



THE

Friendly Visitor

October | November | December 2012

HENNIS CARE CENTRE

Dover & Bolivar, Ohio

People Who Can Help

DOVER

Administrator..... David Hennis
 Assistant Administrator Stacie Hubbard
 Director/Patient & Resident Services Anita Peffer
 Director of Dining Services Carla Braun
 Executive Chef Brian Sarty
 Social Services Melanie Scheetz
 Director of Therapy Services Denise Waldman
 Accounting Manager Harold Baker
 Public Relations Paula Hennis-Sickinger
 Recreational Therapist Lauren Peelman
 Activity Professionals Mike Scholles
 Marje Johnson
 Music Therapist..... Laura Smith
 Maintenance Director Keith Kaser
 Receptionist..... Trish Haynam
 Rose Lomax

Hospice Dietary Services:

Dennis Borter, Carol Miller, Matthew Arnold

BOLIVAR

Executive Director..... David Hennis
 Administrator Kim Zontini
 Director of Nursing..... Jamie Skelly
 Director of Dining Services Abby Strubel
 Executive Chef Matthew Ridgway
 Laundry/Housekeeping Sue White
 Social Services Kari Staron
 Director of Therapy Services Teresa Carlson, O.T.
 Accounting Manager Harold Baker
 Activity Professionals Stephanie Erb
 Jean Sauernheimer
 Dianna Jones
 Maintenance Supervisor David Wood
 Receptionist..... Kathy Herstine
 Julie Wade

HCC provides out-patient and in-house therapy 7 days a week.
 HCC is a smoke-free campus inside and outside.

www.henniscarecentre.com

The Hand

When you give yourself, you receive more than you give.

~Antoine de Saint Exupery



A Thanksgiving Day editorial in the newspaper told of a school teacher who asked her class of first graders to draw a picture of something they were thankful for. She thought of how little these children from poor neighborhoods actually had to be thankful for. But she knew that most of them would draw pictures of turkeys or tables with food. The teacher was taken aback with the picture Douglas handed in... a simple childish drawn hand.

But whose hand? The class was captivated by the abstract image. "I think it must be the hand of God that brings us food," said one child. "A farmer," said another, "because he grows the turkeys." Finally when the others were at work, the teacher bent over Douglas's desk and asked whose hand it was. "It's your hand, Teacher," he mumbled.

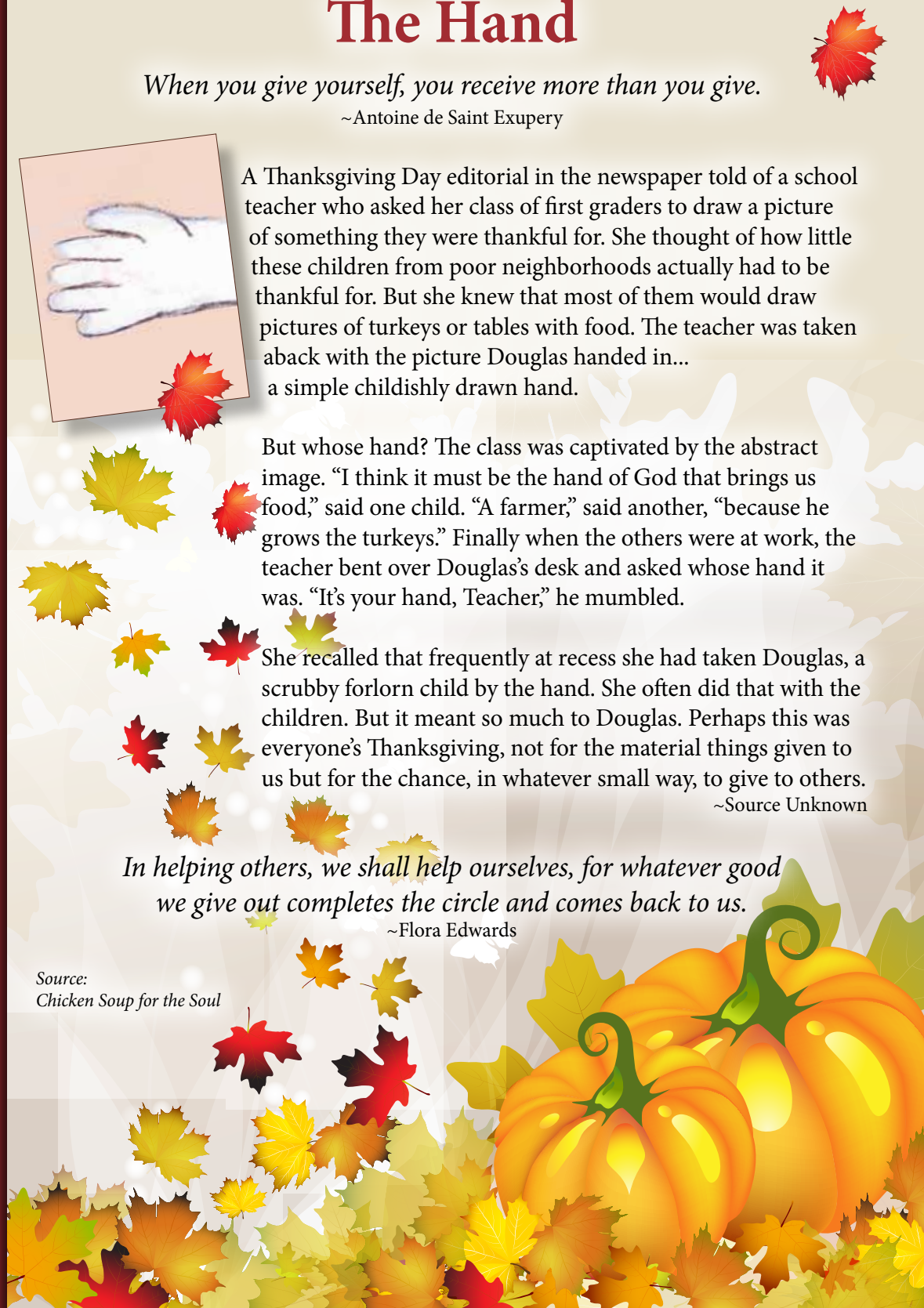
She recalled that frequently at recess she had taken Douglas, a scrubby forlorn child by the hand. She often did that with the children. But it meant so much to Douglas. Perhaps this was everyone's Thanksgiving, not for the material things given to us but for the chance, in whatever small way, to give to others.

~Source Unknown

In helping others, we shall help ourselves, for whatever good we give out completes the circle and comes back to us.

~Flora Edwards

Source:
Chicken Soup for the Soul



Caramel Apple Cheesecake Bars with Streusel Topping

Ingredients

- 2 cups all-purpose flour
- 1/2 cup firmly packed brown sugar
- 1 cup (2 sticks) butter, softened
- 2 (8-ounce) packages cream cheese, softened
- 1/2 cup sugar, plus 2 tablespoons, divided
- 2 large eggs
- 1 teaspoon vanilla extract
- 1/2 teaspoon ground cinnamon
- 1/4 teaspoon ground nutmeg
- 3 Granny Smith apples, peeled, cored and finely chopped
- Streusel topping, recipe follows
- 1/2 cup caramel topping

Directions

Preheat oven to 350 degrees F.

In a medium bowl, combine flour and brown sugar. Cut in butter with a pastry blender until mixture is crumbly. Press evenly into a 13 by 9 by 2-inch baking pan lined with heavy-duty aluminum foil. Bake 15 minutes or until lightly browned.

In a large bowl, beat cream cheese with 1/2 cup sugar in an electric mixer at medium speed until smooth. Then add eggs, 1 at a time, and vanilla. Stir to combine. Pour over warm crust.

In a small bowl, stir together chopped apples, remaining 2 tablespoons sugar, cinnamon, and nutmeg. Spoon evenly over cream cheese mixture. Sprinkle evenly with Streusel topping. Bake 30 minutes, or until filling is set. Drizzle with caramel topping.



*Marge J. and Patty
mixing homemade ice cream.*

Streusel Topping

- 1 cup firmly packed brown sugar
- 1 cup all-purpose flour
- 1/2 cup quick cooking oats
- 1/2 cup (1 stick) butter, softened

In a small bowl, combine all ingredients.

Yield: approximately 3 cups

Prep: 15 min

Cook: 45 min

Yield: 2 dozen or 4 to 6 servings

Level: Easy

*Source: foodnetwork.com
Recipe courtesy Paula Deen*

Hennis Care Centre Special Occasion Cookies

Select from the following holidays:

**Valentine's Day* • St. Patrick's Day • Easter
4th of July • Halloween • Christmas • Miscellaneous**

Cost per dozen \$6.50-\$7.50

**For Val. Day only, a single 6" decorated cookie is available, or by the dozen - regular size*

See the receptionist for ordering & pre-payment

PROCEEDS BENEFIT: The American Cancer Society Relay For Life,
The Alzheimer's Association, The Residents' Activity Programming



*Cookies in photo are not actual
cookies sold, but very similar.*

Save Money, Hold Off Chill by Winterizing Your Home

Although temperatures have finally turned cold, there is still time to make sure homes are properly prepared for winter weather.

Gina Peek, Oklahoma State University Cooperative Extension consumer and housing specialist, said taking steps like sealing air leaks, making sure heating systems are well maintained, improving the performance of windows and investing in the proper amounts of insulation will not only ward off cold in the winter, but also can help consumers save money and avoid wasting energy unnecessarily.

According to the U.S. Department of Energy, the typical American family devotes about \$1,900 a year to home utility bills. The largest portion of consumers' energy dollars go to heating – and cooling – the house. In fact, DOE figures indicate that 43 percent of utility bills are devoted to that specific purpose.

That expenditure is not just felt in the wallet.

Energy consumption affects the environment as well

Consider that in the U.S. heating and cooling systems combined release 150 million tons of carbon dioxide into the atmosphere annually, contributing to global climate change. The systems also produce about 12 percent of the nation's sulfur dioxide and 4 percent of the nitrogen oxides, which are the chief elements in acid rain.

“A big part of preparing your home for the winter months is making sure the heat stays inside and the chilly air stays outside, and it's just as important to accomplish that goal in ways that are cost efficient and environmentally friendly,” said Peek. “It's a nice side benefit that a lot of the steps homeowners can take to winterize their homes also will help keep interiors cool in the summer time.”

Sealing air leaks throughout the home is a sure way to reduce heating and cooling costs. Some areas to check for leakages include

dropped ceilings, recessed lighting, attic entrances, sill plates, water and furnace flues, all ducts, door frames, chimney flashing, window frames, electrical outlets and switches and plumbing and utility accesses.

“Caulking, sealing and weather stripping those seams, cracks and other openings is an easy and quick way to block air from the outside,” said Peek.

In order to figure out where air may be seeping into the house, a homeowner can test the residence for air tightness. On a windy day, hold a feather, a tissue taped to a stick or a lit incense stick next to places where air could be entering from outside. A lit match that has been blown out or smoke pen also will work. If the smoke wavers, it is most likely an area that needs some attention.

In addition to ensuring that heating and cooling systems are properly maintained and upgraded, another easy method of saving energy and cutting costs is installing a programmable thermostat. It is estimated that consumers can save as much as 10 percent annually on heating – and cooling – bills by dialing back the thermostat 10 to 15 percent for 8 hours. Programmable thermostats can store and repeat multiple daily settings, giving homeowners flexibility to adjust the times when the heating system is turned on.

“Using a programmable thermostat means your equipment doesn't operate as much when you're asleep or when the house is unoccupied or only certain areas are occupied,” said Peek, who encouraged consumers to look for the ENERGY STAR® label when shopping for programmable thermostats.

Regardless of the type of thermostat, Peek said setting it as low as possible without sacrificing comfort can influence cost savings. Similarly, cleaning warm-air registers, baseboard heaters and radiators as necessary, and making sure they are not blocked by furniture, carpeting or drapes can help retain heat, too.

Keeping draperies and shades on south-

facing windows open during the day to allow sunlight to enter, and closing them at night to cut down on the chill from cold windows will encourage heat retention, said Peek. So, too, will making sure that objects are not blocking sunlight beaming on concrete slab flooring or heat-absorbing walls.

Because windows can account for substantial heat loss, Peek said it might be worthwhile for consumers with single-pane windows in their homes to consider replacing them with newer double-panes and high-performance glass. If homeowners do decide to replace the windows, they should look for ENERGY STAR® products.

A less costly alternative to installing new windows calls for using heavy-duty, clear plastic on a frame or tape clear plastic film to the insides of window frames to help reduce the amount of cold air getting through.

Peek also encouraged homeowners to check the insulation in attics, ceilings, exterior and basement walls and crawl spaces to see if the recommended amount is in place. Insulation is determined in R-values, and the higher that value is, the better walls and roofs will resist the transfer of heat. The DOE sets ranges based on local heating and cooling costs as well as climate conditions in various areas of the country.

The website www.energysavers.gov is a good resource for additional energy saving ideas and tips, including specific information about home insulation needs and requirements, said Peek. By using the Zip Code Insulation Calculator on the website, consumers can find out recommended insulation levels for new or existing homes based on their specific location and other basic details about the house.

“Winterizing your home before winter digs in the fall not only help your comfort during the cold-weather months, but also can have a huge impact your bottom line and the environment as well,” said Peek.

Oklahoma State University
Writer: Leilana McKindra, 405-744-6792,
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Fall Maintenance Checklist

MAINTENANCE

- On the exterior of your house, make sure all exposed water pipes are insulated or wrapped with heat tape. You will also want to drain & blow out faucets, hoses, and sprinkling systems.
- For those with crawl spaces, make sure any exposed water pipes are insulated & all entryways are blocked to prevent critters from taking up habitation and nesting in there.
- For those with attics, make sure any exposed water pipes are insulated & all entryways are blocked to prevent critters from taking up habitation and nesting in there.
- Do a thorough cleaning of your patio furniture, barbeque grill, etc... and store them properly for next season.
- If you don't have dual-pane, low-e windows, it is time to remove, clean, and repair the screens before you put them away and install your storm windows.
- For those of you in colder climates, make sure your winter tools are in good condition and ready to go.

GARDEN

- Enjoy your harvest
- Cultivate and mulch your garden to help prepare it for spring and to help control weeds

LAWNS

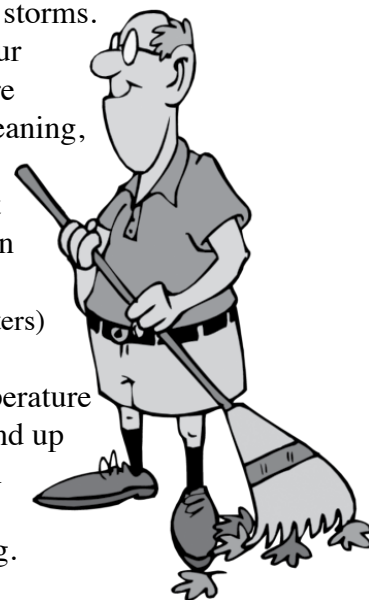
- Keep leaves raked to prevent smothering new grass – you might want to consider starting a compost pile for next year's gardening.
- Mow your lawn on a lower setting, thatch your lawn with a steel rake, and aerate if required

PLANTING / FLOWERING BEDS

- You still have time to plant your spring bulbs
- Keep weeding & keeping the beds cleaned up
- Towards the end of the month – remove all the annuals & add them to your compost pile
- Cover the beds with a nice layer of mulch to help prevent weeds next spring

MISCELLANEOUS

- Mulch trees and shrubs well, especially those that are considered tender or borderline for your zone.
- Clean, sharpen, oil, and store your tools and equipment in a dry location.
- Hire an arborist to remove dead and diseased branches on your trees so your home is not crunched during high winds or ice storms.
- If you are not pulling your planters inside, make sure you give them a good cleaning, let them dry out and store them away for next spring. Planters left out in the winter elements (especially terra cotta planters) will expand and contract with the changes in temperature and generally you will end up with nothing but cracked or broken planters that are unusable come spring.



HENNIS SCHOLARSHIP

On behalf of Hennis Care Centre of Dover & Bolivar, Kathy Hennis-Marburger presented a \$500 scholarship to Morgan Stilgenhauger of Tuscarawas Central Catholic High School at the Italian-American Mayor's Breakfast in August. Morgan attends Walsh University to study Pre-Dentistry and Chemistry. One of the legacies of the late Harry D. and Pat Hennis is the belief in the value of an education, and the Hennis family continues to carry out this endeavor. Over the years they have helped send many employees and community members to school to enhance their personal and professional lives. Hennis Care Centre is pleased to support the community efforts and charitable events throughout the year.



Education Program Reaches Out To Individuals Living With Alzheimer's Disease And Related Dementias

The diagnosis of Alzheimer's disease or a related dementia is life-changing and leads to many questions:

- What will this mean for me and my family?
- How do I plan for the future?
- Where can I get the help I need?
- What does the diagnosis mean?
- What kinds of plans need to be made?
- What resources are available to help?

As the disease progresses, new questions reflect growing needs for skills, programs and services. Living with Alzheimer's is an interactive program for persons in the early stage of memory loss and their care partners. The program will address what you need to know, what

you need to plan and what you can do to navigate this chapter of your life.

This program will cover information for people with a diagnosis of Alzheimer's disease or a related dementia.

Topics covered will include:

- Understanding Alzheimer's disease and memory loss
- Effective communication and telling others about the diagnosis
- Coping with changes and making health and legal decisions
- Daily strategies and safety issues
- Resources for people with early-stage Alzheimer's disease



For more information on Living with Alzheimer's, contact the Alzheimer's Association at geoachl@alz.org or 1-800-272-3900. *Source: Summer 2011 Alzheimer's Association*

THErapy

What Causes Otosclerosis?

– *Continued from last issue*

The cause of otosclerosis is not fully understood, although research has shown that otosclerosis tends to run in families and may be hereditary, or passed down from parent to child. People who have a family history of otosclerosis are more likely to develop the disorder. On average, a person who has one parent with otosclerosis has a 25 percent chance of developing the disorder. If both parents have otosclerosis, the risk goes up to 50 percent. Research shows that white, middle-aged women are most at risk.

Some research suggests a relationship between otosclerosis and the hormonal changes associated with pregnancy. While the exact cause remains unknown, there is some evidence associating viral infections (such as measles) and otosclerosis.

What are the symptoms of otosclerosis?

Hearing loss is the most frequent symptom of otosclerosis. The loss may appear very gradually. Many people

with otosclerosis first notice that they cannot hear low-pitched sounds or that they can no longer hear a whisper.

In addition to hearing loss, some people with otosclerosis may experience dizziness, balance problems, or tinnitus. Tinnitus is a sensation of ringing, roaring, buzzing, or hissing in the ears or head that accompanies many forms of hearing loss.

How is otosclerosis diagnosed?

An examination by an otolaryngologist (ear, nose, and throat physician) or otologist (ear physician) is needed to rule out other diseases or health problems that may cause these same symptoms. An audiologist is a hearing health care professional who is trained to identify, measure, and rehabilitate hearing impairment and related disorders. An audiologist uses a variety of tests and procedures to assess hearing and balance function. The audiologist may produce an audiogram (a graph that shows a person's hearing sensitivity) and a tympanogram (a graph that shows how well the middle ear functions

to conduct sound). Discuss these results with your audiologist/otologist.

How is otosclerosis treated?

In many cases surgery is an option for treatment of otosclerosis. In an operation called a stapedectomy, a surgeon (otolaryngologist or otologist) bypasses the diseased bone with a prosthetic device that allows sound waves to be passed to the inner ear. It is important to discuss the risks and possible complications of this procedure, as well as the benefits, with the surgeon. In rare cases, surgery can worsen the hearing loss.

If the hearing loss is mild, surgery may not be an option. Also, on occasion, some hearing loss persists after surgery. A properly fitted hearing aid may help some people with otosclerosis in situations that include persistent hearing loss. A hearing aid is designed to compensate for a hearing loss by amplifying sound. An audiologist can discuss the various types of hearing aids available and make a recommendation based on the specific needs of an individual.

Source: National Institute on Deafness and Other Communication Disorders

Ah, we have entered the season of shorter days and crisp mornings; Autumn's brisk and breezy, but sunny days offer a lot of time for extra enjoyment. Different ones still enjoy going outside to the garden to pick fresh tomatoes (or green ones for frying) like Deloris Wright and STNA Andrea Jenkins (Deloris likes to let a few ripen on her window sill, too).

The tail end of summer brought continued outdoor concert trips to the Dover and Tuscora amphitheaters to hear performances by the Stockdale Family Band, Phil-N-The-Blanks, Jerome James & Randy Velez, and orchestra concerts – what fun! Wayne Roth (of maint.) gave us a vocal performance one August evening under the veranda, and it was a beautiful night, and the acoustics were great – and must have carried well because people from the community – walking & riding bikes – came to see what was going on – and were pleasantly surprised to enjoy the concert, too! So, you never know what you'll find happening here, so why not come and see for yourself, the door is open to stop in!

We will continue our cultural experiences among the community by attending "Trout Fishing in America" at the Performing Arts Center and "You Can't Take it with You" directed by Pat Potter at Little Theatre – thanks, Pat, for your kind invitation! More shows, concerts, movies, and events are in the works for the season! Want to help us get there? Just give us a call and join us. Also on the excursion list are breakfast and lunch outings, shopping, and holiday tours.

We wrapped up August with a joint VBS venture with the residents and children and grandchildren of the staff. Each generation has something to contribute to the other in many ways: Love, sharing, learning, entertainment, smiles, hugs, laughter... Doris B., Middie S., Catherine R., George P., Doris S., Virginia E., and others experienced all of this with Tori, Megan, Rileigh & Mackenzie, Chloe, Haley, Morigan, Nollan, and Constance every day with mutual VBS activities! Special thanks to Lauren, Mike, Kathy, & Paula for this special week.

Do you know of a Girl/Boy Scout troop, church group, or day care center that would benefit sharing time? Together, they can play games, make crafts, entertain, play music,

bring pets, and so much more! Please give us a call at 330-364-8849 ext. 2017 to arrange a date.

Our Grandparents Day celebration also offered generations sharing time and enjoying dessert together such as pies and cookies – just like at grandma's house! Bart Herman of Little Theatre performed songs and told humorous stories for us! Did you see the American Heart Association outside the facility that day? They held a Heart Run at the north end of Dover and HCC was a check point. We were glad to engage in that community event, also.

Our autumn cooking/baking corner has included: making two elderberry pies from Marge's bush at home, we munched on fried green tomatoes by Marge as we watched that movie. We whipped up and enjoyed two loaves of zucchini bread with butter or peanut butter. Upon peeling some apples we made apple butter (baked in the oven!) and enjoyed it spread on warm biscuits with apple cider. We plan to enter it in the Oktoberfest. Fall brings with it delicious red apples! That means it's time for our yearly tradition of the apple pie bake-off! Each unit prepares and bakes an apple pie (yes, peeling, slicing, rolling & patting, adding special ingredients), and the aroma wafts through the halls as they bake and are proudly carried to the judge's table. The legacy of the late Doris Hootman was shared with her special recipe for apple pie that Homestead plans to use for their pie. Want to experience the joyful job of judging? – call Mike at ext. 2007. Lots of reminiscing and ingredient tips are shared during this home-made activity. Afterwards, everyone present gets a serving of the pies! Want to lend a hand – just bring your apron Oct. 12 in the morning.

"The Best 7 Days of September" brought us the Tusc. County Fair and we are there! The weather should be fine as we board the bus to visit the animal barns, sample some food, admire the farm equipment, browse the commercial buildings and gather a few give-a-ways, and visit with people we know from around all the towns. That same bus will drive us to the Alzheimer's Walk at Tuscora Park Sept. 29 to participate in this meaningful endeavor as the HCC team walks and presents our fundraising check to the

Association for \$10,000. We appreciate and thank all of the friends, families, and businesses who donated and supported this worthy cause! We offer a variety of fundraisers throughout the year for the Alzheimer's Assoc. and Am. Cancer Society because we all know someone touched by these afflictions.

Another fall offering is the wiener roast and covered dish held at Myra's home (or inside our D.R. if it rains). It's always a lot of fun toasting hotdogs over an open fire, roasting marshmallows 'til golden brown for a s'more, or making hobo pies in the irons, drinking cider, talking & laughing, listening to the crickets, and enjoying the great outdoors! Thanks, Myra & family and staff!

That leads us to the community Oktoberfest the first Sunday of October (the 7th) from 2:00p – 4:00p. Horse-drawn hayrides, apple-bobbing, German fare, live accordion music, polka dancing, shopping among crafters and vendors like pottery, jewelry, clothing, "31", Avon, Tupperware, and more, eating some more, making a scarecrow or watching the creativity, eating some more, see who wins the apple butter contest, and try another dessert or big pretzel! Smell the straw, admire the colorful mums, feel the crisp air, pet the horses, taste the apple butter, hear the rhythm of the polka music and horses' hooves, experience the fun of the season! Enjoy the bounty.

October also brings candy corn and the community card party (this time to benefit the residents' activity programming). A nice buffet of seasonal food, lots of prizes, desserts, fun, and of course, card playing and board games come together as friends, families, and residents enjoy the evening. A donation of \$5 gets a delightful evening. When you donate a bag(s) of candy (soft, wrapped kind) your will be entered to win more prizes! This helps the residents participate in the tradition of trick-or-treat night like at home – Thank You!

Among the fall décor inside and outside, we enjoy decorating pumpkins together, and we'll build a scarecrow for the contest at the Oktoberfest – come help us if you like – we can get quite creative! One time we made one to resemble Mike (of Activities) with glasses, red accessories, and a tube of red



November



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h2>Garden Activities of Dover</h2>		<i>Mon. & Fri. Nites Movies on Ch. 2 7:00pm</i> Activities subject to change <i>Everyday Games in the Dining Room</i> <i>Wii Available Daily</i> <i>Daily: Afternoon & Evening Card Club</i>	<i>PS Salon Services Tuesday thru Saturday</i> <i>Look for Guys Gathering Outings - TBA</i> <i>Daily Computer Use Available</i> <i>Check out the fundraisers for Cancer & Alzheimer's</i> <i>Rehab Crafts Tuesdays - 1:30pm</i>	Art Lesson Face Proportions-G 1 9:00 Let's Get Fit w/Mike & Devotions 9:30 Current Events 9:45 Music With Laura 10:00 Yahtzee 10:30 Crafts 2:00 Forever Young - Singers 3:30 Volleyball 4:00 Karaoke 6:00 Creative Corner	2 Afternoon Special Fun With Marge 9:00 Rise & Shine/ Exercise Time 9:30 Morning Chat 1:30 Dot Visits 1:30 Jingo 3:30 Horseshoes 4:00 Social Hour 7:00 Movie Ch.2	3 10:00 Lights For Christ Visits 1:30 Bingo With Staff Individual Activities Cards - Puzzles Board Games
		4 11:30 Catholic Communion 2:00 Alpine Bible Church Service	5 9:00 Energize w/Mike & Devotions 9:30 Bowling 10:30 Uno 1:45 Bingo 3:30 Parachute Partners 4:00 Name That Tune 7:00 Movie Ch. 2	6 Outing - TBA 9:00 Total Stretches 9:30 News & Chat 9:45 Music With Laura 10:00 Culinary Corner 2:00 Games of Choice 3:30 Crafts 6:00 Resident Choir	7 9:00 Loosen Up w/Mike & Devotions 10:30 Nail Polish Mania 1:30 Bingo 2:00 Chef Demo 3:00 Dover Library Visits 3:00 Catholic Visit 3:30 Bocci 4:00 Pick Your Brain	8 9:00 Let's Get Fit w/Mike & Devotions 9:30 Current Events 9:45 Music With Laura 10:00 Yahtzee 10:30 Crafts 3:30 Volleyball 4:00 Karaoke 6:00 Creative Corner 6:30 Wayne Roth - Music
11 11:30 Catholic Communion 2:00 Rev. Robb's Church Service	12 9:00 Energize w/Mike & Devotions 9:30 Bowling 10:30 Uno 1:45 Bingo 3:30 Parachute Partners 4:00 Name That Tune 7:00 Movie Ch. 2	13 Warther's Christmas Tree Outing TBA 9:00 Total Stretches 9:30 News & Chat 9:45 Music With Laura 10:00 Culinary Corner 10:30 Catholic Mass 2:00 Joyce Cecil - Piano Music 3:30 Crafts 6:00 Resident Choir	14 9:00 Loosen Up w/Mike & Devotions 10:30 Nail Polish Mania 1:30 Bingo 3:00 Dover Library Visits 3:00 Catholic Visit 3:30 Bocci 4:00 Pick Your Brain	15 Art Lesson Hand Proportions/G 9:00 Let's Get Fit w/Mike & Devotions 9:30 Current Events 9:45 Music With Laura 10:00 Yahtzee 10:30 Crafts 12:00 Thanksgiving Buffet 2:00 Bruce SeEVERS 3:30 Volleyball 4:00 Karaoke 6:00 Creative Corner	16 Afternoon Special Fun With Marge 9:00 Rise & Shine/ Exercise Time 9:30 Morning Chat 10:00 Crafts 1:30 Jingo 3:30 Horseshoes 4:00 Social Hour 7:00 Movie Ch.2	17 1:30 Bingo With Staff Individual Activities Cards - Puzzles Board Games
18 11:30 Catholic Communion 2:00 Dover Bible Church Service	19 9:00 Energize w/Mike & Devotions 9:30 Bowling 10:30 Uno 1:45 Bingo 3:30 Parachute Partners 4:00 Name That Tune 7:00 Movie Ch. 2	20 9:00 Total Stretches 9:30 News & Chat 9:45 Music With Laura 10:00 Culinary Corner 2:00 Pie Walk 2:00 Fundraiser/R 2:00 Games of Choice 3:30 Crafts 6:00 Resident Choir	21 9:00 Loosen Up w/Mike & Devotions 10:30 Nail Polish Mania 1:30 Bingo 3:00 Dover Library Visits 3:00 Catholic Visit 3:30 Bocci 4:00 Pick Your Brain	22 Thanksgiving Dinner 12:00pm Cards - Puzzles Board Games	23 Afternoon Special Fun With Marge 9:00 Rise & Shine/ Exercise Time 9:30 Morning Chat 10:00 Crafts 1:30 Jingo 3:30 Horseshoes 4:00 Social Hour 7:00 Movie Ch.2	24 1:30 Bingo With Staff Individual Activities Cards - Puzzles Board Games
25 11:30 Catholic Communion 2:00 Church Of New Hope Church Service	26 9:00 Energize w/Mike & Devotions 9:30 Bowling 10:30 Uno 1:45 Bingo 3:30 Parachute Partners 4:00 Name That Tune 7:00 Movie Ch. 2	27 9:00 Total Stretches 9:30 News & Chat 9:45 Music With Laura 10:00 Culinary Corner 2:00 Games of Choice 3:00 Resident Council 3:30 Crafts 6:00 Resident Choir	28 9:00 Loosen Up w/Mike & Devotions 10:30 Nail Polish Mania 1:30 Bingo 3:00 Dover Library Visits 3:00 Catholic Visit 3:30 Bocci 4:00 Pick Your Brain	29 9:00 Let's Get Fit w/Mike & Devotions 9:30 Current Events 9:45 Music With Laura 10:00 Yahtzee 10:30 Crafts 2:00 Jerome James - Singer 3:30 Volleyball 4:00 Karaoke 6:00 Creative Corner	30 Afternoon Special Fun With Marge 9:00 Rise & Shine/ Exercise Time 9:30 Morning Chat 10:00 Crafts 1:30 Jingo 3:30 Horseshoes 4:00 Social Hour 7:00 Movie Ch.2	Piano & Sing-A-Long By Al Mondays @ 2:00pm /G

For the next month's calendar check our web site (www.henniscarecentre.com) or pick up a free copy in the facility.

Hello from the Homesteaders,

Well summer was great, but sadly it has left us all too soon. Now that fall is here we are so very excited for all the wonders of color and fun that we are going to get to experience. We are excited for football season and getting to see our favorite teams play, as well as our spirit week and festivities, rides along the countryside to see the leaves change, and still enjoy the great outdoors as the weather allows. This includes the annual big trip to the Tuscarawas County Fair, participating in the local Alzheimer's Walk at Tuscora Park, and our continued outings to performances, lunches, and shopping!

With the end of September quickly approaching we can not wait to start celebrating all the different holidays, and before we know it fall will even be gone and we will be well on our way to coldness of winter.

We enjoyed spending time together during Grandparent's Day with live music from Bart Herman and eating sweet treats. October brings with it the Oktoberfest this year and all that wonderful German food. Hmmm Yummy! We can not wait to polka the night away, go bobbing for apples, not to mention hay rides!! We can not wait for all our fun festivities for Halloween, either! To see the children come dressed in their costumes and even to get dressed up ourselves, is just so much fun-not to mention all the good eats! Don't forget about our benefit card party on October 10 where a bag of wrapped candy donated will put you in a contest for a prize!

From October we are going to move into November, which of course brings us the wonderful holiday of Thanksgiving. The Thanksgiving Buffet on the 15th brings pumpkin pies and a lot of other good treats!! November also gives us an

opportunity to honor our veterans and we look forward to our Veterans Day program to honor such brave men and women.

Of course after Thanksgiving and November, comes December and Christmas!! It doesn't matter how old you get - you can still love Christmas - and we definitely do. We are so excited to deck the halls with boughs of holly and sing Christmas carols. We can't wait for Santa to come and visit us. We look forward to going for rides and seeing all the Christmas lights, and getting to spend the holidays with family and friends. Watch for the invitation in the mail for our annual Christmas Dinner Party on December 11.

We look forward to spending the holidays with everyone and hope to see you all for the festivities!

Blessings!

Lauren and Kathy



SOCIAL SERVICES

MENTAL TUNE-UP

Pushing Play on a motivating music mix may give you a bigger boost of energy than a nap, say the authors of *Your Playlist Can Change Your Life*. Arrange the songs so that the first has the fewest beats per minute and the last has the most. This gives you a buildup effect to maximize your alertness. To calculate the BPM of your favorite tunes, go to the website Handy Software Tools (all8.com/tools), hit PLAY on your iPod, and tap out the beats using any key on your keyboard. Check out this list:

BPM SONGS

138	Back on the Chain Gang, Pretenders
139	Beat It, Michael Jackson
145	We Didn't Start the Fire, Billy Joel
155	The Power of Love, Huey Lewis & the News
167	Rebel Yell, Billy Idol



Source: familycircle.com

Need to Recharge?

Are you feeling tired and wrung out? Here are some ways to try and boost your energy level:

- Listen to your favorite music
- Read something inspirational
- Say affirmations in the morning and at night
- Eat more fruit and vegetables
- Do something nice for yourself
- Increase your contact with positive people and decrease your contact with negative people
- Remove hydrogenated oils from your diet
- Get eight hours of sleep
- Drink green tea instead of coffee
- Get 30 minutes of physical exercise a day
- Take 10 deep breaths when something overwhelms you
- Drink water instead of soda

-adapted from www.jongordon.com



November



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
Homestead Activities of Dover		<i>Activities subject to change.</i> <i>Everyday Games in the Dining Room</i> <i>Wii Available Daily</i> <i>Mon. & Fri. Nites Movies on Ch. 2 7:00pm</i> <i>Kathy's Daily Surprises</i>	<i>PS Salon Services Tuesday thru Saturday</i> <i>Look for Guys Gathering Outings - TBA</i> <i>Daily Computer Use Available</i> <i>Check out the fundraisers for Cancer & Alzheimer's</i> <i>Rehab Crafts Tuesdays - 1:30pm</i>	Art Lesson Face Proportions-G 1 8:30 Current Events 9:00 Daily Devotions 9:30 Chatty Kathy 10:00 Sensory Time 12:30 Piano Lounge 1:00 Magic Memory 2:00 Forever Young - Singers/G 3:00 Ball Toss 5:30 Story Telling 7:00 Lotion Therapy	2 8:30 Current Events 9:00 Daily Devotions 9:30 Chatty Kathy 12:30 Piano Lounge 1:00 Cooking In The Kitchen 3:00 Trivia 7:00 Movie - Ch. 2 7:00 Lotion Therapy	3 8:00 Morning Tunes 8:30 Current Events 9:00 Social Circle 10:00 Sensory Time 1:30 Karaoke 7:00 Lotion Therapy		
		4 8:00 Morning Tunes 8:30 Current Events 9:00 Social Circle 10:00 Sensory Time 1:30 Karaoke 2:00 Alpine Bible Church Service-G 7:00 Lotion Therapy	5 8:30 Current Events 9:00 Daily Devotions 9:30 Chatty Kathy 12:30 Piano Lounge 1:30 Bingo 2:00 Sensory Time 3:00 Spelling Bee 7:00 Movie - Ch. 2 7:00 Lotion Therapy	6 Outing - TBA 8:30 Current Events 9:00 Daily Devotions 9:30 Chatty Kathy 9:45 Curls & Pearls 12:30 Piano Lounge 1:00 Bowling 3:00 Crafts 7:00 Lotion Therapy	7 8:30 Current Events 9:00 Social Circle 10:00 Nail Mania 12:30 Afternoon Tunes 1:30 Cards/Games 2:00 Polly's Readings 3:00 Trivia 7:00 Lotion Therapy	8 8:30 Current Events 9:00 Daily Devotions 9:30 Chatty Kathy 10:00 Sensory Time 12:30 Piano Lounge 1:00 Magic Memory 3:00 Ball Toss 5:30 Story Telling 6:30 Wayne Roth - Music/G 7:00 Lotion Therapy	9 8:30 Current Events 9:00 Daily Devotions 9:30 Chatty Kathy 12:30 Piano Lounge 1:00 Cooking In The Kitchen 1:30 Veteran's Day Program/R 3:00 Trivia 7:00 Movie - Ch. 2 7:00 Lotion Therapy	10 8:00 Morning Tunes 8:30 Current Events 9:00 Social Circle 10:00 Sensory Time 1:30 Karaoke 7:00 Lotion Therapy
		11 8:00 Morning Tunes 8:30 Current Events 9:00 Social Circle 10:00 Sensory Time 1:30 Karaoke 2:00 Rev. Robb's Church Service-G 7:00 Lotion Therapy	12 8:30 Current Events 9:00 Daily Devotions 9:30 Chatty Kathy 12:30 Piano Lounge 1:30 Bingo 2:00 Sensory Time 3:00 Spelling Bee 7:00 Movie - Ch. 2 7:00 Lotion Therapy	13 Warther's Christmas Tree Outing TBA 8:30 Current Events 9:00 Daily Devotions 9:30 Chatty Kathy 9:45 Curls & Pearls 12:30 Piano Lounge 1:00 Bowling 1:30 Catholic Mass 2:00 Joyce Cecil - Piano Music/G 3:00 Crafts 7:00 Lotion Therapy	14 8:30 Current Events 9:00 Social Circle 10:00 Nail Mania 12:30 Afternoon Tunes 1:30 Cards/Games 2:00 Polly's Readings 3:00 Trivia 7:00 Lotion Therapy	15 Art Lesson Hand Proportions/G 8:30 Current Events 9:00 Daily Devotions 9:30 Chatty Kathy 10:00 Sensory Time 12:30 Piano Lounge 12:00 Thanksgiving Buffet 1:00 Magic Memory 2:00 Bruce SeEVERS 3:00 Ball Toss/G 5:30 Story Telling 7:00 Lotion Therapy	16 8:30 Current Events 9:00 Daily Devotions 9:30 Chatty Kathy 12:30 Piano Lounge 1:00 Cooking In The Kitchen 3:00 Trivia 7:00 Movie - Ch. 2 7:00 Lotion Therapy	17 8:00 Morning Tunes 8:30 Current Events 9:00 Social Circle 10:00 Sensory Time 1:30 Karaoke 7:00 Lotion Therapy
		18 8:00 Morning Tunes 8:30 Current Events 9:00 Social Circle 10:00 Sensory Time 1:30 Karaoke 2:00 Dover Bible Church Service-G 7:00 Lotion Therapy	19 8:30 Current Events 9:00 Daily Devotions 9:30 Chatty Kathy 12:30 Piano Lounge 1:30 Bingo 2:00 Sensory Time 3:00 Spelling Bee 7:00 Movie - Ch. 2 7:00 Lotion Therapy	20 8:30 Current Events 9:00 Daily Devotions 9:30 Chatty Kathy 9:45 Curls & Pearls 12:30 Piano Lounge 1:00 Bowling 2:00 Pie Walk Fundraiser/R 3:00 Crafts 7:00 Lotion Therapy	21 8:30 Current Events 9:00 Social Circle 10:00 Nail Mania 12:30 Afternoon Tunes 1:30 Cards/Games 2:00 Polly's Readings 3:00 Trivia 7:00 Lotion Therapy	22 Thanksgiving Dinner 12:00pm Cards - Puzzles Board Games	23 8:30 Current Events 9:00 Daily Devotions 9:30 Chatty Kathy 12:30 Piano Lounge 1:00 Cooking In The Kitchen 3:00 Trivia 7:00 Movie - Ch. 2 7:00 Lotion Therapy	24 8:00 Morning Tunes 8:30 Current Events 9:00 Social Circle 10:00 Sensory Time 1:30 Karaoke 7:00 Lotion Therapy
25 8:00 Morning Tunes 8:30 Current Events 9:00 Social Circle 10:00 Sensory Time 1:30 Karaoke 2:00 Church Of New Hope Church Service-G 7:00 Lotion Therapy	26 8:30 Current Events 9:00 Daily Devotions 9:30 Chatty Kathy 12:30 Piano Lounge 1:30 Bingo 2:00 Sensory Time 3:00 Spelling Bee 7:00 Movie - Ch. 2 7:00 Lotion Therapy	27 8:30 Current Events 9:00 Daily Devotions 9:30 Chatty Kathy 9:45 Curls & Pearls 12:30 Piano Lounge 1:00 Bowling 3:00 Resident Council/G 3:00 Crafts 6:15 Apples Of Gold 7:00 Lotion Therapy	28 8:30 Current Events 9:00 Social Circle 10:00 Nail Mania 12:30 Afternoon Tunes 1:30 Cards/Games 2:00 Polly's Readings 3:00 Trivia 7:00 Lotion Therapy	29 8:30 Current Events 9:00 Daily Devotions 9:30 Chatty Kathy 10:00 Sensory Time 12:30 Piano Lounge 1:00 Magic Memory 2:00 Jerome James - Singer/G 3:00 Ball Toss 5:30 Story Telling 7:00 Lotion Therapy	30 8:30 Current Events 9:00 Daily Devotions 9:30 Chatty Kathy 12:30 Piano Lounge 1:00 Cooking In The Kitchen 3:00 Trivia 7:00 Movie - Ch. 2 7:00 Lotion Therapy	<i>Piano & Sing-A-Long By Al Mondays @ 2:00pm /G</i>		

For the next month's calendar check our web site (www.henniscarecentre.com) or pick up a free copy in the facility.

Trick or Treat!!!

Have you noticed kids today are so much smarter than they used to be?! Seriously, even last year when I would ask them to let me search their candy for hidden pins or such, they did not fall for that one bit. No sir, they just thought I wanted to eat their dark chocolate Mounds candy bars, or their Junior Mints, or especially those yummy Midnight Dark Chocolate Milky Ways (they are the best)! But, this year those Nussbaumer boys Andrew, Zack, and David are on to me! Remember moms and dads, next year Mike in activities will collect all dark chocolate so YOU don't have to - ha ha! We anticipate a fun evening again this year as the staffs children and grandchildren roam the halls, dressed up so cute for Halloween, trick or treating at the doorways - we all enjoy it so much!

The activity card party is October 10 and we trust it will again be very successful. Thanks again to all those who bring individually wrapped candy for our trick or treaters. (You will be entered into a prize drawing). It is very welcomed! We also look forward to our Halloween party at the end of the month complete with music, goodies, and fun!

Al Zimmerman from Akron will be playing the accordion for Oktoberfest the first Sunday in October from 2:00 - 4pm. We have had Al for the last few years and he is always requested by several families, so once again, welcome back, Al! I certainly hope everybody comes and enjoys the many events planned. Also, please gather old clothes to dress up your very own scarecrow and hopefully win a prize! That has fast become a very favorite activity for the day.

With the wonderful food, music and shopping from the many vendors going on, you would think that would be enough, but not so, there will also be horse drawn hay rides for the whole family. So you'd better be here! This is a complimentary gift back to the community!

With this being election year so many of you are bewildered and troubled by the tactics from both parties. So you need to inform yourself and ask questions, read the papers, follow the news stories, get involved with the election process, but please don't give up your right to vote this year or any year for that matter, because only you can make a difference. The Tuscarawas County Board of Elections will be in to do absentee voting the last week in October. Please call or see me closer to the date and I will give you the exact date and time.

This year for Veteran's Day we will be welcoming Lt. Scott Duperee and his wife Lt. Jessica Duperee from the Salvation Army. They will be doing the Veteran's Day program for us. So please join us in the Rehab dining room for this special event. It would be very nice if you want to wear your service uniform that day. Thank you, all women and men of all branches of the military for your service!

I hope everybody enjoys their Thanksgiving holiday this year. This is the one day of the year we can all reflect on all of the blessings we have received. Everyone has their own individual memories of Thanksgiving. My husband, Barry tells of five members of his family plus Grandma Scholles all piling into the one floor, bungalow-style home of his Aunt Katherine and Uncle Paul Dulabahn on Manitou Avenue

in Akron. The house had only two small bedrooms, one tiny bathroom, a tiny kitchen, living room and a room they called the "solarium." That was originally the front porch, which they had walled in and carpeted. All eight people crowded into one bedroom, converted to a dining room just for Thanksgiving. Thank goodness the three kids were still smaller back then! It was a tiny house full of love for Thanksgiving! This was a Thanksgiving tradition that continued until Aunt Katherine was well into her seventies and was no longer able to cook an entire dinner for everyone! Come share and reminisce your holidays with us, we'd all love to hear your stories and memories!

Our Hennis Rehab Christmas dinner will be Monday night, December 10th at 6pm. Please plan to attend, invitations will be in the mail. We have a truly wonderful dinner planned. There is no better way to spend an evening with your mom, dad, or friend. This will be a dinner you won't forget--I promise!

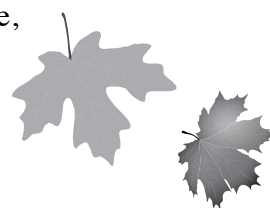
Santa comes in for a landing for his annual visits on December 21st at 10am. He will be visiting all through the facility on that day!

Jerome James will be here for the balloon drop for New Year's on December 28th at 2pm. I can't think of a better way to end this year and welcome in the New Year than with Jerome!

Happy New Year everybody!

Till next time,

Mike





November



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
Rehabilitation Activities of Dover		<i>Activities subject to change.</i> <i>Everyday Games in the Dining Room</i> <i>Wii Available Daily</i> <i>Daily: Afternoon & Evening Card Club-G</i> <i>Mon. & Fri. Nites Movies on Ch. 2 7:00pm</i>	<i>PS Salon Services Tuesday thru Saturday</i> <i>Look for Guys Gathering Outings - TBA</i> <i>Daily Computer Use Available</i> <i>Check out the fundraisers for Cancer & Alzheimer's</i> <i>Rehab Crafts Tuesdays - 1:30pm</i>	1 Art Lesson Face Proportions-G 8:00 Breakfast Club 9:00 Wrinkle Busters 10:00 Moving w/Mike 10:30 Morning Devotions 2:00 Forever Young - Singers/G	2 7:30 Breakfast Club 9:00 Gardens Exercise 10:00 Morning Prayer 11:00 Thankful Stories 1:00 Domino's until 3:00 7:00 Movie - Ch. 2	3 8:00 Breakfast Your Way 11:00 All Day Computer		
		4 11:30 Catholic Communion 2:00 Alpine Bible Church Service/G	5 7:30 Breakfast Club 9:00 Gardens Exercise 9:30 Lord's Prayer 10:00 Rehab Exercise 1:30 Bingo/G 7:00 Movie - Ch. 2	6 Outing - TBA 7:30 Breakfast Club 9:00 Let's Get Moving 10:00 Prayers 11:00 Double Letter 1:30 Domino's	7 8:00 Breakfast Club 9:00 Flap Those Wings 10:00 Spiritual Gift 11:00 1:1 Visits 12:00 Chef Demo 1:30 Bingo/G	8 8:00 Breakfast Club 9:00 Wrinkle Busters 10:00 Moving w/Mike 10:30 Morning Devotions 2:00 500 Rummy 6:30 Wayne Roth - Music/G	9 8:00 Breakfast Club 9:00 Gardens Exercise 10:00 Daily Devotions 11:00 Thankful Stories 1:00 Domino's until 3:00 1:30 Veteran's Day Program 7:00 Movie - Ch. 2	10 8:00 Breakfast Your Way 11:00 All Day Computer
		11 11:30 Catholic Communion 2:00 Rev. Robb's Church Service/G	12 7:30 Breakfast Club 9:00 Gardens Exercise 9:30 Lord's Prayer 10:00 Rehab Exercise 11:00 Stories To Remember 1:30 Bingo/G 7:00 Movie - Ch. 2	13 Wartner's Christmas Tree Outing TBA 7:30 Breakfast Club 9:00 Let's Get Moving 10:00 Prayers 11:00 Double Letter 1:30 Domino's 2:00 Joyce Cecil - Piano Music	14 8:00 Breakfast Club 9:00 Flap Those Wings 10:00 Spiritual Gift 11:00 1:1 Visits 1:30 Bingo/G	15 Art Lesson Hand Proportions/G 8:00 Breakfast Club 9:00 Wrinkle Busters 10:00 Moving w/Mike 10:30 Morning Devotions 12:00 Thanksgiving Buffet 2:00 Bruce Seevers - Music/G	16 8:00 Breakfast Club 9:00 Gardens Exercise 10:00 Daily Devotions 11:00 Thankful Stories 1:00 Domino's until 3:00 7:00 Movie - Ch. 2	17 8:00 Breakfast Your Way 11:00 All Day Computer
		18 11:30 Catholic Communion 2:00 Dover Bible Church Service/G	19 7:30 Breakfast Club 9:00 Gardens Exercise 9:30 Lord's Prayer 10:00 Rehab Exercise 11:00 Stories To Remember 1:30 Bingo/G 7:00 Movie - Ch. 2	20 7:30 Breakfast Club 9:00 Let's Get Moving 10:00 Prayers 11:00 Double Letter 1:30 Domino's 2:00 Pie Walk Fundraiser/R	21 8:00 Breakfast Club 9:00 Flap Those Wings 10:00 Spiritual Gift 11:00 1:1 Visits 1:30 Bingo/G	22 Thanksgiving Dinner 12:00pm Cards - Puzzles Board Games	23 8:00 Breakfast Club 9:00 Gardens Exercise 10:00 Daily Devotions 11:00 Thankful Stories 1:00 Domino's until 3:00 7:00 Movie - Ch. 2	24 8:00 Breakfast Your Way 11:00 All Day Computer
		25 11:30 Catholic Communion 2:00 Church Of New Hope Church Service/G	26 7:30 Breakfast Club 9:00 Gardens Exercise 9:30 Lord's Prayer 10:00 Rehab Exercise 11:00 Stories To Remember 1:30 Bingo/G 7:00 Movie - Ch. 2	27 7:30 Breakfast Club 9:00 Let's Get Moving 10:00 Prayers 11:00 Double Letter 1:30 Domino's 3:00 Resident Council/G	28 8:00 Breakfast Club 9:00 Flap Those Wings 10:00 Spiritual Gift 11:00 1:1 Visits 1:30 Bingo/G	29 8:00 Breakfast Club 9:00 Wrinkle Busters 10:00 Moving w/Mike 10:30 Morning Devotions 2:00 Jerome James - Singer/G	30 8:00 Breakfast Club 9:00 Gardens Exercise 10:00 Daily Devotions 11:00 Thankful Stories 1:00 Domino's until 3:00 7:00 Movie - Ch. 2	<i>Piano & Sing-A-Long By Al Mondays @ 2:00pm /G</i>

For the next month's calendar check our web site (www.henniscarecentre.com) or pick up a free copy in the facility.

DOVER SUMMERTIME ACTIVITIES



The great guys Clint Wilson brought from Novogradac Accounting Co. to support our hotdog stand fundraiser - *Thank you!*



On the front porch - ladies shelling elderberries for delicious pie



Enjoying fruits of their labor



George P. enjoys a pet visit from "Charlie" and Brian Hennis



Jane N. gets a kiss from "Charlie" while visiting with Brian Hennis



Patty and Row - Labor Day festivities - Balloon blowing contest



Tori and Doris B. along with Chloe color a VBS picture together



VBS "Walk of Fame" handprints of children and adults



Time for VBS refreshments out back



Alice L. enjoys family visit with newborn baby



A peaceful morning - A friend of Sally's plays the dulcimer by the waterfall as Sally sings hymns



Doris Ludwig and volunteer, Annabelle - swing and sway to the live piano tunes



Thelma Shaffer and Louise Gorman mixing up a batch



Ruth Hughes and Kathy Marburger bowling



Joanne Shroyer rooting for Team USA Olympics



Don M. enjoys a hug from fellow veteran, Debbie Cook, visiting and saying "thank you"



Viola Smith preparing the fresh corn on the cob



Halen Maney and Evelyn Varansky husking corn



Virginia Landis cleaning an ear of corn



Martha Roup and Lauren Wilson share a hug



lipstick – her trademark!

Oct. 23 we will host trick-or-treat night as a perk for the staff's children and grandchildren. We are amused with the traditional, scary, cute costumes and new characters worn by all ages (kids and adults) as they go door to door – even the staff like to dress up for the festive night. And, what would the 31st be without a party? Our Halloween party is slotted for that afternoon with entertainment, goblin goodies, masks & costumes, and holiday fun! You know you're welcome, too!

The weather is cooling down come November, but more keeps happening. Debbie Cook, (Army veteran) of the Veterans Office, routinely visits the veterans here at HCC – going room to room with a greeting & thanks, a treat or gift, and a hug or friendly smile. Thank you, Debbie, for extending your kindness every month! If you're not on her list, be sure to let us know. We will salute the veterans at our Veterans Day program Nov. 9 at 1:30p provided by the new Lts. of the Salvations Army – Lts. Scott and Jessica Duperee, and we hope you can join us to give thanks and recognition to past and present military persons. Mike suggests anyone to wear their uniforms if they wish. Remember to cast your vote! Mike has been very helpful to assist the Board of Elections with registering residents to continue that privilege.

The holidays are not far behind now. Every year the staff hosts a Thanksgiving buffet (Nov. 15) with a covered dish & desserts (dietary prepare the ham/turkey) for a special day that's always a hit; people share recipes & enjoy this bounty as they sit and dine together. Of course, on Thanksgiving Day, the customary dinner is served complete with all the fixings! But, before the big day, might you need a pie for your gatherings? Come on over for an old fashioned pie walk fundraiser – for 50 cents a round, you can walk, dance, or wheel around the table to fun music to win a pie from a great assortment! All for the good of Alzheimer's and cancer – and for the ease - no muss/no fuss! Bringing out the greens, ornaments, wreaths, making our lists, baking cookies, making candy, scheduling events and church services...hmm... sounds like Christmas time! Mark your calendars for all our holiday functions.

The family Christmas dinner is Dec. 12 – guests will receive invitations in the mail. Remember, too, at holidays and year round, you may reserve a special meal date with your family – contact the receptionist for arrangements. Crafts are to be made. Our door decorating contest will be underway – open to families and staff – (sign up with the receptionist) including prizes. Ho Ho Ho – Santa visits early on the 21st. Many groups and individuals come to entertain and visit. Baking to do – yum, smell the cinnamon and clove? See our bus out touring the town's Christmas displays. Preparing a day to shop at the mall and near by shops. Getting our hair done among festive moods and special events. Signing holiday cards for the servicemen. More decorating and fun to help. Wrapping gifts for family and friends. The tree is going up – twinkle of colorful lights and placing the ornaments in just the right place. Ah, it's beautiful. The hush of a snowfall, peaceful times, sacred music, a tree pointing upward to the reason of the season... Wishing all of you a very merry Christmas, a happy, peaceful new year, and a contented, beautiful life.

FAIR PHOTOS



Marlene Boka and staff
Candice at the fair



Fair Group (gardens/rehab) Row, Jane,
Faith, Marsha, Tonya, and Pam



Thelma Shaffer and
son-in-law at the fair



Betty Contini and Catherine Rinehart
with Rachelle and Staff



Delores Wright and Doris Smearman



Marcia and Butch at the fair



John Mossor admires a sheep



Denise Garvin and
Delores Wright



Floyd Stein petting the sheep



Barb Arney with
Toyna and Mike



Shirley Chromey and staff
Bert at the fair



Kathy Meese
breaks with lunch



Doris Briggs
and staff enjoy goodies



Bill Miller and Randy Garvin



Phyllis Gardner has the best seat with sister-in-law to watch her brother, Al Batalio play the piano



Middie and Virginia enjoy VBS refreshments with children on back patio

Health Care Professionals Earn Long Term Care Scholarships

Four women were presented scholarships to pursue nursing education. State Tested Nurse Aide Samantha Emig was awarded the Harriet B. Hennis Scholarship for \$2,500, and Nurse Monica Alleshouse was the recipient of the Bert & Louis Rueben Scholarship for \$4,000, both individuals are of Hennis Care Centre of Dover and furthering their careers in nursing. Additionally, Anie Djiadeu received the Harry & Patricia Hennis Scholarship for \$2,500, as well as Cynthia Czech of Strongsville was presented the Alice M. Hill Scholarship (the late registered nurse of HCC) for \$2,500. They are part of 42 recipients of scholarships totaling \$114,000 presented to students for their education in long-term care related fields by the educational arm of the Ohio's largest long-term care organization.

The Ohio Health Care Association Educational Foundation presented the scholarships during special ceremonies at the Ohio Health Care Association's 66th Annual Convention in Columbus, Ohio. The Foundation is an affiliate of OHCA, which represents more than 700 long-term care facilities in the state.

Scholarships of \$4,000 and \$2,500 were presented to students pursuing long-term careers. Applicants must be employed at an OHCA member facility. Scholarship winners are selected based on a scoring system that evaluates scholastic achievement, employment history, recommendations, and financial need.

The OHCA Educational Foundation has awarded more than one million dollars in scholarships to over 600 caregivers since its establishment in 1989.

Hennis Care Centre of Dover and Bolivar is licensed to care for over 200 residents in Tuscarawas and surrounding counties. The facilities provide skilled, intermediate, and assisted living nursing care services as well as out-patient and in-house therapy with a staff of over 300 long-term care employees.

The Ohio Health Care Association is a non-profit association of more than 700 skilled nursing facilities, assisted living communities, and providers serving people with intellectual and developmental disabilities, representing over 50,000 individuals. Many OHCA members also provide a variety of home and community-based services. OHCA is the largest long-term care association in the state, and the only chartered Ohio affiliate of the American Health Care Association, representing more than 12,000 long-term care facilities nation-wide.



DATES TO REMEMBER

NOVEMBER

Nov. 9 - Veterans Day Program - 1:30p, Dover & Bolivar

Nov. 14 - HCC-hosted Lunch & Learn, Tusc. Senior Center, 11:45a, Speaker - Denise Waldman of Occupational Therapy

Nov. 15 - Thanksgiving Buffet hosted by the staff, Lunch time meal, Dover & Bolivar

Nov. 20 - Pie Walk Fundraiser - HCC of Dover, 2:00p

Nov. 22 - Traditional Thanksgiving Dinner, noon time meal

DECEMBER

Dec. 1 - HCC Staff Company Christmas Dinner & Dance, 6:00p - 10:00p, Performing Arts Center

Dec. 8 - In-house Santa Breakfast (for staff children/grandchildren), 9:00a, Dover Rehab

Dec. Resident Family Christmas

Dinners:

HCC of Dover: Rehab 10th, Homestead 11th, Gardens 12th, 6:00p (invitations by mail)

HCC of Bolivar: Gardens 4th, Rehab 5th, Homestead 6th

Dec. 12 - HCC-hosted Lunch & Learn, Tusc. Senior Center, 11:45a, by Chef Matthew & Chef Brian of Bolivar & Dover

Santa Visits with Residents:

Dover - 21 - 9:00a - 12:00p

Bolivar - 21 - 1:00p - 3:30p

Dec. 31 - New Year Party, 2:00p, Dover & Bolivar

** Watch the calendars/signs for many planned and unannounced holiday visitors and entertainers*

BOLIVAR SUMMERTIME ACTIVITIES



Betty dancing at the Western Party



Cowboy Mr. Caporali and Mrs. Caporali enjoying the Western evening



Norma and her daughter baking away!



Midge tying baby blankets for Akron Children's



Mary enjoying the early fall breeze



Marlin gets a puppy visit



Violet enjoying some homemade pizza



VOLUNTEER

Seeking persons interested in helping with crafts & games (once a week or more - day/evening) at HCC of Dover Gardens/WIII

Volunteers at Hennis Care Centre do much more than just game playing, crafts, and baking. They make our residents and your loved ones feel special and involved. There are over 20 different ways you can volunteer your time to those at Hennis. *If you'd like to be a part of our rewarding volunteer program, visit henniscarecentre.com, or ask for the Activities Department or Public Relations.*



Richard helps Dianna shred papers

BOLIVAR SUMMERTIME ACTIVITIES



Ray and STNA Rob having a stand off



Exercise ball toss is always a favorite



Kathryn celebrates her birthday and her family brought in cake to share



Helen meticulously sorts papers



Marie working on blankets for Akron Children's



A rare sight to see Mr. Lewton inside- he's got his hat and ready for an afternoon outdoors!



Denise all smiles while she enjoys her lunch outside



Tom trying his hand at cornhole



A very happy Mr. and Mrs. Ross



Myra enjoying the Women's Luncheon with family



Two handsome Genes showing off their smiles



Hazel helping to make baby blankets for Akron Children's hospital



John and STNA Michael playing an intense game of checkers



Helen enjoying Jon King's country music

It was a very hot, dry summer and we were ready to say hello to fall! In July everyone enjoyed the Pig Roast. Chef Matthew and Dave Wood spent the night before and all day Saturday roasting the pig. It was a long day for them, but the food was delicious! Stacey Swain volunteered to take family pictures. She set up a western scene in the gazebo, and the pictures turned out so nice. Jon King sang and had many residents and families dancing and singing along.

In August we had a Men's and a Women's luncheon. We were entertained that month by Jon King, Tim Turkal, Don Miller, Gene W, and Chuck's Puppets. We spent some time in the garden playing corn hole and listening to music on the cooler days.

September brought a wagon full of new puppies; holding a puppy brings back so many good memories. We had a nice crowd for the Grandparents Day wiener roast. Many families brought covered dishes and we roasted hot dogs over an open fire. We were entertained by the Doodle-Le-Doos on the 13th. They are such good entertainers and involve all

the residents in the room. Later that month Fran Zupp, Max G. and Jon King sang for us. Chef Matthew has been having Chef's Creations once a month; teaching the residents how to make different desserts. They help with the cutting and preparing. The end of September we went to the fair. What a fun day! We ate at the café then visited all the exhibits and tasted the waffles and fries and ice cream at the end of the day. Bud liked looking at the tractors and all the animals; Alice especially liked the horses.

In October we will be having another Card Party to raise money for our Activity Resident Programming. Please bring a bag or two of soft wrapped candy for Trick or Treat night and you will receive an extra chance at the door prizes. October 25th is trick or treat night and the staffs children and grandchildren will dress up and go through the halls and collect candy from the residents, just like at home! They are always so cute in their costumes. In November we will be having a Thanksgiving Buffet with covered dishes prepared by staff and the turkey and potatoes by the Chef. Thanksgiving day we will enjoy our usual holiday dinner,

too! We are looking forward to all the good food. At the end of the month we will start our Christmas shopping at the mall and decorating for the holidays.

We want to thank all our wonderful volunteers for helping us with Bingo, parties, the pig roast, exercise, Farkel, church, and so many other things. We couldn't do it without you. During Memory Magic we have been making blankets for Akron Children's Hospital and shredding paper for staff. Shredding paper and doing labels are some of our favorite activities. We feel so good when we can help others.

December will bring the Christmas Dinners and many groups coming to sing for us. Santa will bring us gifts at the resident Christmas party. We will be making decorations and icing cookies and all the other fun holiday activities. During Bingo on the 31st we will have a New Year's Eve Party. Stop by and spend some time with our exceptional residents and enjoy the holidays!

Merry Christmas,
The Garden Unit



THANK YOU!

Take Me out to the Ballgame...

HCC Charity Staff Softball Game - Dover vs. Bolivar

We thank all who participated and helped with our third annual charity softball game held Sept. 22 at the Dover Park. A good, fun, energetic game was played well by both teams. A concession stand was manned by Bolivar resident, Jean Little, and Vesta Haver, of Dover Dietary. Thank you to Manager, Bart Hughes, and the coaches! Residents, families, and staff cheered for their teams. Bolivar won 17 to 16 in the last inning, and the trophy continues to reside at HCC of Bolivar - congratulations! Special thanks to our sponsors: Beuhlers, Canal St. Diner, Catolla's Dry Cleaners, Chuck Nicholson, Creekside Gardens, Domino's Pizza, East of Chicago Pizza, HCC of Dover & Bolivar, Keeping You in Stitches Embroidery, Litty's, Mary Zifer's of Dover & Phila, Mel's Barbershop, River Greens Golf Course, Sammy Sue's BBQ, US Foodservice, WJER Radio, and Ziegler Tire. Thank you to the many individuals and businesses that donated time and money! We are pleased to have raised \$280 for the benefit of the Alzheimer's Association and American Cancer Society!



November



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Garden Activities of Bolivar		<i>Mail Call Monday-Saturday</i> <i>Individualized Visits 1:1</i> <i>Salon Services Mon. Wed. Thurs.</i> <i>Activities & Location Subject to Change</i>	ZUMBA Mondays at 7:00pm \$4.00 per person The Therapy Gym At HCC of Bolivar For info call 330-874-9999 ask for Dianna or Jeanne	1 9:15 Sensory Sensations 9:15 Rob's Sing A-Long 10:00 Nail Talk 12:30 Memory Magic 6:45 Wesleyan Kids "Reverse" Trick or Treat	2 9:00 Movie 10:15 Get Fit 12:30 Memory Magic 2:00 Movie 6:00 Horseshoes 7:00 Jon King Sings Country	3 1:45 Bingo With Family & Friends 6:00 Sensory Sensations 7:00 Movie
		4 9:30 Catholic Communion 2:00 Faith Baptist Church Service	5 10:15 Get Fit 12:30 Memory Magic 1:45 Bingo With Family & Friends 6:00 Win Lose Or Draw	6 9:00 Movie 9:15 Sensory Sensations 10:00 Nail Talk 12:30 Memory Magic 6:00 Beachball	7 8:45 Bible Study With Harry 10:15 Get Fit 12:30 Farkel 1:45 Card Bingo 6:00 Movie In The Library	8 9:15 Sensory Sensations 10:00 Catholic Mass 10:00 Nail Talk 12:30 Memory Magic 2:00 Movie
11 9:30 Catholic Communion 3:15 Bolivar Wesleyan Church Service	12 10:15 Get Fit 12:30 Memory Magic 1:45 Bingo With Family & Friends 6:00 Win Lose Or Draw	13 9:00 Movie 9:15 Sensory Sensations 10:00 Nail Talk 12:30 Memory Magic 2:30 Gene's Piano Tunes 7:00 Freewill Baptist Service	14 8:45 Bible Study With Harry 10:15 Get Fit 12:30 Farkel 1:45 Card Bingo 6:00 Movie In The Library 7:00 Fran Zupp's Gospels	15 9:15 Sensory Sensations 9:15 Rob's Sing A-Long 10:00 Nail Talk 11:30 Thanksgiving Buffet 12:30 Memory Magic 2:00 Movie	16 9:00 Movie 10:15 Get Fit 12:30 Memory Magic 2:00 Movie 6:00 Horseshoes	17 1:45 Bingo With Family & Friends 6:00 Sensory Sensations 7:00 Movie
18 9:30 Catholic Communion 2:00 Rev. Robb's Church Service	19 10:15 Get Fit 12:30 Memory Magic 1:45 Bingo With Family & Friends 6:00 Win Lose Or Draw	20 9:00 Movie 9:15 Sensory Sensations 10:00 Nail Talk 12:30 Memory Magic 6:00 Beachball	21 8:45 Bible Study With Harry 10:15 Get Fit 12:30 Farkel 1:45 Card Bingo 6:00 Movie In The Library	Happy Thanksgiving		24 9:30 Continental Breakfast 1:45 Bingo With Family & Friends 6:00 Sensory Sensations 7:00 Movie
25 9:30 Catholic Communion 2:00 Rev. Robb's Church Service	26 9:30 Resident Council 10:15 Get Fit 12:30 Memory Magic 1:45 Bingo With Family & Friends 6:00 Win Lose Or Draw	27 9:00 Movie 9:15 Sensory Sensations 10:00 Nail Talk 12:30 Memory Magic 2:00 Max's Piano Music 7:00 Freewill Baptist Service	28 8:45 Bible Study With Harry 10:15 Get Fit 12:30 Farkel 1:45 Card Bingo 6:00 Movie In The Library	29 9:15 Sensory Sensations 9:15 Rob's Sing A-Long 10:15 Christmas Shopping At The Mall	30 Holiday Shopping Front Lobby 9am - 4pm 9:00 Movie 10:15 Get Fit 12:30 Memory Magic 2:00 Movie 6:00 Horseshoes	

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Here we are... into the fall months!! The summer flew by very quickly; and before we know it the snow will be falling! Ok... sorry for mentioning that! We had a lot of fun during the summer, though. Our "Lunch-Bunch" took trips to "The Barn Restaurant" in Smithville, and "Dutch Valley". We had fun during the annual "Pig Roast" wearing our "Cowboy" hats and scarves, listening to the Country music by one of our favorite entertainers, Jon King, and visiting with family and friends for the day. We all thank our Chef Matthew and Dave Wood (Maintenance) for roasting the pig; they started the roasting around 2am on Saturday morning! They did a great job... it was delicious. I also want to thank the entire staff that were working that helped out; bringing the residents outside and assisting those that needed their help! We also thank the Good Lord for the beautiful day that we had! We had a "little" rain shower that lasted about a half hour, but it didn't dampen anyone's spirit! We had our regular monthly entertainers along with a few that only come in a few times during the year; The "Doodle-Le-Doos", Andi Mickelson and her piano students were back in to play for us, and Chuck Zerger and his puppets came back to perform.

In August, we had annual "Ladies' and Men's Luncheons." As usual, the food was very good and the conversation was enjoyed by all. During September, we held our annual "Grandparent's Day" wiener roast on the front parking lot. Everyone enjoyed the evening; the roasting of hot-dogs and marshmallows over the fire-pit, the conversation and listening to the "oldies." There is nothing like a good flame-melted marshmallow!!

October brings cooler temperatures, bright colored leaves, and our yearly "Fall Card Party". It will be held on the 17th at 7pm in the Rehab dining room and the Therapy gym. Plan to join us for this "fun-filled" evening of playing cards, laughing and talking. There will also be plenty of door-prizes to win! You receive one door-prize ticket when you donate \$5 and you can receive more tickets! You cannot believe how many kids attend! Although, I really don't believe that they (residents) give it all out to the kids; I think there are some candy being stuck into pockets for bed-time snacks (or shall we say "quality testing"- ha ha). Oh well, life is to be enjoyed!

In November we will be saluting our Veterans on the 9th of the month with

a service at 2pm. We will be enjoying a Thanksgiving buffet hosted by the staff for the (family) residents on the 15th here at the facility, and then enjoying Thanksgiving Day dinner with our other families in our home! We are planning on starting our Christmas shopping with a trip to New Towne Mall on the 29th; as long as the weather is good! If you would like to go along with us on this "excursion", please talk with Dianna, Stephanie or Jeanne. We would love to have you join us for the day; we always have a lot of fun!

Ok, are you ready for December? We are planning our Christmas dinner for the 5th at 6pm. We will be sending invitations out sometime in November, so watch your mail. I haven't spoken with "Santa" yet to find out when he'll be able to stop in, but I'm hoping for the 20th. We will send out flyers on this also when we are sure of the date and time.

I hope you have a wonderful fun-filled fall, and we look forward to seeing you at our holiday events.

Take care and God bless!

The Rehab



NURSING

Health Maintenance in the Elderly

Prevention of disease before it occurs is the goal to add more quality years to life by immunization.

Pneumococcal pneumonia and influenza are significant causes of mortality and morbidity in elderly people. It is recommended that the pneumococcal vaccine be given at least once to all people over age 65. Annual influenza vaccine is recommended for all people over age 65.

Another preventative is the tetanus-diphtheria immunization. It is an important but frequently forgotten component of health maintenance, especially in elderly

people. The mortality rate of tetanus exceeds 50% in those over age 65. Combined tetanus-diphtheria boosters should be given every 10 years; no age for discontinuation has been stated. For those with no history of immunization or unknown immunization status, a primary series should be initiated.

A single dose of the herpes zoster vaccine is recommended for older adults to prevent the dermatologic recurrence of varicella zoster (shingles).

Educational material from Lippincott Manual of Nursing Practice



November



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		4 9:30 Catholic Communion 2:00 Faith Baptist Church Service/DR	5 10:15 Get Fit/G 12:30 Memory Magic 1:45 Bingo With Friends & Family/G	6 9:00 Movie 10:00 Nail Talk 12:30 Memory Magic/G 7:00 Movie In The Library	7 8:45 Bible Study With Harry/G 10:15 Get Fit/G 12:30 Farkel/G 1:45 Card Bingo/G	8 10:00 Nail Talk 10:00 Catholic Mass/GL 12:30 Memory Magic/G
11 9:30 Catholic Communion 3:15 Bolivar Wesleyan Church Service	12 10:15 Get Fit/G 12:30 Memory Magic 1:45 Bingo With Friends & Family/G	13 9:00 Movie 10:00 Nail Talk 12:30 Memory Magic/G 2:30 Gene's Piano "Oldies"/G 7:00 Freewill Baptist Service/TH	14 8:45 Bible Study With Harry/G 10:15 Get Fit/G 12:30 Farkel/G 1:45 Card Bingo/G 7:00 Fran Zupp's Gospels	15 9:15 Rob's Sing A-Long/G 10:00 Nail Talk 11:30 Thanksgiving Buffet 12:30 Memory Magic/G	16 9:00 Movie 10:15 Get Fit/G 12:30 Memory Magic 2:00 Movie 3:00 Social Circle	17 1:45 Bingo With Friends & Family 7:00 Movie
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25 9:30 Catholic Communion 2:00 Rev. Robb's Church Service	26 10:15 Get Fit/G 12:30 Memory Magic 1:45 Bingo With Friends & Family/G	27 9:00 Movie 10:00 Nail Talk 12:30 Memory Magic/G 2:00 Max's Music 7:00 Freewill Baptist Service/TH	28 8:45 Bible Study With Harry/G 10:15 Get Fit/G 12:30 Farkel/G 1:45 Card Bingo/G	29 9:15 Rob's Sing A-Long/G 10:00 Nail Talk 10:00 Christmas Shopping at the Mall	30 Holiday Shopping Front Lobby 9am - 4pm 9:00 Movie 10:15 Get Fit/G 12:30 Memory Magic 2:00 Movie 3:00 Social Circle	

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Friends of the Homestead,

Woo! It has been a hot and dry season hasn't it? That did not deter us from enjoying the outside, though. We picked and enjoyed the bountiful garden veggies in salads, tomato sandwiches, zucchini bread, soups and sauces. Some of us look like we have been utilizing tanning beds this season but no, no we haven't, we have just been spending quality time in the good old outdoors.

Puppies and babies, oh my, the residents light up and beam when either are here. These past months we have had many staff bring their children in for visits and most of us love to visit with the wee ones. We played ball toss, cuddled, and sang with the children. The staff laugh and joke about all of our children asking if they can come to work with us-it is

teaching lessons to our children and the residents enjoy every minute they are here. Puppies made many visits to the unit as well over the last couple of months. Beth brought in and introduced Rocco and Pebbles, her two new chocolate lab puppies, to us all. The men really like the pups.

September was a busy birthday month-five birthdays! That is a lot of cake! We had one request for ice cream sundaes instead of cake-vanilla ice cream with chocolate topping and cherries on top. If you know your family member has a favorite birthday treat and would like us to prepare that instead of cake-just let us know. We want your loved ones to be able to celebrate their birthdays the way they want to celebrate them. The season upon us is a busy one! October will bring the Harvest Fest and Trick or Treating. The Homestead staff love to decorate the unit for the

season and as always it brings out the creative side of all of us. Witches, spiders, pumpkins, and gourds. We are going to have a pumpkin decorating contest this year and would love as many to participate. November brings Thanksgiving and food, food, food. Make sure you come and bring your favorite holiday treat that you want to share with everyone. We love to try new things and share each others favorite holiday memories.

December, well, December flies by because of all of the extra activities we have and decorating we do. We are going to try and take as many as possible to see lights this year. We all hope that this season is merry and brings love and joy to all.

Live, Love, Laugh
The Homestead



LAUNDRY AND HOUSEKEEPING

Fall Cleaning Chore Checklist

Our Fall Cleaning Chore Checklist will help you prepare home and hearth for the coming of winter:

- Clean and store patio furniture, umbrellas, children's summer toys
- Wash exterior windows
- Launder or clean all bedding: mattress pads, pillows, blankets, comforters. Tuck the family into a warm and cozy winter bed
- Schedule professional carpet cleaning. Warm October afternoons speed carpet drying. Carpet cleaning firms get busy by the end of October, so schedule now for best service
- Prepare the kitchen for holiday cooking. Clean and organize kitchen cabinets. Pay particular attention to baking supplies and pans
- Clear kitchen counters of all appliances not used within the last week. Clear counters look cleaner--and provide more room for holiday cooking

- Pull refrigerator away from the wall, and vacuum the condenser coils. For bottom-mounted coils, use a long, narrow brush to clean coils of dust and debris
- Wash light-diffusing bowls from light fixtures
- Inspect each appliance. Does it need supplies? Stock up on softener salt now, and avoid staggering over icy sidewalks with heavy bags
- Check and empty the central vacuum's collection area

SOURCE:
OrganizedHome.com





November



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		4 8:00 Social Circle 9:30 Catholic Communion 2:00 Church Service 6:00 Social Drinks 6:30 Oldies Tunes 8:00 Lotion Therapy	5 8:00 Social Circle 1:30 Trivia 3:00 Current Events 6:00 Social Drinks 8:00 Lotion Therapy	6 8:00 Social Circle 9:00 Dancing With Diane 6:00 Social Drinks 8:00 Lotion Therapy	7 8:00 Social Circle 11:00 Resident's Choice 3:30 Ball Toss 6:00 Social Drinks 8:00 Lotion Therapy	8 8:00 Social Circle 9:00 Dancing With Diane 10:00 Catholic Mass 10:30 Reading 3:00 Nail Talk 6:00 Social Drinks 8:00 Lotion Therapy
11 8:00 Social Circle 9:30 Catholic Communion 3:15 Church Service 6:00 Social Drinks 6:30 Oldies Tunes 8:00 Lotion Therapy	12 8:00 Social Circle 1:30 Trivia 3:00 Current Events 6:00 Social Drinks 8:00 Lotion Therapy	13 8:00 Social Circle 9:00 Dancing With Diane 2:30 Gene Wegandt's Piano Tunes/G 6:00 Social Drinks 7:00 Freewill Baptist Service 8:00 Lotion Therapy	14 8:00 Social Circle 11:00 Resident's Choice 3:30 Ball Toss 6:00 Social Drinks 7:00 Fran Zupp's Gospels 8:00 Lotion Therapy	15 8:00 Social Circle 9:00 Dancing With Diane 10:30 Reading 11:30 Thanksgiving Buffet 2:00 Movie 3:00 Nail Talk 6:00 Social Drinks 8:00 Lotion Therapy	16 8:00 Social Circle 9:00 Movie 10:00 Baking With Regina 3:00 Current Events 6:00 Social Drinks 8:00 Lotion Therapy	17 8:00 Social Circle 10:30 Morning Chat 1:30 Eating Our Creations 6:00 Social Drinks 7:00 Movie 8:00 Lotion Therapy
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Thanksgiving Day

Mrs. Paul E. King

*There's a sound of merry laughter
Pealing out from down the lane,
And the bells on horse's bridles
Make a happy noise again.*

*The turkey's in the oven,
Roasting to a golden brown;
The table's fixed so ten or twelve
Or more can sit around.*

*The pumpkin and the mincemeat pies
Cool temptingly nearby;
The house smells spicy and fragrant-sweet
From flaky, fresh-baked pie.*

*The noise is growing louder,
There's loud stomping now of feet!
The door swings wide and voices shout,
"Hi, folks! We're starved! When do we eat?"*

*Silence fills the dear old house,
Each member bows his head
As Father thanks the Lord above
For such a bounteous spread.*

*Then the sound of merry laughter
Fills the house with joy and play . . .
Oh, it's grand to be with those you love
And share Thanksgiving Day.*



www.henniscarecentre.com

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of Dover & Bolivar

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