

# THE Priendly Visitor

Dover & Bolivar, Ohio

#### People Who Can Help

#### **DOVER**

Administrator David Hennis
Director/Patient &
Resident Services Anita Peffer
Executive ChefBrian Sarty
Social ServicesMelanie Scheetz
Director of
Therapy Services Holly Meister
Accounting ManagerHarold Baker
Public Relations Paula Hennis-Sickinger
Recreational TherapistLauren Wilson
Activity Professionals Annette Cookson
Kathy Marburger, Patty Dunkle
Music TherapistLaura Smith
Maintenance Director Ken Otto
Receptionist Trish Haynam
Leslie Morris

C STANKAR

Corporate Chef of Dover & Bolivar and Hospice House......Matthew Ridgway

CALL STATES

#### **BOLIVAR**

Executive Director	David Hennis
Administrator	Kim Zontini
Director of Nursing	Nicole Jones
Executive Chef	Casey Hanlon
Laundry/Housekeeping	Sue White
Social Services	Lisa Gintz
Director of	
Therapy ServicesTe	resa Carlson, O.T.
Accounting Manager	Harold Baker
Activity Professionals Logi	nne Sauernheimer
ACTIVITY I TOTESSIONAISJeur	
	Strubel, Rosi Jones
Abby	Strubel, Rosi Jones David Wood
	David Wood

CALLED TO

#### **HOSPICE HOUSE**

Culinary Supervisor	Carla Braun
Dietary Services	
	Matthew Arnold

- The feet of the second

HCC provides out-patient and in-house therapy 7 days a week. HCC is a smoke-free campus inside and outside.

www.henniscarecentre.com

# Be happy.

HENNIS CARE CENTRE

Remember to

Ive, Sve, I augh, & Jearn.

The best day of your life is the one on which you decide your life is your own. No apologies or excuses. No one to lean on, rely on, or blame. The gift of life is yours; it is an

amaZing journey;

and you alone are responsible for the quality of it. - Dan Zadra

Make each day your masterpiece.

John Wooden

One thing we can't recycle is wasted time.
- Unknown

I have always been delighted at the prospect of a new day, a fresh try, one more start,

with perhaps a bit of magnetic waiting

somewhere behind the morning.
- J. B. Priestley

I want to convince you that you must learn to make every act count, since you are going to be here for only a short while.

- Carlos Castaneda

Say yes to life, even though you know it may devour you. - Stephen Larson

Life isn't just for the front page – it's the comics, too. - Jim Althoff

Twenty years from now you will be more disappointed by the things you didn't do than by the one you did do. So throw off the bowlines, sail away from the safe harbor.

Catch the tradewinds in your sails.

Oct | Nov | Dec 2015

Explore. Dream. Discover.

Joy, wonder, rapture, arise

- Leo Busdaglia



### 5 Easy Exercises for Losing Weight at Home

**Squats** - this exercise helps one to build one's buttocks and leg muscles. All you need to do is put your legs at shoulder width in front of a mirror and squat up and down at least 10 to 20 times for at least 2 to 3 sets a day. One should always perform a little bit of warm up exercise before performing the squats and must stop the exercise as soon as you feel pain in the knees.

**Push-ups** - they are actually strength trainings performed to build the strength of one's arms and increase ones RMR. (resting metabolic rate) While performing a push up, 70% of one's body weight should be supported on the arms. 40 pushups in 2 to 3 sets are normal for a person in the first stages.

**Jumping jacks** - this is a very useful workout for the whole body that you can perform at your own home. Beginners can start with 4 to 5 sets of 15 jumping

jacks in a day. This can help to tone each and every muscle of your body.

**Fast walking** - walking itself is a very good aerobic workout. It helps one to burn huge amounts of calories from the body. Fast walking is an even better exercise for burning out fats.

**Stepping** - stairs at home can be used for performing this exercise. However, opting for a specialized stackable step may be a better option. 20 steps for 2 to 3 times can be a very useful for a beginner. It helps to shape your buttocks & legs.

Following these simple exercises at home can yield the same results as the ones that can be achieved at gyms. So if you are falling short of time to go to the gym try these to tone up and get rid of excess weight and fat.

Adapted from www.weightism.org



#### LAUNDRY & HOUSEKEEPING

### **Holiday Hosting Cheat Sheet**

Feeling overwhelmed about entertaining? This guide will save time, money-and your sanity.

## Your Concerns... You procrastinate about planning

Do this one thing: Send out invitations at least a month before the big day. Not only does this give guests time to clear their calendars, but it also creates a realistic deadline for you. Think of it as your ready, set, go!

#### It all feels so overwhelming

First, take a deep breath. Then, spend a half-hour or so working backward from the party date to figure out what needs to be done by when, setting reminders on your phone or calendar. (For instance, if you need to food-shop the weekend before the party, your menu needs to be set before that.) If you think you may need to borrow or rent extra chairs or tables, plan to place those calls two weeks in

advance to have first pick of delivery dates and to ensure items will be available (that goes for Aunt Linda's four folding chairs, too). Breaking projects down to small tasks will make them feel doable.

#### There's no room in the fridge

Clear out the refrigerator, pantry and freezer, tossing unwanted leftovers and expired foods. If you'll need more cold storage, ask a friend or neighbor if you can store makeahead dishes at her place (hint: It helps if she's invited!).

#### You dread cleanup

Remember, what goes up must come down. To minimize work later, keep decorations simple. Opt for holiday greenery that can remain in place all season (think evergreen boughs, wreaths, garlands), or centerpieces that you can send home as favors.

#### Some rooms aren't fit for human eyes!

Unless you'll have a full house of overnight guests, you don't need to clean or declutter your whole home. It's OK to shut the door to rooms that guests shouldn't enter, whether it's the paper-piled office, unfinished basement or your teen's disaster of a bedroom. Relocate a mini-mess temporarily (say, your towering mail stack in the entryway) by putting it in an often-used bin or carryall, such as a laundry basket or a grocery store tote. That way you'll remember to deal with it later.

#### Skip the dishes

For more casual gatherings (or even just for dessert), consider using pretty, ecofriendly disposable plates, napkins, cutlery or drinkware from sustyparty.com.

womansday.com - November 2014

#### **Caregiver Support Group Meetings**

**First Time attendees:** Please contact the HelpLine at 1-800-272-3900 to confirm the date, time and location.

ALLIANCE

Rodman Public Library

215 E. Broadway St

Last Thursday, 2:00 pm

BARBERTON

**Barberton Public Library** 

602 West Park Ave. 1st Wednesday, 6:30 p.m.

**BRUNSWICK** 

**Heimatland Party Center** 

3511 Center rd.

2nd Tuesday, 1:00 p.m.

**CAMBRIDGE** 

**Guernsey County Senior Center** 

1022 Carlisle Ave. 2nd Tuesday, 1:30 p.m.

**CANFIELD** 

**Canfield United Methodist Church** 

27 South Broad St.

4th Thursday, 1:30p.m.

CANTON DAY

Faith United Methodist Church

300 9th St, NW North Canton 3rd Thursday, 1:00 p.m.

**CANTON EVENING** 

Sirak Financial Building

4700 Dressler Rd. NW, Suite 200 4th Tuesday, 6:00p.m.

COSHOCTON

Health Services of Coshocton

230 S. 4th St. Last Thursday, 4 p.m.

CUYAHOGA FALLS

First United Methodist Church

245 Portage Trail 1st Tuesday, 1:00 p.m.

**DOVER** 

Union Hospital ,Reeves Auditorium

659 Boulevard 3rd Tuesday, 7:00 p.m.

FAIRLAWN/AKRON

Fairlawn Lutheran Church

3415 W. Market, Akron 4th Thursday 2:00 p.m.

GREEN

**Green Branch Library** 

4046 Massillon Rd.

Last Monday, 6:30 p.m.

**HOWLAND** 

**Howland United Methodist Church** 

730 Howland-Wilson Rd., NE

2nd Tuesday, 7:00 p.m.

HUBBARD

**Hubbard Senior Center** 

220 W. Liberty St. 1st Thursday, 7:00 p.m.

HUDSON

St. Mary's Catholic Church, Rm 104 340 North Main St. (RT 91) 3rd Thursday 7:00 p.m. MARTINS FERRY

First Presbyterian Church

400 Walnut St. 4th Tuesday, 1:00 p.m.

MASSILLON

**Affinity Medical Center** 

875 Eighth St. NE - 1st Floor, Conference Room 1

2nd Tuesday, 6:00 p.m.

MEDINA

**Human Services Building** 

246 Northland Drive Bring a brown bag lunch!

3rd Wednesday, 12:30 p.m.

MILLERSBURG

North Side Baptist Church

1207 Wooster Rd. 3rd Monday, 6:00 p.m.

 ${\sf MINERVA}$ 

YMCA

687 Lynwood Dr. 1st Thursday, 6:30

NORTH JACKSON

Antonine Sister's Adult Day Center

2675 N. Lipkey Rd. 3rd Monday, 2:00 p.m.

ORRVILLE

Trinity United Methodist Church

1556 Rex Drive 4th Wednesday, 1:00 p.m.

RAVENNA

Robinson Memorial Hospital

6847 N. Chestnut St., Room A

1st Tuesday, 6:30 p.m.

**STEUBENVILLE** 

Eastern Gateway Community College

4000 Sunset Blvd. Room 1506 3rd Thursday, 6:00p.m.

WADSWORTH DAY

Soprema Senior Center and Cafe

617 School Dr. - 1st Thursday, 1:00 p.m.

WARREN

Trumbull Memorial Hospital

Conference Room F

1350 E. Market St. 3rd Wed. 10:00 a.m.

WOOSTFR

Wooster United Methodist Church

243 N. Market St. 3rd Wednesday, 1:00 p.m.

YOUNGSTOWN

Northside Medical Center

Med. Office Bldg A, 500 Gypsy Lane, Classroom A

1st Tuesday, 10:00 a.m.

ZANESVILLE

Trinity United Presbyterian Church

830 Military Rd. - 2nd Tuesday, 6:30 p.m.

Source: Alzheimers Association

## Affirmations for Care Livers

- I am a caregiver.
- I am a loving, caring person.
- I seek balance in my life.
- This is one of the many roles in life I am called upon to fulfill.
- I take time to renew my physical and spiritual strength.
- I positively reflect on today's priorities and make reasonable plans for tomorrow.
- I trust my ability to seek and find the resources – within myself and through others– that enable me to care for my loved one's needs.
- In this moment, I am at peace. I am calm.



- PROTECT YOUR OWN HEALTH
  - While worrying about a loved one's special diet, don't neglect your own.
- RELIEVE STRESS WITH EXERCISE Work daily exercise into your schedule.
- EXPRESS YOUR FEELINGS
  Remember you are bound to feel
  helpless at times. Admit it without
  shame.
- FIND REGULAR TIME TO RELAX While your loved one is sleeping, catch a few winks-a short nap will refresh you.
- TAKE A BREAK WITH A FRIEND

   Avoid isolation. Seek a few hours
   a week for outside socializing.
- ASK FOR HELP Don't wait for a crisis. Identify everyone who may be able to help, and make a list of things they can do for you.

### 5 Ways to Make Some Cash

#### Cash in your gift cards

Resale companies are happy to take them off your hands. You'll get up to 92 percent of the card's value, and you don't have to pay a fee. Check out **cardpool.com** and **plasticjungle.com**.

#### Look through your jewelry box

With gold prices at more than \$1,300 per ounce and silver at \$28, now is a good time to turn rarely worn or broken pieces into cash. Many reputable jewelry stores buy gold, and going to a store near you is safer than using online gold buyers since you don't have to ship your piece to someone before getting paid-or possibly scammed. Call several stores in town to find ones that buy gold. Then go to

a few to see who'll offer the most. Before you make a final decision, check out the store's reputation with the Better Business Bureau.

#### **Babysit**

Put the word out on Facebook, your school listserv and your church website that you're free to watch kids. For a wider reach, sign up with **sittercity.com**. The site connects parents with babysitters in their area. There's no fee to join and you set your own rates.

#### Cook for cash

If people rave about your culinary talent, use it to make money. Let friends and family know via social media that you're willing to make dinner for a tired mom. All she has to

do is pick it up. Build the cost of groceries and storage containers into your fee.

## Clear clutter - and sell it with the tap of an app

Geoli.st, a free iPhone and Android app, lets you instantly upload a photo, description and price of whatever you're selling. The app uses location based technology, so anyone in your area who accesses it will see your item. Think of it as a virtual local classified ad.

For even more ways to make money at home, go to womansday.com/makemoney.

Source - by Angela Ebron, womansday.com - April 2011

#### MUSIC THERAPY

Does it Pay
to use a
Streaming Music
Service?

Millions of music lovers are listening to a seemingly endless catalog of songs through streaming music apps and websites like Spotify. Using these services (available on computers and other smart devices for under \$10 a month) is just like downloading songs from iTunes-except you don't own the music-or listening to a radio station.

#### But will joining save you money?

**Ask yourself:** Do you want to be exposed to new music? If so, these services are worth paying for. There are two basic

options: With a guided experience, you pick an artist or song you like and the site will play a bunch that sound similar. If you choose

Elton John, for example, you might also get music by Billy Joel. This option is available on Pandora, Apple's iTunes Radio and others. For more control over your song selection, you'll likely prefer an on-demand option. With services like Spotify, Xbox Music or Rdio, you can simply enter the song you want and you're tapping your toes in seconds. There's no limit to how many tunes you can listen to. Most of these services also offer a radio-

like option, which builds a station based on your tastes.

## How many new songs do you buy every month?

Premium subscriptions (between \$5 and \$10 a month) allow you to stream some 35 million songs onto your computer, tablet or smartphone whenever you want. It's a small sum to pay for new music round the clock-but make sure you'll really use it. If you only tend to spring for an album when your favorite artist has a new release, or buy fewer than eight song downloads a month (at about \$1.29 each on iTunes), the \$120 annual cost

of the pricier services may be too steep. If you like one of the less expensive services, though, it's a bit of a no-brainer at \$60 per year: Streaming will save you cash.

#### Do you need to own songs?

These days a lot of people are happy renting movies and streaming TV shows, but for many listeners it feels strange not to own the music. Still, a good portion of the subscription models feel similar to ownership. On Spotify and Xbox Music, for instance, you can download favorite tracks to your device so they're available for you to hit "play" even when you don't have Internet or cell service. Once you stop making the monthly payments, however, the songs will disappear from your phone or computer. Craving more permanence? You're better off buying.

#### How full is your music player?

Storage constraints can be a problem for music buyers, especially if you listen on your phone. When you stream, you don't have to save the music to your device, so it keeps space free for those all-important apps, like Candy Crush. The downside: It uses data when there's no wireless, so make sure you have enough.

Source - by Sarah Grossbart, womansday.com -October 2014

## Everyday Ways to Show Your Eyes TLC

- Give 'em a rest. Just place your left palm over your left eye and your right palm over your right eye, without putting pressure on the sockets. Block out all the light and close your eyes for a minute or so. Imagine a pleasant scene and take a deep breath-the mini-break can help you expel stress and relax your eye muscles, too.
- Reduce screen glare. At your desk, dim the lights around your workspace. Glare from overhead lighting can reflect off your screen and contribute to eyestrain. Filter direct sunlight with shades, blinds or curtains, and attach an antiglare screen to your monitor.
- Move your monitor. Position your computer screen as far away from your eyes as possible, allowing you to see without squinting, to help you avoid eyestrain, suggests the American Optometric Association. Also, position the screen at or below eye level so you don't have to look up, which opens your eyes and increases tear evaporation and dry eye symptoms.
- Keep plastic goggles handy. Sure, you know that contact sports with flying objects can put your eyes in danger, but so can hammering a nail in the wall or pouring a dangerous chemical. Protect your peepers by putting on a pair of safety glasses with shatterproof polycarbonate lenses-find them at the hardware store-and shield your eyes from damage.
- Take caution with chemicals. Read and follow label instructions on chemicals and cleaning supplies before using these products. Don't mix dangerous chemicals-they can create gases or even explosions that can damage eyes.
- Focus on the task at hand. If you're working with tools or objects near your eyes, tune out distractions and concentrate on the job.

• Brush mascara on the tips of your lashes only. Getting too close to the root could actually block glands that help form tears-and that can make eyes feel dry and painful.

#### Using a computer?

Look in the distance every 20 minutes to give your eyes a break.

#### **Wear Contact Lenses?**

Follow these do's and don'ts!

#### Do...

- Follow the directions that come with your lenses.
- Wash your hands with a mild soap and dry with a lint-free towel before touching contacts.
- Use the same brand of solution; not all products work with all lenses.
- Rinse and disinfect extended wear contacts each time you remove them.
- Wear UV-protective sunglasses even when you've got contacts on.
- Get regular eye exams to be sure your contacts are doing their job and aren't causing inflammation.

#### Don't...

- Use new eye products without your healthcare provider's permission.
- Use tap water or saliva to "clean" or store them.
- "Stretch" the time between replacing contact lenses; reusing them too much could lead to an eye infection.
- Swim while wearing contact lenses.
- Try on someone else's contacts.
- Use your fingernails, tweezers or any other tool to take your lenses out of their package.

Source - Eye Care Health Monitor Vol 7, No. 1 Summer 2012



## Thanksgiving Day

There's a sound of merry laughter Pealing out from down the lane, And the bells on horses' bridles Make a happy noise again.

The turkey's in the oven,
Roasting to a golden brown;
The table's fixed so ten or twelve
Or more can sit around.

The pumpkin and the mincemeat pies
Cool temptingly nearby;
The house smells spicy and fragrant-sweet
From flaky, fresh-baked pie.

The noise is growing louder,
There's loud stomping now of feet!
The door swings wide and voices shout,
''Hi, folks! We're starved!
When do we eat?"

Silence fills the dear old house, Each member bows his head As Father thanks the Lord above For such a bounteous spread.

Then the sound of merry laughter
Fills the house with joy and play
Oh, it's grand to be with those you love
And share Thanksgiving Day.

MRS. PAUL E. KING

#### DINING SERVICES

#### TASTES-LIKE-LASAGNA SOUP

Makes 6 to 8 servings | Prep: 20 min | Cook: 40 min

1-1/2 lbs ground chuck

1 onion, chopped

1 green bell pepper, chopped

3 cloves garlic, minced

1 (32 oz) carton beef broth

2 (14.5 oz) cans petite diced tomatoes

1 (15 oz) can tomato sauce

2 tsp dried oregano

2 tsp dried basil

1/2 tsp garlic salt

1/2 tsp crushed red pepper

2 bay leaves

2 cups piccolini bow tie pasta 1/2 cup heavy whipping cream

Ricotta-Parmesan Topping

(recipe to the right)

- In a large Dutch oven, combine ground chuck, onion, bell pepper, and garlic; cook over medium-high heat for 8-10 minutes, stirring occasionally., until beef is browned adn crumbles. Drain well.
- Stir in broth and next 7 ingredients. Bring to a boil over medium-high heat; reduce heat, and simmer for 15



minutes. Add pasta, and simmer until tender. Stir in cream. Top servings with Ricotta-Parmesan Topping

#### **RICOTTA-PARMESAN TOPPING**

Makes about 2 cups | Prep: 10 min

1 cup ricotta cheese

1 cup grated Parmesan cheese

3 TBS sour cream

2 TBS chopped fresh parsley

In a medium bowl, stir together all ingredients.
 Store covered in refrigerator for up to 3 days.

#### MAINTENANCE

Garden To Do List

#### PLANT TREES, SHRUBS

Cool, moist fall weather is a great time to add trees and shrubs to your landscape. Planted now, roots will become established before the ground freezes and be ready to burst into active growth next spring. After planting, add several inches of mulch around (but not touching) the trunk to help preserve soil moisture.

#### SAVE SEEDS

Fall is the best time to save seeds from flowers and vegetables. The best plants for seed-saving are heirlooms and open pollinated types. (Don't save seeds of hybrids-they won't produce plants that resemble the parents.) Harvest seeds after they mature and dry on the plant. Store in airtight containers in a dark, cool location. Go to BHG.com/ SaveSeeds for more tips.

#### WATCH FOR WEEDS

Check daily for weeds. It's important to pull any strays now before they set seed. Just one weed can spread hundreds of seeds that, if left to sprout next spring, will take over your garden.

#### STOP FEEDING

Put trees, shrubs, and roses on a diet. This year's growth needs several weeks to naturally harden off before cold weather hits. Fall fertilizing

will promote new, tender shoots that might die back in winter.

#### **ADD ANNUALS**

In warm, frost-free regions near the Gulf, September is a good time to refresh tired flowerbeds with warm season annuals, such as celosia, zinnia, ageratum, angelonia, pentas, and begonia. In cool, moist, frost-free areas like Northern California, plant sweet alyssum, calendula, pansy, snapdragon, stock, and primula.



#### **GARDEN TIP**

After a light frost blackens the foliage of tender summer bulbs-such as canna, dahlia, calla, gladiolus, caladium, and tuberous begonia-dig them up and store in a cool, dark, dry location. The process is similar for all summer bulbs. Watch a video on how to store cannas: BHG. com/StoreCannas

Source - Better Homes & Gardens - September 2014 - bhg.com

#### **BOLIVAR ACTIVITIES**



A happy "crew" on the "Atwood Queen" pontoon cruise!



The lucky 50-50 winner shows off her winnings.



This card party player was very happy with her "Grand Prize."



Ron's brother was his guest for the Men's Luncheon.



Jeanne shares time with Wayne and Bob at the Men's Luncheon.



Rod and Linda were all smiles while waiting for the delicious food that was served at the Luncheon.



Wanda and daughter, Bonnie smiled pretty for us.



Betty and daughter at the Ladies Luncheon.



Hostesses Lisa and Sandi pose with Jean and Donna during the summer luncheon.



Jackie and STNA Lauren waiting on the food.



Julia's daughter-in-law, Sue joined her for the summer luncheon.



STNA Lauren sneaked in between Nina and Sally for a picture.

#### **BOLIVAR REHAB**



Rosemary and her husband, David, enjoy spendIng time together.

The change of seasons is why we love Ohio. We had a "Sensational Summer", a "Fantastic Fall" and are looking forward to a "Wonderful White Winter." One of the highlights this summer was the Atwood Pontoon Cruise. We adventured on shark free waters.

In August, our Ladies' and Men's Luncheon was held. We had great company and a delicious meal. The Tiramisu was out of this world. The meal was served with promptness, kindness, and smiles.

In September, Grandparent's Day Wiener Roast provided a day of fun, food, and family. We roasted hot dogs. Our buffet table was filled with casseroles and desserts to be shared. Our choir performed its Labor Day performance. The themes of the songs were 'working.' The audience enjoyed many songs including "I've Been Working on the Railroad." Jon King added to the excitement with another outstanding performance.

Our Chef's Creation continues to add spice to the month. This event has become a big hit. It may be smoothies in the courtyard, cupcakes on the front porch or cobbler in the hallway. But, it is always unique. Thank you to Chef Casey and Carol for their creativity and compassion. The room service they provide is phenomenal.

Our entertainers for the months were Somewhere in Time, Jon King, Andi's Piano Students, Fran Zupp, Max Grossenbacher, Tim Turkal, Jay Crest, Chuck and the Puppeteers and Gene Weygandt. We love to "Boogie Down". Marjorie, Bobby, and Jeanne move to the beat every chance they get. 'Let's Sing' has everyone engaged. It is better than the any Karaoke contest. Our requests included Johnny Cash, Patsy Kline, Frank Sinatra and The Gaither Brothers. It was our patriotic songs that had the windows shaking.

Our church service continues to provide 'Spiritual Support' and Gospel music. We would like to welcome Lisa from the Church of the Open Door and her Praise and Worship service. Prayers, communion and songs have brought us a special joy. Our Get Fit sessions are now three times a week. This is a great way to work out. This includes a variety of movements. We wax on and wax off, lead the train down the tracks, and walk across America to name a few. Our ball toss brings lots of laughter. We then exercise our brains with trivia. Chair Tai Chi has recently been added.

Our annual fall card parties will be held on Wednesday, September 30 at Hattie's House from 7:00pm-9:00pm and at the main building on Wednesday, October 21 from 7:00pm-10:00pm. You are invited to join us for this fun-filled evening of laughs, food and prizes. You receive one door-prize ticket when you donate \$6.00 and another with each bag of soft, individually wrapped candy you donate. This candy is passed out by the residents at our annual "Trick-or Treat" night held here at our facility. This event will be held on Thursday, October 29th at 7:00pm for staff and their families. We will hold our resident's Halloween Party on Friday, October 30th at 1:30pm. Performing in October will be; Jim Williams on Thursday, October 1st at 7:00pm; "Somewhere in Time" on Thursday, October 8th at 7:00pm; Jon King on Friday, October 9th, 14th, and

23rd at 7:00pm; Tim Turkal on Monday, October 12th at 7:00pm; Gene Weygandt on Tuesday, October 13th at 2:30; Jay Crest on Tuesday, October 20th and Max Grossenbacher on Tuesday, October 27th at 2:00pm.

In November, we will be saluting our Veterans on Wednesday, the 11th at 2:00pm. Our staff will host a Thanksgiving Buffet, Thursday, the 19th at 11:30am. This is an opportunity for our staff to bring a dish to share and join our residents for a Thanksgiving Feast. Our entertainment returns in November with: Jim Williams on Tuesday, November 10th at 7:00pm, Jon King on Friday, November 6th, Thursday, November 19th and Friday, November 27th at 7:00pm; Gene Weygandt on Tuesday, November 10th at 2:30pm; Jay Crest Tuesday, November 17th at 1:30pm; "Somewhere In Time" on Wednesday, November 18th at 7:00pm; Fran Zupp on Monday, November 23rd at 7:00pm and Max Grossenbacher on Tuesday, November 24th at 2:00pm. A shopping trip to New Towne Mall is being planned. If you would like more information about our shopping trip talk to Rosi or Jeanne. We would love to have you join us.

December is right around the corner. We are planning our Christmas dinner Wednesday, December 9th. Santa has not let us know when he will be stopping by but... You better be Good! Our entertainers during the month of December include: Jim William on Thurday, Dec 3rd at 7:00pm; Jon King on Friday, December 4, Tuesday, December 15th and Saturday, December 26th at 7:00pm; Tim Turkal on Monday, December 7th at 7:00pm; Somewhere In Time on Thursday, December 14th T 7:00PM; and Max Grossenbacher on Tuesday, December 29th at 2:00pm.

Our New Year's Eve party will be a Party Time, Thursday, December 31st at 1:30pm we will get together. There will be hats, noise and a balloon drop at 2:00pm. Everyone is welcome to take part in the year end celebration.

If you have any questions concerning upcoming events let us know.

Live Each Day to its Fullest, The Rehab Team

#### **BOLIVAR REHAB**



The crowd at "Let's Sing" Are Proud to Be Americans!



Donna has laughs playing Bingo with her brother and sister.



Tracy has Grandma Donna dancing to Jon King's music..



Jeanne comforts Mae after she thought she saw a ghost.



Julie congratulates Rosemary after her big 'Card Bingo' win.



Dorothy is not smoking a cigar. She is playing the 'kazoo' given to her by her daughter, Carol.



Dale and Jeanne with their supportive family. Doris Stevens and her husband enjoy "Chef's Creation.'



Bobby gets another hug from his mom , Juanita.



Wayne demonstrates that "Chef's Creation" is finger licking good.



Rosemay and her husband, David enjoy the great day topped off with the 'Chef's Creation.'



Chef Casey's Creation puts smiles on the faces of the Feucht family and Nina.



Jay and Doris enjoy watching the geraniums in the court yard grow.

#### BOLIVAR HOMESTEAD

Family and Friends,

Fall is upon us. We have many residents and staff that are excited for various reason. Some staff are excited for the bonfires, hoodies, and the cooler temperatures. We have some residents that are excited for football, the leaves changing, and the holiday seasons that are near. This time of the year means one of the most fun days on the Homestead Unit is getting closer......Trick or Treat night for the staff's children. This event will take place on October 29th from 7pm-8:30pm. The residents Halloween Party will be on October 30th at 1:30. Mark your calendars for these events of fun. The residents love to see all the little ones dressed up as goblins, witches, rock stars, and monsters. If you would like to join in the fun put your favorite costume on and bring in one for your loved one to wear, too.

We had many participate in the Grandparent's Day Wiener Roast that was held on Sept 12th. Families brought in their favorite covered dishes and we roasted hot dogs here at the facility. Those who came enjoyed fun, food, and family. The Hennis Care Centre Bolivar Choir entertained us with their performance. Jon King is a favorite because of his awesome energy that he provides when he is on stage.

The Alzheimer's Walk was held on September 19th at Jim's Place in New Philadelphia and we would like to thank everyone who was able to participate in this ceremony and walk. We have held many fundraisers to collect money to donate to this great cause and hope that one day they find a cure for this disease that effects so many.

To ensure families get to spend the day with their loved ones on the special occasions here at Hennis Care Centre of Bolivar, mark your calendars for these dates: November 11 at 2 pm for the Salute to our Veterans. November 19th we will have our Thanksgiving Buffet at 11:30 pm. Please bring in your favorite covered dish that you would like to share with all the family and residents. We will have the Homestead Christmas Dinner on December 10th at 6 pm. Santa will visit the Homestead Unit in December, but he has not decided what date that will be.....we will keep everyone posted on this date and time. Come join in the New Year celebration on December 31st at 1:30 pm.

We are looking forward to the holiday season and all the festivities that are planned for these months. If you have any family traditions that you would like us to do on the unit for and with the residents, let us know. We love to have volunteers come in and bake with the residents and do crafts. If you have fond memories of trimming a tree at Christmas time, we can get the tree, the decorations and you can make an evening of memories here on the Homestead.

ENJOY!!!!!

Live, Laugh, Love Homestead Unit



Patty Eichelberger and Beth show their pretty smiles.

## Please enjoy the fall pumpkin dip that we made with the residents on the Homestead.

15 oz can of pumpkin

5 oz box of instant vanilla pudding (just the powder, do not make the pudding)

16 oz container of cool whip

1/2 tsp pumpkin pie spice

1/2 tsp cinnamon

#### Directions:

Mix pumpkin, dry pudding mix, cool whip, and pumpkin pie spice together in a very large bowl using a spoon.

Chill for several hours before serving. You can carve a small pumpkin out and serve the dip in the pumpkin.

Sprinkle with cinnamon and serve with fresh apple slices, vanilla wafers, and ginger snaps.

#### BOLIVAR HOMESTEAD



Clara Foster and STNA Charlie



Patty Eichelberger and Beth show their pretty smiles.



Dawn and her great-grandson.



Beth Wade and Ed Christman



Jane Andrews enjoys listening to her personal playlist!



Thelma Beatty & Patty Eichelberger enjoying their personal playlists on their i-pods.



Gale Stephanic & son at the Men's Summer Luncheon.



Zach and Clara



#### BOLIVAR GARDENS

Hello all! Seems like we are quickly heading into Autumn!

We celebrated Labor Day starting on the Friday before with a "fun-dress" fundraiser with staff & residents wearing red, white & blue or Patriotic printed shirts. This benefitted the American Cancer Society and The Alzheimer's Association. Thanks to all the staff that participated & contributed to these causes!

We held our annual Grandparent's Day wiener roast with residents and their family members; everyone enjoyed the conversation and good food! Thanks to everyone that came for the evening and for bringing in a good variety of food to share with all! A big thank you goes out to Jon king for the entertainment he provided for us.

Our annual fall card parties will be held at Hattie's House on the 30th of September from 7:00pm-9:00pm; and at the main building on the 21st of October from 7:00pm-10:00pm with lots of fun, food & door-prizes. We will be accepting donations of candy to use for the residents to pass out during the staff "Trick-or-Treat" night. Performers during October will include Jim Williams on the 1st at 7:00pm; "Somewhere In Time" on the 8th at 7:00pm; Jon King on the 9th, 14th & the 23rd at 7:00pm; Tim Turkal on the 12th at 7:00 pm; Gene Weygandt will be here on the 13th at 2:30pm; and Max Grossenbacher on the 27th at 2:00pm. The "Trick-or-Treat" appreciation for staff & their families will be held on the 29th at 7:00pm. The Halloween party for the residents will be held on the 30th at 1:30pm; with staff and residents dressing up in costumes of their choice!

October and November will hopefully only bring us beautiful fall colors on the trees and NO snow! Jim Williams will be back on the 5th; Jon King on the 6th, 19th, & 27th; Gene Weygandt on the 10th at 2:30; "Somewhere In Time" on the 18th at 7:00pm; Fran Zupp on the 7:00pm; & Max Grossenbacher on the 24th at 2:00pm. Our annual Thanksgiving Buffet, hosted by the staff, will be held on the 19th during the resident's regular lunch time. For this buffet, all of the day shift staff that wants to participate, bring in their favorite Thanksgiving side dish or dessert to share



Midge played the maracas during Mexican Day.



Sally with her favorite thing....a flower!



Christine was very happy with her Bingo prize.



Jackie loved the red, white & blue yarn that was given to her.

with residents and staff. We always have so many different, delicious dishes to try! I am not sure of anyone else, but I do not eat any dinner on this evening! We wish you the best Thanksgiving Day ever!

Our entertainers during the month of December (Yes, I did write December!) will be; Jon King on the 4th, 15th, & 26st at 7:00pm; Tim Turkal on the 7th at 7:00pm; "Somewhere In Time" on the 17th at 7:00pm; and Max Grosssenbacher on the 29th at 2:00pm. We also are planning the special Christmas Dinners for the residents and their families! The dinners will be held on the 7th at Hattie's House, on the 8th for the Garden's residents, on the 9th for the Rehab residents and on the 10th for the Homestead residents; the invitations and more info will be sent out to you during the month of November; so keep an eye out! "Santa" hasn't returned my

call yet to set up a day and time for his visitation; so I will be sending out letters about this event also. I pray that you have a wonderful Christmas with all of your loved ones.

We will be closing out our year with a New Year's Eve party during the afternoon of the 31st at 1:30 pm with a balloon drop at the stroke of 2:00pm with the residents; everyone is invited! We usually have lots of fun, noise, hats/tiaras and laughs.

If you have any questions or need more information on any of our upcoming events, please don't hesitate to call.

Until we see you again; take care and God bless!

The Gardeners

#### **BOLIVAR GARDENS**



Ruth entertained us with a "Hula" move.



Christine used some very tiny cymbals!



Harry & daughter, enjoyed the men's luncheon together.



Howdy and his guest at the men's summer luncheon.



Julia and her Bingo prize: a pink poodle pillow.



Wanda and her daughter enjoy visiting in the courtyard.





Nina shows Bingo prizes that volunteer Terri just gave her

Pals, Shirley & Christine, visit with Shirley's daughter.

#### HATTIE'S HOUSE

The garden is turning in his last bit of gifts, and the outdoor delights march in a known forth fashion with handsomeness and grace, from flip flops and swimming trunks to turtle necks and boots, the ending is a beginning as it opens the book for another chapter. The air is chattering change, and soon the amber shades of fall will tail spin, and tree tops will bare stitched threads, and fireplaces will sooth the soul. Our team here at Hattie's House embraces the bounties of the season and opens our arms to the beginning of new. Our executive chefs grasp the seasons and paint the canvas of color with nature's pleasures and personality. Hattie's House is becoming a known favorite for one-on-one physical, occupational and speech therapy. First, we warm your muscles, then your tummy and your soul.

On September 12th, we had favorite covered dishes brought by several staff members and Guest's families and Hattie's provided the dogs and fixings to celebrate Grandparents. Executive Chef Nathan Mushrush provided dinner for the benefit card party on Sept 30th. Buffet style service with a laughter and chatter warmed the evening air and set the tone for much focused card play and strategies that followed.

The fest of all fests are the ones with the feasts, and when the feast is the fest those are the best. Say that ten times! Executive Chef James Rhiel will be sharing his talents along with other great staff to welcome you to the annual Oktoberfest. Join our enthusiastic crew for apple bobbing, fresh funnel cakes, and caramel apples along with other great fall delights on the 4th of October at 2pm until 4pm. Families are encouraged to come and join in the celebration of the turning of the year and end the growing season with a bang, and have good old fashioned root beers. Picture this..... Sunny fall day, kraut and sausages purge the air, warm cider-spiked glasses dance in the hands, children's laughter carries as the face painting brush tickles their cheek.... On the 30th our Guests will be celebrating Halloween at 1:30pm. Never a reason to be scared here at Hattie's House for our nurses carry great



Anna is taking great "steps."

skills and kind hearts to ensure all needs are met above all standards, not to mention our highly energetic STNAs that get your mornings moving.

On November 11th join us in saluting our Veterans. On Thanksgiving Day, we will be having a feast of all the traditional foods including turkey, mashed potatoes and gravy, dressing, corn and pumpkin pie. No one will be leaving the table hungry.

In December, we will be enjoying a cheerful special Christmas dinner on the 7th. Come enjoy the beautiful holiday décor and warm friendly atmosphere. Watch for invitations in the mail!

At Hattie's House our goal isn't to simply go through the motions, but to assess and fulfill all needs. Our culinary team strives to ensure dietary needs with focus on flavorful colorful dishes. Daily homemade desserts and soups hold shoulder to no other, the grill is hot and the bread is toasted. Our award winning chefs tailor the needs and likes and promote healthy eating. An open door policy is never needed here at Hattie's House because the kitchen has no door. The bar style seating offers an alternative to the formal dining room or the outdoor patio. When Chef Nathan was asked what was his favorite part of his job was....." It's simple, I love the fact that I can speak and learn from others. We share quite a time here, matter of fact it's a pretty intimate time of their lives and they allow me to be a part of it. We laugh, joke, tell stories, talk about hobbies, and every now and then we may cry, but it is the most heartfelt position I ever held, and by far the most rewarding. If you asked what I would be doing after graduating from the CIA (Culinary Institute of America) I surely didn't see this as my option, but it sure feels right."

The holidays are approaching fast and no one ever has the time to do all they need to do. Here at Hattie's House our family of staff welcomes you into our home for all your transitional needs. Whether a planned surgery or a misguided step places you in a moment of need, the doors here are always open, and let us welcome you into our family. From Thanksgiving dinner, Christmas Eve shrimp cocktail, and New Year's eve party we are a home away from home with the focus of getting you home. From our family here at Hattie's House we simply want you to know we can make the best of the situation if you find yourself in need of our skills.

> Wishes of Health and Happiness, Your Hattie's House Team

#### HATTIE'S HOUSE







Kelly gives Patty a well deserved hug.



George has a great lunch prepared by James.



Denise motivates Barbara.



Barbara stops to "smell the flowers."



Stephanie is helping Carol get to dinner.



### WINHERS

Thanks to all who participated in these fun events and fundraisers!

#### **50/50 WINNERS**

Donna Fox Susie Guthrie Terry Huff Sally McRobie

#### STAFF WINNERS/ RECIPIENTS

- 200 Tusc. County Fair tickets given to staff of Dover & Bolivar
- Numerous professional massages granted to staff for several days

### CLOSE PARKING SPACE USEAGE

Bonnie Beorn - Oct. 2015 Lynn Sparks - May 2016 Tammy Fouts - June 2016 Sue Stein - July 2016

\*\*\*

#### More Upcoming Raffles

## You could be a winner!

#### See our display signs.

See the receptionist for tickets for your chance to win!

We appreciate your support with selling and buying for these worthwhile causes!

## Mark your Calendar

#### DATES TO REMEMBER

SOUP SALE FUNDRAISER Bolivar | Jan 13 | 10:30a – 2:30p Dover | Jan 15 | 10a – 1:30p

- Pre-orders available-see receptionist - Local delivery available with pre-ordering
- Walk-ins welcome
- · Carry-out available

CHOCOLATE LOVE AFFAIR
HCC participating at Buckeye
Career Center – (TBA)

SPECIAL VALENTINE'S DAY DINNERS

Dover Rehab | Feb 1 | 6p Homestead | Feb 2 | 6p Gardens | Feb 3 | 6p Pat's Porch | Feb 4 | 6p Bolivar Hattie's House | Feb 8 | 6p Gardens | Feb 9 | 6p

Gardens | Feb 9 | 6p Rehab | Feb 10 | 6p Homestead | Feb 11 | 6p

CANDY GRAMS SALES Fundraising Sales start Feb 8 See Receptionist CHILI COOK-OFF AND SALE FUNDRAISER Feb 26 | Dover

Morning Prep | Afternoon Judging

ENCORE IN-HOUSE CLOTHING SALE Dover | March 11 | 10a – 1p

BENEFIT FUNDRAISER CARD PARTIES

Dover Main Facility
March 10 | 7p–10p | \$6

Bolivar Hattie's House March 2 | 7p–9p | \$6

Bolivar Main Facility
March 30 | 7p–10p | \$6

POTATO LUNCH BAR FUNDRAISER Dover | March 17 | 10a – 1p Bolivar | APRIL 6 | 10:30a – 2:30p

ST. PATRICK'S DAY PARTY March 17 | Dover | 1:30 Piano Music by Max G. | 2p CUPCAKE BAKE SALE FUNDRAISER FOR EPILEPSY AWARENESS Dover | March 25 | 10a

EASTER BUNNY
BREAKFAST & EGG HUNT
March 26 | Bolivar
For Dover and Bolivar staff's
children/grandchildren
9a breakfast | 10:30 hunt

WALKING TACO LUNCH FUNDRAISER SALE Dover | April 1 | 10a-1:30p

VOLUNTEER APPRECIATION DAY
Breakfast | Pat's Porch | Dover
April 16 | 9a
Bolivar | April 22 | 6p

Watch for seasonal excursions and see if can assist your resident. See the activity staff.

\* Watch the calendars/signs for many planned and unannounced activities, visitors, and entertainers.

#### THANK YOU!

A Thank You...

Dear Mr. Hennis,

I would like to offer my sincerest gratitude in your contribution towards my education through the Harry & Patricia Hennis Scholarship. By selecting me to receive this award, you have enabled me to complete my fall of 2015 semester without



acquiring any debt. I will be earning a Bachelor's of Science in dietetics in the spring of 2016 and will go on to

become a registered dietician following completion of my dietetics internship. It has been a goal a long time in the making and your assistance is appreciated more than you'll ever know.

Thank you so very much, Laura Brubaker A Special Thank You to...

Patti Kaser, the daughter of Patricia Espenschied, donated many home-crafted, colorful, beaded bracelets for sale to benefit the Alzheimer's Association and American Cancer Society. We appreciate your generosity and gift to help others!

The week of July 20, Baker's Florist delivered 12 smiley face floral arrangements to share with the residents. Thank you for your kind deed to share happiness with others!



#### HCC CO. STAFF PICNIC - TUSCORA PARK 2015







Everyone enjoyed catering by Lee's Famous Chicken, fun friendship, feeding the ducks, batting cages, swimming, mini golf, riding rides, strolling the park and prizes!









#### DOVER REHAB

Probably the wettest spring and summer in recent history was recorded in Tuscarawas County this summer of 2015! Many outdoor concerts were cancelled because of being rained out, as well as a couple Farmers Markets at the Fairgrounds. But the ones we attended were great! We look forward to the future concerts all season long between Dover and New Phila. Normally, we have our own in-house weekly entertainers sing outdoors under the Gazebo all the way into the late fall and we had a great time in the fresh air and with good music.

A few changes have occurred recently here at Hennis. We would like to welcome Chef Matthew Ridgway who is now our Corporate Chef of all the Dover and Bolivar facilities as well as the dietary services at the Hospice House. Also, we welcome Chef Scott Fetty to our culinary team at the Dover Facility. Carla Braun will be joining Chef Dennis Borter and Matthew Arnold at the Hospice House as a supervisor. So good luck to all of you-remember I like Dark Chocolate! And, I like Chef Matthews' Lobster Mac and Cheese. Chef Brian's Prime Beef, Chef Jacque's lemon cream pie, Chef Scott's Spanish Rice, and Carla your Barbeque Ribs are awesome, Dennis's Taco Salads Superb--and did I say I like Dark Chocolate! Now, you are probably wondering if any of these fine Chefs will provide me with any of the above dishes, or perhaps the Dark Chocolate---well, I can only hope! Bert Lowery recently retired from laundry after 21 years with us; good luck Bert, we will miss you. Georgene Roman, our rehab ward clerk, has also retired. We know what she wants to do--golf--all year long, if she could. Good for you Georgene. Well deserved by both!

We had a very nice surprise from Bakers Florist one beautiful sunny afternoon: they brought several large yellow smiley mugs, filled with beautiful yellow and white daisies, to hand out to a dozen lucky (randomly drawn) residents. This was for Let's Make You Smile Week! How very generous of them to think of us!

We really appreciate Trish and Leslie, our receptionists, and all they do best! They are so helpful, and have the nicest voices. Little do you realize that these two gems are the Jacks of all Trades-and Master of ALL!! Not only do they answer phones, but they are mailers, schedulers, bookkeepers, programmers, cashiers, photographers, mail sorters, composers

of letters and documents, problem solvers (especially for me), and the best listeners ever, for both residents and guests. We love you and thank you Trish and Leslie!

Autumn leaves and country travels are in store for some of our fall outings. Movies and popcorn have been enjoyed for several months as well. Everything is better in our new bus---we love it. Pam Beaber and Kathy Marburger love being the bus drivers and they are so good at it. They always take the scenic routes wherever we go. Of course, I have to ride in the seat right behind the driver so I can help her drive; YES, I am one of those backseat drivers. I wonder if that is the reason she puts her purse in that seat right away before I get in---hmmmm. Or, maybe it's that ole Paty Dunkle that's doing it instead! Yes, we certainly do have fun together!

New Pointe Community Church did their yearly visits in the community recently, and volunteered their services here at Hennis Care Centre. Several helpers washed windows, mulched, planted flowers, and even brought cut flowers for each of the dining room tables. They are certainly treasures in our community!! Everyone enjoyed their yearly visits, and are looking forward to next year.

While I was away on vacation this summer, I was lucky enough to have three great helpers do my groups for me: Emily Morris, Jordon Ossler, and Caitlyn Moon. So, if you were lucky enough to have them for your activity, you were indeed lucky. They traded off on certain days so everyone had an opportunity to enjoy their energy. Exercise group was one of their favorites to do. Actually, they fought over who got to do this group! Haha, maybe I can get them back for Christmas break and next summer vacation. I'm sure they are practicing what routines to do for the next time I need them! We appreciate their help!

Card parties in October are my favorites; it has been tradition to bring bags of individually wrapped soft candy so you can get an extra door prize--thank you sooooo much! Our trick or treaters certainly appreciate it. Mark your calendar for the benefit card party for October 14, 6:00 pm - 9:00 pm, Dover Rehab Lounge, and \$6 donation gets you great refreshments, fun, and prizes!

November brings the beginning of the holiday season. Hennis changed tradition



Bella, a Cavalier King Charles Spaniel visits Evelyn H.

somewhat for this year's Santa Breakfast for staff's children. Normally we have it the second Saturday in December, however to allow more time for families to enjoy this busy season, we decided to move it to November 21 at 9:00 am. We will also be decorating our Christmas trees a little earlier for longer enjoyment. But, before all that, remember the staff-hosted Thanksgiving Buffet on November 19 with many covered dishes and desserts enjoyed by everyone! The following week we will partake in our delicious turkey dinner by Chef Scott and The Culinary Team!

Sarah Fouts will play her beautiful harp for all three Special Christmas Dinners this year. She is enjoying her retirement from Claymont School District as their Music Director. However, retire is really not in her vocabulary, you can see and hear Sarah at our beautiful Kent State Performing Arts Center, playing either piano or harp before many shows. It is always so good to see and hear her perform. Many visitors and groups will join us for the holiday to share their cheer. Of course, Santa will return in December, too, on the 22 to visit and deliver gifts to the residents.

Next year is almost here---and with the New Year there will be a few changes in Activities, and all are good changes, so more will be revealed shortly. Stay tuned!!! What will your new year offer? Start thinking of resolutions and happy thoughts!

Till next time, Mike

#### DOVER REHAB



Car Show - Harold of Accounting drives in his Z28 Camero from the 90's.



Bob R. admires the "little red coupe" at the car show.



Leslie and Vickie share holding the baby daughter of new mom, Erin G. of Accounting.



D.R. Host, Sam, gives an impressive piano performance before returning to college.

Thank you!



Mike and Jane playing a portable game called "Shut the Box" while on the front porch.

## A note from Mike...

As many of you may know by now that I had decreased my work days to three days a week as I transitioned to retirement at the end of September.

I would like to share these sentiments...

My dear Hennis family, staff, residents, families, volunteers, and friends:

I just want to thank all of you for being a part of my life these last fifteen+ years. It has been a great experience, and I will miss all of you tremendously!

Many of you were with me from the start, many of you joined me later, but all of you mentored me on this wonderful path. We have had multiple good times and GREAT times, and very few difficult times, but overall, a wonderful gift!

There are so many memories that are going with me and that I will re-live from now on. I will miss hearing about you and your families – but, there is Facebook -the magic link of the century!

Thank you Paula and David for giving me this incredible opportunity to expand my horizons, and to learn and grow. I will never forget your kindness.

Love you all. And, ladies – don't forget your lipstick!

Sincerely, Mike Scholles



## Seeking Persons Interested in Helping with Crafts, Games and Pet Visits.

(once a week or more - day/evening)

Volunteers at Hennis Care Centre do much more than just game playing, crafts, and baking. They make our residents and your loved ones feel special and involved. There are over 20 different ways you can volunteer your time to those at Hennis. If you'd like to be a part of our rewarding volunteer program, visit henniscarecentre.com or ask for the Public Relations Activities Department.

#### DOVER GARDENS

'Twas the season for summer celebrations! June offered Father's Day to be celebrated and a car show seemed apropos for the guys (and gals). Spikeman, the DJ, was the host for this fabulous car show and cruisein, and he played fun oldies but goodies for groovin'. 35+ makes and models from several decades were represented from the 40s, 60s, 90s, to current day - Corvette, Malibu, Chevy, Ford, even a new Lincoln pick up truck with electric open and close bed cover! How cool was it to have our residents Emma Jean Sheetz have her own 1969 gold Camaro present and Mary Klingler's blue convertible Mustang from the 80s participating! Thanks to their sons and family for bringing their cars, making them even more proud! And, what fun to take a spin in their "babies"! Mary K. rode out in her car with her son chauffeuring with the top up and returned with the top down and giving us a big smile and a parade wave! The fellows checked out the engines, many looked in to the interiors, some oohhhed and awed over the conditions and paint jobs, and everyone reminisced. Some danced and swayed to the tunes that were playing as they strolled through the show. Snack food at the HCC concession stand included items from that era such as hot dogs, hot pretzels, popcorn, and soda pop (but no one on roller skates!). Everyone had a super time! We give special thanks to the community members, staff, Spikeman, and families for all their participation to make this possible. The next day we celebrated and honored the dads with family and friends with a hearty brunch with fresh colorful flowers on the tables, offering a French toast casserole, western scrambled eggs, hash browns, fresh fruit, and juice and coffee to start the day. Surprise prizes were randomly presented, and they included a train book to the Schlossers, Indians tickets to Mr. Spinell's son, and a third gift to another lucky winner.

'Twas the season for summer breaks for the school kids and some of them joined us here for the day for a variety of fun. Braelyn and Gatlin Fish, children of Sharla of Culinary Services, came with her a few times, along with Faith, Alison, Parker, and Adi, children of other staff, who participated with activities with games, decorating, puzzles, crafts, and visiting. It certainly adds vibrancy to the day! Older teens, Emily Morris and Caitlyn Moon joined us to conduct morning exercise groups (during Mike's vacation), and they were enjoyable to work with. We were also impressed with their initiative! Our summer VBS for the staff's children and grandchildren brings about a nice participation and a range of ages for a wonderful intergenerational learning and fun through teaching, singing, crafting, and service. We thank the youngsters for cleaning off our garden that then became home to striking purple and yellow mums we can see outside of our rooms, while strolling the sidewalks, or from the back patio. Thanks Patty and Lauren for conducting this wonderful VBS with the residents and youth!

"Twas the season for boating! June 24 we embarked on an excursion to Atwood Lake and boarded the Atwood Queen Cruise Boat for lunch and a lovely ride! The weatherman said it was going to be a picture perfect day, and it proved to be just that! Ideal temperatures, sun, low humidity, light breeze, blue skies...It was fun to see the residents sporting their sun hats in red, tan, and white like Jeannette, Fritz, and Bev, and their crisp summer attire! The aroma of Angus beef burgers and mini hotdogs grilling, fresh cut mixed fruit, and home-made potato salad by Chef Matthew Ridgway increased our appetites even more. The pontoon ride was comfortable and beautiful, fun and informative as the Captain was a good tour guide pointing out the different parts of the lake and land marks. This adventure was thoroughly enjoyed by residents, family members, volunteers, and staff. Thanks to the Activity team and extra helpers Sammy Sickinger and Alec Hall! Great team work was demonstrated in many ways as w.c. wheels were removed and reassembled to fit through the boat gate so all could board the vessel, cook and waitress.

Share friendship and comfort during the ride, and so much more! Throughout the summer, Billie N. even joined her family a few times at their Atwood campsite and enjoyed boating, visiting, camp fires, and sitting on the deck taking in the sights and sounds of nature. Do you know there is another Chef Dinner Boat Cruise on the Atwood Queen planned this Sept. as a fundraiser for the Am. Cancer Society and



Janette enjoys a visit by Bella, the Cavalier King Charles Spaniel.



JoAnn admires the petunias and geraniums and helps tending them.



Happy Birthday, Anna!

Alzheimer's Association?

'Twas the season for picnics, luncheons, and fruit festivals. Some of the residents requested KFC, so to accommodate; we hosted two outdoor picnics complete with live music, KFC chicken, the fixings, pot pies, and the Famous Bowl, and dessert. Yes, it was finger licking good! The front veranda

#### DOVER GARDENS



Sam and friend pose in front of the winning black Chevelle at the car show.



Jeff and STNA look over this newer Chevy Truck at the Car Show.



Shirley and Kaleigh think the Prowler is pretty swift!



Mrs. Sheetz with her own Camaro from 1969.



Enjoying a new Dodge Hemi!



50's music and DJ:
Patty Dunkle and Billie enjoy the beat.

and waterfall provides a nice area to hold these events offering sun, shade, and lots of room. We'll also be planning some KFC outings in the fall, so watch for details. More good food was found on the Wednesday outings to the Tuscarawas Farmer's Market. Tozzi, Bev, and other accompanied by Mike and Patty visited it in the afternoon and enjoyed pizza by Park Pizza (brought some home for their supper), cheese bread, beef steak tomatoes (from 50+ yr. old seeds!), yellow watermelon, fresh peaches, etc., and they were thoughtful of others by bringing some back to share at their dinner tables. Other tasty excursions took us to Gerber Chicken when shopping at MCC Connection in Kidron, lunch at Wendy's selecting our own orders, and other places. We organized another Mexican treat night outdoors at the veranda for a fun summer gathering since it is well liked, and music also accompanied that event. August brought the celebration of a summer garden type Ladies and Men's Luncheons with family or friends and summer cuisine - the ladies enjoyed singing by Jim McConnell, a summer chicken salad, corn

muffins, and peach pie, and the men liked their Swiss steak, potatoes, and chocolate cake with manly music by a DJ. A fun day was had for the staff and their families for a summer event at Tuscora Park complete with a catered meal twice from Lee's Famous Recipe, complimentary rides/activities/ swimming, etc., and prizes. In June we had a fun strawberry festival for everyone with a festival queen visiting. August brings fresh peaches, so we held a peach festival with warm peach cobbler, peach smoothies, a peach movie, and fine music selections were played by John Hanna, the DJ. A special surprise visit came with multiple Dover High School cheerleaders imploding into the room! What fun energy was that! They cheered, visited, posed for pics, and enjoyed some dessert. Alumni, Alice L. appreciated a big circle of cheerleaders around her for a nice picture! Thanks Courtney Rees for sharing their love!

'Twas the season for roasting and grilling! Chefs Matthew & Scott, Carla, and the Culinary Team had an early day preparing a hog for our annual pig roast for residents,

family or friends. The aroma wafted through the air all day, bring inquiries from the neighboring apartment complex! Serving time! The fresh pork was succulent, with three choices of BBQ sauces, and the sides of smoky baked beans, rice, and fresh fruit kabobs, with a generous serving of coconut tropical cake. Large colorful potted tropical flowers were spread around the tables among other tropical décor to set the tone. Later, the perennial flowers were planted in the ground for continual enjoyment. Summer holidays and simply other summer days offered reasons for cooking on the grill and always tasty.

'Twas the season for many birthdays, but a special milestone for our Bingo volunteer, Anna Dale was had. So, we hosted a surprise b-day party with a beautiful cake and 80 (+ a few extra for good measure!) gifts for her. She had fun unwrapping them to the curiosity and delight of the residents (who also helped wrap them). Many useful and fun items were received from socks to food to candles to towels to gift cards, and more! Patty and the residents also made a large, fun, candy-filled

#### DOVER GARDENS

lyrical b-day card that she appreciated! Bingo got started a little later that day, but it was ok!

'Twas the season for numerous excursions around the community! The Summer Showcase for free concerts at Tuscora Park on Sunday evenings offered a pleasant variety such as the Dominic Greco Band – appreciated by JoAnn B. and others, other popular acts from the past such as Rock & Roll Elvis, The Sweet Beats (Beatles), Recollections, Barbershop Harmony, Del Sinchak Band, LaFlavour, and more. The Dover Lions Club presented a nice series on Thursdays including Randy Valez, The Stockdale Family Band, Ron Retzer, Phil-Nthe-Blanks and others. Classics, country, pop, and dance styles capture our interests! A lot of nostalgia is experienced as well as traditional and new tastes are appreciated! Certainly keeps us humming and singing the familiar songs for a few days! Shopping outings brings along many looking for clothing, grooming items, a new purse, gotta have those shoes, oh-look at that...You can find us in Massillon, Canton, New Phila, Kidron, etc. The Mall trips are popular for different choices and options. Hungry? We have to stop for lunch - IHop, The Manor, Steak & Shake, Burger King, yes, shopping works up an appetite! We love movies and have been to the Quaker Theatre and Massillon Theatre. Love a good show? Lend a hand and come join us! We took a nice ride to Canton for a baseball game with Rosemary's son playing on a team for the over 60 division! Several attended with Kathy & Patty to root for them as they versed the Phillies, and we enjoyed goodies from the concession stand – it was a very pleasant day at Munson Stadium. 4-H displays, animals, the Clover Leaf Café, vendors – yup, sounds like the Tuscarawas County Fair and we enjoyed it all! We're also very proud of the art painting entry by Beverly D. that was entered!

'Tis the season for community support. We attend the Walk to End Alzheimer's at Jim's Place in New Phila. in honor of parents, grandparents, siblings, friends, and other important people in our lives. Entertainment, refreshments, fundraising, raffles, awards, advocacy, friendship and love are all abundant

in this environment, and we value being a part of it! The disease is relentless – but, thankfully, so are we! All funds raised help advance the care, support, and research efforts of the Alzheimer's Association. We appreciate and thank all of you for your support for our various fundraisers to contribute to this endeavor!

'Tis the season to say farewell to Mike Scholles of Activities after 16 years! She is now retiring as she embarks on some new journeys in her life including her first grandchild in December! We have greatly valued her energy, flexibility, hospitality, caring, activities, marketing, and so much more! We'll miss her, and we wish her and the family the very best!... You know she can't stop completely – she'll continue hosting our monthly Lunch & Learn program at the Senior Center! Thank you!

Honk honk! We also welcome Annette Cookson (aka, The Balloonatik) (yes, she has a real name!) to the Activity team! She also brings a lot of energy, positive thinking, creativity, business experience, and knows a lot of people in the community. Please

~ Dover Gardens continued on page 25



Teen youth volunteer to conduct morning exercises! Caitlyn, Makayla and Emily.



What? Cake in a mug? I'll try it says Margaret B.



Freda R. likes the cake in a mug.



Adi Ridgway shares her artwork outside with everyone.



JoAnn B. and Adi Ridgway loved working jigsaw puzzles together during her 3 week visit.



Do you play cards? Come join us at our table!

#### DOVER HOMESTEAD

We continue with funny and enjoyable activities along with our daily life during the summer and fall season. Just about everyday we have some kind of music: singing, piano playing, karaoke, and of course, our every Thursday live entertainment, as well as several individuals enjoying their personal music selections customized on their personal music devices. Music is a powerful tool for our residents and keeps us smiling throughout the day.

One day, we made individual shortcakes and while they were baking, we cleaned our strawberries. That afternoon, we had a great snack! We have been out to lunch to local restaurants, and Mexican seems to be very popular! Shopping with our residents is also a favorite activity.

We made it to a baseball game in Canton (for a 55 & over league) at the Thurmon Munson Stadium, and the weather was great! Speaking of weather, we have been enjoying our back patio, and we even have a small pool to dip our feet in, and it's so refreshing while we visit and reminisce.

We were fortunate to have a Vacation Bible School program with 12 children attending. The residents assisted and it was quite enjoyable and educational. Thanks to Lauren and Patty for making it all happen!

There have been many community concerts we've attended such as: Dominic Greco Band, Ron Retzer Trio, Stockdale Family Band, LaFlavour, and the Sweet Beats to name a few. These concerts were held at Deis Hill in Dover and/or Tuscora Park in New Philadelphia. Once again, the music brings us so much joy.

We like to do some cooking on the Homestead, and we will also have a peach



Doug E. takes in all the beauties at the car show!

cobbler dessert night to share with our families. Cookies are always enjoyable to make and eat!

Everything always smells so good to everyone!

Of course, we can't forget Lauren's "legendary" crafts! She comes up with many fun and unique ideas. We made shooting stars for the 4th of July; we cut our quilting squares, and made beaded necklaces and bracelets. One lady said she loves all of her jewelry!

October brings our apple pie bakeoff and each unit bakes a pie together and submits it for judging. Folks from the community come to be the judges, and we have no trouble getting them to return year after year! All the residents rave and enjoy because everyone gets a piece of pie, too.

We can't mention October without mentioning our own Halloween trickor-treat night for the staff's children and grandchildren. Residents, staff, and families all get in the act and enjoy the costumes, children, and festivities.

November brings us to the start of the holiday season! We will be hosting a Veteran's Day program with a speaker from the community in order to honor our veterans, and we have many! Thank you, veterans, for your service to our country! Our annual Thanksgiving buffet will the week before Thanksgiving, and the staff is so generous to bring in their home-cooked dishes to share with the residents and staff.

We will start decorating our Christmas trees right after Thanksgiving which gives our folks more time to enjoy them. We always have a crowd around the tree while decorating! Then...it's December! What a



Mary K. proudly poses with her blue 80's Mustang convertible at the car show.



Puppy love, shared by Bella, a Cavalier King Charles Spaniel in the lap of Martha J.

wonderful and joyous time for all of us. The beautiful trees and decorations, along with many visitors, churches, and other groups that come make this season that more wondrous! We will be making cinnamon ornaments, garlands, wreaths, bows, gift tags, and other crafts along with cookies and candy. We use one of our resident's recipe to make the candy, and it's sooooo good! Thanks, Martha, for sharing your recipe! Some staff have also used this recipe to make their candy at home - making 25 pounds (yes, 25 lbs.) to share with family famiy. We have caroling times scheduled, movies, videos, and programs all with the seasonal genre. We leave you with high spirits!

Kathy and Lauren



Birdie enjoys a lively music performance with Terry and Steve!

Exciting news from the spring and summer: Some of our staff and public persons were recipients of the educational scholarships through the Ohio Health Care Association's foundation:

- Kehly Molloy received the Harriet B. Hennis Scholarship
- Sarah Lentz was awarded the Don & Theo Wessell Scholarship
- The Harry & Patricia Hennis Scholarship went to Laura Brubaker, of Trilogy Health Services, who is studying Dietetics.

Additionally, in August, at the Italian American Festival, Brandi Alexander, a graduate of Garaway, received the Hennis Care Centre of Dover & Bolivar Scholarship. It was presented by Kathy Hennis-Marburger during the Mayor's Breakfast in Dover. Brandi plans to study Law at Duquesne University in Pittsburgh, Pa. Congratulations to all the recipients and best wishes with your studies! We are fortunate to be a valued part of education for generations of all ages!

What a fun way to enjoy May and June with family and friends' graduations, celebrations, and being a part of milestones! June also brought Flag Day and numerous flags adorning all of the HCC property and shouting patriotism! A nice start to summer! Thanks to Kenny and Keith, of Maintenance, for displaying all the flags! Soon after, we held a car show on the grounds to usher in Father's Day. It was a blast from the past! All kinds of years were represented, and they were in great condition and fun to look at! A nice black Malibu took the People's Choice, a hot Corvette caught the eye of many, a snazzy red coupe was admired, along with some trucks (one had a great paint job on top and inside the hood!), and many more! It was nice to have Therapist Jill enter her newer Dodge Challenger (that she even shared test drives with STNA Alex and Harold from Acct. and they were thrilled!). Harold also brought his black beauty, a Z28 Camaro from the 90s! A couple of families still have their parents' cars and brought them to participate - a Mustang and a Camaro and were they ever proud! Rock & Roll hits were played by the DJ Spikeman, playing the music from his groovy van full of flower power! It was fun to stroll through the show looking inside the



Jill shares her Dodge in the June Car Show.

cars, seeing some dice hanging, some all original, admiring the colors and paint, checking out the tires and rims, and conversing with the owners. Participants received HCC certificates, tablets, pens, and the winners received gas gift cards. Father's Day was celebrated on Sunday with a delicious dinner prepared by the Chef, and Cleveland Indians tickets were given as the prize!

Summer is also a popular time for babies to be born, and Therapist Ashley welcomed her new little one! Her family opens their arms to another son, and we send our congratulations and best wishes to her family! Comically, she had a job to complete at home before that baby arrived - she wanted to finish canning her fresh peaches! Yes, that task was accomplished before baby! Speaking of new faces...you probably noticed Mike Scholles, of Activities, is around a little less as she has reduced her work days to three days a week as she aims for retirement at the end of summer to help and enjoy some new things in her life such as a 1st grandbaby, due in December! We have greatly appreciated all her valuable contributions to HCC since 1999! A new face to welcome is Annette Cookson, of New Philadelphia, who joins the Activity team. You may have already met her as she has been training and shadowing with Mike in August and September. Please make her feel welcome and strike up a fun conversation!

July celebrates America's favorite cold frozen treat - and we all scream for icecream! In response, we served to the guests: floats, banana splits, sundaes, and the like with a traveling ice-cream cart served by Lauren and Mike of Activities. The staff was great supporters towards the fundraiser, too. Another seasonal fundraiser was the HCC summer community card party open to Pat's Porch guests, families, and friends and the community. These are always well supported and the attendees receive delicious meal-type refreshments, a nice assortment of prizes, and a lot of fun! The next one is Oct. 14, from 6:00p – 9:00p at the main facility. Remember to bring a bag(s) of individually wrapped candy to donate for trick-or-treat and receive an extra prize ticket! These parties benefit the American Cancer Society and Alzheimer's Association. Other summer and fall fundraisers included Walking Taco and Sub Sandwich lunch sales, raffles, bake sales, and monthly 50/50s - a couple of winners to mention are Terry Huff and Susie Guthrie who have taken home \$100+! Winners need not be present to win! Another one coming up is a Chef Dinner Boat Cruise at Atwood Lake, and we are planning our first HCC Farmer's Market with produce, baked goods, mums

and a lunch stand. We are also looking at a fundraiser bus trip to see the holiday lights at Olgebay Park with dinner. We appreciate all the support from staff, guests, and the community for the benefit of the important causes.

One August Sunday we were blessed with the kindness shared by New Pointe Church as they cheerfully donated their service work for the benefit of others. They washed windows, weeded, swept sidewalks and porches, visited, and brought flowers. In appreciation, we served pizza, beverages, and dessert at the veranda. We thank them for this kind deed.

Speaking of kindness, Eleanor L. demonstrated her talent and kindness through her beautiful needle point work that she shared with many people here – very special! Thank you! We would have loved to submit her work into the fair, but fortunately, she was able to return home prior to that! Good for her and we wish her the best!

September brings a special day – Grandparents Day! We celebrated it the way a lot of grandparents do – that is, with sweet treats! Desserts were offered for the guests and their company as they visited throughout the day: Received hugs and kisses, special cards and flowers, and the most precious – time!

The HCC team joined the Walk to End Alzheimer's in Sept held at Jim's Place in downtown New Philadelphia. The facts are clear. Did you know that a woman in her 60s has a 1 in 6 chance of developing Alzheimer's Disease? And, just as shocking, that 60 percent of the nation's 15 million Alzheimer's caregivers are women? We're so glad to

contribute to such a worthy cause!

Other enjoyment we appreciate is the musical entertainment before or at dinner such as Jerome James, Max Grossenbacher, Dan Gribble and others. Did you know Kathy Marburger also comes in to play the piano for us? Classical, traditional, hymns, and reminiscent tunes; Lauren provides various crafts every week for those interested; and Patty is planning a Coffee and Canvas art opportunity for the guests for their enjoyment in the fall – don't want to miss it! However, in case you do, or you would like to try your hand at another art class, watch for details as we are planning a second event by another instructor either in November or January.

The HCC chefs have been busy supporting numerous community endeavors by catering for the Chamber of Commerce events, various cooking/lectures/demonstrations at Buckeye Career Center, and catering the Atwood Dinner Boat Cruise for the Alzheimer's Association and the American Cancer Society. We're happy to be a part of these important causes to give back to the community.

The Lunch and Learn program HCC hosts is the second Wed. of each month at the Senior Center and continues to go well. We have a variety of speakers such as Library Digital services, Mitchell's Photography Preservation of photos, Operation Christmas Child, and more. Upon your return to home, plan to join us sometime – lunch is at 11:15a and/or the speakers begin at 12:15p. Door prizes are also awarded!

Successful therapy is always rewarding! One person recently spent three weeks with us at Pat's Porch for rehabilitation, and upon discharge, immediately went on a 3 week long cruise with her family to Amsterdam and Iceland! The family had her bags packed when they picked her up to go directly to the airport! Wow! And, how exciting for them!

Stimulating conversations, listening to others, reminiscing, exchanging experiences... Many share this camaraderie while spending time together whether it be at meal times, attending entertainment together, tackling a craft with one another, working together in therapy, and spending time together on the porches. David Hennis enjoyed this interaction with Mr. Leheigh, Wilford M., Clara H. and others. The rehab stays are brief at Pat's Porch, but we value the time, visits, and friendships that develop between guests, families, and staff.

As we take in the last of the good weather days outdoors, we know the leaves will be changing, the air growing cooler, and the days shorter. That will wisk in the holidays that are just hanging around the corner. We'll look forward to the fun of trick-or-treaters coming in, football festivities, Thanksgiving buffet hosted by the staff, the aroma of a delicious Thanksgiving dinner cooking the next week, and the sweet aroma and tastes of Christmas cookies and pies baking. Santa will be dropping in (thru the chimney, right?), the joy of all the Christmas festivities and company to infuse the soul, and a celebration to welcome 2016!

Enjoy the all the beauty this quarter of the year brings forth!

Treasure Today!
Tomorrow is a new day –
make it count!

#### ~ Dover Gardens continued from page 22

welcome Annette and introduce yourself when you see her (no, she won't have on a clown costume – unless it's Halloween!) Wondering if she'll still have balloons? Give her a call.

'Tis the season for football. Good luck Dover, New Phila, Strasburg, Garaway, and Tusc. Central Catholic and all the other schools! Bill Hawk recently attended a Dover game with his family and enjoyed it and the festivities around it. Several staff members have children playing for the Dover team, marching in the bands, and cheering for sports, and that leads to stimulating conversations among everyone! We'll be holding a spirit week at the end of the month leading up to the Dover/Phila game (and it falls on our Halloween party day – yikes!).

'Tis the season for the last quarter's holidays and special doings: Halloween brings more crafts, games, and parties as well as trick-or-treat with the staff's children and grandchildren; community benefit card parties; the apple pie bake-off (can you smell

it now?); Warther's Christmas Tree Festival outings; Thanksgiving buffet hosted by the staff and then the traditional dinner; Santa breakfast for staff's family with live reindeer Nov. 21 (yes, that's correct); Christmas special dinners, Santa visits in the facility, and celebrating the incoming new year, plus more!

'Tis the season to be fun, thankful, happy, merry, and celebratory!

Learn from Yesterday Live for Today | Hope for Tomorrow

#### BERT'S RETIREMENT PARTY



Residents "Billie" and Sam wish Bert the best at her retirement party!



Rileigh delights in helping Bert with her gifts.



Harold, of Accounting, shares a hug with Bert.



Kathy Hennis-Marburger shares many good memories and good wishes with Bert after 21 years!



Georgene and Bert share their good-byes, as both retire.



New H.S. grads, of Housekeeping and Laundry, receive some advice/tips from Bert as they share in the party.

#### CARD PARTY FUN!



Fun and games - Life is good!



Faithful card party supporters The Sheetz Family



Great card party helpers: Mike S., Pam B., and Marge J.



The food is always good and bountiful at these card parties!



These card players won some candy and are sharing!

#### VARIOUS DOVER ACTIVITIES



New Pointe Church with residents and Hennis church members.



New Pointe Church member window washing service with a smile!



Sally McRobie
A happy 50/50 winner!



Betty I. loves her grandchildren visits and their kitty.



Weeding to beautify, thanks to New Pointe Volunteer Service!!

#### HENNIS VBS



Janette G. dancing and singing with the VBS children.



VBS student, Lauren and Patty work together and receive a gift bag at the end of the week.



Inter-generational fun - VBS boys coloring with Billie.



Billie is happy to pass out the VBS Certificates to the youth.



Jean and students of varying ages sharing hearts at HCC VBS... literally with crafts!



Alice and VBS youth share a precious hug.

#### 2015 CAR SHOW



And they were dancing in the "street!"



They even got to ride in their cars!



Mr. and Mrs. Fox appreciates his beautiful turquoise Ford from the 50's.



They all look fabulous!



This red hot coupe was brilliant!



They all check what's under the hood.



Faith - a youthful volunteer growing up, helps with the fresh popcorn.



An admirer of this beauty from the 40's.



Everyone enjoyed hotdogs, hot pretzels and popcorn.

#### FATHER'S DAY HIGHLIGHTS



Jeff H., Jill, and Son celebrate Father's Day.



Don, son and daughter-in-law enjoy the Father's Day Brunch.



The Linard Family come together for this Father's Day occasion.

#### ATWOOD QUEEN LUNCH OUTING



Teen helpers, Sammy Sickinger and Alec Hall visiting while sailing.



Tom C. is content sailing and enjoying every moment from lunch, riding, scenery and visiting.



Mrs. Singhaus and daughter enjoy the meal.



"Hi" from Barb A. and Patty as we cruise along the lake.



Cooked fresh on the grill among the beauty of Atwood by Chef Matthew Ridgway.



The gang is all set to eat at the dinner table on the Atwood Queen.

#### DOVER CHEER



DHS Cheerleaders "Give us a D-O-V-E-R!" Jen, Frank and Gayle, and Sam



Betty I. and Tozzi K. love the visiting Dover Cheerleaders!



Ray Rees all smiles with the DHS Cheerleaders.



Dover Alumni, Alice L., surrounded with Dover cheer!



The DHS Cheerleaders make this alumni, Jo Ann, very happy!



## Kick-Off Open House

For Team Captains and New Teams

October 22nd 1 6p - 8p New Phila Geib Center

2016 THEME:

"[\*]]\*\* the Yell\*\* Brick Pad for a Cure for Cancer"

Enjoy Refreshments | Pick Up Information | Register Your Team Questions and Answers, Etc.

D\*\*r Prizes!!!

Event Leadership - Bev Smith 330-827-2230 & Paula Sickinger 330-243-6866

#### SUMMER PIG ROAST



Mary K. and John H. enjoy the festivities in the comfort of the indoors with fun decor.



Mr. and Mrs. Fox appreciate the music.



Gayle and Frank take in the food and fun!



Mary F. and guest enjoying the day.



This family is having fun together!



Kay and Ray Rees sport tropical attire for the event.



Heritage Village Apartment guests retired volunteer, Dot and her friend join us!



The chefs making it happen Scott Fetty and Matthew Ridgway



The party's right here!
Rosemary's Family

#### **GRANDPARENTS DAY 2015**



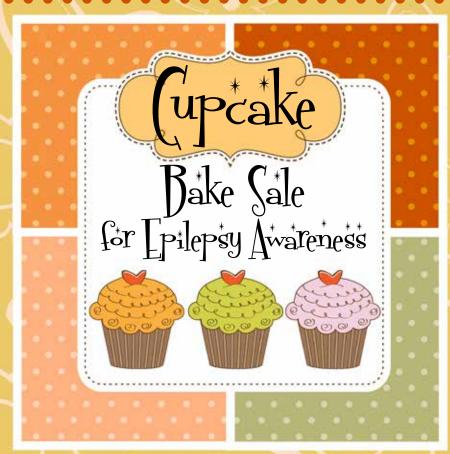
Mike assisting a guest at the chocolate fountain at the Grandparents Day Celebration.



Annette Cookson dancing with children as the music plays from the Big Bad Bodacious Brass Band.



Irene G. and daughters share the luncheon together.



March 25 at 10 am

ICC of Dover | Rehab Foyer

\* \* \*

Cet your \*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*

Just in time for Laster.

\* \* \*

Also...

Join in the fun at 1:30 for a

Cupcake Walk

for 25 cents each round



Haftie's House 266 Bolivar St. | Bolivar, OH 44612 (330) 874-9999

**Pat's Porch** 309 E. 17th St. | Dover, OH 44622 (330) 364-8849

Transitional Therapy Houses



www.henniscarecentre.com

300 Yant Street | Bolivar, Ohio 44612 (330) 874-9999

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