette and Andrea enjoy
the Card Party and refreshments



Jane and Gladys are happy
to paint together.



The group benefits from kickball exercise



They all love Resident Choir with Kathy.

VALENTINE'S DINNER



Gwena J. enjoying a good time
together at the dinner.



Arlene and her daughter, Jane,
are ready for a delicious dinner!



Welcome!
John and Annette



Don and Annette are ready to celebrate the Valentine festivities!



Ruth S. and here daughter are happy to spend the Valentine Dinner evening together.



DOVER HOMESTEAD

Welcome spring! Well, at least we hope spring gets here and stays here. We are very anxious to get out into our garden this year and spend some time on the porch in the beautiful sunshine. It sure has been a long winter!

April is going to be a great time. We are working on growing some new flowers for our garden to plant outside when it gets a little warmer. We are going to be having a car show on the 23rd and our guys sure are excited about seeing all of the classic cars - especially those Mustangs! We are excited for a lot of fun springtime activities. We are looking forward to more baking and we have a painting class that we are going to try our luck at to see what hidden talents we have.

May is going to bring us so many exciting activities between our Mother's Day Tea and, of course, Nursing Home Week! Nursing Home Week is always jam-packed with lots of fun, food and music. This year we are doing a carnival theme. It is sure to be a great time! The Little Theater is also going to be dropping by to do a performance for us. We love their shows. They are always so good.

June is going to, hopefully, take us into summer with great weather and a lot more opportunities for spending time outside in the garden. Hopefully, the weather will cooperate with us and we can have our Strawberry Fest outside. We love getting outside with our entertainment and

enjoying some delicious strawberry shortcake. It doesn't get any better than that! Father's Day and Relay For Life are just around the corner in June. Our guys always enjoy having a nice manly breakfast just for them. It really makes them feel special!

This is only a snapshot of all of the fun

events coming our way. Make sure you check in and join us for all of our fun festivities. There is enough fun to go around and there is never a dull moment on the Homestead!

Until next time,
Lauren and Kathy



Louise and Lauren are happy with their castle accomplishment.



Sarah, Ruth, and Clara enjoy the chili during the fun cook-off.



Ruth L. enjoys sharing the Valentine Dinner with her grandson and her daughter.



Sarah, Mary Beth and Ruth enjoy visiting



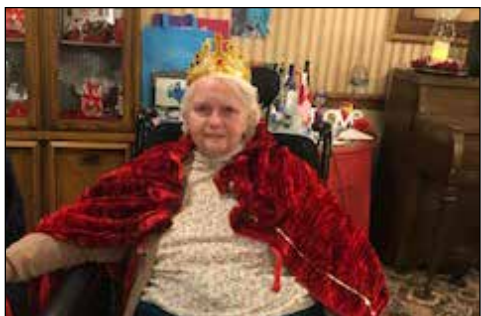
Toni with her daughter and son-in-law enjoy the live Valentine dinner music.



Mary L. with daughter and granddaughter at the Valentine's Day Dinner.



Elizabeth M. with family at the Valentine's Day Dinner.



Queen Sandy H.



King John



Bill H. and Patricia share the evening together.

Hearing this song played one day, "Put a Little Love in Your Heart", the lyrics sure seemed evident and reflective of the love and kindness observed and received among the residents, staff, families, friends, and community in multiple ways.

One chilly January day, Patty got the bread machine warmed up and we made a few different types of warm breads and enjoyed them with apple butter. We enjoyed eating it as we gathered around the table together and conversed simply enjoying our friendship, but also putting a little love in our heart between one another.

The cold winter weather seemed to last so long, but that didn't hold us back from having fun – we just added more indoor fun such as Linda from the Dover Public Library presenting a refresher of The National Parks, just beautiful, and a new one, The Olympics, which was good timing for the winter Olympics. Chrissy Sickinger came in before her shift and played the piano including some new songs, and Marty Zehnder sang his favorite Bucket Tunes that are old favorites. Max Grossenbacher works the keyboard with favorites and played his new version of "How Great Thou Art" he's preparing for an Easter church service in Norton – breathtaking! And, the Forever Young singers and Terri & Steve certainly keep us feeling us young and happy with their performances! Yes, they all know how to put a little love in our hearts and make the world a better place!

The fundraiser bus trip to Playhouse Square in Jan. was joined by Nurse Bonnie, Nurse Kelly, Paula & Dave, Chrissy, and the community to see Dancing with the Stars and it was excellent! A non-stop, energetic performance the whole time! We will travel again to see Jay Leno and Aladdin! We enjoy the camaraderie, goody bags, laughter, light trivia, and the delight of prizes! We appreciate all this support.

Talk about making the world a better place! Two of the staff welcomed their first babies – Nurse Michelle actually started early contractions while here, but a week later delivered a son. Rachelle of therapy was happy to have her baby boy! Best wishes to all of them. We will see them back here in the spring. Putting a little love in their hearts!

Take a good look around and if you're feeling down, put a little love in your heart – just as new volunteers Angelina Booher and Shirley Pittman have done as they joined the volunteer team! And, they, as all the other volunteers, are valued! We will have our annual Volunteer Appreciation Breakfast April

28 hosted at Pat's Porch.

Who doesn't like chocolate? Well, the Chocolate Love Affair hosted by the Auxiliary of Union Hospital certainly knows how to put some love in your heart and make the world a better place for you and me! Numerous vendors, including HCC, participated giving attendees dozens of chocolate desserts to sample made by area chefs, bakers, and chocolatiers! Thanks to Carla Braun and Dennis Border, of HCC Culinary at the Hospice House, for working and supporting the HCC table service. HCC also donated a lovely valentine box with a Red Lobster gift card, candy, and a fresh flower arrangement to the live auction. We're glad to help support our local hospital.

Thinking of your fellow man, and a real sign of lending a hand, making the world a better place, and putting the love in the hearts of many, was very evident at Nurse Beth's Quarter Auction! It was overflowing at St. John's social room, but more and more kept squeezing in. Each department of HCC made and donated nice baskets for the event, many came to support it including Becky W. of the Culinary dept. and her family, Nurse Erin S. and her parents and friends, Dir. of Nursing Anita and her family, Annette and Patty of Activities came with Dee, and the Hennis family all had a good time. Lots of fun, good winnings, friendship, and wonderful support certainly warmed the heart!

Valentine festivities always puts a lot of love in everyone's heart! Starting with a craft with Patty, we made custom-designed Valentine cards to keep and give to someone. Following that, Tara Roscoe and Judy Emery were happy winners of the Cookie Bouquet Raffle! This supported a fundraiser for a special voice computer to help a younger resident communicate who is unable to speak... Thinking of your fellow man, lending a helping hand – (more information is available with the Receptionist).

Another display of love is all the special treats people bring in for the staff. One especially was a chocolate bar wrapped with very pretty lace and pink ribbons and a sweet note from a resident and given to the staff, and it was very much appreciated! Special gestures are very meaningful to many, and they definitely make this world a better place! Many thanks!

Surprise! Emma Jean S. was announced as the Gardens' Valentine Queen (and she was surprised and looked at her son, and he said "I didn't know!"), and Warren B. was crowned as the King! They wore velvet capes and sparkly

crowns as they dined at the special Valentine's dinner. Everyone enjoyed being served salad with lemon blueberry vinaigrette, stuffed baked chicken filled with three cheeses and broccoli blend drizzled with a roasted red pepper sauce, a roasted zucchini and summer squash mix, and complete with hot fudge cake topped with strawberries and cream. Pianist Max Grossenbacher provided the live entertainment for the lovely evening.

On Valentine's Day we enjoyed festivities with refreshments, goodies, games, and the like. Many received boxes of candy, Valentine cards, bouquets, and candy grams through the week.

Our February Family Bingo Nite was fun with everyone gathered in the Rehab dining room, and we liked the goodies, loved the gift cards and t-shirt prizes! Join us as we hold the evening Bingo once a month, so mark your calendar!

Making the world a better place are the students of Phyllis Ronald who put on a recital on the piano one afternoon – such talent among the various ages! The cheerleaders from Dover High School stopped in to spread a little cheer! Brian Cronebaugh of Transportation, brought in his Airedale Terrier to visit us – what a delight! We also enjoy Hercules a Collie and a cat of a family who visits, Bella – Patty's dog, Pierre, the Dachshund "grandpuppy" of June, and Tank the Bulldog puppy of Carla Braun. They make us so happy!

We warmed another day with the fun of the Chili Cook-Off where we help prepared a batch with Patty, discussing our own recipes, adding this or that, and letting it cook as we do some other activities. In the afternoon, we gather with the judges at the head table as they sample all the batches brought by the other units as well as staff who participated. Our volunteer Paul, Debbie the Culinary Manager, and Keri of Admissions took on this job. Who might wonder who ate the most while tasting? – Kari! Who was the messiest while judging? – Debbie! Who had the fastest start to eat? – Paul! Kari was also the best at doodling on her placemat, was the tidiest, and the quietest. Thanks Debbie for all these factoids! For us as judging – we cleaned our bowls and had seconds and thirds! Okay, now for the judging results: Best Appearance – Homestead; Taste- Becky of Culinary; and Best overall – Gardens! We appreciate everyone who participated! We know you all put a little love in all of it!

GARDENS ~ continued on page 29

DOVER GARDENS



Marilyn says she loves this craft project!



Gladys, Anna and Alice are ready to paint their totes!



Dee is all set to paint her project.



Bob loves ice-cream!



Dalene and Judy enjoy a special snack from Chef's Creations.



Queen Emma Jean and Kin Warren.



Dalene is going to town creating the design on her canvas bag.



Shirley enjoys a special ice-cream treat.



Yumm--this appetizer is delicious. Good job Chefs!" says Alice.



Tom is very artistic with his horse picture.



Bonnie B. is selecting her chalk colors for the art project.



Diane and her mother, Ruth Gowins, are enjoying a good day.

DOVER GARDENS



Mary tending to the luscious various crock-pots full of chili for the cook-off.



Shirley and Dee prepare supplies for crafts.



STNA Amber provides nail polish service for Judy.



Queen Emma Jean S.



King Warren B.



Dover Card Party



The Gardens group prepares an OSU blanket for the auction basket.



Anna enjoys a visit from her church family.



Vol. Paul, Debbie of Dietary & Kari of Admissions work hard at judging & having fun!



Tom and friend showed their chili bowls are clean to the bottom!



Mel and Sue are filling up from the chili crock pots.



Tom gets a puppy smooch from Carla's "Tank."



Carla brings her new puppy to visit with Judy.



Tank, the Bulldog puppy, is very ready for a nap on Thelma's lap.



Sarah enjoys the Bulldog puppy Carla shared.



Marjorie, Brenda and guest prepared for a lovely event.

DOVER GARDENS



Bev and her daughter enjoy the special Valentine evening.



Bob, June, Anna and Barb enjoy Bingo Family Night.



Dee and Annette shows a finished folded art book (for sale \$20)



The Hennis Family hosted a special dinner for Jerry Marlowe in honor of his final retirement. Of course he brought hats for everyone!



Stacie, granddaughter and Eleanor appreciate the good Valentine dinner.



Daleane and family take it all in at the Valentine's Day Dinner.



Shirley and guests enjoy the dinner music.



Liz and guest are ready for a nice evening.



Corrine and daughter at the Valentine Dinner



Bonnie and her guys



A sweet night together
Nurse Veronica and Grandma Lori

Karaoke anyone? Hymns? Sing-alongs? Listening to a soloist? We've been doing it all in Resident choir as Ilene the Hostess and STNA Phyllis and her son, Travis of Culinary Services, cover this in Kathy's absence. It might occur on various days temporarily, but we enjoy it. Thanks for keeping this going!

Chef Matt grilled outside some good hamburgers for the Hamburger Lunch Stand fundraiser to help benefit a co-worker, and you got it – the world is a better place for you and me! All kinds of toppings were for the choosing, an assortment of chips, cookie, and a beverage. Lots of plates were seen going down the halls to offices, dining rooms, etc. as they were enjoyed for lunch!

Chef's Creations provided some good small plates as Debbie tried some new recipes and we sampled the cheeseballs: spinach & bacon, pecan & cranberry, pepperoni, olive, and onion on various crackers – we were glad to be her Guinee pigs as she tries new hors d'oeuvres recipes for her daughter's wedding reception! Delicious!

We were happy to welcome some new entertainers to our schedule: Jim & Larry played the piano and harmonica that was pleasant, and Mike Wikoff with Wacky Country that was well-received. If you know of any performers who would be interested, please let us know as we try to expand our list. Thanks to Bob W. we came to know of Jim & Larry!

March offered another Family Bingo Nite where they enjoyed Patty calling it. The refreshments always go down easily, too! The Massage gift cards to see Barb the Massage lady as prizes were well-received! B-sure to join us next time! Thanks for the extra donation in the collection can for the fundraising causes!

St. Patrick's Day brings a good day to celebrate! We had fun with Irish coffee and cookies while coming up with the answers to

Irish trivia and talking about it, and wearing our Leprechaun hats, green and gold bead necklaces, and wearing various green attire. We wrapped up the afternoon with an Irish movie.

Have you seen the impressive folded are books that Dee and Laverna are making?! Meticulous measuring, diligent dot placement, lines drawn, and then folding the pages that have created dimensional designs as the book stands upright and open such as hearts, shamrocks, bunnies, and more are in the works complete with the covers decorated. They are for sale by order at \$20. Truly amazing! These are making the world a better place!

Also on the craft side are the canvas totes we painted for ourselves, a contemporary spring bunny scene painted on canvas in art class with Patty, greeting cards, jewelry, and Easter nests with glue/balloons/yarn, and they were darling when they were finished and filled with little eggs. Dee recently accepted an order to paint fluted glasses as favors for a 50th class reunion of Minerva High School in school colors of red and grey saying Cheers to 50 Years – very nice looking with some special touches. Lending a hand to help a fellow man.

Now we are watching for the spring baby animals to get old enough to come in – Nurse Carol will have new bunnies and her son's hog will deliver piglets – can't wait to see and hold them! Won't that put a little love in your heart?!

We've also anxiously resumed our outdoor activities and excursions as the new seasons are upon us! Want to join us for a Dine & Donate at Bob Evans April 9th from 4p – 9p in New Phila? Bob Evans is so kind to donate money from that night to our causes! How about a lunch outing to Buckeye Career Center's new Bistro? Remember the Mother's Day Tea May 12, National Nursing Home Week the following week with fun Carnival theme, park concerts, Atwood Lake Boat ride, picnics, and so much more! We're ready!



Celebrating St. Patrick's Day with Leprechaun hats , green and gold beads, and green attire.

*Learn from Yesterday
Live for Today
Hope for Tomorrow*

Remember...

"Put a Little Love in Your Heart"

By Jackie DeShannon

Think of your fellow man,
lend him a helping hand
Put a little love in your heart
You see, it's getting late, oh,
please don't hesitate
Put a little love in your heart

And the world will be a better place
And the world will be a better place for you
and me
You just wait and see

Another day goes by, and all the children cry
Put a little love in your heart
If you want the world to know,
we won't let hatred grow
Put a little love in your heart

And the world will be a better place...



A Recap of Rehab's Fun Activities & Festivities the Past Quarter:

- The Lounge Hutch – decorated for Val. Day then St. Patty Day – full of interesting items with matching colors and some things of the residents; Spring, & Easter – yellow old phone, radio, cookie jar, tea pot and more; pink offered Annette's childhood baby scale, baby shoes, speckled eggs, Dee's bunny art book, a swan, pink floral piece, a vintage vase, etc. It is fun to admire, converse about, reminisce...gives one a reason to pause and simply enjoy. Let us know if you have something to share for the future!
- Welcome new HCC volunteers! Shirley Pittman and Angelina Booher (You are valued!)
- Enjoyed a new entertainer – Jim & Larry on harmonica & piano who are related to Bob W.! (Residents loved them!)
- Welcome new babies of staff! - Nurse Michelle, boy, and Therapist Rachelle, boy! (Precious!)
- Library Linda presented The National Parks this winter (Amazing!)
- Crafts with Patty – made Valentine greeting cards, painted our own fabric tote, canvas painting, bead work (creative!)
- Chrissy Sickinger played the piano for us a few times (delightful)
- Dover High School Cheerleaders visited to cheer us in the winter (uplifting!)
- Appreciate the support for extra card party fundraiser for staff member! (Always fun!)
- Staff and community members attended Dancing with the Stars bus trip fundraiser (Dazzling!)
- HCC supported the Union Hospital Auxiliary Chocolate Love Affair with food and an auction basket (tasty and tempting!)
- The Olympics program was given by Linda of the Dover Public Library (Patriotic!)
- Nurse Beth's Quarter Auction fundraiser – residents, staff, friends, & family supported,

- lots of popular baskets from HCC! (Loving)
- Valentine Cookie Bouquet Raffle winners excited – Tara & Judy! (Thanks for supporting!)
- Thanks for the special chocolate candy bar prettily decorated by Gwenna and given to staff as valentines! (Appreciated!)
- We love all the treats people share with us – thank you! (Delightful!)
- Congratulations Valentine Queen Ruby D. and King Marty D. draped in velvet capes and crowns. (Ruby's son brought her special corsage, too!)
- Many received cards, flowers, and candy (Sweet!)
- Enjoyed a special Valentine's dinner with family and friends – Thanks Culinary team & Chef! (Special!)
- Valentine's Day festivities on the 14th enjoyed! (Fun!)
- Universal Sayings – Dover Library Outreach program by Linda (Stimulating!)
- Family Bingo Nite – Feb. 20th – fun, prizes join us! ("B"-cause!)
- Piano students of Phyllis Ronald's performed before supper (Entertaining!)
- Airedale dog of Brian Cronebaugh (Transportation) visited us (Delightful!)
- Ruth S. attended a family wedding; hair done, nails polished, beautiful suit – ready set! (Lovely!)
- Chili Cook-Off had lots of participation, good varieties, and fun! Thanks judges- Kari, Debbie, and Paul! (Fun preparation!)
- Thanks Hostess Ilene, STNA Phyllis and son Travis of Dietary for filling in for Resident Choir! (Various styles fun!)
- Walmart outings – love shopping and convenience (Satisfying!)
- Special thanks to many staff serving as fundraisers chairpersons! (Appreciate your support!)
- See the display boards of 34+ fundraisers for fun opportunities for the Alzheimer's Assoc. and Am. Cancer Society! (Buy, win, support!)

- Hamburger lunch stand fundraiser well-received! Thanks Chef Matt for grilling! (Good support of a staff member!)
- Working on strip quilts: cutting, matching, sewing (Fun and interesting!)
- New entertainers, Mike Wikoff/Wacky Country, well-liked! (Toe-tapping)
- New art by Laverna and Dee – measuring and folding book pages to create beautiful designs (Patient and diligent!)
- St. Patrick's Day fun: Irish movie, Irish singing with Dortha on the piano, and sipped Irish coffee (Joyful!)
- March Family Bingo Nite – Jim appreciated Patty calling it, several enjoyed winning massage gift certificates! (You're welcome, too!)
- WJER Subway Hump Day Party Tray was won by the staff! (Yay!)
- Hennis Family hosted a dinner for Jerry Marlowe on his conclusive retirement at Magnolia Manor! (Hats, laughter, memories!)
- Spring card party...Andrea, John, Dee and the community enjoyed fun, prizes, and loved all the new hors d' oeuvres and sandwiches – Thanks Debbie & Culinary staff!
- Mark your calendar for the summer card party July 25 and experience the good food, fun, and take home a prize - for a good cause! (Bridge, Rummy, Spades, etc!)
- Enjoying porch season now! (Come on over!)
- Cards, board games, puzzles, entertainment, art, special programs, excursions, and more...why not join us?!
- - Hope to see you at the community Am. Cancer Society Relay For Life event June 23, 12:00p – 10:00p, at the Fairgrounds in Dover – be a part of the Hennis Team! (Purposeful!)
- - Future bus trip fundraiser is Aladdin, May 26, see the receptionist to sign up (Beautiful!)

Live Big & Have Fun!



The royal wave by Queen Ruby and her son, Eric.



David P. takes it all in during a craft session.



Chef Matt grills burgers for the lunch stand fundraiser.

DOVER REHAB



Chef Matthew presenting a chef demo.



Cindy and her friend share a Valentine's Dinner.



Cindy is enjoying the valentines.



Tom works diligently on his black and white drawings.



Valentine Royalty Queen Ruby and King Marty



Card party winners!



Don making music on the drums.



Laverna is working creatively to form decorative books.



The guests enjoy the food selections during the card party.



Bev Smith, Cindy and Eric Swartzwelder and others enjoy a card game.



Gloria calls Bingo for Rehab.



Gloria McGrath brings family and friends in for a fun night at the card party.



Ruth S. and Annette are working to make floral arrangements for St. Patrick's Day.



Dorthea enjoys playing the piano and entertaining us a lot.



Bill B. & John B. enjoy a game with Annette.



Family Bingo Nite - Ruby and her son, Eric enjoy the game and evening together.



Working a jigsaw puzzle
Arlene, Dan and Staff



Mrs. Castanza, STNA Ryan and Dan
enjoy a game of cards.



Patty is tending to the card party guests.



Becky, Renee and family support
the card party fundraiser.



The Bingo Group in Rehab draws a crowd.



*Join the
Hennis Team!*

Sat. June 23 at 12 p -10 p
Tuscarawas County Fairgrounds
Open to the Community!



Hattie's House
266 Bolivar St. | Bolivar, OH 44612
(330) 874-9999



Pat's Porch
309 E. 17th St. | Dover, OH 44622
(330) 364-8849

Transitional Therapy Houses

Hennis Care Centre



www.henniscarecentre.com

300 Yant Street | Bolivar, Ohio 44612
(330) 874-9999



1720 Cross Street | Dover, Ohio 44622
(330) 364-8849

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