



January



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p style="text-align: center;">Garden Activities <i>of Dover</i></p>		<p style="text-align: center;"><i>Daily</i> <i>One on One Visits</i> <i>Throughout the Day</i></p>			<p style="text-align: center;">1 <i>Happy New Year</i></p>	<p style="text-align: center;">2 Individual Activities Cards - Puzzles Board Games</p>
		<p style="text-align: center;"><i>Activities</i> <i>subject to change.</i></p> <p style="text-align: center;"><i>Resident Council</i> <i>Last Tuesday of the</i> <i>month at 3:00pm</i> <i>Everyone Welcome</i></p>	<p style="text-align: center;"><i>Location Key:</i> <i>H-Homestead</i> <i>R-Rehab</i> <i>G-Gardens</i></p>		<p>9:00 Rise & Shine/ Exercise Time 9:30 Morning Chat 10:00 Painting 10:30 Men's Card Club 1:30 Bingo 3:30 Horseshoes 4:00 Social Hour</p>	<p>10:00 Lights For Christ 1:30 Bingo With Staff</p>
<p style="text-align: center;">3</p> <p>10:00 Catholic Communion 2:00 Alpine Bible</p>	<p style="text-align: center;">4</p> <p>9:00 Monday EnergiZe 9:45 Music With Laura 10:30 Uno 1:45 Bingo 3:30 Parachute Partners 4:00 Name That Tune</p>	<p style="text-align: center;">5</p> <p>9:00 Total Stretches 9:30 News & Chat 10:00 Manicure Mania 10:30 Men's Group 2:00 Games of Choice 3:00 Catholic Visits 4:00 Season's Questions 6:00 Crafts With Cindy</p>	<p style="text-align: center;">6</p> <p>9:00 Loosen Up 9:45 Music With Laura 10:30 Culinary Corner 1:30 Pokeno 3:00 Dover Library Visits 3:30 Bowling 4:00 Pick Your Brain</p>	<p style="text-align: center;">7</p> <p>9:00 Let's Get Fit 9:30 Current Events 10:00 Yahtzee 2:00 Crafts 3:30 Volleyball 4:00 Tricky Trivia 7:00 Movie Ch.2</p>	<p style="text-align: center;">8</p> <p>9:00 Rise & Shine/ Exercise Time 9:30 Morning Chat 10:00 Painting 10:30 Men's Card Club 1:30 Pokeno 3:30 Horseshoes 4:00 Social Hour</p>	<p style="text-align: center;">9</p> <p>Individual Activities Cards - Puzzles Board Games 1:30 Bingo With Staff</p>
<p style="text-align: center;">10</p> <p>10:00 Catholic Communion 2:00 Rev. Robb</p>	<p style="text-align: center;">11</p> <p>9:00 Monday EnergiZe 9:45 Music With Laura 10:30 Uno 1:45 Bingo 3:30 Parachute Partners 4:00 Name That Tune</p>	<p style="text-align: center;">12</p> <p>9:00 Total Stretches 9:30 News & Chat 10:00 Manicure Mania 10:30 Men's Group 2:00 Games of Choice 3:00 Catholic Visits 4:00 Season's Questions 6:00 Crafts With Cindy</p>	<p style="text-align: center;">13</p> <p>9:00 Loosen Up 9:45 Music With Laura 10:30 Rev. Lewis 1:30 Jingo 3:00 Dover Library Visits 3:30 Bowling 4:00 Pick Your Brain</p>	<p style="text-align: center;">14</p> <p>9:00 Let's Get Fit 9:30 Current Events 10:00 Yahtzee 2:00 Crafts 3:30 Volleyball 4:00 Tricky Trivia 7:00 Movie Ch.2</p>	<p style="text-align: center;">15</p> <p>9:00 Rise & Shine/ Exercise Time 9:30 Morning Chat 10:00 Painting 10:30 Men's Card Club 1:30 Bingo 3:30 Horseshoes 4:00 Social Hour</p>	<p style="text-align: center;">16</p> <p>Individual Activities Cards - Puzzles Board Games 1:30 Bingo With Staff</p>
<p style="text-align: center;">17</p> <p>10:00 Catholic Communion 2:30 Dover Bible</p>	<p style="text-align: center;">18 <i>Martin Luther</i> <i>King Jr. Day</i></p> <p>9:00 Monday EnergiZe 9:45 Music With Laura 10:30 Uno 1:45 Bingo 3:30 Parachute Partners 4:00 Name That Tune</p>	<p style="text-align: center;">19</p> <p>9:00 Total Stretches 9:30 News & Chat 10:00 Manicure Mania 10:30 Men's Group 2:00 Games of Choice 3:00 Catholic Visits 4:00 Season's Questions 6:00 Crafts With Cindy</p>	<p style="text-align: center;">20</p> <p>9:00 Loosen Up 9:45 Music With Laura 10:30 Culinary Corner 1:30 Pokeno 3:00 Dover Library Visits 3:30 Bowling 4:00 Pick Your Brain</p>	<p style="text-align: center;">21</p> <p>9:00 Let's Get Fit 9:30 Current Events 10:00 Yahtzee 2:00 Crafts 3:30 Volleyball 4:00 Tricky Trivia 5:00 In-House Benefit Snowflake Pancake Day 7:00 Movie Ch.2</p>	<p style="text-align: center;">22</p> <p>9:00 Rise & Shine/ Exercise Time 9:30 Morning Chat 10:00 Painting 10:30 Men's Card Club 1:30 Pokeno 3:30 Horseshoes 4:00 Social Hour</p>	<p style="text-align: center;">23</p> <p>Individual Activities Cards - Puzzles Board Games 7:00a - Snowflake 2:00 Pancake Day @ Memorial Hall 1:30 Bingo With Staff</p>
<p>10:00 Catholic Communion 2:00 Church Of New Hope</p>	<p style="text-align: center;">25</p> <p>9:00 Monday EnergiZe 9:45 Music With Laura 10:30 Uno 1:45 Bingo 3:30 Parachute Partners 4:00 Name That Tune</p>	<p style="text-align: center;">26</p> <p>9:00 Total Stretches 9:30 News & Chat 10:00 Manicure Mania 10:30 Men's Group 2:00 Games of Choice 3:00 Resident Council 3:00 Catholic Visits 4:00 Season's Questions 4:30 Salon PS Open House 6:00 Crafts With Cindy</p>	<p style="text-align: center;">27</p> <p>9:00 Loosen Up 9:45 Music With Laura 10:30 Culinary Corner 1:30 Jingo 3:00 Dover Library Visits 3:30 Bowling 4:00 Pick Your Brain</p>	<p style="text-align: center;">28</p> <p>9:00 Let's Get Fit 9:30 Current Events 10:00 Yahtzee 2:00 Music With Max Grossenbacher 3:30 Volleyball 4:00 Tricky Trivia 7:00 Movie Ch.2</p>	<p style="text-align: center;">29</p> <p>9:00 Rise & Shine/ Exercise Time 9:30 Morning Chat 10:00 Painting 10:30 Men's Card Club 1:30 Pokeno 3:30 Horseshoes 4:00 Social Hour</p>	<p style="text-align: center;">30</p> <p>Individual Activities Cards - Puzzles Board Games 1:30 Bingo With Staff</p>
<p style="text-align: center;">31</p> <p>10:00 Catholic Communion 2:00 Truth Bible Church Service</p>	<p>9:00 Monday EnergiZe 9:45 Music With Laura 10:30 Uno 1:45 Bingo 3:30 Parachute Partners 4:00 Name That Tune</p>	<p>6:00 Crafts With Cindy</p>	<p>4:00 Pick Your Brain</p>	<p>7:00 Movie Ch.2</p>	<p>4:00 Social Hour</p>	<p>1:30 Bingo With Staff</p>

For the next month's calendar check our web site (www.henniscarecentre.com) or pick up a free copy in the facility.



January



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Homestead Activities of Dover		<i>Facility Wide Programming Every Thurs. Providing Choice and Diversity</i> <i>Music Therapy Group Sessions at 9:00 am</i> <i>Activities subject to change</i>	<i>Exclusive 1:1 Individualized activities centered around the Homestead Residents' daily routine including: Aroma Therapy, Story Time, Pet Visits and Sensory Stimulation</i>		1 <i>Happy New Year</i> 7:30 Breakfast Club 9:15 Exercise 10:00 Sensory Sounds 1:30 Bingo 6:00 Movie Night	2 7:30 Breakfast Club 9:30 Morning Tunes 10:00 Lights For Christ
3	4	5	6	7	8	9
7:30 Breakfast Club 10:00 Catholic Communion 2:00 Alpine Bible	7:30 Breakfast Club 9:15 Reading 10:00 Connect Four 1:30 Bingo	7:30 Breakfast Club 9:15 Karaoke 1:30 Catholic Mass 1:30 Cooking Club	7:30 Breakfast Club 9:15 Reading 1:30 Bingo 3:00 Dover Library Visits	7:30 Breakfast Club 9:30 Spa Day 1:30 Winter Craft	7:30 Breakfast Club 9:15 Exercise 10:00 Sensory Sounds 1:30 Bingo 6:00 Movie Night	7:30 Breakfast Club 9:30 Morning Tunes
10	11	12	13	14	15	16
7:30 Breakfast Club 10:00 Catholic Communion 2:00 Rev. Rob	7:30 Breakfast Club 9:15 Reading 10:00 Scrabble 1:30 Bingo	7:30 Breakfast Club 9:15 Karaoke 2:00 Joyce Cecil	7:30 Breakfast Club 9:15 Reading 10:30 Rev. Lewis 1:30 Bingo 3:00 Dover Library Visits	7:30 Breakfast Club 9:30 Spa Day 1:30 Winter Craft	7:30 Breakfast Club 9:15 Exercise 10:00 Sensory Sounds 1:30 Bingo 6:00 Movie Night	7:30 Breakfast Club 9:30 Morning Tunes
17	18	19	20	21	22	23
7:30 Breakfast Club 10:00 Catholic Communion 2:30 Dover Bible	<i>Martin Luther King Jr. Day</i> 7:30 Breakfast Club 9:15 Reading 10:00 Uno 1:30 Bingo	7:30 Breakfast Club 9:15 Karaoke 1:30 Cooking Club	7:30 Breakfast Club 9:15 Reading 1:30 Bingo 3:00 Dover Library Visits	7:30 Breakfast Club 9:30 Spa Day 1:30 Winter Craft 5:00 In-House Pancake Benefit	7:30 Breakfast Club 9:15 Exercise 10:00 Sensory Sounds 1:30 Bingo 6:00 Movie Night	7:00a -Snowflake 2:00 Pancake Day @ Memorial Hall 7:30 Breakfast Club 9:30 Morning Tunes
24	25	26	27	28	29	30
7:30 Breakfast Club 10:00 Catholic Communion Church Of New Hope						
31						
7:30 Breakfast Club 10:00 Catholic Communion 2:30 Truth Bible	7:30 Breakfast Club 9:15 Reading 10:00 Yahtzee 1:30 Bingo	7:30 Breakfast Club 9:15 Karaoke 1:30 Cooking Club 4:30 Salon PS Open House	7:30 Breakfast Club 9:15 Reading 10:00 Spiritual Dimensions 1:30 Bingo 3:00 Dover Library Visits	7:30 Breakfast Club 9:30 Spa Day 2:00 Max Grossenbacher	7:30 Breakfast Club 9:15 Exercise 10:00 Sensory Sounds 1:30 Bingo 6:00 Movie Night	7:30 Breakfast Club 9:30 Morning Tunes

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Rehabilitation Activities of Dover		<i>Every Morning</i> 7:00 a.m. Tea Trolley! 11:00 - AM Trivia 12:00 - Dinner Music Videos are shown on Ch. 2 in all rooms and in our dining room lounge area Mondays & Fridays 4:00 pm Book/Magazine Cart	Activities Subject To Change Monday - Friday 9:00 am Exercise Warm Ups		1 <i>Happy New Year</i>	2 8:00 Breakfast Your Way 10:00 Lights For Christ Visits 2:30 All Day Computer Games 4:00 Visit Rehab Library
		3 10:00 Catholic Communion 2:00 Alpine Bible Church Service	4 7:30 Join Us For Breakfast 9:00 Room Visits 10:00 Rotate Those Arms 10:30 Prayer Circle 11:00 Stuart Woods Novel 1:30 Bingo Time 7:00 Rehab Library	5 7:30 Breakfast Club 9:00 Getting To Know You 10:00 Flap Those Wings 10:30 Circle Of Prayer 11:00 Short Straw Novel 1:30 Anyone For Rummy? 3:00 Catholic Visits	6 7:30 Breakfast Club 9:00 Visits With Mike 10:00 Move Your Ankles 10:30 Prayer Time 11:00 Stuart Woods Novel	7 7:30 Breakfast Club 9:00 Personal Visits 10:00 Twist And Bend 10:30 Prayer Time 11:00 Short Straw Novel 1:30 Cards, Your Deal 3:00 Dover Library Visits
10 10:00 Catholic Communion 2:00 Rev. Robb	11 7:30 Join Us For Breakfast 9:00 Room Visits 10:00 Rotate Those Arms 10:30 Prayer Circle 11:00 Stuart Woods Novel 1:30 Bingo Time 7:00 Rehab Library	12 7:30 Breakfast Club 9:00 Getting To Know You 10:00 Flap Those Wings 10:30 Circle Of Prayer 11:00 Short Straw Novel 1:00 Catholic Mass 1:30 Anyone For Rummy? 3:00 Catholic Visits	13 7:30 Breakfast Club 9:00 Visits With Mike 10:00 Move Your Ankles 10:30 Rev. Lewis 10:30 Prayer Time 11:00 Stuart Woods Novel	14 7:30 Breakfast Club 9:00 Personal Visits 10:00 Twist And Bend 10:30 Prayer Time 11:00 Short Straw Novel 1:30 Cards, Your Deal 3:00 Dover Library Visits	15 7:30 Breakfast Club 9:00 One On One Visits 10:00 Exercise Time 10:30 Prayer Circle 11:00 Story Time 1:30 Bingo With Dot	16 8:00 Breakfast Your Way 2:30 All Day Computer Games 4:00 Visit Rehab Library
17 10:00 Catholic Communion 2:30 Dover Bible Church Service	18 <i>Martin Luther King, Jr. Day</i> 7:30 Join Us For Breakfast 9:00 Room Visits 10:00 Rotate Those Arms 10:30 Prayer Circle 11:00 Stuart Woods Novel 1:30 Bingo Time 7:00 Rehab Library	19 7:30 Breakfast Club 9:00 Getting To Know You 10:00 Flap Those Wings 10:30 Circle Of Prayer 11:00 Short Straw Novel 1:30 Anyone For Rummy? 3:00 Catholic Visits	20 7:30 Breakfast Club 9:00 Visits With Mike 10:00 Move Your Ankles 10:30 Prayer Time 11:00 Stuart Woods Novel	21 7:30 Breakfast Club 9:00 Personal Visits 10:00 Twist And Bend 10:30 Prayer Time 11:00 Short Straw Novel 1:30 Cards, Your Deal 3:00 Dover Library Visits 5:00 Snowflake Pancake Supper Fundraiser	22 7:30 Breakfast Club 9:00 One On One Visits 10:00 Exercise Time 10:30 Prayer Circle 11:00 Story Time 1:30 Bingo With Dot	23 7:00a -Snowflake 2:00 Pancake Day @ Memorial Hall 8:00 Breakfast Your Way 2:30 All Day Computer Games 4:00 Visit Rehab Library
24 10:00 Catholic Communion 2:30 Church Of New Hope Service	25 7:30 Join Us For Breakfast 9:00 Room Visits 10:00 Rotate Those Arms 10:30 Prayer Circle 11:00 Stuart Woods Novel 1:30 Bingo Time 7:00 Rehab Library	26 7:30 Breakfast Club 9:00 Getting To Know You 10:00 Flap Those Wings 10:30 Circle Of Prayer 11:00 Short Straw Novel 1:30 Anyone For Rummy? 3:00 Catholic Visits 4:30 Salon PS Open House	27 7:30 Breakfast Club 9:00 Visits With Mike 10:00 Move Your Ankles 10:30 Prayer Time 11:00 Stuart Woods Novel	28 7:30 Breakfast Club 9:00 Personal Visits 10:00 Twist And Bend 10:30 Prayer Time 11:00 Short Straw Novel 1:30 Cards, Your Deal 3:00 Dover Library Visits	29 7:30 Breakfast Club 9:00 One On One Visits 10:00 Exercise Time 10:30 Prayer Circle 11:00 Story Time 1:30 Bingo With Dot	30 8:00 Breakfast Your Way 2:30 All Day Computer Games 4:00 Visit Rehab Library
31 10:00 Catholic Communion 2:30 Truth Bible Church Service	31 10:00 Rotate Those Arms 10:30 Prayer Circle 11:00 Stuart Woods Novel 1:30 Bingo Time 7:00 Rehab Library					

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