



THE

# Friendly Visitor

HENNIS CARE CENTRE

April | May | June 2017

*Dover & Bolivar, Ohio*

## People Who Can Help

*We are here to help individuals achieve their potential each day of their lives.*

### DOVER

Administrator.....David Hennis  
Director/Patient &  
Resident Services.....Anita Peffer  
Executive Chef.....Scott Fetty  
Social Services.....Melanie Scheetz  
Director of  
Therapy Services.....Holly Meister  
Accounting Manager.....Harold Baker  
Public Relations.....Paula Hennis-Sickinger  
Recreational Therapist.....Lauren Wilson  
Activity Professionals.....Annette Cookson  
Kathy Marburger, Patty Dunkle  
Music Therapist.....Laura Smith  
Maintenance Director.....Ken Otto  
Laundry/Housekeeping.....Tammy Fouts  
Receptionist.....Trish Haynam  
Leslie Morris

Corporate Chef of Dover & Bolivar  
and Hospice House.....Matthew Ridgway

### BOLIVAR

Executive Director.....David Hennis  
Administrator.....Kim Zontini  
Director of Nursing.....Nicole Jones  
Executive Chef.....Casey Hanlon  
Laundry/Housekeeping.....Sue White  
Social Services.....Lisa Gintz  
Director of  
Therapy Services.....Teresa Carlson, O.T.  
Accounting Manager.....Harold Baker  
Activity Professionals.....Jeanne Sauernheimer  
Abby Strubel  
Maintenance Supervisor.....David Wood  
Receptionist.....Kathy Herstine

### HOSPICE HOUSE

Culinary Supervisor.....Carla Braun  
Dietary Services.....Dennis Borter  
Matthew Arnold

HCC provides out-patient and  
in-house therapy 7 days a week.  
HCC is a smoke-free campus  
inside and outside.

[www.henniscarecentre.com](http://www.henniscarecentre.com)

## Don't Sweat the Small Stuff... and it's all small stuff

What does it mean to relax? Despite hearing this term thousands of times during the course of our lives, very few people have deeply considered what it's really about.

When you ask people (which I have done many times) what it means to relax, most will answer in a way that suggests that relaxing is something you plan to do later – you do it on vacation, in a hammock, when you retire, or when you get everything done. This implies, of course, that most other times (the other 95 percent of your life) should be spent nervous, agitated, rushed, and frenzied. Very few actually come out and say so, but this is the obvious implication. Could this explain why so many of us operate as if life were one great big emergency? Most of us postpone relaxation until our “in basket” is empty. Of course it never is.

It's useful to think of relaxation as a quality of heart that you can access on a regular basis rather than something reserved for some later time. You can relax now. It's helpful to remember that relaxed people can still be superachievers and, of course, relaxation and creativity go hand in hand. When I'm feeling uptight, for example, I don't even try to write. But when I feel relaxed, any writing flows quickly and easily.

Being more relaxed involves training yourself to respond differently to the drama of life – turning your melodrama into mellow-drama. It comes, in part, from reminding yourself over and over again (with loving kindness and patience) that you have a choice in how you respond to life. You can learn to relate to your thinking as well as your circumstances in new ways. With practice, making these choices will translate into a more relaxed self.

Source:  
Don't Sweat the Small Stuff...  
and it's all small stuff  
Author Richard Carlson

# Relax



From your opening scene to the final credits, regular visits with your primary care provider **are vital** for improving your health.

# YOUR SCREENING Snapshot



## Colorectal Health

## Heart Health

## Lung Health

### STARRING:

**COLONOSCOPY**

**BLOOD PRESSURE AND  
CHOLESTEROL TESTS**

**LOW-DOSE COMPUTED  
TOMOGRAPHY (CT) SCAN**

### BEHIND THE SCENES:

Everyone age 50 and older is at risk for developing polyps — benign masses that can lead to colorectal cancer.

Heart disease is the leading cause of death in the U.S., according to the Centers for Disease Control and Prevention, and these leading risk factors often have no symptoms.

This test can reduce your risk of death from lung cancer by 20 percent, according to the *New England Journal of Medicine*.

**20%**

### IN THEATERS:

At age 50 and every 10 years after, according to the American Cancer Society. Depending on family history you may need a screening sooner.

Every two years beginning at age 20 for blood pressure, and every four to six years starting at age 20 for cholesterol, according to the American Heart Association.

**4-6 YEARS**

Those between age 55–80 who have smoked the equivalent of a pack a day for 30 years and currently smoke or who have quit smoking in the last 15 years may benefit from a low-dose CT scan annually, according to the U.S. Preventive Services Task Force.

Only your primary care doctor can tell you the exact screenings and exams you need based on your personal health history. Call your doctor to schedule your annual physical today.



## Bonus Features

When you've got swollen tonsils, a broken bone or a fever, you know it's time to go to the doctor. However, annual well visits are an important part of staying healthy. In addition to checking your colorectal, heart and lung health, you may be screened for:

**1**

### Depression

Depression is a leading cause of disability and is linked to increased mortality. You should be screened for depression at least once after age 18 and possibly more frequently based on family history.

**2**

### Tobacco use

Smoking increases your risk for a wide range of deadly conditions, including cancer, heart attack and stroke.

**3**

### Cervical cancer

Cervical cancer is one of the most common cancers in women. Most women between ages 21 and 65 should have a Pap test every three years.



# Fathers are Wonderful People!

Fathers are wonderful people  
Too Little understood,  
And we do not sing their praises  
As often as we should

For, somehow, Father seems to be  
The man who pays the bills,  
While Mother binds up little hurts  
And nurses all our ills.

And Father struggles daily  
To live up "HIS IMAGE"  
As protector and provide  
And "hero of the scrimmage."

And perhaps that is the reason  
We sometimes get the notion  
That Fathers are not subject  
To the thing we call emotion.

But if you look inside Dad's heart  
Where no one else can see,  
You'll find he's sentimental  
And as "soft" as he can be.

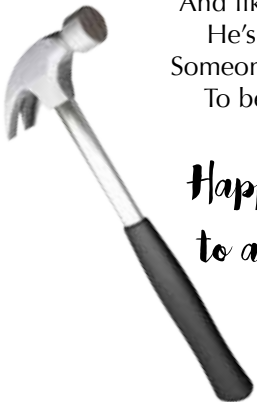
But he's so busy every day  
In the grueling race of life,  
He leaves the sentimental stuff  
To his partner-his wife.

But Fathers are just WONDERFUL  
In a million different ways,  
And they merit loving compliments  
And accolades of praise,

For the only reason Dad aspires  
To fortune and success  
is to make the family proud of him  
And to bring them happiness.

And like our Heavenly Father,  
He's guardian and guide,  
Someone that we can count on  
To be always on our side.

**Happy Father's Day  
to all of our Dads!**



## *Two Mothers Remembered*

*by Joann Snow Duncanson*

*I had two mothers — two mothers I claim,  
two different people, yet with the same name.*

*Two separate women, diverse by design,  
but I loved them both because they were mine.*

*The first was the mother who carried me here,  
gave birth and nurtured and launch my career.*

*She was the one whose features I bear,  
complete with the facial expressions I wear.*

*She gave her love, which follows me yet,  
along with examples in life that she set.*

*As I got older, she somehow younger grew,  
and we'd laugh as just mothers and daughters do.*

*But then came the time that her mind clouded so,  
and I sensed that the mother I know would soon go.*

*So quickly she changed and turned into the other,  
a stranger dressed in the clothes of my mother.*

*Oh, she looked the same, at least at arm's length,  
but now she was the child and I was her strength.*

*We'd come full circle, we women three,  
my mother the first, the second and me.*

*And if my own children should come to a day,  
when a new mother comes and the old goes away,*

*I'd ask of them nothing that I didn't do.  
Love both of your mothers as both have loved you.*

## Drain Cleaners

There are two main types of drain cleaners—biological treatments and chemical treatments. Biological treatments are supposed to work best as a preventive measure, helping you keep your drain pipes free and clear. The powerful ingredients in chemical treatments can damage some surfaces and pipe materials, as well as cause serious harm if accidentally inhaled or brought into contact with the skin and eyes. Consequently, they should be thought of as a last resort, to be called upon when prevention has failed and when a mechanical device such as a plunger or a snake (plumber's auger) has been unable to budge the clog.

### WHAT CONSUMER REPORTS tests have found

Biological treatments help to keep pipes clean and clear by introducing bacteria that feed on the organic matter in drain accumulations. Some are sold via catalogs that specialize in "environmentally friendly" products; others in hardware and grocery stores. Enzymes are used to stage an initial attack on organic matter such as grease and soap, but the real muscle comes from microorganisms that are supposed to break down and digest that organic material. They're supposed to flourish in the pipes to provide a continuous, live-in cleanup crew, picking away at the sticky stuff that often binds hair and other materials together or the material that holds it to the pipes.

Biological treatments take time to reach their full effectiveness. All the ones CONSUMER REPORTS tested require at least one overnight application, during which the drain cannot be used, and most require two to five applications to get the colony established. Since some bacteria are washed out as the drain is used, all treatments recommend a monthly maintenance application. Also, you should not pour boiling water, bleach, disinfectants, solvents, and other enemies of bacteria into a treated drain. If an obstruction is caused by wood, plastic, or other material not on the microorganisms' diet, don't expect results. And while non-corrosive, the biological treatments are not entirely benign. The packaging for most of them warns that they're harmful if swallowed. Some labels also recommend

avoiding contact with skin, eyes and respiratory passages.

Chemical drain openers are among the most hazardous products sold for home use. Even diluted, they may attack metal pipes and porcelain surfaces. The heat they release as they work may weaken plastic pipes and joints, and even send a geyser of corrosive liquid back into the room. If they're unable to reach the clog, you'll have a blocked drain full of corrosive liquid; and if they do work, mediocre results may require a reapplication.

## Bicycles

Remove debris from the spokes other components. Hose down the bike while it is upright. Spray gently around the crank bearings and wheel hubs. Sponge off dirt and grease with warm water and a mild detergent, using a plastic scourer if necessary on the wheel rims. You can clean the components that tend to get greasy with a mild degreaser. Use steel wool or chrome polish to remove any rust from chrome parts. Rinse the bike off and then turn it upside down to wash the underside of the frame. Turn the bike upright and towel dry. Lubricate the chain with specially formulated oil. After a few minutes, remove excess oil with a clean, dry cloth. Lubricate the derailleurs and any suspension components according to the manufacturer's instructions. Wipe down the seat with a damp cloth; use saddle soap on a leather seat as needed. Between cleanings, wipe down the bike with a dry, clean cloth after each ride, and lubricate moving parts every few weeks or after riding on a wet surface.

## Lawn Mowers

The maintenance required for your model will be affected by its power source (gasoline or electricity) and whether it is a push or self-propelled lawn mower or a riding mower.

**Push or self-propelled gas-powered mowers.** Clean beneath the deck. According to manufacturers, built-up clippings interfere with airflow and hurt performance. Especially in damp conditions and at the end of the mowing season, disconnect the spark-plug wire and remove the clippings with a plastic trowel. Sharpen the

blade at least once each mowing season. A dull blade tears grass rather than cutting it, and cause the lawn to become diseased. Remove the blade and sharpen it with a file, which costs about \$10, or pay a mower shop to do it. Once each mowing season, change the oil. Drain a four-stroke engine's crankcase and refill it with the oil recommended in the owner's manual. Check the level before each mowing and add more if needed. Two-stroke engines require no oil changes. Clean or replace the air filter when it's dirty—as often as once each mowing season in dusty conditions. Some mowers have a sponge filter you can clean and reoil, though most now use a disposable paper filter. Replace the spark plug when the inner tip as heavy deposits—sometimes as often as once a mowing season. A new plug makes for easier starts and cleaner running. At the end of the mowing season be sure to store the mower properly. There are two ways to deal with gasoline remaining in the tank. With many mowers, you can drain the gasoline from the tank into an appropriate storage container and then run the engine to eliminate any gas remaining. But some manufacturers recommend filling the tank with gasoline and a gasoline stabilizer and running the engine for a few minutes so the treated gasoline into the fuel line and carburetor.

**Electric mowers.** Disconnect the cord or, on cordless models, remove the safety key, and clean beneath the deck. Keep the blade sharp, following the procedure for gas mowers. To extend the life of your mower, save the power cell. With cordless models, stop mowing and plug in the charger when the battery starts running down. Draining a battery completely shortens its life. New ones cost about \$100. Manufacturers also suggest leaving the battery on "charge" whenever you're not using the mower.

**Riding mowers.** Clean beneath the deck a few times each season; remove the housing according to the manufacturer's instructions. Sharpen the blades and scrape off grass a few times each season; if it's a mulcher, clean the blades after each use. Take the mower to a professional lawn-equipments service company for servicing before each mowing season.

Source: How To Clean Practically Anything



LIVE LONGER *and* STRONGER

# Survivors Who Shaped Up

These three women had a heart attack—and used it as motivation to change their exercise habits for the better.

BY LESLIE GOLDMAN

**L**iving through a heart scare can make you seriously reassess everything you do — especially exercise. And that's important, because a lack of physical activity is the greatest heart-disease risk factor in women over 30, according to a study in the *British Journal of Sports Medicine*. Here, three women share how their heart attack spurred them to get moving once and for all, plus their biggest success secret.

## MY TOP TIP

*“Get your friends involved.”*

KENDEL CHRISTOFF  
36, Hubbard, OH

“I went to bed soon after smoking a cigarette in December 2012, and when I woke up, I thought I had the flu. After piecing together my symptoms, my husband and I figured out that I was actually having a heart attack. At the hospital, I vowed to change my life. I quit smoking right away, created a healthy menu based on my dietitian's advice and made extra time for exercise. Now, as soon as my kids are on the school bus, I go for a walk outside, at the gym or at the mall with friends. We have a pact: If I say, ‘I’m just not feeling it today,’ they remind me, ‘Oh, yeah? Well, how did it feel to be in the hospital?’ Since then, I’ve lost 55 pounds.”



## MY TOP TIP

*“Use workouts to de-stress.”*

FLORENCE CHAMPAGNE, 57, Upper Marlboro, MD



“Four years ago I was stressed, to say the least. I had just lost my job, I was in a bad relationship, and my blood pressure was out of control. I started feeling jaw and arm pain—and after a bunch of misdiagnoses, I ended up having a heart attack and open-heart surgery. Shortly after, a nurse came to my house and told me that exercise would be good for my heart and would ease my stress. I was surprised but game to try. I have a new job now, I take yoga twice a week on my lunch break and I walk regularly. Both activities keep me relaxed and have helped lower my blood pressure. I’ve even lost 10 pounds!”

## MY TOP TIP

*“Push past your fear.”*

SUE CHLEBEK, 57, La Porte, IN



“When my cardiac rehab therapist encouraged me to start jogging two months after my heart attack in 2010, I laughed. I hadn’t run since grade school and figured strenuous activity was out of the question for me. I was terrified to even walk to my mailbox—I thought I would drop dead! But my desire to be there for my kids was stronger than my fear of looking silly on a treadmill, so I obliged, starting with one minute of walking at a time, then eventually working my way up to jogging. Eight months later, I completed my first 5K with my cardiac rehab therapist—we’re good friends now—and was down 25 pounds. I currently work out at least five days a week, and I sign up for a 5K every Thanksgiving as a way to give thanks for my second shot at life.”

# GENIUS WAYS TO SAVE from real women

Here's how ladies like you are  
socking away serious cash.

## CUT OUT THE MIDDLEMAN

"I call places that I see are offering Groupons and ask if they'll give me the same discount directly. Often they will, since Groupon gives them only a portion of what you pay. Many businesses are locally owned and operated, so they can make those decisions right over the phone. I've done it for laser hair removal—in fact, on my last trip I saved \$200!"—Andrea Pearlstein, Raleigh, NC

## SEE IF THERE'S A DISCOUNT FOR CASH

"I pay cash for my dog's grooming instead of using a credit card, which saves me 10 percent every time. When small companies can avoid credit card service fees, they'll often be happy to pass that savings back to you."—Adrianna Garfella, New York City

## BUY THE DISCOUNT CARD THAT KID IS SELLING

"Lots of kids sell coupon books or discount cards for school or team fund-raisers—don't ignore them! I've even started asking my friends if their children are taking part. The discounts can be local businesses or national chains. The one I bought recently cost \$10 and had offers that I could use each

time I went to a store or restaurant. I go to Quiznos once a week and now I get 10 percent off every time."—Alexandra Flinn, Palmetto Bay, FL

## ASK FOR LOYALTY PERKS

"I emailed customer service at the website where I've been getting all my friends' new-baby gifts—this was after I placed my eighth order for the same customized growth chart. I thought to myself, *Hey, I've now spent over \$400 with them. Maybe they'll reward a loyal customer.* So I asked outright for a courtesy hookup and they thanked me for the repeat business with a customized free shipping code. That's an \$8 savings each time I order."—Brooke Glassberg, Edison, NJ

## LET COMPANIES EMAIL YOU

"I never buy anything at a new website until I've signed up for their email list. I use a separate address for things like this, and often, the welcome email will contain a promotion code. Also, if you leave merchandise in a virtual shopping cart for a few days and the company has your email address, you'll sometimes get a percentage-off email trying to lure you into checking out the contents in your cart!"—Anjali Lind, Seoul, South Korea

## HIT THE BULK AISLE FOR SPICES

"You can definitely load up on nuts and grains from the bulk bins for a lot less than buying prepackaged containers. But I especially love getting spices, because I can get just what I need for a recipe instead of a huge jar that'll slowly go bad in my pantry. It saves me money, and keeps my cabinets neater, too."—Nikki Croes, Boulder, CO

Source: APRIL 2016 / REDBOOKMAG.COM



HCC of Dover -  
Winners of the  
WJER Subway  
Hump Day  
Party Tray





## MARK YOUR CALENDAR

**April 14 – Easter Bake & Bread Sale,**  
Dover & Bolivar, 10:00a

**April 14 – Good Friday Service**  
Dover Gardens, 2:00p,

**Volunteer Appreciation:**  
Bolivar – 21st, 6:00p  
Dover – 29th, 9:00a

**April 19 – Baked Potato Bar lunch sale,**  
Bolivar – 10:30a – 1:30p

**April 26 – Lunch Sale**  
Dover – 10:00a – 1:00p

**May 13 – Mother's Day Tea**  
Dover – 2:00p,  
Bolivar – Breakfast, 8:30a

**May 15 -19- National Nursing Home  
Week festivities – see postings**

**Hot Dog Sale**  
Dover – 26th, 10:00a – 1:00p,  
Bolivar – 30th, 10:30a – 1:30p

**Memorial Day Program**  
Dover & Bolivar – 2:00p

**June 7 – Strawberry Fest**  
Dover – 6:30p

**June 13 – Walking Taco Sale**  
Bolivar – 10:30a – 1:30p

**June 17 - Father's Day Breakfast**  
Dover – 9:00a, Bolivar, 8:30a

**June 17 – Am. Cancer Society  
Relay For Life community walk**  
Garaway FB Field, 10a -10p

**Sub Sandwich Sale**  
Dover – June 15th, 10:00a – 1:00p,  
Bolivar – 10:30a – 1:30p

**Atwood Lake Boat Ride & Picnic**  
Dover – June 28, 10:00a

**Benefit Card Parties**  
Bolivar – July 5, Hattie's House,  
7p – 9:30p, July 26, Main facility,  
7p – 10p  
Dover – July 19, Main facility,  
6:30p – 9:30p

## DINING SERVICES

### Yellow Pepper and Corn Salad with Turmeric Dressing

**4 Servings** - The pepper skins add smokiness to the salad, so don't peel them. Bonus: That makes life a lot easier.

#### Dressing

1 jalapeno, seeds removed, chopped  
1 4" piece turmeric, peeled, chopped, or ¾  
tsp. ground turmeric  
1 1" piece ginger, peeled, chopped  
1 garlic clove, crushed  
1 cup coarsely chopped cilantro  
¼ cup olive oil  
½ tsp. finely grated lime zest  
3 Tbsp. fresh lime juice  
Kosher salt

#### Salad and Assembly

3 ears of corn, husked  
2 yellow bell peppers  
4 oz. Sun Gold or cherry tomatoes  
2 endive, leaves separated, halved if large, or  
1 lg head of frisee, torn into bite-size pieces  
2 cups dandelion greens or arugula  
Kosher salt

**Dressing** – Pulse jalapeno, turmeric, ginger, garlic, cilantro, oil, lime zest, and lime juice in a food processor until smooth with a few flecks of cilantro. Transfer to a small bowl; season with salt.

**Salad and Assembly** – Prepare a grill for high heat. Grill corn, turning occasionally, until charred and cooked through, 6-8 minutes. Let cool; cut kernels off cobs and place in a large bowl. (Or, cut kernels from cobs and char in a dry cast-iron skillet over medium-high heat, 8-10 minutes).

Heat broiler. Boil peppers on a rimmed baking sheet, turning occasionally, until blackened in spots and nearly cooked through, 12-18 minutes. Let cool; cut into 1" strips, retaining as much charred skin as possible; add to corn.

Broil tomatoes on same baking sheet, tossing once, until blackened in spots and starting to burst, about 5 minutes. Let cool. Add tomatoes, endive, and greens to corn, toss to combine. Drizzle dressing over and toss to coat, season with salt.

Source: BONAPPETIT September 2016

## SHARING AND UNDERSTANDING

alzheimer's association

**KNOW**the  
**10 SIGNS**  
EARLY DETECTION MATTERS

If you or someone you know experience any of these warning signs, please see a doctor.

**1** Memory loss that disrupts daily life

**2** Challenges in planning or solving problems

**3** Difficult completing familiar tasks

**4** Confusion with time or place

**5** Trouble understanding visual images and spatial relationships

**6** New problems with words in speaking or writing.

**7** Misplacing things and losing the ability to retrace steps

**8** Decreased or poor judgement

**9** Withdrawal from work or social activities

**10** Changes in mood and personality





Hello; Are you looking forward to bright sunny days as much as we all are? We can hardly wait until we are able to get outside to sit in the sun, listen to the chirping of the birds and smell the flowers!

In February, we held our annual Valentine's dinner with the residents and their families. We had a wonderful evening filled with piano music being played by Gene Weygandt, lots of talking and laughing and some really good food that was prepared by our Chef Casey. We crowned our Valentine Royalty for 2017 in between the main course & the dessert. Our queen for this year was Greta Lieser and our king was Robert Filkorn! The day before Valentine's day, the fourth grade class from the Bolivar school, Faith Baptist kids & a group of home-schooled kids all brought hand decorated Valentine cards in to give to the residents. What a delight these cards brought to our residents! On Valentine's Day, we received some delicious cherry-chocolate chip bread, truffles and red punch during Chef's Creation and then went to the dining room to "Jam with Jay". It was a love-filled day! We also hosted a "Valentine Dessert Sale" in February that benefited the American Cancer Society and the Alzheimer's Association.

During Jan's Craft group, the residents have been painting and decorating wooden bird houses and trinket boxes for their rooms. They always have a great time with Jan; she plays music of all kinds while they are working on the crafts. Everyone seems to like the oldies (50's & 60's) the best. Some of the ladies sing along and others dance in their chairs, while Jan entertains them by dancing around the room! Everyone looks forward to the days that Jan will be here. But then, she does always brings in all kinds of "goodies" that she bakes or picks up at the bakery before she gets here! We have been doing a little different type of exercise lately. We have plastic flyswatters that we use to bat a balloon back and forth. Sometimes, there are more than one balloon that you have to watch for, and then bat it back towards someone else in the hall. There is usually lots of laughing by all and jumping around by the staff trying to keep the balloons in the air!

March brought the annual spring card parties that benefit the American Cancer Society & the Alzheimer's Association. We had really good turn-outs at both Hattie's

House and the main building, and we appreciate all the card players that also donated candy to us for the Easter egg hunt that we host for the employees and their families every year. The residents always have soooooo much fun filling the plastic eggs with the candy; although every now & then, someone thinks a piece isn't going to fit in the egg....so they eat it themselves!

We started April off with staff wearing "miss-matched" clothing on April Fool's Day; and what fun mixes we had! On the 14th we had an Easter bread fundraiser and a Baked Potato Bar on the 19th that benefited the American Cancer Society and the Alzheimer's Association. On the 21st, we celebrated our valued volunteers with a special Appreciation dinner in their honor at Hattie's House. Our regular entertainers were all here throughout the month.

In May, we will be celebrating Mother's Day with a breakfast on the 13th at 8:30am. Each lady resident is allowed 1 guest. Then on the day following Mother's Day, we will be starting the annual National Nursing Home Week celebration. There will be special events going on this entire week, so watch for flyers with the event schedule. We will be ending the month of May with our annual Memorial Day fundraiser lunch of hot-dogs, coneys and sloppy joes on the 30th from 10:30 am until 1:30pm.

In June, we will be hosting our annual Father's Day breakfast on the 17th at 8:30am in the Rehab dining room. The invitations will be sent out sometime during May. Each male resident is permitted 1 guest; due to the restricted space of the room.

June 17th will also bring the Relay For Life community walk that benefits the American Cancer Society. Once again, the event is going to be held in the Garaway football stadium at Sugarcreek. The time will be announced at a later date; watch for info flyers on the bulletin boards here at the facility. Mark your calendar for Sept. 16 for the Alzheimer's Walk, too - more later.

On the 21st, we will be doing a fundraiser to benefit the Alzheimer's Association & American Cancer Society. This fundraiser is titled "Build a Sub"; we will have all of the deli meats and toppings for a sub sandwich that you will build yourself... the way you like it!

Come in to join us for any of these special events; we always have a great time! The Rehab Team.



Frank Warrel with "friends"  
Abby & Jeanne.



Dietary girls being "silly"!



Chef Casey, Margie and Joni getting ready  
for the dinner.



Doris & Jay Stevens patiently waiting for  
their dinner.

## BOLIVAR REHAB VALENTINE'S DINNER



Mable Merrick with her daughter Karen and son-in-law prior to the dinner.



Bob Steigerwald with his son & daughter Karen and son-in-law waiting on dinner.



Richard Cascioli (AKA-"Cash") & daughters show off their happy smiles.



Jolane with daughter Diana and grandson waiting on the main course.



Rose Mary & Dave prior to the Valentine dinner.



Chuck & Christy Snyder during the Valentine dinner.



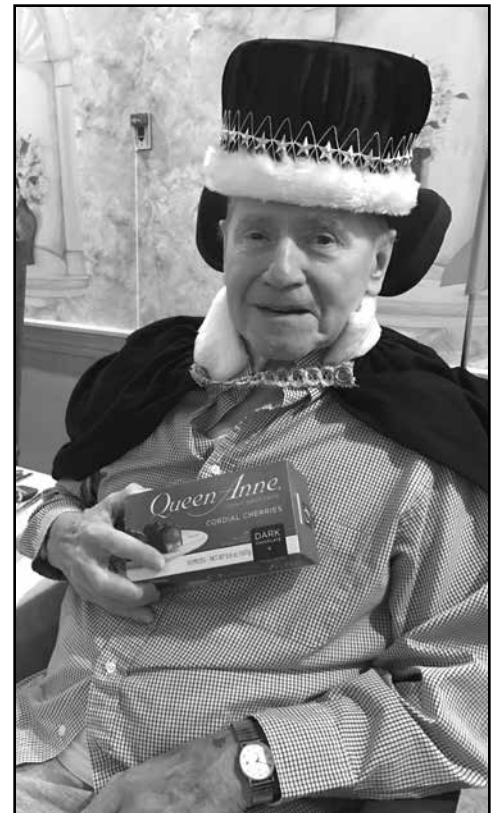
"Queen Greta" was very surprised & please to be crowned.



2017 (Rehab unit) Valentine King Robert Filkorn & Queen Greta Lieser.



Gene Weygandt played his special "Valentine" music for the dinner.



"King Bob" looking very "Regal".



Spring Blessings from the Homestead! The changes in the weather are much appreciated by the residents and staff who can now spend more time outdoors. We love watching nature and the changes it brings. The Cotton family has offered to give a spring sprucing up to our courtyard and we can't wait to see this project. We love watching the flowers bloom, relaxing in the sunshine, and watching the birds.

Staff and residents have been busy decorating the unit for the holidays and making sure we keep our bulletin boards festive for the time of year. We generally work together doing this and enjoy music or relaxation CDs while we work. Crafting is a time where we can allow the residents to be creative and express themselves while making items to utilize

We celebrated Valentine's Day on February 9th with family, friends, and an excellent meal prepared by Chef Casey and her culinary team. Clara Hostetler was crowned queen and James Joyce was crowned king for 2017. Many guests offered their praise and appreciation for the opportunity to enjoy their loved ones company and the fellowship with others that evening. On Valentine's Day we enjoyed Chef's Creation which was red velvet truffles and then went to the Gardens unit to Jam with Jay.

The Homestead welcomed Dan Gribble as a new entertainer on the unit. He will be coming monthly to play his guitar and sing a variety of music for the residents. Check out the calendar for his next appearance. He generally does this after lunch on Friday's in the dining room or down one of the hallways on the unit.

We have started a couple new activities that have been a success. Bingo Jingo and balloon volley have quickly become new favorites for our group. I think perhaps the candy that is given out as prizes may be the "real" reason these are so popular. Sweets never go uneaten on the Homestead. We continue to bake cookies almost daily and they are usually eaten before they have had a chance to cool. The good ol chocolate chip cookies remain their favorite.

April Fool's Day was celebrated by wearing crazy miss matched clothing. Some of the residents even joined in on the fun. In May we will be celebrating Mother's Day with a breakfast at 8:30AM on the 13th. On Saturday June 17th we will host our annual Father's Day breakfast at 8:30AM. Make sure you mark these dates on your calendar and join us. Until next time.....

Live, Laugh, Love  
The Homestead



Hannah Freshour STNA and  
Pati Eichelberger.



Corinna White STNA enjoying the  
evening with King James Joyce.



Dawn Cotton and her son Herb  
and daughter Natalie.



Betty Malone enjoys the festivities  
with her daughter Deb and  
granddaughter Jessica Bosler RN



Shirley Bower with her  
two daughters.



Rose Mary Shepler with her son and  
daughter-in-law.



Gloria Gilmore with her daughter  
and son-in-law.



Queen Clara with her  
husband Clarence.





Mary Gartrell with Kelly Tantarelli STNA.



Queen Clara Hostetler  
and King James Joyce.



Queen Clara Hostetler.



Shirley Piper dancing to the music of  
Dan Gribble, our new entertainer.



Bingo Jingo



Ruth Sloan and her daughter Carol.



## BOLIVAR CHEF'S CREATIONS



Valentine's Day with "Jammin' Jay".



Betty & Shirley enjoyed the "Chef's Creations" that were given out on Valentine's Day.



Chef Casey, Jeanne, Michelle & Cynthia passed out red punch, cherry-cho. chip bread & truffles.



Frank showing off the Valentine card he received from Chef Casey.



Doris & husband Jay enjoyed the "goodies"!



Jeanne giving a Valentine card from the kids to Jim.



Chef Casey & Michelle were concentrating on the bread & punch.



Betty receiving the Valentine "creations" from Michelle.



Betty, her daughter Lisa & Chef Casey with her creations for Valentine's Day.



Everyone enjoying the music by Jay.



Valentine's Day flowers for Barbara.



Rose enjoyed her Valentine surprise.



## BOLIVAR VALENTINE'S DECORATIONS



Linda rolled out the "dough" and Christine cut the decorations out.



The ladies mixed, rolled & placed the Cinnamon/applesauce decorations.



The ladies mixed, rolled & placed the Cinnamon/applesauce decorations.



Nina wasn't sure whether the dough was mixed up enough yet.



Wanda, Jeanie & Jeanne were busy putting ribbon on the decorations.





Hi! We hope this spring weather has all of you feeling great! We have been pretty lucky-so far-with the beautiful days we have been seeing. We are all hoping to start spending a lot more time outdoors soon. We are planning to use the courtyard more this spring & summer for music programs, some games and lots of parties!!

Our residents have been as busy as "bees in the Gardens"; thanks to Jan continually challenging them with new projects. She has recently brought in some new wooden birdhouses & other items to be "painted" with markers. And, while we are busy painting....we listen, dance & sing along to the upbeat oldies music that brings back lots of memories! We all especially enjoy the song about "Fred"!!

We held the annual Valentine family dinner in February and had a really good evening full of great food, beautiful piano music and crowned our 2017 Queen & King. Khourey Inskeep was voted as our queen and George Cooney for king. Gene Weygandt, one of our favorite piano players, played all of everyone's favorite songs. Some of us took a tour of Harry London's Chocolate Factory and had a bird's eye view of how some of the candy is made. We also had a Valentine Dessert fundraiser at the end of the month to benefit the American Cancer Society and the Alzheimer's Association.

We continue to have lots of entertainment throughout the months with Jon King, "Jammin' Jay" Secrest, Marty "Bucket Tunes" Zehnder, Tim Weddington, Gene Weygandt, Max Grossenbacher, Fran Zupp, Tim Turkal and "Somewhere in Time"; better known as Carol & Jeff Tice.

In March, we held our annual Spring Card Parties to benefit the American Cancer Society and the Alzheimer's Association at Hattie's House and at the main building here at Bolivar. A BIG thank you to all who attended and donated candy that will be used to fill the Easter eggs for our staff's families' Easter egg hunt. We celebrated St. Patrick's Day with a combination of music and fun on the 17th starting at 1:30pm. Marty entertained us during the party and we had some green refreshments.

We started April out by wearing mismatched clothing for April fool's day! There were some pretty "good mix-ups"! Then we had our annual Bunny Breakfast and egg hunt for our staff and their families. The breakfast was delicious as usual. The day was a success, as it always is, with a lot of

"egg hunters"! The kids get so excited when they find a ticket in an egg that is worth a special prize along with the candy filled ones!

Our "Baked Potato Bar" and "Easter Bread Sale" fundraisers went really well. These two fundraisers also benefit the American Cancer Society & the Alzheimer's Association. We also thanked our volunteers with a special appreciation dinner. Everyone received "Thank You" gifts and some door prizes were also given out.

In May we will be hosting our annual Mother's Day Breakfast for each of the ladies and their guest. Then, National Nursing Home week starts on Monday, the 9th and runs throughout the week. We have lots of special events being planned for that week, so keep an "eye" out for the flyers on the bulletin board. As we do every Memorial Day week, we will be selling hot-dogs, coneys, and sloppy-joes from 10:30am to 1:30pm on the 30th to benefit the American Cancer Society.

June will be another busy, music filled month! "Jammin' Jay" will be here on the 6th at 1:30pm; The "Doodle-Le-Doo's" will be here on the 8th at 7:00pm; Jon King on the 9th & the 23rd at 7:00pm; Tim Weddington on the 13th at 1:30pm; Marty Zehnder on Friday the 16th at 1:30pm; Gene Weygandt on the 20th at 1:30 pm and Max Grossenbacher on the 27th at 2:30pm.

On the 13th of June from 10:30am-1:30pm there will be a "Walking Taco" fundraiser and a "Build your own Sub" fundraiser on the 21st from 10:30am-1:30pm that will benefit the Alzheimer's Association and the American Cancer Society. Come on in and get a delicious lunch on these days.

On June 17th, we will be celebrating our fathers with a delicious breakfast served at 8:30 am. Each male resident and their guest will receive their breakfast in the dining room.

Also on the 17th, the American Cancer Society's Relay For Life walk will be held at the Garaway football stadium in Sugarcreek, Ohio. Watch our bulletin boards for more information on times for this event.

Plan to join us for any or all of these special events; we look forward to seeing you and we always have a great time!!

Until next issue, take care;  
The Gardeners



Nina with special friends,  
Jan & Natalie.



Gene Weygandt surrounded by the  
"girls" before the dinner.



Chef Casey shows the delicious bread  
that was baked for the dinner.



Linda & Ron were very patiently waiting for their meal.



Betty & daughter with their "look alike" smiles.



Midge & her brother got the window seats for the evening.



Julie enjoyed her evening with her daughter-in-law, Sue and grandson, AJ.



Donna and her daughter Pam spent the evening together.



Queen Khourey with daughters, Alicia & Eva.



Khourey was a "bit" surprised with being "crowned" queen for 2017!



King George & family;  
Queen Khourey & her family.



(L-R) Jeanette, Donna, Khourey,  
Lucille, Jeanie & Nina



Cards & Gossip



Jeanette received a "surprise" card.



What a wonderful time of year it is. Spring has definitely sprung. The snow has gone and taken with it the dreary days of winter. Spring is in the air. Warm breezes and the aroma of flowers are everywhere. April showers brought those May flowers. Tulips, daffodils, and lilacs are abundant. Color is finally coming back to Ohio. The birds are singing and building their nests. Farmers are starting to get their fields ready for planting. Here at Hattie's House, the therapy department is working with people outside. Our Guests love to get their physical activity in the fresh air and sunshine. Chef Nathan and Chef James have been incorporating seasonal fruits and vegetables to the abundant choices of food prepared daily. Here at Hattie's House, not only do we have a chance to expand our palate at nearly every meal thanks to the exemplary culinary skills of Chef Nathan and Chef James, but once per month we can enjoy a cooking demo provided by one of them. This way we can go home with a recipe that we can prepare to show off to the rest of our family members. We have enjoyed learning to make crepes, breads, homemade salad dressings, and cookies. Here at Hattie's we also try to expand our creativity with painting and quilting demos. Some Guests enjoy simply conversing in the sunroom or at the dining table for hours after a meal. Our Guest's and staff here at Hattie's House have a sense of companionship and fellowship that has developed from the time spent with one another. Staff are truly cheering the Guests on to make improvements beyond their previous level, yet they are sad to them go once they do. Staff is always happy to see the Guests return for a surprise visit. We enjoy seeing the improvements made once the Guests have went home and that they are still doing well. The bond between the staff and the Guests are not the only thing that happens at Hattie's, the friendships that grow between the Guests are amazing. The closeness gained in such a short time, as a result of the experiences and similarities discovered, bring a closeness that no one was prepared for.

Not only has April brought rain, but it has been full of fun activities here at Hennis Care Centre. On April 1st, Staff was given the opportunity to dress up in mismatched attire for April Fool's Day. Dollar donations were made to benefit the American Cancer Society and the Alzheimer's Association. On April 14th, we had an Easter bread and bake sale.



Staff assisted the Guests to the main building to purchase a treat. On April 21st, Hattie's hosted the Volunteer Appreciation Dinner. We were able to show our thanks to the men and women to volunteer their time here at Hennis Care Centre. Our volunteers are a big part of the lives of those who live and work here. Their generosity with their time will never go unnoticed.

On May 13th, we will celebrate our Mothers at the annual Mother's Day Breakfast. It was such a treat to be able to bring smiles to our Mother's faces when we show our love and appreciation. May 15th-19th's National Nursing Home week. Staff are able to enjoy many opportunities to learn as well as win some great prizes. On May 26th, Veterans were honored for their service to our country. We were able to show our appreciation to our Veterans through the Memorial Day pinning. It is a heartwarming and emotional day for many of our Guests.

On the 13th of June from 10:30am-1:30pm there will be a "Walking Taco" fundraiser going on to benefit the Alzheimer's Association and American Cancer Society, and a "Build your own Sub" fundraiser on the 21st from 10:30am-1:30pm that also will benefit both of these causes. Come on in and get a delicious lunch on these days. On June 17th, we will be celebrating our fathers with a delicious breakfast. We will be able to get together to show our love and appreciation for everything our fathers have done for us. Also on the 17th, the American Cancer Society's Relay For Life walk will be held at the Garaway football stadium in Sugarcreek. There is always a great turnout for this wonderful cause.

We have included a delicious and easy

custard pie recipe below to add to your recipe collection. This pie is always a favorite among the Guests here at Hattie's.

*Directions:*

*Preheat oven to 400 degrees*

*Mix together eggs, sugar, salt and vanilla. Stir well. Blend in the scalded milk.*

*Brush inside of pie shell with egg white to prevent pie crust from getting soggy*

*Pour mixture into pie crust. Sprinkle with nutmeg.*

*Bake for 30-35 minutes, or until knife inserted near center comes out clean. Cool completely.*

*\*must be refrigerated once cool\**

*Enjoy!*





## DOVER PAT'S PORCH CALENDAR

**May 4 – Texas Roadhouse  
Dine & Donate Fundraiser**  
3:00p - 9:00p - **Bring a flyer**  
(The restaurant donates a  
percentage of your check  
to our causes)

**May 6 – Quarter Auction for  
The American Cancer Society**  
6:00p, Memorial Hall

**May 14 – Happy Mother's Day**  
Enjoy your special dinner

**May 15 -19 - National Nursing  
Home Week Festivities**  
see postings

**Hot Dog Sale**  
**Dover**, 26th 10:00a – 1:00p  
Garden's Front Porch

**Memorial Day Program**  
Dover – 2:00p - Main Facility

**June 7 – Strawberry Fest**  
Dover, 6:30p  
Outdoors/Gardens Entrance



*Mr. Judy w/ guests at the special Valentine's Dinner*

**June 18 – Happy Father's Day**  
Enjoy your special dinner

**June 17 – Am. Cancer Society  
Relay For Life Community Walk**  
Garaway FB Field, 10a -10p

**Sub Sandwich Sale**  
Dover, June 15th, 10:00a – 1:00p

**Atwood Lake Boat Ride & Picnic**  
Dover, June 28, 10:00a

**Benefit Card Parties:**  
**Dover:** July 19, Main facility,  
6:30p – 9:30p

*Something Different is Happening Here*  
*and you*  
*have to*  
**See It!**

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following your medical event or procedure.  
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## DOVER PAT'S PORCH

Cold February days become warmer as the month offers the right opportunity to make chili for the yearly chili cook-off. Several staff were interested in participating which offered several different types – how about peanut butter as an ingredient? Pork and green peppers? And, there were the traditional, hot, etc. We appreciate the fun competitive spirit among everyone! Congratulations to Chef Scott, the Gardens, and Tammy of Culinary Services!

February introduces our newly crowned King James Judy and Queen Helen Kamban for Valentine's Day! A delicious dinner with the guests and family was enjoyed thanks to Chef Brian and cheerfully served by Hostesses Kelly and Connie. Pianist Rick Michaels provided lovely background music for this affair.

The Chef, Culinary Services, and Activity team provided a beautiful Princess Tea fundraiser for the Alzheimer's Assoc. and American Cancer Society. 80 people attended – lots of little girls dressed as their favorite princess or in pretty outfits, with happy moms and grandmothers enjoying the fabulous buffet, diligently working at various activity stations, spinning and twirling to the tunes from Disney princess movies, snapping pictures, and wrapping up with the raffle basket winners!

Some "just for fun" events that have occurred for guests and staff include National blueberry Pancake Day with fresh blueberry pancakes/fruit toppings/syrups, trivia, and prizes; bowling at Wabash Lanes which was fun to hear how STNA Faith and others did and what they won; and an upcoming Easter egg hunt for the midnight staff – who knows, maybe we'll even find one two that aren't discovered!

Chef Jacques prepares goodies and flavored coffees and sodas for our monthly sip & paint evenings with Patty and Annette, which are well-received with the guests and friends and families. Creativity flows along with good conversations and laughter. Between the daily afternoon activity offerings, the activity team also comes weekly in the evening for games, art, visitation, movies, cards, etc. Frequent live musical entertainment is also scheduled at the dinner hour. Friends and family visits are always enjoyed throughout the day and evening, sometimes with grandchildren and pets in tow.

Mark your calendar to join us for some fundraisers: April 11 is a Dine & Donate at Applebee's from 11:00a – 9:00p, and another at Texas Roadhouse May 4 from 3:00p – 9:00p – these restaurants donate a percentage of your check to our causes! Be sure to bring the flyers, and share them with your friends and family, too!

April 25 offers a Sip & Paint at 6:30p at the School House Winery with supplies, food, assorted beverages, fun, and relaxation for \$35. A trip to Cleveland Playhouse Square to see "Motown the Musical" and let us do the driving, and many more – all for the benefit of the American Society and Alzheimer's Association!

Library Linda of the Dover Library provides various presentations that are interesting such as the 100th Year of our National Parks and The First Ladies – pique your interest? Stop in some time to enjoy, too.

Piano, guitar, singing, dancing, soloists – just some of the live entertainment that comes in the afternoon and evening. It lifts our spirits, gets our toes tapping, and the soul grooving. Have any musical talent yourself or know anyone to recommend? Just give Annette a call to schedule –thanks!

Our chefs are very engaged with the community serving local benefits, giving presentations, and catering. Chef Matthew presented at Ohio Health Care Association, Chef Scott at the Senior Center for Lunch and Learn, Union Hospital Auxiliary spring luncheon, Hospice endeavors, Dennis at the Polar Plunge lunch sale, and Carla and Matt at Mike and Barry Scholles' 50th anniversary party! We are honored to share in these special endeavors!

Spring brings about our annual mutual fundraising efforts to benefit the Am. Cancer Society and Alzheimer's Assoc. Some enticing raffles and sales include: Malley's Easter candy sale, hanging floral basket sales, a beautiful wine vineyard in a wooden carrier, a Cleveland Indians basket with tickets and stuff, an OSU cube with a blanket and décor, etc., card parties, a summer picnic basket, a quarter auction, bread and bake sale (for Epilepsy Foundation), an overnight stay, Cedar Point tickets, and even holiday meals raffle (at holiday time)! There are a total of 42 fundraisers! So, be sure to check out all the others, and tickets are available with the Receptionist. Interested in helping in any way? Paula and Kathy volunteer with the local committees for the Alzheimer's Assoc. and Am. Cancer Society and people are always needed! Want to form a team? - Those are helpful for the community walks, too! It's a small commitment but a valuable commitment with big results!

Spring and summer bring forth the season for more outdoor fun and festivities, and of course, great grilling! Ask the chefs what they like to grill, or better yet – enjoy it!

*Treasure Today  
Tomorrow is new day make it count*



Bella, a King Charles, visits Jean R. at her bedside.



Valentine Royalty  
King James Judy and  
Queen Helen Kamban



Guests of Pat's Porch enjoy the dinner menu for the Valentine's Dinner.



Arlene Dietrick & Elvis.



Barb Arney, Elvis, Shirley Scott.



Donna McCauley & Elvis.



Kari's baby shower.



Floyd McBeth & wife enjoy a party.



Nurse James checks a Bearded Dragon.  
Yes, his pulse is good.



Lori Skelton with the Bearded Dragon  
from the Akron Zoo.



Louise Gorman pets the bearded dragon.



Marty Dreher is interested  
in the Bearded Dragon.



Louise & Donna w/ Kinkajou from the  
Akron Zoo.



Roy E. and Annette.



Brian, Lauren & Kinkajou.





**“These are a Few of My Favorite Things” (hum or sing along to the tune!)**

**Raindrops on roses and whiskers on kittens...**

Yes, spring's droplets on new plants have popped up to show us their pretty colors and lift our spirits for spring – yellow daffodils, white and purple crocus and hyacinth, and beautiful new pink tulips we bought from a church fundraiser! Cute little kittens and furry big cats brought in by visitors and 4-H groups to share for the residents delight!

**Bright copper kettles and warm wollen mittens...**

Yes, spring still can surprise us with winter weather needing our mittens and sweaters, especially the day of the American Cancer Society Polar Plunge at Atwood Lake where it was 28 degrees (we don't know what the water temperature was!) as Hostess Brianna Lopez and Kathy Marburger braved the elements and went into the lake for a good cause as other team members were bundled up as they sipped hot chocolate and cheered for them and took pictures! They came home with a trophy for best team costumes! Brianna was decked out as a pirate and Kathy as an angel. Dennis of Culinary Services helped provide a hot taco lunch and hot beverages at our lunch sale. Between all of their sponsors of co-workers, families, friends, teachers, and students they raised \$500 to donate to the ACS- thanks to all these sponsors!

**Brown paper packages tied up with string...**

Like lots of birthday celebrations in fun for Anna P., Katherine M., Naomi L., Thelma K., and Donna C; the Easter egg hunt and prizes hosted at Bolivar for the our staff's families, special Easter packages delivered with love, as well as several raffle items and baskets (such as a summer picnic basket, Indians basket, a mini get-away, a wine package, and more!) – Be sure to get your tickets!

**These are a few of my favorite things.**

**Cream colored ponies and crisp apple strudels  
Doorbell and sleigh bells and schnitzel with noodles...**

Ah, we eagerly anticipate a visit from a real pony to come up to our chairs and noses! Thanks to a 4-H group! Pay us a visit, no need to ring a doorbell, and enjoy lunch or dinner with dessert, eat blueberry pancakes on a

special day, savor something from the chef's creations, or even buy some treats and breads from the April bake sale that supports the Epilepsy Foundation!

**Wild geese that fly with the moon on their wings...**

We enjoy time at the New Phila park to see and feed the ducks and geese as we picnic or attend an outdoor summer performance. We travel to the Dover amphitheater for their summer concert series, too.

**Girls in white dresses with blue satin sashes...**

Easter celebrations, new born babies (welcome, Kari of Admissions, to her new baby daughter!) and soon a few more from other staff; baptisms and christenings; graduations of high school, college and nursing schools; and upcoming weddings – such as Holly Meister of Therapy, and Daniel Sickinger and his bride, or just getting out our fun summer white attire!

**Snowflakes that stay on my nose and eyelashes...**

Oh, it's Ohio – it happens, sometimes even in June!

**When the dog bites (not the ones we know!),  
when the bee stings...**

We love when all the dogs come with visitors and the like to visit us – thanks nurse Bonnie and kids, Nurse Elizabeth, families, and volunteers! The bees help spring and summer flowers develop for our beauty and enjoyment, and they provide honey for our tea and desserts!

**When I'm feeling sad I simply remember my  
favorite thing, and then I don't feel so sad!**

We certainly have a lot of blessings and friendships and support!

**These are a few of my favorite things...**

And, we have so many more!...

Throughout the year Patty and Annette take the residents to the Dover Library, a local restaurant, Sip & Paint, and other places for art classes. Dee enjoys expanding her abilities and it is reflected in many projects. Have you seen the beautiful grapevine wine glasses she has painted? Dozens and dozens she's painted for fundraisers (tucked in several baskets), benefits such as Karen's and quarter auctions, and special orders. Patty shares her art knowledge with the canvas painting sessions with various subjects – flowers, OSU, spring

bunnies, and Paris (you'll see later).

The daily exercise group has expanded their workout with more reps (keeping up with their New Yr. resolutions!), and added Tai Chi – new elements! Thanks Annette for keeping us fit!

We celebrated the visit of Elvis and his birthday with a fun performance – Row received a colorful lei, Tossi a blue scarf, a red rose for Kate and Alice, and it brought a huge crowd! We love him, the music, and the fun!

A delightful piano recital was held one afternoon by Phyllis Ronald's students – always a pleasure to hear the youth learning and growing in their music education. We appreciate that they share their time and talent with us, especially on a Friday afternoon!

Linda of the Dover Library continues her outreach program by bringing us our reading choices and movie entertainment selection, presenting special topics to us, as well as providing a presentation at Lunch & Learn as HCC sponsors one each month at the Senior Center. We are so fortunate to have these service within our community!

“Just for fun” – national blue berry pancake day was fun and offered a little more flair with different syrups and toppings as residents, families, and co-workers enjoyed them as they were grilled fresh in the dining room and break room by chefs Matt and Scott, and Tammy. There was also live music by Terri and Steve during lunch, trivia, and prizes – a big hit overall!

When the weather won't let you go outside, what's more fun than game day? The lounge tables were full as Bev, Anna, and a few other played Uno; June and Patty played Yahtzee; a round or two of card were taking place among Shirley, Bob, Margaret and Jeanette, and among Gladys and her friend; Dominoes were formed between Patty and JoAnn; as Doug enjoyed Shut the Door; others worked a puzzle. Lots of chatter and laughter filled the air, too.

Did you miss us a few days? Patty and Annette attended the annual Activity Conference in Columbus, and received a great education and hands-on experience, and came back excited to try them here! How about glass painting and making a drum?!

Our hearts were warm as we did various things around Valentine's Day and shared them with others. Dimensional cards were made using various size hearts, patterns, glitter, ribbons, etc. and wrote verses on the back. These were made and given to the staff and then placed on display. Set among gorgeous

~ continued on page 21



tall vases of red roses, subtle white twinkle lights, we enjoyed a special Valentine dinner with our family and friends with a nice meal by the chefs and culinary crew. The Valentine Coronation occurred before dinner, and Lois B. was bestowed with a red velvet cape and sparkling tiara, and Bob C. became king as he wore the purple velvet cape and a big crown! Beautiful live piano music played by Rick Michaels capped the evening.

Another beautiful event was the Princess Tea fundraiser. Favorite Disney princess music was playing as they entered the room immediately drawing them to the dance floor. Sharing each other's talent all week preparing for it, we transformed the social hall at St. John's UCC – from Annette's beautiful décor starting with the front door, down the staircase, into the lovely room with linen covered tables adorned with pink flowers and gold and pink balloons, set with a charger plate and dinner plate, silverware, to Patty's and Mati's tempting craft table full of everything a little girl's heart desires for beading to hats, to Kathy's nail polish heaven with glitter, colors, and stickers, to Emily's and Annette's cookie decorating station with icing and candies, the princess' story time with Merida, with all seven princesses hovering at each station and full of hugs and picture poses – what's not to be gleeful?! The buffet table was stunning with fruit magic wands, cookies shaped like dresses and shoes iced and glittery, peanut butter and jelly crown-shaped sandwiches, ham salad croissants, vegetable and dip cups, petitfours, fancy cheese cubes, party punch, and more among the delicate china tea cups with lace and beads from Tammy of culinary service providing the right touch. Mark your calendar for next February if you want to be a part of these magical moments!

We boarded the bus one nice day and



***Barb A. enjoys the blueberry pancakes with extra toppings.***

went to a Canton Charge basketball game! That was exciting cheering for them as they played against the Maryland Red Class. We enjoyed hotdogs, a beverage, and popcorn, and a good game and a lot of fun!

Another day we went to Bob Evans for lunch or dessert to support the Dine & Donate fundraiser as we enjoyed it as an outing, too. We appreciate participating in some way for the community causes. Our next Dine & Donate is April 11 at Applebee's – isn't it nice for the restaurant to donate 15% of the bill to our causes! Mark May 4, 3-9 pm at Texas Roadhouse and join us!

A Sip & Paint fundraiser was held at the School House Winery for Alzheimer's Assoc. and Am. Cancer Society. Some family members, co-workers, and friends joined us as we enjoyed munchies of pizza, cheese and trail, chip and dip, cookies, and assorted beverages as our creativity flowed to paint wine glasses – Becky M. and her friend made nice blue stripes and dots. Carla did a snowman with a beautiful hat, Holly made red stripes and silver glitter, Dee created an old fashioned bicycle, Ellen and Mary used various colors, Kathy a valentine motif, Annette a big polka dotted heart, Chrissy a delicate white design, and Paula a flower pattern. It was relaxing and fun for a good cause. Sounds like fun? Join us April 25 at 6:30p at School House Winery, \$35 – supplies, refreshments, and fun provided!

Cold days are a fun way to host a chili cook-off. We help prep the ingredients, cook the chili most of the day, then have the judging the next afternoon. There were many more and different entries this year including the chefs, co-workers, and friends with a spirited fun competition! It was fun watching the judges at work (thanks Kim, Tammy, Harold, & Ken), and then we do our own sampling and judging. Congrats – Chef Scott took 1st place with pork and green chili, Gardens came in 2nd, 3rd was



***The O (osu) canvas paintings complete & each one unique!***

*~ continued on page 22*





**Doug E. is a big OSU fan!**

*~ continued from page 21*

Tammy of Dietary, Rehab 4th! Hats off to everyone who participated. One fellow said the world wasn't ready for his peanut butter chili, but he'll be back next year!

Lynn C. keeps super busy working diligently on crocheting blankets of all kinds and sizes! She made some blankets for some



**Proud Valentine Queen Lois & King Bob.**

staff family of Sandy Valley school colors, worked feverishly to finish an OSU blanket for one of our baskets for Karen's benefit, a darling infant car seat size with a hat with the OSU colors and a buckeye, creating hats for cancer patients – very talented! Beautiful work and with different patterns, she can make anything she sets her mind to! She also takes orders.

Yep, he saw it! Punxsutawney Phil, the ground hog, saw his shadow, but we're not sure if it's really going to apply. Six more weeks of weather he says – but, we know how to get over it! – By bringing the Akron Zoo to HCC! They brought a kinkajou, a bearded dragon, and a tawny frog mouth parrot, and took each one to every person surrounding the edge of the room to see and touch them, educating us with fun questions and facts. That moved us right past those wintery days! But, remember those 70 degree days in February? Record setting 77 degrees on that Friday! We

put that good weather to use and had an excursion, sat on the front porch some, rolled up our sleeves, and the like. What happened in March? The next week it was 30 degrees and snowing. That's Ohio's weather and it certainly provides more conversation anywhere you go! And then you know spring is just at your doorstep!

Another "just for fun" day was in March when the staff had fun at Wabash Lanes one Friday. They enjoyed pizza, chips & dip, and Pepsi among the camaraderie of co-workers of both facilities while playing the games, and everyone received a variety of gift cards! It's nice to hear about how they played, the fun, and the outcomes.

With spring and summer approaching, we will have more opportunities for excursions, outdoor festivities, and other activities – feel free to join us any time!

Meanwhile, in May and beyond, there's always something to celebrate! We will be preparing for National Nursing Home week celebrations with a theme from old T.V. shows and game shows – don't want to miss that fun! Watch for postings. Mothers' Day Tea and Father's Day breakfast with entertainment, special concerts, the American Cancer Society Relay For Life community walk, the excitement of the raffle drawings, and summer! By the calendar, summer doesn't start until June, but in HCC spirit, it's already here!

**Yes, these are a few of our favorite things and more!**

*Learn from Yesterday  
Live for Today  
Hope for Tomorrow*



**Row & Donna working on chalk art.**





## DOVER GARDENS



Julie working hard on a craft project.



The finished bunny canvas painting group photo.



Singer Tim Weddington sings to Andrea & Billie.



Gladys is quite warm in her Valentine scarf as she and Annette work together on a coloring project.



Annette providing nail polish services to Julie on Wednesday afternoon.



Gladys & friend enjoy an afternoon w/ cards.



Bill H. is happy working on this craft.



Looking very handsome! Annette delivers Bill G. his new handmade leather hat made by John!



Recipients of a food basket donated by HCC at the March Quarter Auction at Memorial Hall to benefit Dover's new ice-skating rink.



Winner of the OSU light donated by HCC for the Dover ice skating rink fundraiser.



Lunch outing to Bob Evans to support Dine & Donate.



Trish receiving her craft order from Sarah (used to be with HCC 10 yrs. ago!)



Judy helps to call Bingo.



Lynn feverishly crocheting afghans!



Helping the fundraiser at Bob Evans - JoAnn, Thelma & others.



Julie, daughter, & mother enjoy a family Valentine dinner.



Jeanette is working the paint for a certain effect in crafts.



Emma Jean, with Melanie & Gary ready for the special dinner.



Valentine Queen Lois with her daughter Debbie & son-in-law Larry.



Sandy & Donna experiment with shaving cream & paint for crafts.



Gladys, Donna & guest enjoy the Valentine dinner.



4 Generations! Naomi with daughter, Dee, grandson, sister, and great granddaughter.



Sharing the love - Anna & guests to share the dinner together.





## DOVER NATIONAL BLUEBERRY PANCAKE DAY



Chef Matt grilling blueberry pancakes fresh for the staff's break room.



The Therapy purple Do-Wopp Girls - Holly, Angel, & Angie.



Chef Scott preparing the fixings for the blueberry pancake day in Garden's D.R.



Hostess Loreen & Tammy grilling same mighty good blueberry pancakes for Rehab.



Kathy & Keith Marburger enjoying the special blueberry pancakes.



Judy enjoys the music & visit from singers Terri & Steve.



Sam receives a ticket prize from Terri the singer.



Terri visits with a gentleman and shares a prize ticket driving the blueberry pancake meal.





***Martha is pleased w/ her gift as Lauren looks on.***

Happy Spring! First, we thank all of you for your great support as our charity fundraisers continue with a soup and sandwich sale, walking tacos, the Polar Plunge, card parties, bread and bake sales, and more with the monies going to the Alzheimer's Assoc. and Am. Cancer Society as well as the Epilepsy Foundation. Many new raffles are now in action – to name a few: a beautiful wine basket, an OSU box, a spring décor basket, and a lottery tickets raffle, with even more new ones in the works!

As I write this I must touch on two interesting tidbits; I am the happy recipient of a brand spankin' new self-propelled snow blower – and I haven't had to use it – period! Although, I am a little disappointed. So, you all can thank me for a mild winter with such little snow! The second tidbit is the Polar Plunge – more details further into the article.

Our live entertainment continues to be every Thursday at 2:00p, usually on the Gardens, however, when Bruce Seevers comes, he prefers to play on the Homestead, and it is nice for these folks. Others include: Forever Young, Terri and Steve, Max Grossenbacher (some think he's way better than Liberace!), Jerome James, Jim McConnel, and Marty Zhender, The joy is apparent on everyone's faces during that hour of performance.

Of course, what would winter be like if we didn't have our own chili cook-off? It is always a success – because after the winner are chosen, everybody gets a taste of each entry or of their choosing. Spicy, hot, sweet and mild – we didn't care as long as we tasted it, too!

The winter holidays, including Valentine's Day, offers such a magical time with great company with family and friends, food, and music. What more could one ask for with music? – The King -Elvis, that is! We celebrated his birthday with some of his favorite snacks and music with a live performance! We also celebrated the birthday of our favorite backyard Barbie – Dolly Parton, and it was fun learning about this fascinating



***Willie is pleased to receive a gift with Lauren's help.***

woman! The second full week of February brought the lovely Valentine's dinners for each unit. The dining room on the Rehab unit became a magical brilliant, dazzling room to enjoy family and friends together. The music, provided by Max Grossenbacher, was superb! Our own Queen was Barb Toma, and our King was Rich O'Donnell.

This year we held another Princess Tea as a fundraiser and we quadrupled in those attending. We give thanks to: Paula, Annette, Lauren, & Patty of Activities, and other staff (aka – the princesses!), and Scott and Tammy from Culinary for their outstanding gifts of decorating, planning, preparing, and presenting of such caliber. Pictures do not do it justice. So many ecstatic little girls participating in the many activities and the luscious buffet! Thank you to all the young ladies who played the princess parts! We thank everyone who attended for their support!

In March, spring is off to a good start when we had the good fortune to have a visit from the Akron Zoo bringing three awesome animals for us to learn about and to see up close! This included a bearded dragon of the reptile family, a tawny frog-mouth parrot (looked like an owl) and is from Australia, and a kinkajou (of the raccoon family – who would have known?!) and from the rain forest. We sure learned a few new facts that day!

Also in March was the annual American Cancer Society Polar Plunge,



***A cute family portrait - Sandra's family.***



and it was a true polar day, it was about 28 degrees outside! Brianna dressed as a pirate and Kathy as an angel (no comments!). Brianna was so brave to have jumped in to the lake all the way! Kathy looked like she walked on water! It was great fun for the cause, but getting out of the water – not so much – that's when they really felt the cold – brrrr! Thank you to Brianna Lopez for doing this together! Jointly they raised \$500 for the cause! They also won for Best Team costumes! They plan to plunge again next year, and perhaps some new ones will join them!

We had a wonderful time celebrating St. Patrick's Day making "Leprechaun bate"/ a snack mix with Kathy that we enjoyed eating later, and learning more about Irish ancestry with the help of our friend Library Linda. She always does a nice job presenting different and exciting topics for us to learn. We can't wait for the next great topic she brings to us!

Mornings are spent gathering around the oak table (with all the leaves) to play games, talk current events, reminisce, sing, play memory magic, make crafts, do puzzles, enjoy adult coloring with crayons and colored pencils, etc. We have some talented folks! Sometimes in the middle of a game – it will remind us of something and we go to that subject to reminisce for a while. So many terrific stories our residents can tell us and a few lessons to



***Katherine always offers a smile to brighten the day & loves her sparkly party hat!***



***Rich O. completed his chalk art w/ Patty.***

teach us! Being around this table with all who participate is the precious highlight of the day. It has been said that we can learn something new every day – and we do!

We still have a lot to forward to this spring...hippity hoppity Easter is on its way, and we are excited for the Easter bunny to share goodies with all of us, and we are gearing up for Easter hunts around the units.

Many outings have been enjoyed and will continue now that the weather is improving. One of the favorites is a mystery ride – with clues to guess where we are going, and then we finish at the Root Beer Stand!

Some of the upcoming events will be somewhat rousing, and others we can sit back and relax. Here are some of the activities: Easter goodies and bread sale, Good Friday service, Walking Taco sale, Volunteer Breakfast, Mother's Day Tea, Nat'l Nursing Home Week activities, Hot Dog Lunch Stand, Memorial Day program, Father's Day breakfast, Relay For Life walk, Atwood Lake outing, and more – just check the calendars!

Spring is also a great time to honor all of our volunteers who make everything so much better! We are blessed with so many volunteers and we appreciate your time and talents! Thank You! Hope to see you at the Volunteer Breakfast April 29 at Pat's Porch!

Good or bad weather, the HCC choir

continues to get together the 2nd and 4th Tuesday (opposite Tuesdays as make-ups if needed) – singing from 6:00p – 7:00p, sometimes indoors, or outside in nice weather, many kinds of songs: show tunes, gospel, patriotic, old tunes, and anyone's favorite! Once a fellow asked for "Over the Rainbow" and sort of surprised us. He is gone now, but he is remembered when we play or sing that song. When the Forever Young group comes to entertain, they request two songs from the HCC choir, and we practice for this – so everyone gets to enjoy being entertained!

As spring continues to bring more exciting things, be sure to roll right into National Nursing Home week with us as we are beyond excited that this year's theme is going to be classic T.V. and game shows – wonder if we are able to get Pat Sajak? So be a contestant and join us for all the fun festivities – it's sure to be a great time!

*Remember this ...  
Shoot for the moon  
even if you miss it  
you will land  
among the stars!*

Enjoy the warmer season!  
Lauren & Kathy



## A Recap of Rehab's Fun Activities and Festivities the Past Quarter...

Have you seen the hutch's seasonal décor in the lounge? It's so nicely done! Hostess Kathy previously did it, and now Annette is continuing it. The last few months have been from Annette's personal collections with a few things added from the residents' art work and the like. February brought a vintage display including an old red dial phone, Coke Cola bottles, vintage Valentine cards and juice glasses, red crates, wooden bottle totes, games, etc. March offered St. Patrick's Day's green and gold theme with green plants, shamrocks, gold vases, and some of Dee's hand-painted grape vine wine glasses, and other things. Spring was inspired by a resident's painted ceramic spring egg reflecting a cheerful yellow and blue color scheme with a vintage Peanut's lunch box, Mr. Potato Head, a vintage radio, a DOTS tin old yellow cars, a Moon Pie box, and more! This is not only so fun to look over and boosts our spirits, it spurs a lot of conversation and reminiscing! Great "window shopping"!

- Celebrated the birthdays of Elvis and Dolly Parton! Performances, trivia, crafts, related snacks, and movies. (Fun and reminiscent!)
- Additional art classes – all around the towns – libraries, restaurants, special classes, etc. (We love it!)
- Exercise is growing – more people and now includes Tai Chi and increased number of reps. (Meeting fitness goals!)
- Annette and Patty attended the 2017 Activity Conference in Columbus – new ideas and education (Excited!)
- Annual winter chili cook-off – lots entries in addition to the three units, fun and different samples, fun competition! Thanks everyone for participation and supplying! (Yum!)
- Valentine's time – fun festivities, and pretty lighting, red roses, beautiful special family dinner in a beautiful environment with lovely entertainment by pianist Max Grossenbacher. (Pampered!)
- Valentine royalty crowned prior to the dinner – special honors to Sir William G. as king and Lady Gladys H. as queen! (Congrats!)
- Unusual great February weather – in the 70's! Enjoyed the porch, walks, and excursions! (Loved it!)



*Annette participating in an education session at the conference in Columbus.*

- 2nd annual Princess Tea fundraiser, 80 attended! Darling little girls as princesses and dressed up, and beautiful young lady princesses! Lovely setting – extra thanks to Annette, Lauren, Patty, Kathy, & Paula, and the Culinary Services for the exquisite buffet! Fun dancing, perfect princess activities and etiquette, and a fun princess story! Thanks to the masculine assistance before and after from TD, Sammy, and Troy! (Sparkling!)
- Sporting event – attended a Canton Charge basketball game at the Canton Civic Centre! Enjoyed game fare – hot dogs, popcorn, and beverages. One player even had the same name as one of our resident's! (Go team!)
- National blueberry Pancake Day – celebrated just for fun with pancakes cooked specially in the dining room with a variety of toppings and syrups! Live music by Terri and Steve at lunch, trivia, and prizes! A tidbit: Ruth L. said the Warthers used to grow blueberries, and she loves blueberry pie! (Hit the spot!)
- Sip & Paint fundraiser at School House winery April 25, 6:30p, \$35 for fun, food, various beverages, and painting supplies – sign up today! The last one was enjoyed by Kathy, Paula, Annette, Dee, Carla and Holly of Therapy, and some families and friends who creatively painted a variety of designs on glasses! (Join the fun for a cause!)
- Have you heard of "Dee Vinci"? It's Dee's new nick name lovingly given by her nephew due to her art talent! New work is fine detailed needle work for a quilt – working with Volunteer Gloria, (Beautiful!)
- A delightful piano recital at our dinner hour was held by Phyllis Ronald's students, impressive from all ages! (Thank you!)
- The First Ladies presentation by Linda of the Dover Library was interesting. (Educational!)
- Ohio weather! Conversational –from February 70's then cold and snow, and now to March's mix that includes sun and warmth and spring

flowers on display! (O-H-I-O!)

- Akron Zoo visit! 3 different animal were shared person to person, exciting, and Arlene was joyful with her responses! (Fun!)
- More wine glasses painted! Dee is creating beautiful grape vine designs – filling and accepting orders! (Talented!)
- Polar Plunge for the Am. Cancer – a cold day at Atwood Lake but for a good cause! \$500 was raised by Hostess Brianna Lopez and Kathy Marburger and they took the plunge in their costumes! Thank you! (Brave!)
- St. Patrick's Day – live music by Terri and Steve, green punch, gold coins, a shamrock hunt. (Delightful)
- Good lunch stand fundraisers – walking tacos, baked potato bar, soup and sandwich – well attended, but spread the word for April 26. (Thanks Culinary!)
- Quaker theater show "The Shack", nice outing and inspiring. (Thanks Annette & Patty!)
- Walmart shopping is always fun and helpful! (Thanks staff & volunteers!)
- Welcome Amy, a new volunteer who helps with cards, games, dog visits, people visits, etc! (Valuable!)

Something "new"! Wednesday afternoon exchange with Annette and Patty – Patty will come to share arts and crafts in Rehab, and Annette will share physical activities, nail services, and the like in the gardens – win/win for everybody on both units! (Broadening activities!)

Watch the calendars, signage, and mail boxes for all the fun happenings occurring the next few months, indoors and outdoors! Honoring Mother's and Father's Day, National Nursing Home Week, concerts, fun drawings, excursions... Cant' wait to see you here!

Live Big & Have Fun!





The guys' card group.



Kathy & Dave enjoy a concert by Tim Weddington.



Glenda & Tom Canvas painting with Patty on a Wed. afternoon.



Loretta, Karen & Brenda follow Patty's instructions for flower painting on canvas.



Buddies Bill & Don enjoy music & drumming.



Kari, of Admissions, introduces her baby to Mel K.



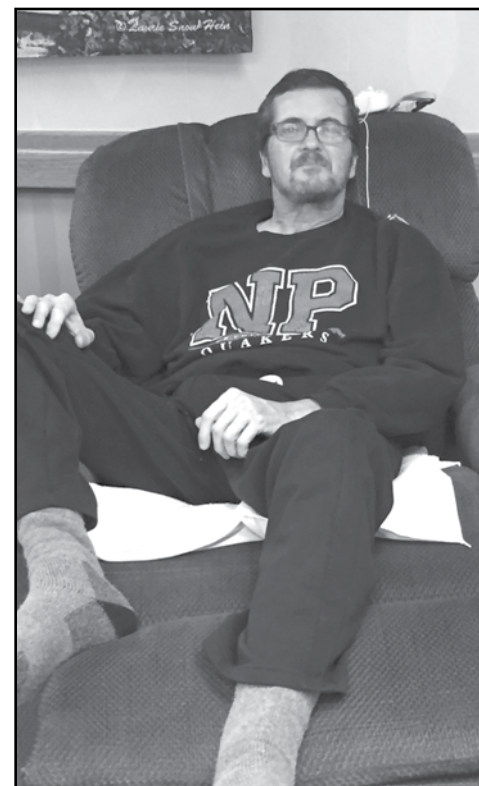
Phyllis Ronald & piano student preparing for a performance.



Piano recital at dinner.



Brenda with her daughter & granddaughter all look beautiful in red for the Valentine's Dinner.



Allan F. resting comfortably in his recliner.





## DOVER REHAB



Anna receives a surprise visit from her grandson of the military along with a family friend!



Friends & family gathered to play cards & games one evening.



Mrs. Gowins & son, Dale.



Happy Birthday, Leonard!



A warm winter day for the guys on the front porch!



Therapy - Holly stretching in her 80's workout attire!



Carolyn getting a foot rub from hubby, Marty, as it appears Brian is waiting his turn!



Andrea enjoying a sampling of 3 kinds of soup at the soup sale!

## DOVER SIP & PAINT FUND RAISER



Kathy visits w/ Dianne Rafel & other guests.



Therapy - Carla, Holly & Chrissy enjoying the painting.



Becky Beitzel & friend selecting goodies.

## DOVER ST. PATRICK'S DAY



Fellows having fun with St. Patrick's Day & Party spirit.



Your hat looks good with your shirt!



Yes, I can lift weights & have fun in therapy.



Welcome back, Barb! Thanks Lauren & Barb for helping with a lunch sale!



Marty sporting a fun mask, hat, & gold necklace.



Looking good with the little green hat.



Bob has a big smile any day of the week - always a reason to celebrate!



Kathy Marburger shows us the Leprechaun "bait" snack they made!



Donna & family live it up for St. Patty's Day.



JoAnn B. gets a kick out of her St. Pat's Day headband.



June S. is the spirit for St. Patrick's Day with her headband.



Louie T. & Angel of Therapy have a little fun w/ St. Patrick's Day.



## DOVER AND BOLIVAR STAFF BOWLING



The goodies are always popular anytime & anywhere.



Peggy and husband enjoy a break.



I'm aiming for a strike!



Kathy Marburger instructs this young man.



Vesta won a prize at this game machine.



Ruthie brushed up on her bowling skills.



This one is gonna be good.

## DOVER AM. CANCER SOCIETY POLAR PLUNGE 2017



Brianna Lopez as a pirate. Kathy Marburger as an angel.



Lunch stand staff all bundled up - Lauren, Patty, Dennis.



Yes, the lake is cold!!!

## DOVER PRINCESS TEA 2017



Pharmacist Christine Carmicheal and granddaughter Brynlee Bolinger.



Paisley McCarron



Parker Wilson.



Princess Tea with Carly.

## DOVER PRINCESS TEA 2017



Dad & his date enjoyed the event together.



The buffet selections were beautiful & tasty.



Ann holds this little one joyfully.



All the beautiful princesses.



This little girl is all smiles after Emily Morris makes her nails sparkly.



This little princess is so excited have help writing a letter by Princess Elena of Avalor.



Parker and Spencer Wilson with the princesses!



Princess Merida is happy to pose with this lovely young lady.



The Culinary Crew! Tammy, Samantha, & Chef Scott.



Belle & this younger are thrilled to dance together.



The Disney songs gets them dancing right away.



Mom & daughter ready for their admission tickets.



Marie Martini with daughter Nikki & granddaughter Isabella.



The princesses with Spencer Wilson.



## VOLUNTEER INTEREST SHEET

There are numerous ways one can be a volunteer. Here are some ideas that would be helpful to us. And, we are open to new ideas!

- Ceramics (help to finish final touches)
- Nail Mania (polish ladies' fingernails)
- Baking (assist with baking activities)
- Musical Entertainment—(perform musical programs - solo/groups)
- Game Player (play along with cards, board games, etc.)
- Popcorn Cart—(assist making popcorn and/or help distribute to residents)
- Spelling Bee (assist with announcing words, offering hints, praising)
- Hang Calendars (posting monthly activity calendar on room doors)
- Pet Visits (bring a pet(s) in to visit residents)
- Shopper—(assist residents on shopping

- outings or be the purchaser for someone)
- Reading (read to a resident)
- Bowling—(assist with bowling, help throw the ball, retrieve the ball, reset the pins, etc.)
- Trivia (ask trivia questions, offer hints, praise)
- Arts & Crafts (help the residents make items, help finish items)
- Library Cart (push the book cart around and offer books to residents)
- Friendly Visitor (visit individual residents to converse with them)
- Attending with our staff on resident outings (concerts, movies, malls, lunches, etc.)

*Remember...*  
one can volunteer any amount of time they choose—from 1/2 hour a year to 365 days a year! It's up to you!



For more information or questions, please call Dover at (330)364-8849 or Bolivar at (330)874-9999.



*Volunteers do not necessarily have the time; they just have the heart.*

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

Name of Reference \_\_\_\_\_

Reference Phone Number \_\_\_\_\_

What is your availability? Part-Time ☐ Full-Time ☐

Days of the week? \_\_\_\_\_

Time of day or evening preferred? \_\_\_\_\_

How often are you interested in volunteering? (Number of hours per week, month, etc.) \_\_\_\_\_

Do you belong to any community organizations? Please list:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Have you ever volunteered in a nursing home before?

No ☐ Yes ☐ If yes, where? \_\_\_\_\_

Do you have any special talents? (Examples: playing a musical instrument, singing, dancing, painting, etc.). If so, please list:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Do you have a particular area that you are interested in assisting? Please explain: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Please check if you are interested in the following:

### CRAFTS

- ☐ Sewing
- ☐ Crocheting
- ☐ Knitting
- ☐ Cross-Stitching
- ☐ Painting
- ☐ Ceramics
- ☐ Bead-work
- ☐ Woodworking
- ☐ Scrapbooking
- ☐

Other: \_\_\_\_\_

### SPORTS

- ☐ Baseball
- ☐ Basketball
- ☐ Bowling
- ☐ Volleyball
- ☐

Other: \_\_\_\_\_

### MUSIC

- ☐ Dancing
- ☐ Instrument
- ☐ Singing
- ☐

Other: \_\_\_\_\_

### MISCELLANEOUS

- ☐ Cooking/Baking
- ☐ Friendly Visitor
- ☐ Games/Trivia
- ☐ Hang Calendars
- ☐ Library Cart
- ☐ Nail Mania
- ☐ Pet Visits
- ☐ Reading
- ☐ Religious Activities
- ☐ Shopper
- ☐ Spelling Bee
- ☐ Trips/Outings Driving
- ☐ Other: \_\_\_\_\_





# VOLUNTEER APPLICATION FORM



Name: \_\_\_\_\_  
First Middle Last

Address: \_\_\_\_\_ Phone (H) \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_ (W) \_\_\_\_\_

## Schedule Preferences:

Times: Morning \_\_\_\_\_ Afternoon \_\_\_\_\_ Evening \_\_\_\_\_

Days: M\_\_\_ T\_\_\_ W\_\_\_ TH\_\_\_ F\_\_\_ S\_\_\_ SU\_\_\_

Special skills: (Hobbies, Second Languages, etc.) \_\_\_\_\_

## Volunteer Activities of possible Interest:

### Assist with group programs

- \_\_\_\_\_ Arts and Crafts
- \_\_\_\_\_ Reading for book club
- \_\_\_\_\_ Exercise Classes
- \_\_\_\_\_ Active Games
- \_\_\_\_\_ Birthday Parties
- \_\_\_\_\_ Holiday/Festive Parties
- \_\_\_\_\_ Reading Current Events
- \_\_\_\_\_ Religious Programs
- \_\_\_\_\_ Parlor Games
- \_\_\_\_\_ Gardening Club
- \_\_\_\_\_ Grooming Club
- \_\_\_\_\_ Field Trips
- \_\_\_\_\_ Resident Volunteer Club
- \_\_\_\_\_ Bingo

### Provide One-On-One Visits

- \_\_\_\_\_ Conventional Visits
- \_\_\_\_\_ Letter Writing
- \_\_\_\_\_ Crafts
- \_\_\_\_\_ Current Events
- \_\_\_\_\_ Reminiscing
- \_\_\_\_\_ Trivia
- \_\_\_\_\_ Table Games / Cards
- \_\_\_\_\_ Reading Aloud
- \_\_\_\_\_ Sensory Stimulation
- \_\_\_\_\_ Outdoor Rides

### Independently Lead:

- \_\_\_\_\_ Cards (bridge, poker)
- \_\_\_\_\_ Film shows
- \_\_\_\_\_ Religious Programs
- \_\_\_\_\_ Mens Club
- \_\_\_\_\_ Ladies Club
- \_\_\_\_\_ Outdoor Walks
- \_\_\_\_\_ Musical Performances
- \_\_\_\_\_ Bingo

### Independently Offer:

- \_\_\_\_\_ Book Mobile
- \_\_\_\_\_ Talking Books
- \_\_\_\_\_ Assist. Rsdt. to Programs
- \_\_\_\_\_ Articles to Newspaper
- \_\_\_\_\_ Typing

## Emergency Contact:

Name: \_\_\_\_\_

Relationship: \_\_\_\_\_

Signature: \_\_\_\_\_

Phone: \_\_\_\_\_

Date: \_\_\_\_\_



*Join the  
Hennis Team!*

**Sat. June 17 at 10 am-10pm**  
**Garaway HS Football Stadium**  
**Open to the Community!**



Hattie's House  
266 Bolivar St. | Bolivar, OH 44612  
(330) 874-9999

Pat's Porch  
309 E. 17th St. | Dover, OH 44622  
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Transitional Therapy Houses

Hennis Care Centre



[www.henniscarecentre.com](http://www.henniscarecentre.com)

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(330) 874-9999

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(330) 364-8849

*of Dover & Bolivar*

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